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Lest We Forget:

Seventh-day Adventist Church History

VISI - விஷன் பத்திரிக்கை 愿景

Official Newsletter of the Seventh-day Adventist Church
(Peninsular Malaysia)

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Vision Statement

To prepare our members for Jesus' soon return & with united spirit and prayer, evangelize the whole of Peninsular Malaysia.

Mission Statement

We, the Seventh-day Adventist Church exist to preach the gospel to prepare the people in Peninsular Malaysia for Jesus Christ's second coming, by ministering to their physical, mental, social and spiritual need through in-reach and outreach programs of the Church.

Values

Productivity	John 15:5
Accountability	Matthew 25:14-30
Transparency	1 Corinthians 4:9
Humility	Philippians 2:5-8

I WILL GO

Mission Objectives
Spiritual Growth Objectives
Leadership Objectives
Holy Spirit Objectives

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(Peninsular Malaysia)

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**Please note that unsolicited manuscripts will be subjected to the discretion of the Editorial Board.*

Lest We Forget Our History & Humble Beginnings

Seventh-day Adventist Church History

Tan Meng Cheng,
President, Peninsular Malaysia Mission

The roots of Adventism can be traced back to the Second Great Awakening in the early 19th century. The founders of the Seventh-day Adventist Church were truth-seekers and lovers of God's Word from other protestant churches who discovered and brought back to light many long forgotten biblical truths, especially the truth of the Seventh-day Sabbath, its significance in the end time, and the good news of Jesus' literal and imminent second coming.

The study of Bible, especially Daniel and Revelation played an important role in defining our understanding of many distinctive truths (Sabbath, Second Coming, Sanctuary, State of Death, Spirit of Prophecy) and our mission. The Seventh-day Adventist Church was organized in 1863 with the intent to spread the gospel, provide deeper understanding of the Scripture, and prepare a people who love God and fellow men, for eternity with Christ.

Present Truth for the World

Seventh-day Adventists believe that God has entrusted to them **present truth** for the world. **Present truth** is God's revelation of specific truths during a specific time for a specific purpose. The idea of **present truth** is that God can give us new insight to help us better understand His unchanging Word

and apply it to our current situations. Nevertheless, these messages or "new truths" are always to harmonize and be consistent with other truths in the Bible. **Present truth** is simply teaching us how to live out the truth of the Bible in the here and now. It comes from the Bible and Bible only. For example, (1) Noah's warning message of the coming world-wide deluge, (2) Jonah's prophetic judgment message for Nineveh, (3) Jesus' fresh explanation of the law.

Seventh-day Adventists' foundational doctrines (e.g., Sabbath, Salvation by faith, Sanctuary, the Three Angels' Messages) were discovered as God gave new revelations during sincere Bible study. **Present truth** has kept the church from upholding human creeds and religious fundamentalism. It also keeps the church searching the Bible and helps us understand the times we are living in. As opposed to creedal rigidity, we maintain an openness to new theological understandings that built upon the landmark/foundational doctrines¹. We bear the responsibility to teach the truth to the world, thus, avoiding the deception of Satan's cunning teachings and prepare the world for Jesus' soon coming.

Present Truth from God

Jesus is coming back soon. **Present**

truth from God may reveal things to us in the Bible that we may not be aware of before but will guide us and protect us from the deception of the end time. As long as we stay attuned to the leading of the Holy Spirit, through diligent study of the Bible, we can always be growing in our spiritual walk with God. He will guide us through until we reach our heavenly home prepared by Jesus (John 14:1-3).

The Seventh-day Adventist Church believes that it is the remnant church of Bible prophecy, and that its mission is to proclaim the everlasting gospel of Revelation 14:1-12 from God. We are to announce the arrival of the judgment hour, preach and teach that salvation comes through Jesus Christ alone, and herald His imminent return. This is the **present truth** we must present to the world. It is your mission and my mission.

[¹] The landmark/foundational doctrines are non-negotiables in Adventist theology. They provide Seventh-day Adventists with an identity. These pillars of Adventism (e.g., the Second Advent, the Heavenly Sanctuary, the Seventh-day Sabbath, the state of the dead, the Three Angel's Messages, the gift of prophecy, Salvation, Sanctification, Stewardship, Christian Standard) were Bible-based.

Jangan Kita Lupa

Sejarah & Asal Usul Kita

Sejarah Gereja

Masehi Advent Hari Ketujuh

Tan Meng Cheng,
President, Peninsular Malaysia Mission

Asal Adventisme boleh dijejak kembali ke “Second Great Awakening” pada awal abad ke-19. Pengasas Gereja Masehi Advent Hari Ketujuh merupakan pencari kebenaran dan pencinta Firman Tuhan daripada gereja-gereja protestan lain yang menemui dan mendedahkan banyak kebenaran alkitabiah yang telah lama dilupakan, terutamanya kepentingan Sabat hari ketujuh pada zaman akhir, dan berita baik tentang kedatangan kedua Yesus secara literal yang sudah hampir.

Kajian Alkitab, khususnya buku Daniel dan Wahyu, memainkan peranan penting dalam menentukan pemahaman kita tentang banyak kebenaran yang tersendiri (Sabat, Kedatangan Kedua, Tempat Kudus, Keadaan Kematian, Roh Nubuat) dan misi kita. Gereja Masehi Advent Hari Ketujuh telah ditubuhkan pada tahun 1863 dengan tujuan untuk menyebarkan Injil, memberikan pemahaman yang lebih mendalam tentang Kitab Suci, dan menyediakan umat yang mengasihi Tuhan dan manusia untuk bersama Kristus selama-lamanya.

Kebenaran Masa Kini untuk Dunia

Advent Hari Ketujuh percaya bahawa Tuhan telah mengamanahkan mereka dengan kebenaran masa kini untuk dunia. Kebenaran masa kini bermaksud Tuhan mendedahkan kebenaran khusus pada masa tertentu untuk tujuan tertentu. Idea kebenaran masa kini adalah bahawa Tuhan boleh memberi kita pemahaman

baru untuk membantu kita lebih memahami Firman-Nya yang tidak berubah dan menerapkannya dalam situasi semasa kita. Namun begitu, mesej atau “kebenaran baharu” ini sentiasa selaras dan konsisten dengan kebenaran lain dalam Alkitab. Kebenaran masa kini hanya mengajar kita bagaimana untuk menghayati kebenaran Alkitab pada ketika ini. Puncanya daripada Alkitab sahaja. Contohnya: (1) Berita amaran Nuh tentang banjir besar yang akan datang, (2) berita penghakiman nubuat Yunus untuk Niniwe, (3) penjelasan baru Yesus tentang hukum.

Doktrin asas Advent Hari Ketujuh (contohnya, Sabat, Keselamatan melalui iman, Tempat Kudus, Perkhbaran Tiga Malaikat) ditemui apabila Tuhan memberikan wahyu baru semasa pembelajaran Alkitab yang tulus. Kebenaran masa kini telah menghalang gereja daripada menegakkan kepercayaan manusia dan fundamentalisme agama. Ia juga memastikan gereja menelaah Alkitab dan membantu kita memahami zaman kita ini. Bertentangan dengan ketegaran kepercayaan, kita mengekalkan keterbukaan kepada pemahaman teologi baharu yang dibina atas doktrin asas/dasar¹. Kita memikul tanggungjawab untuk mengajar kebenaran kepada dunia, agar dapat menghindari perdayaan Syaitan yang licik dan menyediakan dunia untuk kedatangan Yesus yang tidak lama lagi.

Kebenaran Masa Kini daripada Tuhan

Yesus akan kembali tidak lama lagi. Kebenaran masa kini daripada Tuhan mungkin mendedahkan perkara-perkara dalam Alkitab yang mungkin kita tidak ketahui sebelum ini, tetapi akan membimbing kita dan melindungi kita daripada tertipu di zaman akhir. Selagi kita tetap selaras dengan pimpinan Roh Kudus, melalui penelaahan Alkitab, kita boleh sentiasa bertumbuh dalam perjalanan rohani kita bersama Tuhan. Dia akan membimbing kita sehingga kita mencapai rumah syurgawi kita yang disediakan oleh Yesus (Yohanes 14:1-3).

Gereja Masehi Advent Hari Ketujuh percaya bahawa ia adalah gereja sisa nubuatan Alkitab, dan misinya adalah untuk mengisytiharkan injil kekal daripada Tuhan yang terkandung dalam Wahyu 14:1-12. Kita harus mengumumkan kedatangan waktu penghakiman, berkhutbah dan mengajar bahawa keselamatan hanya melalui Yesus Kristus sahaja, dan mengumumkan kedatangan-Nya yang hampir. Inilah kebenaran masa kini yang mesti dipersembahkan kepada dunia. Inilah misi kamu dan misi saya.

[¹] *Doktrin asas/dasar adalah tetap and tidak boleh berubah di dalam teologi Adventist. Mereka memberikan identiti kepada Advent Hari Ketujuh. Rukun Adventisme ini (cth., Kedatangan Kedua, Tempat Kudus Syurgawi, Sabat Hari Ketujuh, keadaan orang mati, Perkhbaran Tiga Malaikat, karunia nubuatan dll.) adalah berdasarkan Alkitab.*

நாம் மறந்துவிடாதபடி - நமது வரலாறும் தாழ்மையான தொடக்கங்களும் - ஏழாம் நாள் அட்வென்டிஸ்ட் திருச்சபையின் வரலாறு

Tan Meng Cheng,

தலைவர் தீபகர்ப மலேசியா மிஷன்

அட்வென்டிஸ்டின் வேர்கள் 19-ஆம் நூற்றாண்டின் முற்பகுதியில் இரண்டாவது பெரிய விழிப்புணர்வைக் காணலாம். செவன்த்-டே அட்வென்டிஸ்ட் சபையின் நிறுவனர்கள் சத்தியம் தேடுபவர்கள் மற்றும் பிற புராட்டஸ்டன்ட் ஆலயங்களில் இருந்து கடவுளுடைய வார்த்தையை நேசிப்பவர்கள், அவர்கள் நீண்ட காலமாக மறந்துவிட்ட பல வேத உண்மைகளைக் கண்டுபிடித்து வெளிச்சத்திற்குக் கொண்டு வந்தனர், குறிப்பாக இறுதி காலத்தில் ஓய்வுநாளின் முக்கியத்துவத்தையும், மற்றும் இயேசுவின் நேரடியான உடனடி இரண்டாம் வருகையும் பற்றிய நல்ல செய்தியின் உண்மைகளையும் கண்டுபிடித்தனர். வேதத்தை பற்றிய ஆய்வு, குறிப்பாக தானியேல் மற்றும் வெளிப்படுத்துதல், நமது புரிதலை வரையறுப்பதில் முக்கிய பங்கு வகித்தது. பல தனித்துவமான உண்மைகள் (ஓய்வு நாள், இரண்டாம் வருகை, ஆசரிப்பு கூடாரம், மரணத்தின் நிலை, தீர்க்கதரிசனத்தின் ஆவி) மற்றும் நமது பணி. செவன்த்-டே அட்வென்டிஸ்ட் சபை 1863 ஆம் ஆண்டு நற்செய்தியைப் பரப்பவும், வேதாகமத்தை ஆழமாகப் புரிந்துகொள்ளவும், கடவுளையும் சக மனிதரையும் கிறிஸ்துவுடன் நித்தியமாக நேசிக்கும் மக்களைத் தயார்படுத்தும் நோக்கத்துடன் ஏற்பாடு செய்யப்பட்டது.

சத்தியத்தை உலகிற்கு வழங்குங்கள்
ஏழாம் நாள் அட்வென்டிஸ்ட் மக்கள் உலகத்திற்கான தற்போதைய உண்மையை தேவன் தங்களிடம் ஒப்படைத்துள்ளார் என்று நம்புகிறார்கள். தற்போதைய உண்மை என்பது ஒரு குறிப்பிட்ட நோக்கத்திற்காக ஒரு குறிப்பிட்ட நேரத்தில் குறிப்பிட்ட உண்மைகளை தேவன் வெளிப்படுத்துகிறார். தற்போதைய உண்மையின் கருத்து என்னவெனில், அவருடைய மாறாத வார்த்தையை நன்கு புரிந்துகொள்ளவும், நமது தற்போதைய சூழ்நிலைகளுக்கு அதைப் பயன்படுத்தவும் தேவன் நமக்கு புதிய நுண்ணறிவைத் தருவார். இருந்தபோதிலும், இந்தச் செய்திகள் அல்லது "புதிய சத்தியங்கள்" எப்போதும் வேதத்தில் உள்ள மற்ற சத்தியங்களுடன் இணக்கமாக ஒத்துப்போகின்றன. தற்போதைய உண்மை, வேதத்தின் சத்தியத்தை இங்கே இப்போது எப்படி வாழ்வது என்பதை எளிமையாக நமக்குக் கற்பிக்கிறது. இது வேதம் மற்றும் வேதாகமத்திலிருந்து மட்டுமே வருகிறது. உதாரணத்திற்கு: (1) உலகமெங்கும் வரவிருக்கும் ஜலப்பிரளயத்தைப் பற்றிய நோவாவின் எச்சரிக்கைச் செய்தி, (2) நினைவேக்கான யோனாவின் தீர்க்கதரிசனத் தீர்ப்புச் செய்தி, (3) நியாயப்பிரமாணத்தைப் பற்றிய இயேசுவின் புதிய விளக்கம்.

செவன்த்-டே அட்வென்டிஸ்டுகளின் அடிப்படைக் கோட்பாடுகள் (எ.கா., ஓய்வுநாள், விசுவாசத்தால் இரட்சிப்பு, ஆசாரிப்பு கூடாரம், முத்தர்தின் செய்திகள்) உண்மையான வேத படிப்பின் போது தேவன் புதிய வெளிப்பாடுகளைக் கொடுத்ததால் கண்டுபிடிக்கப்பட்டது. தற்போதைய உண்மை சபையை மனித நம்பிக்கைகள் மற்றும் மத அடிப்படைவாதத்தை நிலைநிறுத்தாமல் தடுத்துள்ளது. இது சபையை வேதத்தை தேடுவதையும், நாம் வாழும் காலங்களைப் புரிந்துகொள்ளவும் உதவுகிறது. நம்பிக்கைக்குரிய விறைப்புத்தன்மைக்கு மாறாக, மைல்கல்/அடிப்படை கோட்பாடுகளின் மீது கட்டமைக்கப்பட்ட புதிய இறையியல் புரிதலுக்கான திறந்தநிலையை நாங்கள் பராமரிக்கிறோம். சாத்தானின் தந்திரமான போதனைகளின் வஞ்சகத்தைத் தவிர்த்து, உலகிற்கு உண்மையைப் போதிக்கும் பொறுப்பை நாம் ஏற்றுக்கொள்கிறோம், மேலும் இயேசுவின் சீக்கிர வருகைக்காக உலகைத் தயார்படுத்துகிறோம்.

தேவனிடமிருந்து உண்மையை வழங்குங்கள்

இயேசு விரைவில் திரும்பி வருகிறார். தேவனிடமிருந்து வரும் தற்போதைய உண்மை, வேதத்திலுள்ள விஷயங்களை நமக்கு வெளிப்படுத்தலாம், இது நாம் முன்பு அறிந்திருக்காது, ஆனால் நம்மை வழிநடத்தும் மற்றும் இறுதி நேரத்தின் எமாற்றத்திலிருந்து நம்மைப் பாதுகாக்கும். பரிசுத்த ஆவியானவரின் வழிநடத்துதலுடன் நாம் இணைந்திருக்கும் வரை, வேதத்தை விடாமுயற்சியுடன் படிப்பதன் மூலம், தேவனுடனான நமது ஆன்மீக நடையில் நாம் எப்போதும் வளர முடியும். இயேசுவால் ஆயத்தம் செய்யப்பட்ட நமது பரலோக வீட்டை அடையும் வரை அவர் நம்மை வழிநடத்துவார் (யோவான் 14:1-3).

ஏழாம் நாள் அட்வென்டிஸ்ட் சபை, அது வேத தீர்க்கதரிசனத்தின் எஞ்சிய சபை என்றும், தேவனிடமிருந்து வெளிப்படுத்துதல் 14:1-12 இன் நித்திய நற்செய்தியை அறிவிப்பதே அதன் பணி என்றும் நம்புகிறது. வருகின்ற நியாயத்தீர்ப்பு நேரத்தை நாம் அறிவிக்க வேண்டும், இயேசு கிறிஸ்துவின் மூலமாக மட்டுமே இரட்சிப்பு வரும் என்று பிரசங்கித்து போதிக்க வேண்டும், அவருடைய உடனடி வருகையை அறிவிக்க வேண்டும். இதுதான் நாம் உலகிற்கு முன்வைக்க வேண்டிய தற்போதைய உண்மை. இது உங்கள் பணி மற்றும் எனது பணி.

唯恐我们忘记

我们的历史和卑微的开端

基督复临安息日会

教会历史

陈明祯，
马来西亚半岛区会会长

基督复临安息日会的根源可以追溯到十九世纪初的第二次大觉醒。基督复临安息日会的创始人是来自其它改正教的真理寻求者和圣经爱好者。他们发现并重新揭示了许多早已被遗忘的圣经真理，尤其是第七日安息日在末世的意义，以及耶稣即将复临的好消息。

圣经的研究，尤其是但以理书和启示录，在定义我们对许多独特真理（安息日、基督复临、圣所、死亡的真相、预言之灵）和我们使命的理解方面发挥了重要作用。基督复临安息日会成立于1863年，旨在传扬福音，提供更深入的圣经理解，并预备一班爱上帝的基督徒，就是那些愿意与基督共度永生的人们。

给予世界的现代真理

基督复临安息日会信徒相信上帝已将给予世界的现代真理托付给他们。现代真理意味着上帝在特定的时间，出于特定的目的以揭示特定的真理。现

代真理的理念是上帝可以给予我们新的见解，帮助我们更好地理解祂不变的话语，并将其应用于我们当前的处境。尽管如此，这些信息或“新真理”始终与圣经中的其它真理是和谐一致的。现代真理只是教导我们如何在当下活出圣经的真理。它来自圣经，也只来自圣经。例如：（1）挪亚对即将到来的全球大洪水的警告信息，

（2）约拿对尼尼微的预言性审判信息，（3）耶稣对律法的新解释。

基督复临安息日会信徒的基本教义（例如：安息日、因信得救、圣所、三天使信息）是在恳切的圣经研究中，发现上帝所给予的新启示。现代真理使教会不再坚持人为的信条和宗教原教旨主义。它也使教会不断地探索圣经，并帮助我们了解我们所处在的时代。与僵化的信条相反，我们对建立教义基础¹的新神学理解保持开放态度。我们有责任向世界传扬真理，从而避免撒旦狡猾的欺骗，并为耶稣的即将来临做好准备。

来自上帝的现代真理

耶稣很快就会回来。从上帝而来的现代真理，会在圣经中向我们揭示一些我们以前可能不知道的事情，也会引导并保护我们免受末日的欺骗。只要我们顺服圣灵的引导，并藉着殷勤查考圣经，我们就可以能与上帝同行，不断地成长。祂会引导我们，直到我们回到耶稣所为我们准备的天空。（约翰福音14:1-3）

基督复临安息日会相信它是圣经预言的余民教会，而其使命就是要宣扬启示录14:1-12那永远的福音。我们要宣布审判时刻的到来，宣讲并教导救赎唯有接着耶稣基督才能实现，并预告祂即将复临。这是我们必须向世界呈现的现代真理。这是你和我的使命。

Reference:

教义基础是复临神学中不可妥协的。它们为基督复临安息日会信徒提供了身份。这些复临信徒的支柱（例如，基督复临、天上圣所、第七日安息日、死亡的真相、三位天使信息、预言的恩赐、救赎、因信称义、管家的职责、基督教标准）都是以圣经为基础的。

How We Began

Corina Ling,
Editorial Board

By end 2023, the membership of the Seventh-day Adventist church stood at 22,785,195.¹ This grew from 3,500 people in 1863, the membership count when the first church was established. In the 1840s, there were only a few hundred Sabbatarian Adventists². How did we grow?

'In July of 1849, James White packed copies of "The Present Truth" into a borrowed carpetbag and trekked 8 miles to the post office in Middletown, Connecticut, United States'. Yet 'weeks before, the young, penniless Seventh-day Adventist Church pioneer had persuaded a local publisher to print 1,000 copies of the first issue of "The Present Truth," what is known today as "Adventist Review" magazine. White convinced the publisher that donations from Sabbatarian Adventists scattered across the U.S. Northeast would trickle in to cover the \$64.50 printing costs. He was right'³.

'In 1853, early Adventists voted to establish a publishing house in New York⁴'. The publishing house was merely a rented home in Rochester, the same place where early publishing leaders lived and worked together and where the first purchased Washington hand press was housed.

Our church began not with a big office, but out of the rented home of leaders staying together. Our church didn't begin with a large investment set aside, but through numerous and many donations from believers. Our church grew, not from large, big events, but through the tracks, sent door to door, reaching 1 person at a time.

As you read through the V issue this quarter, let's ponder how we began and what we are doing now and let's ask ourselves, how we can do better.

¹ <https://www.adventistarchives.org/church-membership?searchsite=www.adventistarchives.org&ref=on-site-search&searchterm=Membership>

² <https://www.adventist.org/who-are-seventh-day-adventists/publishing-work-was-central-to-early-adventist-church/>

³ *Ibid.*

⁴ *Ibid.*





Our History

As A People of God

Renie Ubara,
Ministerial Association & Field Secretary

Do you know the history of the place you live in currently? Do you know the history of the road in front of your house? Do you know the history of the nearest town or city? Do you know about your ancestry?

Let's backtrack a little, and ask, why history is important? History is powerful and empowering. How? History helps us to understand our identity, teaches us lessons on cultural awareness and tolerance. History shows us how it shaped society and thus helps humanity to think critically and analytically. History gives us understanding on human nature. Because of history, humanity is challenged to preserve memories. As we learn from history, our future is guided. History promotes civic engagement. To sum it up, history helps people to understand the past, present, and future better.

On 21st May 1863, in Battle Creek, Michigan, our church was formed. As of today (3rd October 2024), we, as a church, have existed 161 years, 4 months, and 12 days. Pretty impressive! Our historical timeline began in 1830s with the Millerite Movement, then it continued with church formation in 1863, followed by mission expansion in the late 1800's, then the 20th century global mission, and now in the 21st century, more systematic Nurturing, Discipleship, and Retention programs to encourage Total Membership Involvement as evangelism becomes their lifestyle.



With Spirit-led missional endeavour, the pen of inspiration explains the importance of learning from history, “In reviewing our past history, having travelled over every step of advance to our present standing, I can say, Praise God! As I see what God has wrought, I am filled with astonishment, and with confidence in Christ as leader. We have nothing to fear for the future, except as we shall forget the way the Lord has led us, and His teaching in our past history.” (White, 1822).

Again, why is knowing our history important? God’s salvific mission for humanity drives the church forward to preach the gospel and the Three Angel Messages.

Adventist History and Mission

Adventist church started with Christ’s mission. Our pioneers were deeply mission-driven. They strongly feel the urgency of the mission. It is a significant part of our existence and identity as a church. We have a clear and specific three angel messages to be shared. This may be a reminder to all Adventists that we are called to be disciple-makers or in other words, missionaries for Christ. Even more vital is that we’re living at the end of times.

The Gospel Mission Is An Urgent Work

Biblical eschatological teaching, the knowledge that there is a judgement to come to determine our final destiny, has inspired commitment among our Adventist pioneers to share the Father’s love to others. Our faith in the imminence of Christ’s return, embedded in our identity, sparked a global missionary movement. Our mission has always been urgent. But more so now, as we are living in the end times. Our gospel mission should empower and motivate intense focus on spreading the gospel quickly and widely. Let’s not wait, urgently, be part of it!

Our Holistic Mission Approach

Effective mission work must address the whole person, not just spiritual needs. Holistic mission, which combines evangelism with training or education, healthcare, and social services, has proven to be a sustainable and impactful approach. Thus we Up-reach, In-reach, and Out-reach. From the beginning, the Adventist Church combined health reform, education, and spiritual teachings. Pioneers like Ellen G. White emphasized that the gospel included caring for people’s physical, mental, and spiritual needs. This led to the establishment of schools, hospitals, and health institutions globally. Again, we need not to be caught on merely doing professional work but the Mission of Christ, the salvation of peoples. (Kuhn, 2007).

Mission Contextualization Be Implemented

Mission work should be culturally sensitive and adaptable. Understanding the local customs, languages, and worldviews is crucial for successfully sharing the gospel and building relationships. As the gospel is preached globally, the church learned to adapt its message to different cultural contexts. Early missionaries often made mistakes by imposing Western values and practices, but over time, the church emphasized the importance of contextualizing the gospel to resonate with diverse cultures. In Malaysia, as we exist in four language churches, most of us focus on people who share the same language. But remember, we are called to a cross-cultural mission, we are called to preach the gospel to every nation, all nation, tongue, tribe and people. Our greatest example is Jesus Christ Himself. Paul also was a cross-cultural missionary, sharing Christ to everyone! (Kuhn, 2016).

Global Medical Missionary Work

Practical acts of service, especially in the form of healthcare, give various opportunities for mission and create relational spiritual engagement. The healing ministry of Jesus provides a model for how healthcare and mission go hand in hand. From the early health reform movement to the global establishment of hospitals and clinics, the Seventh-day Adventist Church has used healthcare as a major part of its mission strategy. Medical missionary work provides an entry point into communities and helps build trust by addressing immediate physical needs. Adventist healthy lifestyle, an effective mission framework around the world. (Skrzypaszek, 2014).

Global Leadership Development

A decentralized, locally-led mission model is essential for sustainable growth. Empowering local and indigenous leaders ensures that the mission is rooted in the local context and not dependent on external missionaries. As the church expanded globally, it recognized the need to train local leaders and give them ownership of the mission in their regions. This shift allowed the church to grow more rapidly and effectively in diverse cultural and geographical contexts through the power of the Holy Spirit leading the church. (White, 1911).

Summary

History showed that our church began with God's mission, and the church expanded in global and local mission. From its beginning, the Seventh-day Adventist Church's history has been enveloped by a zealous missional spirit. Along the way, we've learned so much about holistic mission, cultural sensitivity, local involvement and biblical use of education and health services. However, let's not be comfortable but realize that there still is still even more work to be done. And learning from history has empowered and inspired us moving forward in our mission endeavours. Jesus is coming very soon, together, let us run the race with Jesus our Great Missionary!

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Lest We Forget:

Our History & Humble Beginnings

Seventh-day Adventist Church History

Dennis Ng,
Executive Secretary

Let's take a trip down memory lane. Here's a historical sketch of our humble beginnings^{1,2}:

1790-1840:

Second Great Awakening in the United States (The First Great Awakening was described as a revitalization of religious piety that swept through the American colonies between the 1730s and the 1770s).

1831:

William Miller deepens his studies and begins preaching about his discoveries in Scripture.

1839:

Joseph Bates joins William Miller's movement, the Millerites, focusing on how the "Second Advent," or Second Coming of Jesus, is near.

1844, October 22:

The Great Disappointment—William Miller misinterprets prophetic statements in Daniel and Revelation, thinking Jesus would return on this date.

1845:

J. N. Andrews (namesake of Andrews University) accepts Miller's teachings on the seventh-day Sabbath.

1846:

Joseph Bates publishes an article on the biblical seventh-day Sabbath, which convicts James and Ellen White.

1849:

James White begins publishing a periodical called Present Truth, later renamed the Adventist Review & Sabbath Herald, and presently called The Adventist Review.

1852:

First Adventist printing press is established in Rochester, New York.

1855:

Biblical research supports the Sabbath timing, beginning at sunset Friday and ending at sunset Saturday.

1860, October 1:

Delegates (Sabbath-keeping Advent believers) name the denomination "Seventh-day Adventist."

1863:

The General Conference of Seventh-day Adventists was established on May 20, 1863. Twenty delegates attended that session in Battle Creek, Michigan, USA.



1866:

First Adventist-owned and operated medical institution known as the Western Health Reform Institute is established.

1868:

The first Adventist camp meeting was held in Wright, Michigan. It drew over 2,000 people, including James, Ellen White, and J. N. Andrews.

1872:

Opening of the first Adventist-sponsored school in Battle Creek.

1874:

Opening of first Adventist college -- Battle Creek College (present-day Andrews University).

1874:

J. N. Andrews leaves on his first mission trip to Europe.

1905:

Loma Linda Sanitarium, and later University and Hospital founded.

1910:

The U.S. education superintendent views Madison School and its work/study balance as the premier educational model.

1956:

ADRA -Adventist Development and Relief Agency – one of the largest humanitarian aid organizations in the world is established.

1973:

Adventist healthcare is established – the largest Protestant healthcare network in the United States.

2005:

Adventists are recognized as the longest-living Americans by National Geographic.

2014:

According to Pew Research, the Seventh-day Adventist is the world's most ethnically diverse Christian denomination.

6Ms:

- ◆ **Our Mission**
- ◆ **Our Message**
- ◆ **Our Ministry**
- ◆ **Our Method**
- ◆ **Our Members**
- ◆ **Our Movement**



God has passed down to our generation institutions, infrastructures, and visions, which He had inspired our founders with. Throughout sacred and secular history, nations and empires have fallen when those who have invested little to nothing in their upbuilding readily sell out due to apathy, greed, or selfishness. We must take ownership of, embrace this movement, and invest blood, sweat, and tears in its upbuilding. As we trace our history and humble beginnings, let us arise,³ take the reins of the work in our hands, persevere, and by God's grace, turn the great disappointment into a great appointment with Jesus. Always remember these **6Ms**:

1. Our Mission:

The Seventh-day Adventist Church is organized to spread God's love (Matthew 28:18-20, Revelation 14:6-11). We may need to question our reason for existing if we are not fulfilling this. We are commissioned to give hope to a world that feels hopeless.

2. Our Message:

After the Disappointment, many former Millerites continued their studies of prophecy and identified Bible truths that had long been neglected. As Adventists, we continue to embrace 1) Salvation and Righteousness by Faith, which includes 2) Sanctification. We believe the Scriptural teachings on 3) the Second Coming, 4) the Sabbath, 5) the Sanctuary, and 6) the State of the Dead, and we affirm *"every word that comes from the mouth of God"*⁴ along with 7) the Spirit of Prophecy. Ask your Pastor or Elder, or visit www.discoverhope.my to learn more.

3. Our Ministry:

Today, we have multiple branches of departments, ministries, and services that we can use to share and proclaim God's love to the world, such as publishing, health, education, ADRA, ACS. So, get involved in your local church and community.

4. Our Method:

I'm becoming keenly aware that in order to reach people as Jesus did, we need to love people like

Jesus does. "Christ's method alone will give true success in reaching the people. The Savior mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, 'Follow Me.'" . . . "Accompanied by the power of persuasion, the power of prayer, the power of the love of God, this work will not, cannot, be without fruit"⁵.

5. Our Members:

Adventist roots can be traced back to the Second Great Awakening, which inspired a spirit of revival. Believers had Bibles in their homes and began studying Scripture for themselves rather than relying on the clergy for their spiritual edification. O for a resurgence of this Great Awakening today!

6. Our Movement:

From its early days, Seventh-day Adventists have been viewed as the "Advent Movement." It is not so because its leaders and members enjoy traveling. Instead, the founding members recognize that living organisms must grow and multiply. Our early pioneers leave their comfort zones and traverse lands and seas to do God's bidding. Today, both laity and clergy must embrace that same spirit, not moving aimlessly but taking the gospel to the unreached fields –a mission with a focus! Let us embrace these 6Ms as we refocus on our mission.

"In reviewing our past history, having travelled over every step of advance to our present standing, I can say, Praise God! As I see what God has wrought, I am filled with astonishment, and with confidence in Christ as leader. We have nothing to fear for the future, except as we shall forget the way the Lord has led us, and His teaching in our past history."⁶

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¹ <https://www.askanadventistfriend.com/adventist-pioneers/history-of-the-adventist-church/>

² <https://www.adventist.org/who-are-seventh-day-adventists/history-of-seventh-day-adventists/>

³ *Isaiah 60:1*

⁴ *Matthew 4:4*

⁵ *The Ministry of Healing*, pp. 143, 144

⁶ *Christian Experience and Teachings of Ellen G. White* p.204

Breathing Exercises

Dr Chin Sze Wei,
Penang Adventist Hospital

Our busy and fast-paced society can make it difficult to unwind, calm down, and get restful sleep. Our lives are filled with homework, long workdays, financial strains, parenting burnout and many other emotionally exhausting situations.

Awareness of breath through controlling the rate and depth of breathing is breathwork. Breathwork has benefits, including improving mood and circulation, reducing stress and tension, and lowering blood pressure. When it's hard to sleep, focusing on your breath may help. The healing power of deep breathing can help in relaxing into a deep sleep at the end of the day and may reduce inflammation.

A quiet place and a comfortable chair or place to lie down are all that's needed to start doing breathwork. Breathwork can be done at work or anywhere you need to release tension and stress. Some breathwork can be done from an office chair or standing.



Unlock your energy & calm your mind — just a few minutes of breathing exercises each day can transform your well-being!

Here are a few ideas to get started:

- **Begin with just 5 minutes a day and increase your time as the exercise becomes easier and more comfortable.**
- **If 5 minutes feels too long, start with just 2 minutes.**
- **Practice multiple times a day. Schedule set times or practice conscious breathing as you feel the need.**

Types of Breathing exercises

These are the lists of breathing exercises; I will focus more on diaphragmatic breathing.

1. **Diaphragmatic Breathing**

When practicing diaphragmatic breathing, the stomach, rather than the chest, moves with each breath, expanding while inhaling and contracting while exhaling. Deliberately paying attention to each breath serves to distract and quiet the mind.

To perform diaphragmatic breathing exercises:

- i) Sit or lie in a comfortable place. Close your eyes.**
- ii) Place one hand on your chest and one hand on your abdomen. The bottom hand should do the moving. The top hand should remain still or only move as the bottom hand moves.**
- iii) Inhale through your nose for about 4 seconds, feeling your abdomen expand. (You may feel slight tension the first few times you inhale.)**
- iv) Hold your breath for 2 seconds.**
- v) Exhale very slowly and steadily through your mouth for about 6 seconds. The mouth should be relaxed.**
- vi) Repeat for 5-15 minutes.**

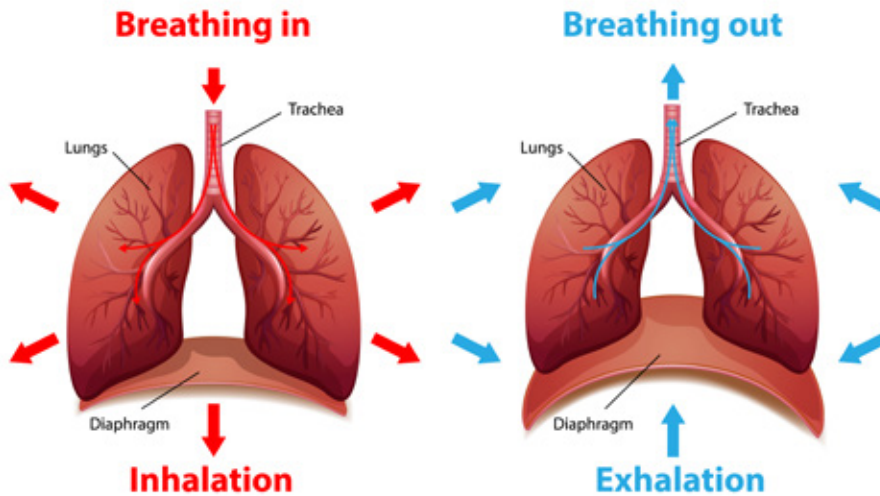
When first learning diaphragmatic breathing, it is common to feel some uneasiness or lightheadedness. Quicken your breath if you feel light headed. After a session of diaphragmatic breathing, allow yourself time to adjust to your surroundings — do not stand up too quickly.

Diaphragmatic breathing is an excellent tool for relaxation, but it is a skill that requires practice. With practice it becomes easier over time, and eventually can be done with eyes open, while sitting, standing or even walking or driving.

There are many advantages to learning diaphragmatic breathing, includes:

- **Lowers heart rate and blood pressure**
- **Decreases muscle tension**
- **Increases blood oxygenation**
- **Brings warmth to the hands and feet**
- **Increases energy and motivation**
- **Improves concentration**
- **Strengthens the immune system**
- **Reduces stress hormones**
- **Activates the body's relaxation response (and reverses the stress response)**
- **Can be easily implemented, requiring no medication or cost**

BREATHING



2. 4-7-8 Breathing

Many practitioners of breathwork find the counting of the 4-7-8 breathing calming.

To perform 4-7-8 breathing exercises:

- i) Allow your lips to part gently.
- ii) Exhale completely, making a breathy whoosh sound as you do.
- iii) Press your lips together as you silently inhale through the nose for a count of 4 seconds.
- iv) Hold your breath for a count of 7 seconds.
- v) Exhale again for a full 8 seconds, making a whooshing sound throughout.
- vi) Repeat 4 times when you first start. Eventually, work up to 8 repetitions.

3. Box Breathing

Imagine and focus on a square shape, and then inhale deeply for four counts.

Hold your breath for four counts, and then exhale for four counts. Hold your breath for four counts, and then start the process over.

4. Alternate Nostril Breathing

- i) Sit with your legs crossed.
- ii) Place your left hand on your knee and your right thumb against your nose.
- iii) Exhale fully and then close the right nostril.
- iv) Inhale through your left nostril.
- v) Open your right nostril and exhale through it while closing the left.

- vi) Continue this rotation for 5 minutes, finishing by exhaling through your left nostril.

5. Lion's breath

Lion's breath is an energizing breathing practice that is said to relieve tension in your chest and face.

To perform this:

- i) Come into a comfortable seated position. You can sit back on your heels or cross your legs.
- ii) Press your palms against your knees with your fingers spread wide.
- iii) Inhale deeply through your nose and open your eyes wide.
- vi) At the same time, open your mouth wide and stick out your tongue, bringing the tip down toward your chin.
- v) Contract the muscles at the front of your throat as you exhale out through your mouth by making a long "haaa" sound.
- vi) You can turn your gaze to look at the space between your eyebrows or the tip of your nose.
- vii) Do this breath 2 to 3 times.

References:

<https://www.healthline.com/health/breathing-exercise#resonant-breathin>

<https://behaveo.com/quick-and-easy-breathwork-for-beginners-guide-2021/>

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What is **Vision Newsletter** all about?

Besides publishing updates from the Mission and local churches, it is a platform for individuals to share testimonies that serve to glorify God and edify our church members. It is through YOUR sharing that others may be blessed and be reminded of God's goodness.

Based on last year's survey, one of the things our readers enjoy reading the most from this Vision Newsletter is testimonies (it is one of my favourites too). I remember reading a testimony about a young man whose dream of becoming a teacher got shattered. He did well throughout his school years and even got chosen to attend the final stage of his interview. One thing I learned from his testimony is God knows best. All along, God wanted him to become a dentist and he couldn't be happier!

How about you?

Do share with us
a testimony
or two!

vision Article Submission Guide

You are welcome to write for the edification of our members. Share with us your experience with Christ. What's the latest with your local church?

We welcome scripts from all local church members of sister-institutions of Seventh-day Adventists in areas of:

News and Testimonies (800 to 1,600 words) , Evangelistic program and activities (400 to 800 words)

We reserve the right to edit / delete / reject all scripts to ensure that it is for the purpose of edifying our members.

Please note that unsolicited manuscripts will be subjected to the discretion of the Editorial Board.

Deadline:

-15th Jan (for Mar Issue)

-15th Jul (for Sep Issue)

-15th Apr (for Jun Issue)

-15th Oct (for Dec Issue)



Write

Indicate name / pseudonym, church / organization



Check

Check spelling and grammar, use appropriate punctuation



Avoid

Avoid insert picture in MS Word
Avoid whatsapp compressed photo



Photo

Send original high-res photo
atleast 1MB / 300dpi with caption



Email

vision@adventist.org.my

Impact Malaysia:

35th Annual Indian Churches Camp 2024

Virgo Batik Resort, Teluk Batik, Perak | 26th-28th July 2024

Petrik Andrews,
Nibong Tebal & Bukit Mertajam

The eagerly awaited 35th Annual Indian Churches Camp for 2024, themed “Impact Malaysia,” took place from 26th to 28th July 2024 at Virgo Batik Resort, Teluk Batik, Perak. After a three-year break due to the COVID-19 pandemic, this event—held once a year—was eagerly awaited by church members across the region. The camp, organized by the Indian Church Pastors of PEM, required extensive planning, which was accomplished through numerous zoom meetings despite the pastors’ already demanding schedules of church ministry and outreach.



Pastors, Bible Instructors, Bible Workers of Indian congregations



Session in progress

This year's camp brought together a diverse group of sister churches from across PEM, with a total of 220 participants. The main speaker for the event, Pastor Shrikanth Shendikay, Southern Asia Division Youth Coordinator from India, was accompanied by his wife. Pastor Shendikay themed his messages "Impact" and it deeply resonated with the participants, inspiring many to recommit their lives to Christ. In addition, several first-time visitors who attended the camp, decided to begin Bible studies, seeking to learn more about Jesus and accept Him as their personal Savior.

This year's camp offered a variety of sessions and activities, designed to cater to the spiritual, emotional, and physical needs of every participant. Group discussions and prayer circles created meaningful spaces for attendees to engage in deep conversations, share testimonies, and pray for one another.

Pastor Tan Weoi Siong, PEM Youth Ministries Department Director, and Elder Farrel Gara, MAUM Youth Ministries Department Director, led engaging programs for the youth, while the family sessions, led by Pastor Kozel Wattz, MAUM Family Ministries Department Director, focused on building healthy relationships and spiritual growth within the family. Meanwhile, the children's program were coordinated by Sister Jasmine John, and her team, who engaged the children through creative activities like craft-making, inspiring action songs, and interactive lessons.

A notable highlight was the praise and worship section, which brought everyone together in joyous song, creating a spiritually uplifting atmosphere that set the tone for deep reflection on the lessons of the day.

The camp was not only a time of spiritual renewal but also a joyful reunion for many, allowing members from sister churches to reconnect with friends and family. The spirit of community and unity was felt throughout the camp, and it was truly a blessing for all who attended.

A special note of gratitude goes out to all the volunteers and organizers who worked tirelessly behind the scenes to make this year's camp a resounding success. Their dedication ensured that the event ran smoothly and left a lasting impact on all participants.

As we reflect on the profound experiences from this camp, we encourage everyone to continue their spiritual journey by staying connected with their local church programs and joining the follow-up Bible study groups. Those who attended—and those who missed this year's event—are warmly invited to next year's camp.

Let's carry the message of "Impact Malaysia" into our daily lives, allowing it to inspire us in our faith and actions. We look forward to next year's camp, which promises to bring even more blessings, opportunities for growth, and lasting memories.



Special number during Sabbath service



Special feature by children

AOY Conference 2024

by **Rayne Clement,**
AOY leadership



Combined Sabbath Worship during AOY 2024 Conference

We praise God for another AOY conference this year. By God's grace and leading, AOY 2024 has come and gone in a blink of an eye. This year, AOY was held in the central region of Peninsular Malaysia, in the hustling and bustling city of Kuala Lumpur at the Central region. This year marks the 12th year of AOY. We praise God for His leading and providence towards AOY for the past 12 years.

The theme for AOY this year was "Sealed" taken from Revelation 7:4 which says, "And I heard the number of them which were sealed: and there were sealed an hundred and forty and four thousand of all the tribes of the children of Israel." This theme was chosen because it focused on God's last day people and the preparation that is necessary to receive the seal of God.

The speakers that we had this year were Pastor Christopher Holland, Brother Scott Mayer and Elder Tim Maddocks. Aside from the plenary sessions and morning devotions, the speakers also presented workshops on relationships, media and entertainment and also spiritual warfare.

There was also a workshop on 'How to Study the Bible' conducted by Elder David Ng and myself. We went through the book of James.

We truly praise God for the messages that we heard from the different speakers at AOY this year and for the many

decisions that were made for God. We had a total of 15 persons who made decisions for Bible study and baptism.

As with previous years, our conference this year was at Wisma MCA in Kuala Lumpur. Being in the heart of the city, it gave us a greater impression of the great work to be done before us so that Jesus can come back to take us home.

The conference this year would not have been possible without the support from the PEM and MAUM leadership. We appreciate Pastor Tan Meng Cheng, PEM President, for the keynote address at the opening night and for the opening prayer.

We also want to thank everyone who has supported AOY through prayers, participation, donations, and spreading the word about AOY. We are deeply grateful for your support as we continue to do God's work, to hasten His coming so that we can finally go home.

As announced at AOY on Tuesday morning, AOY will be going to the pearl of the orient, Penang Island, next year, from 5th to 8th June 2025. The new team will organize AOY 2025.

We know that the Lord will continue to do great things through AOY as He has done all these years. The theme next year is "Midst of the fire". We hope that you are excited for next year's AOY and we hope to see you there! God bless and maranatha!

Healthy Recipe



Alfalfa Salad Healthy Starter

Ingredients:

- A** 250gm Alfalfa sprout
- B** 1T Olive oil
2T Light soya sauce / Braggs
1T Garlic powder
1/2 Carrot, shredded
1/2 t Onion, shredded

Method:

1. Wash and drain ingredient A well.
 2. Combine ingredients A & B together and mix well.
- 2** *Store in fridge for 20 mins before eating.

Nutritional Fact

The antioxidants in alfalfa can help fight free radicals and could help protect your body from those diseases.

Alfalfa is a fiber-rich food. It may help control blood sugar levels by slowing the speed at which glucose (blood sugar) is absorbed into your gut.

Recipe courtesy of:
Aeon Health Care



United prayer during the AOY Conference



Young people answering the appeal to come forward for God after Scott Mayer's final charge message.



Q&A panel with our speakers Elder Tim Maddocks, Pr Christopher Holland and Brother Scott Mayer.

The 8th Adventist Medical Mission (AMM) Annual Conference, 5th till 8th Sept, 2024

by **Cecelia Chai**,
Penang Adventist Hospital

This year, Adventist Medical Mission (AMM) had the privilege of co-hosting the Asia Pacific Regional Conference on Health & Lifestyle with the General Conference (GC) Health Ministries Department during its 8th AMM Annual Conference. The theme of the conference was “The Right Arm on the March – From Its Beginning till the Whole Earth is Filled with His Glory!”

Dr Zeno Charles-Marcel, the Director-Elect of the GC Health Ministries Department, was our main speaker. He highlighted the amazing history of our medical ministry, and the reasons for this work from its beginning during our pioneers’ days, till how it is today. His last plenary led our thoughts to what all these mean to us and where we should and will go from here.

Dr Katia Reinert, the Associate Director of the GC Health Ministries Department, was our morning devotion speaker. She brought to us her vast experience in health ministry, and highlighted that we, as the right arm of the gospel, should be the shining light reflecting God’s glory, bringing hope to this world that is languishing in darkness.

Besides that, we had Dr Enoch Sundaram from India sharing with us his journey in bringing healing to his community with the simple but scientifically sound methods as instructed by the Spirit of Prophecy. This line of thought was also emphasized by Dr Lee Yew Hoong’s talk on live-in lifestyle program conducted at Aeon Health Farm.

In one missionary highlight, we had Dr Alvin Rosero, who spent half of his life as a missionary to many countries in the eastern Africa stretching over few decades, to share with us his experience as a missionary doctor. He is currently still serving in his home country hopping from one island to another in the southern part of the Philippines.

Pastor Doug Venn from GC Adventist Possibility Ministries spoke to us about city evangelism with the bee-hives activities concept that was emphasized by the Spirit of Prophecy with the stories from our pioneers. On the other hand, Sister JoAnn Amparo, the Director of Adventist Healthcare of our Southern Asia-Pacific Division, shared with us the work that is done in our hospitals within the territory of our division, and she challenged us to be true to the mission that God has entrusted to us as the remnant church, both to its institutions and also to each individual church member, especially the healthcare professionals.

Overall, we had 95 registered attendees for the conference. The Sabbath morning and worship sessions were open for all church members to attend. This was well attended by over 200 people. The whole event was held at the Mercure Penang Beach Hotel at Tanjung Bungah, Penang. We praise the Lord for the smooth running of the programs. We hope & pray that the right arm of the gospel will continue to march forward till the day we hear the commendation from our Master, “Well done, thou good & faithful servant.”



Main Speakers of AMM



AMM Working Committee



Registered Delegates



Participants on Sabbath

“The Maker Heals” 10 Days Program 30th June - 9th July 2024

by **Able Ng**,
Bukit Mertajam

Bukit Mertajam Adventist Community Services, organized “The Maker Heals” as a follow up program for our Free Health Screening and Free Health Talks conducted in Bukit Mertajam area, for the past two years. We invited Sister Choi Cha Soon and her team from Korea for a 10-days health retreat. Sister Choi is the retired director of Bethel Sanitarium, near Busan, South Korea. She speaks Korean and her talks are translated into English by Brother Kevin Chung. To meet the needs of the Chinese speaking contacts in Bukit Mertajam, Sister Choi’s talks were also translated into Mandarin.

Sister Choi speaks of the natural healing principles of health and the remedies found in the Creator’s plan to give us physical, mental and spiritual healing. Many patients have experienced health reform and recovery from attending this program.

At the beginning only five local people signed up for the 10 days program, but we decided to go ahead since our local church volunteers can also learn and benefit together. We limited the number of participants to 15 pax only because the church venue was not very big and we wanted everyone to be comfortable. Our target was small according to our own ability and resources, but God had a bigger plan for us.

Just one week before the program, we had a sister from Thailand requesting to join our program and three days before we started, a group of 11 brothers and sisters from China decided to fly in to attend the program. Later, a few other members from Penang churches also came to join us. Our total came to 34 pax including our local volunteers. It was

a big group of people, and we started to panic as we didn’t have that much food, or helpers, or space amongst others, but by God’s grace everything went well, God provided for all our lack. Even the participants came forward to help with transportation, leading in songs and prayers.

On the first day, we started with the initial blood test by Dr. Steve Kuan and consultation by Sister Choi. Many were advised to start fruit fasting for either the first 3 days, or 5 days or 7 days. One particular brother who was a cancer patient was put on a 7 days water fasting. Fasting is one of the best ways to help our body to rest and heal itself. To many participants, this was the first time they experienced fasting. It was tough at first but fasting together as a group was the best support and comfort. Together with prayer, everyone completed their fasting and enjoyed having their recovery meals. Everything tasted delicious after fasting, even raw food. We were then taught to choose our food that best provide the elements necessary for our body to best function. The best food is the food our Maker instructed us to eat, plant based.

“And God said, ‘See, I have given you every herb that yields seed which is on the face of all the Earth, and every tree whose fruit yields seed; to you it shall be for food.’” (Genesis 1:29)

Our meal plan was to eat only breakfast and lunch. For dinner, we recommend participant to take one kind of tree fruit. For every meal, we had brown rice usually with beans, thick soups, cooked green leafy vegetable, vegetable salad



Last day fruit party at Elder house



Speaker Mrs. Choi and translator

with dressing, raw vegetable and one kind of fruit. When cooking, we learned how to stir fry using only water, without oil. We learnt how to season all food with salt for taste and use only natural seasoning such as sesame seeds, almonds, peanuts, cashews, seaweed, which were roasted, grinded and then added into our cooking. Honey or maple syrup to replace sugar and lemon juice was used to replace vinegar. We learnt that water should not be taken with meals as the more liquid we have mixed with the food in our stomach, the harder it is to digest. Only drink water two to three hours after meals.

Apart from eating good and healthy food, we must constantly eat the Word of God, digest the Word, absorb the Word, and implement the Word, so that it becomes the lifeblood within us. Sister Choi taught us about "Righteousness by Faith in Christ". The Bible says that we are all sick with sin. We cannot save ourselves. Only by being obedient through surrender to Christ can we be truly healed. With the guidance from Suster Choi and Brother Kevin, we studied deep into the Bible on the Sabbath, the Cleansing of the Sanctuary and the Third Angels Message.

In our discussion and sharing sessions, we shed tears hearing testimonies from our China brothers and sisters and we really learned a lot from them. Their commitment and their strong faith in God really empowered us.

We had many cancer survivor participants listening to their stories. The message gave some the reasons to keep healthy eating and healthy lifestyle and to some, the hope to keep fighting cancer, to surrender fully to God for healing and eternal life.

"I am the Bread of life. Your fathers ate the manna in the wilderness and are dead. This is the bread which comes down from heaven. If anyone eats of it and not die. I am the living bread which came down from Heaven. If anyone eats of this bread, he will live forever; and the bread that I shall give is My Flesh, which I shall give for the life of the world." (John 6:48-51)

Two days before the end of our program, we took another blood test and did Health Age Plus to see the before and after effect of the program. After consultation with Dr. Steve Kuan, many lost about 3 kg and overall health was better compared to earlier blood results. Even better news was, after our program finished, we received a great testimony from a cancer patient participant. Remember the one who did seven days of water fasting? Throughout the 10 days program, he did not get to enjoy any of the food we prepared, he did seven days water fast and the last three days was fruit fast. But God healed him tremendously. He went to the hospital for a scan and found all his cancer cells were gone! Praise the Lord...

We have also created a local support group as a follow up for this program to keep on practising what we have learned and encouraging each other to eat healthily. This group will meet up, cook and eat together occasionally. Our 10 Days "The Maker Heals" program ended with a great fellowship at our church elder's house. Everyone enjoyed their fruit dinner eating durians and rambutans and even making the day more memorable, we celebrated our church pastor's birthday!



Local group photo



Healthy cooking and healthy eating

Marriage Enrichment Conference

by Stanley Anand,
Family Ministries



Attendees from the Peninsular Malaysia Mission



Beautiful Brides from PEM



Message by Pastor Rudy Balayo

The Marriage Enrichment Conference was organized by the Malaysia Union Mission (MAUM) Family Ministries under Pastor Kozel Malim's leadership. 367 participants, including children, gathered together at Bangi Avenue Convention Centre, from 12th to 15th September 2024. It was entitled "Cherish the Love," and it focused on providing pastoral couples and workers with both spiritual and practical resources to enhance their marriage. Attendees included couples and workers from Peninsular Malaysia, Sabah, Sarawak, Singapore Conference, and Myanmar congregations in West Malaysia.

The conference began with an inspiring devotional from Pastor Abel Bana, MAUM President, who urged couples to remember their marital vows and embrace a mindset of cherishing one another as a form of love. He emphasized that true marital love is grounded in God. He encouraged participants to be "devoted to one another in love" and to "honour one another above yourselves," referencing Romans 12:10.

A notable panel of speakers provided participants with valuable perspectives to improve their relationships. Pastor Willie and Sister Elaine Oliver, Directors of GC Family Ministries, offered a virtual session highlighting the crucial role of spirituality in marriage. Since marriage is ordained by God, it is fundamentally spiritual. When an individual goes through a spiritual crisis, the spouse is the first to feel it. An example of such a crisis is when one is selfish, rather than selfless, the opposite of Christ's agape love. They stressed the need for couples to embrace this selfless love as the cornerstone of a successful marriage. By surrendering their union to God and seeking to achieve oneness with Him, couples can mirror Christ's love and nurture the fruits of the Spirit, which are essential for a flourishing relationship.



Attendees from MAUM, PEM, SAB, SAK, SAC, and Myanmar

Pastor Rudy Baloyo, retired Executive Secretary from the Southern Asia-Pacific Division (SSD) and his wife, Sister Virginia Baloyo, SSD Family Ministries Director, offered practical advice centered around the concept of “PPC” – Pause, Pray, and Choose – as a strategy to protect marriages during tough times. Pastor Felixian Felicitas, SSD Field Secretary, and his spouse, Sister Lourdes Felicitas, presented a session entitled “Proposal Beyond the Proposal,” framing marriage as a sacred bond involving a man, a woman, and God. They emphasized that marriage is a mission that requires commitment, effort, and a shared purpose grounded in faith. In her workshop on Conflict Management, Sister Debbie Saul-Chan, Family Ministries Director of Singapore Adventist Conference, (SAC) introduced the “Three C’s” – Calm, Cool, and Collected – as effective techniques for resolving disputes. Meanwhile, her husband, Pastor Mark Chan, a retired pastor of SAC and former Stewardship Director, discussed the importance of financial stewardship in marriage.



Group Photo in T-shirts (Blue for Husband & Pink for Wife)

Over the weekend, couples engaged in interactive workshops covering a range of topics while their children participated in a parallel program designed for them. The highlight of the conference was on Saturday evening, when couples reaffirmed their marriage vows. Dressed in formal attire, they walked down the aisle to renew their commitments, evoking memories of their wedding day. The celebratory atmosphere was enhanced by a procession featuring candle lighters, bridesmaids, a Bible boy, and flower girls. After this touching ceremony, the MAUM Marriage Enrichment Conference wrapped up with a homily, a commitment service, and a modest banquet. Couples enjoyed lively games and music in a festive environment, leaving them feeling refreshed and united in purpose.



Reaffirmation of Marriage Vows

PEM Employees' Family Retreat

by **Renitta Edward**,
Secretarial

Our Mission Family Retreat was held at Ibis Styles Sepang, from 11th to 13th August 2024. 101 employees and their families gathered to take a break from their daily routine. The retreat kicked off with a talent showcase featuring 20 participants alongside their family members. The Talent Night included singing, musical performances, poetry reading, and stand-up comedy and tricks.

On the second day, there was a fun-filled tour of the wetlands on four-wheel drives where employees and their families had thrilling experiences feeding hippos, watching crocodiles, and observing beautiful swans and playful monkeys. While boating, the scenery of Weaver bird nests lining the shore was captivating. Some families splashed around in the water theme park, while others explored the nearby Automobile Museum, where they admired Malaysia's collection of antique vehicles.

The day ended with the PEM virtues award where employees who displayed PEM values were awarded. Among the values mentioned were, integrity, patience, respect of other's time, kind, helpful, problem solver, and faithfulness.

On the third day, the retreat ended with a long service award awarding employees for their loyalty in serving to the Mission.

Overall, the retreat was packed with enjoyable activities, peaceful relaxation, and delicious food. A big thank you to the PEM Officers for organizing such a wonderful getaway at the resort!



One of the recipients of the long service awards

Sanjeevwa Sritharan, Bible Instructor

“As a relatively new worker in this mission, the PEM Family Retreat was an incredible blessing for my wife and me. The team-building games were especially impactful, helping us grow closer together as a couple while reminding us of the biblical principle to care for our families, even as we serve in ministry. The atmosphere was peaceful and spiritually uplifting, allowing us to recharge in the Lord's presence.

One of the most memorable experiences was feeding the hippopotamus at Wetlands, which brought joy and connection with God's creation. Most importantly, I realized that I'm not walking this path alone but alongside a strong team of dedicated ministers, united in the work of spreading the gospel. This retreat strengthened both our faith and our sense of community within the mission.”

Rebecca Anak Latop, Shepherdess

“Ini adalah kali pertama saya menyertai PEM Family Retreat. Sebelum ini, belum pernah lagi saya menyertai aktiviti sangat indah dan ini adalah pengalaman yang berharga bagi saya. Banyak aktiviti yang kami lakukan sepanjang 3 hari 2 malam retreat tersebut.

Sebagai orang baru yang menyertai acara sebegini, sudah tentunya ada perkara baru yang saya pelajari. Saya dapat berkenalan dan belajar untuk berinteraksi dengan orang lain. Secara peribadinya, saya mudah merasa cemas dan gugup saat berbicara dengan orang lain, dan saya lebih suka menghabiskan waktu sendirian. Dengan menyertai retreat ini, saya dapat belajar untuk bersosial dan menikmati interaksi sosial.

Aktiviti yang paling menarik semasa retreat tersebut apabila kami melakukan aktiviti outdoor, mengunjungi Paya Indah Discovery Wetlands, di mana kami dapat mendekati diri dengan alam semula jadi. Syukur atas peluang ini kerana kami dapat keluar dari kesesakan kota dan menghirup udara segar dan juga bergaul antara satu yang lain.

Saya bersyukur kerana dapat menyertai PEM Family Retreat ini. Ini kerana saya dapat membina keyakinan diri untuk bersosial, berinteraksi dan berkenalan dengan orang baru. Saya juga dapat keluar dari zon selesa saya dengan mencuba perkara baru.

Tuhan memberkati!”



PEM Family Group Photo

Wong Tong En, daughter of Wong Tat Seng

“大家好！我是瞳恩。非常感谢我的父母带我参加区会所举办的家庭静修营。这次经历让我十分开心，不仅能和家人一起难得地出游，还能与教会的弟兄姊妹一同度过美好的时光，真的是一次难忘的旅程！感谢上帝的恩典与祝福。”

Daniel Devadanam, Pastor

“Thanks a lot for PEM such wonderful arrangement on Retreat. So glad I came. This is my second retreat in PEM. It exceeded my expectations. Good balance between activities, learning and socializing.

I really enjoyed the programs. I enjoyed bonding with other team members, laughing, and sharing experiences. I learnt that there was power of vulnerability. I'm glad I could connect with others outside work.

The food was really good. Lodging was beyond expectation. Awesome place. I had everything I needed as the PEM Secretariat team were very supportive in serving us. They understood what we needed and endeavoured to accommodate our requests.

I thank and praise God for the experience. Thanks a lot, to Pastor Dennis and the team members for wonderful program. God Bless everyone.”



Shepherdess praying in different languages



Pick the ball Game



Virtues Award



Children enjoy throwing curved paper airplanes

SAHC CHURCH CAMP 2024

by Joseph Lee,
SAHC

Church camp is an event I always look forward to every year. Spending a few days with your family in Christ; waking up to the first faces you see being your beloved church members—how cheery is that? It gives me a foretaste of heaven. Honestly, these experiences make me even more excited about going to heaven, where I can be with my Lord and Saviour in person with all my loved ones.

SAHC church camp this year was held at Semenyih Eco Venture resort & recreation from 15th to 17th September 2024 over the Malaysia Day public holiday weekend. The theme was ‘Walking with Jesus’ Kudos to the church camp organizers, it was a really an uplifting experience. (Plus, the venue was so great that we met Klang Chinese Church at the same venue over the same weekend having their church camp too!)

I also experienced a small miracle on the hike—though to me, it felt significant. I accidentally brought my bag with me on the hike, which contained my Bible. After the heavy rain, I panicked when I returned to my dorm, worried about whether my Bible had survived, since my bag was soaked along with my other books. To my surprise, the Bible was unharmed; it was completely dry, and none of God’s words were “defiled” by the water. I was so grateful.

As the pianist, I heard songs that were beautifully sung in a way I hadn’t experienced during regular church services (not that our services are bad, but this was something special). I could hear harmonies and the powerful echo of our voices filling the hall, almost as if the hall itself was singing along with us. It felt like angels were joining in! At that moment, as I heard the beautiful melodies and harmonies, I felt like my piano skills improved,



Camp speaker



Singing songs together

At SAHC church camp, we did lots of activities. We played frisbee, football, speed obstacle courses, went jungle trekking, and enjoyed sightseeing on some hills. There was one particular hike that was especially memorable. We started hiking around 9:30 AM, and as we climbed, it began to rain heavily around 10:30 AM, but we didn’t stop! We kept going, singing “Walking with Jesus” as we hiked up and down the hill. We sang with all our hearts, and I joined hands with my friends as we belted out the song. Soon, everyone in front joined us, and I noticed a small smile on the instructor’s face as we joyfully sang in the rain. It made me feel so much closer to the church; the joy in my heart feels like it was just moments ago.

enhancing the congregation’s experience. Everyone was singing from the depths of their hearts, feeling every word and melody, joyfully praising the Lord. I felt that joy too.

Aside from the activities and music, the sharing and discussions at camp were amazing too. I remember Pastor Robert Liaw (our camp speaker) cracking jokes mid-sermon to help us relax. We also had sessions about how to do devotions and keep prayer journals, which inspired me to start my own, even though I’m typically someone who prefers to talk rather than write.



Prayer time



SAHC camp

United Prayer was also something unexpectedly precious. My initial impression of it wasn't great – I found the camp schedule "annoying". I remember thinking, "What's the purpose of waking up so early everyday for united prayer? Don't we already do this every Sunday?" But when I joined, I felt the presence of the Holy Spirit.

A church camp, no matter how basic the facilities, environment, or food may be, the church is united through the love; creating a stronger, godly bond. Church camp not only brings you closer to your church members, but also to God Himself. It is a time when the Holy Spirit works most effectively

in people's hearts, leading to genuine conviction. And when you feel that conviction, you realize you're not alone; the entire congregation feels it too. Church camps have never disappointed me; they only get better as I grow closer to God, and SAHC's church camp this year is no exception. There were many moments that filled me with joy during the camp, but there were also times when I felt convicted of my sins as we listened to the sharing. The camp was a mix of happiness, repentance, sadness (as we had some close friends migrating), and most importantly, dwelling in the presence of God.

Heartbeat of PJEC 2024 by Robert Agustin, PJ English

Grace and peace from God the Father and Christ Jesus our Savior.

God has blessed PJEC and made everything possible according to His will and plan. Over 2024, our church elders, lay leaders and members have labored together organizing many activities in the church for the purpose of out-reach and in-reach.

Here are some of the activities:

Global Youth Day & Community Outreach Activity.

This was conducted 16th to 17th March 2024 whereby the youth did community outreach around our church neighbourhood and the children's home (Shelter Home, PJ). Little children and adults joined this program and had fellowship lunch together after the hard work, impacting the community!

Family Enrichment Seminar

This was conducted on 29th to 30th March 2024, by Dr Sally Phoon & Dr Shee Soon Chiew. 140 SDA and 10 non-SDA were in attendance. Both Dr Phoon and Dr Shee shared their experience and wisdom for a successful marriage from 7:30 PM on Friday night up to 5:00 PM on Saturday evening. Our seekers and members learnt many practical approaches to building a successful relationship.

The topics include; Understanding Men and Women, Quality Relationships, Contemporary Marriage Challenges, and gender Issues in current days. It was an eye-opening and mind-blowing seminar.

Special Youth Revival Meeting

On 9th to 12th May 2024, Dr Petras Bahadur, GC AMR Director conducted a Special Youth Revival Program

where both members & seekers learnt about God's unchanging plans for humanity and what it meant to be citizens of the Kingdom. On Sabbath afternoon, there was a special dialogue, an initiative to help understand and affirm that the Christian faith is the truth. The attendance was 120 SDA: 5 Non-SDA.

Family & Youth Outing

On the 17th June 2024, a Family & Youth Outing was organized at Lata Bunta, Pahang. During this full day event, the many seekers and relatives who came experienced true Christian Fellowship as they got to know each other through fun filled activities. There were 80 SDA: 12 Non-SDA.

Children's Sabbath

On 29th June 2024, Children's Ministries Department under the leadership of Sister Rebekah Sam, (Children's Ministry Leader) organized the Children's Sabbath entitled "Miracles By The Sea". The children, ranging from 2-14 years led in the Praise and Worship and acted in the beautiful musical skit of Jesus's miracles by the sea.

Family Day Picnic

On 14th July 2024, the Family & Youth Ministries organized a Family Day Picnic at Nahara Kalumpang, Tanjung Malim. The event started with a short devotional, followed by ice-breaking, and team-building activities. The highlight was the durian feast. We had an awesome time together as a church family enabling seekers and members to experience Christian Fellowship. The attendance was 90 SDA: 6 Non-SDA.

Elder's Evangelistic Meeting

On 2nd to 3rd August 2024, Elder Alex Raja Kumar and Elder Lim Hoong Fatt preached messages on God's plan for humanity. This was a prequel to the PJEC Evangelistic Meeting in September. The attendance was 120 SDA: 8 Non-SDA.



Children Sabbath Beside the Sea Skit



GYDPJEC



Visitor and International Sabbath Photo with Pr Abel Bana, MAUM President



Polaris Pathfinder and Adventurer Camp at Kolam Air Panas Sungai Kerling

Journey to Wholeness

17th August 2024 is a 1-day series whereby Dr Jane Yap, MAUM Health Ministries Department Director spoke on the importance of Mental Health. She paid special attention to how mental health is important towards building a successful marriage. 110 SDA: 7 Non-SDA

Adventist Youth Social Night

On 17th August 2024, visitors from Xiamen University and friends of our youth joined our PJ Adventist Youth Social Night of fellowship and games whereby they got to know each other better.

Visitor and International Day

On 24th August 2024, we had a visitor and International Sabbath to enable members to invite non-SDA friends and family to mingle with us. The purpose of the International Sabbath is to encourage Unity in Christ, regardless of ethnic and social status. The attendance was 120 SDA and 20 Non-SDA. We felt that we were in heaven.

Polaris Pathfinder and Adventurer Camp

On 30th August to 1st September 2024, the Polaris Pathfinder Club organized their yearly Polaris Pathfinder and Adventurer Camp at Kolam Air Panas, Sungai Kerling. This camp is educational and recreational in nature. The outdoor activities attract seekers who actively participate in the Pathfinder leadership and activities.

Faith In Fire Evangelistic Meeting

Faith in Fire Evangelistic Meeting was organized 5th -7th September 2024 with Pastor Henry Tembo from Jakarta International Church as the speaker. His spiritual and mental messages encouraged us to focus on God and place our faith in His promises. It was a power-packed message to invite visitors and seekers to have a close relationship with God.

Baptism@PJEC

Discipling For Jesus!

by **Robert Agustin,**
PJ English

Praise the Lord Jesus!

Heaven is rejoicing for three beautiful souls included in the Kingdom of God. On the 7th of September 2024, McKenzie, Tilsa Mae and Clarrysya Chong were baptised into the family of God. They took bible studies under the tutelage of Pastor Robert J. Agustin, Elder Luther and Elder Alex Rajakumar. Currently, they are stepping up to the advanced level of bible studies and discipleship activities. All Glory is to the Lord Jesus!



Baptism Mc Kenzie, Clarrysya Chong, and Tilsa Mae

Where Is The Storehouse Of God Today?

by Chai Mien Seng,
Stewardship Ministries

The purpose of this article is to provide a biblical answer to the pertinent question concerning the appropriate destination of tithe and offerings for our day. In our day when human hearts try to get preeminence over “Thus saith the Lord” (Isaiah 48:17 KJV), complete submission to God’s commands characterizes those who accept Him as Savior and Lord. The challenge in our day is always on *My-discretion Versus God’s Discretion*.

Tithe is part of a biblical system of supporting God’s work, which includes offerings. Among the different parts of this God-appointed system, at least four are especially significant: 1) The divinely appointed percentage for the tithe (Lev. 27:30), 2) The divinely appointed place for delivering it (Deut. 12; Mal. 3:8-10), 3) The divinely appointed way of applying tithe resources (Num. 18:21, 24), 4) An equitable system of distribution (2 Chron. 31:11-21; Neh. 12:44-47; 13:8-14).

The obedience to the first two components is the giver’s responsibility. If either of them is changed or missing, we don’t have God’s tithe.

The question people ask: Does God have an appointed place for delivering His tithe? Some who fully accept the authority of the Old Testament may still struggle with how to apply the storehouse principle in an era when both the centralized temple and the Levitical priesthood no longer exist. Now the problem arises: Who decide? Me or the Lord? The SDAH No. 567: “Have thine own way, Lord! Have thine own way! You are the Potter; I am the clay.” This hymnal correctly answers the question who decides, the Lord not me.

Titling a divine command, “‘Bring ye all the tithes into the storehouse’ (Malachi 3:10), is God’s command. The question is: Just where is the storehouse today?

“Thus saith the Lord” Counsel.

God told His people that in the Promised Land they were not to do whatever they thought was right in their own eyes with regard to their tithe and offerings, but they were to follow precisely His plan for them. (Deuteronomy 12:5-14)

- *But you shall seek the place where the Lord your God chooses, . . . There you shall take your burnt offerings,*

your sacrifices, your tithes, the heave offerings of your hand, your vowed offerings, your freewill offerings, and the firstlings of your herds and flocks (Deuteronomy 12:5-6) You shall not at all do as we are doing here today—every man doing whatever is right in his own eyes (Deuteronomy 12:8)


- *But when you cross over the Jordan and dwell in the land which the Lord your God is giving you to inherit.... There you shall bring all that I have commanded you: your burnt offerings, your sacrifices, your tithes, the heave offerings of your hand, and all your choice offerings which you vow to the Lord (Deuteronomy 12:10-11)*
- *Take heed to yourself that you do not offer your burnt offerings in every place that you see; but in the place which the Lord chooses, in one of your tribes, there you shall do all that I command you (Deuteronomy 12:13-14)*

The above biblical counsel clearly stated as “the law of the central Storehouse”. God did not plan that everyone would do what was right in his own eyes. He had a specific plan, and He expected His people to follow it. That God means what He says in regard to the support of His work through His treasury is shown clearly in Scripture. King David. Evidently, it was his practice to follow the counsel of God as outlined in Deuteronomy, chapter 12. He states in Psalm 66:13, “I will go into Your house with burnt offerings; I will pay You my vows.”

David did not send his tithe somewhere; he took it, as an act of worship and in obedience to God’s command, to God’s house, where God’s people were, in the courts of the Lord’s house.

God even told Isaiah, the gospel prophet, “Even them [foreigners, strangers, non-Israelites] I will bring to my holy mountain and make them joyful in My house of prayer. Their burnt offerings and their sacrifices [those things commanded in Deuteronomy 12] will be accepted on My altar; for My house shall be called a house of prayer for all nations” (Isaiah 56:7).

It was during one of the periods of unfaithfulness that God, through the prophet Malachi, once again invited His people



to return to Him. "Return to Me," He says, "and I will return to you." And the people said, "In what way shall we return?" And God essentially answers that question by saying, "Stop robbing Me!" To quote Malachi, "You are cursed with a curse, for you have robbed Me, even this whole nation [not just one man as in the days of Achan]. Bring all the tithes [the 'whole tithe'] into the storehouse, that there may be food in My house. And try me now in this, says the Lord of hosts, if I will not open for you the windows of heaven, and pour out for you such a blessing that there will not be room enough to receive it" (Malachi 3:6-10).

So, what can we learn? First, the tithe doesn't belong to us. It is the Lord's. It is holy.... Second, we are to follow God's plan precisely in regard to where we return our tithe. In Old Testament times that place was the temple storehouse, from which the priests and Levites were paid. Today the equivalent would be the mission/conference office, from which the pastors are paid. And third, the tithe is to be used as God directed to support the ministry.

THE SPIRIT OF PROPHECY COUNSEL

- *God's plan regarding tithes and offerings is definitely stated in the third chapter of Malachi. God calls upon His human agent to be true to the contract He has made with them. "Bring ye all the tithes into the storehouse," He says, "that there may be meat in mine house"* (Ellen G. White, *Review and Herald*, Dec. 3, 1901).
- *In the last days of the old year shall we not make our account right with God by bringing all the tithes into His storehouse? . . . In the coming holidays, let our gifts be not to one another, but to the house of God, "that there may," He says, "be meat in mine house." In place of spending our time and means in getting up something to surprise and gratify our friends, shall we not turn all our offerings into God's treasury?* (Ellen G. White, *Review and Herald*, Dec. 8, 1896).

What a unique paragraph. "His storehouse," "the house of God," "Mine house," and "God's treasury" are used interchangeably. Apparently, they are one and the same. It is the place from which the pastors are paid, the mission/conference treasury that receives the tithes from the local churches where they are returned by the church members.

If indeed the location of the storehouse is so plain, why do folk seem to have such a difficult time finding it? The answer is astonishingly simple.

- *Lack of constant reminder for the church members to return a faithful tithe and offerings, prosperity of the members depends on their faithfulness in carry out of the mandate as specify by the Lord in book of Malachi.*
- *"If men offer any excuse as to why they do not perform this duty, it is because they are selfish, and have not the love and fear of God in their hearts" (E. G. White, *Testimonies to Ministers*, p. 305).*
- *"to defraud God is the greatest crime of which man can be guilty; and yet this sin is deep and widespread" (Ellen G. White, *Counsels on Stewardship*, p. 86).*

"God wants all His stewards to be exact in following divine arrangements. They are not to offset the Lord's plans with some deed of charity, some gift, or some offering, done or given when and how they, the human agents, shall see fit. God has made His plan known, and all who cooperate with Him will carry out His plan instead of daring to attempt to improve on it by their own arrangements. God will honor them and work in their behalf, for we have His pledged word that He will open the windows of heaven and pour us out a blessing such as there will not be room enough to receive" (Ellen G. White, *That I May Know Him*, p. 221).

Literature Evangelist On Job Training

by **Jasnah Makirim,**
Publishing Ministries

The Malaysia Union Mission Publishing Ministries under the leadership of Pastor Jim Gabu, initiated a Literature Evangelist (LE) On the Job Training for Peninsular Malaysia Mission. This is an initiative whereby Senior LE from other Missions come to PEM to help with the training of new LE on the job. The Mission Publishing Ministries organizes the Literature Ministry Seminary Training (LMS) online every year to teach various techniques or method of selling. And with the intensive on the job training the LEs were able to experience what they learned in theory.

Sabah Publishing Ministries Department responded to PEM's request and sent two senior Literature Evangelist Sister Norzinsonah Bongol and Sister Linda Mosidi together with Associate Publishing Ministry Leaders, Sister Mory Luhong and Brother Alfred Makirim to train 10 LEs, eight of which were new, in PEM from 18th August to 8th September 2024.

The team started with the Seremban Team, with LE Tugah Empari and LE Cherlyn Sikin displayed books at the Seremban Methodist Church in the morning and in the afternoon, they went canvassing house to house.

The team was divided into four groups and sent to canvass in Kuala Lumpur area, Selangor area, Seremban area and Johor Bharu. In the second round, they covered Nibong Tebal, Ipoh and Penang.

While canvassing house to house in Seremban, the LEs were able to get Bible study candidates. There is a follow up program in that area to do health screening program in December this year. In total, the team was able to enter 115 schools and many houses. Tracts and health leaflets were distributed to the public. The team also took the opportunity to encourage church members to join and experience the canvassing work. A total sale of RM31,000 was collected during this period.

Literature Evangelist is a Christian salesman, selling our health and spiritual books to the public and to members. The purpose is to introduce health message and to nourish the Christian life. We want to invite you to join the meaningful ministry and experience God.



From the left - Mory, Norzinsonah, Alfred, Linda & Jasnah



PEM LE Sister Sofia (In the middle) train by Senior LE from Sabah, Linda (On the left), taking photo with the headmaster of SK Bukit Kepong Frim



Displaying books in Seremban Methodist Church

AOY SALT



**ARMY
OF
YOUTH**

**SOUL WINNING
AND
LEADERSHIP
TRAINING**

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- Fundamentals
- How to Study the Bible
- Evangelism
- Leadership
- Speech & Homiletics
- Spiritual Warfare
- Sanctuary
- Daniel
- Revelation
- Canvassing
- Health


Class 2025

17 February ~ 21 June


About Us

AOY SALT is a 4 months bible training school based in Kuala Lumpur, Malaysia. AOY SALT covers many popular topics that are needful for our last days. This school started up in 2014 and is now yearly class, filling up quickly each year. New subjects are added each year. The classes are taught in modules to allow people to attend any specific if they want.

Venue

 Serdang Adventist Hope Center

Contact Us

 salt@aoyweb.org

 www.aoyweb.org/salt.html



Survival X

Pathfinder Camp 2024

by Edmund Chong,
Kuantan Chinese Church

Nestled in the serene foothills of the Sungai Lembing Valley, the Riverview Resort is a hidden gem of natural beauty. From 14th to 16th September 2024, the resort became the backdrop for an unforgettable adventure and experience. With 36 eager youth and young adults in attendance, this program was filled with excitement, challenges, and a spirit of camaraderie, making it a perfect blend of education and recreation.

The Pathfinder camp provided a much-needed escape from the digital world into the heart of nature, where the participants learned valuable life skills while creating lasting memories. From semaphore to Morse code, from knot tying to the river challenges, each activity was designed to teach teamwork, patience, and creativity. The camp gave the young participants the tools to grow physically, mentally, and spiritually, all while having an incredible amount of fun.

Learning Non-Verbal Communication Skills

The camp kicked off with a series of activities designed to teach

communication skills, with the first being semaphore. Using flags to convey messages, semaphore is an old but effective way of signalling that emphasizes clarity, coordination, and precision.

Next, it was time for Morse code. The young participants learned the basic dots and dashes, which represent letters and numbers. The campers quickly got the hang of it and it was a joy to see how enthusiastically they pay attention to each lessons.

In addition, the campers were introduced to the Pigpen code—a simple yet fascinating cipher that uses symbols to represent letters. Divided into teams, they worked together to crack coded messages hidden around the campsite. As each team raced to decipher the cryptic messages, the energy in the camp was electric.

Learning sign language added a unique layer to the campers' understanding of communication. By learning few basic phrases and signs, the participants gained insight into how to interact with people who are deaf or hard of hearing. They also learned how to sign each letter in the alphabetical order.

Games, Puzzles, and Team Challenges

The camp wasn't all about learning, more than half of the programs were allotted to games and activities. One of the highlights was the "Who is the True Prince Challenge", where three teams compete to complete various challenges, to receive clues that may lead to victory. This was where theory was put into practical use. A series of puzzling and mind cracking challenges were set before them, and they would need to squeeze out all the knowledge they had learned earlier to complete the task. The teams had to navigate through the different terrains, solving clues that led them to their next checkpoint. It was a test of both brains and brawn, requiring participants to think quickly while also working together to reach their goals. But perhaps the most exciting activity of all was the river challenge that had everyone's adrenaline pumping. The challenge required the participants to cross the river and complete tasks while carrying a partner behind his or her back. But it wasn't just about physical strength; strategy and teamwork were crucial in this test. The joy of successfully completing the challenge was written all over their faces as they stepped out from the water, soaked but triumphant.



Every morning there was a roll call, and the Pathfinder flag was raised before starting any lessons or activities



Participants sitting in rows according to their team's colour in the classroom.

Delicious Meals and a Fun-Filled Barbecue Night

Personally, my favourite part of this camp is the food! A group of dedicated parent volunteers teamed up and prepared delicious and wholesome meals throughout the three days. From hearty breakfasts to energizing lunches and to scrumptious dinner, the food was ten out of ten, keeping spirits high. The highlight was a special barbecue night where everyone gathered around sizzling grills. Few of the young talents started a karaoke session, singing their hearts out under the stars. It was a joyful night filled with laughter and music, creating a perfect atmosphere for bonding and relaxation after a day full of adventure.

Spiritual Lessons: A Deeper Connection

Beyond the physical and mental challenges, the Pathfinder camp also provided an opportunity for spiritual growth. Each day starts off with morning devotion with moments of reflection and prayer, allowing the campers to connect with their faith. One of the key verses that resonated with the group during the camp was 1 Timothy 4:12: "Let no one despise your youth, but be an example to the believers in speech, in conduct, in love, in spirit, in faith, and in purity." This message reminded the campers that, regardless of their age, they are called to live in a way that reflects their faith and values. The activities during the camp, especially those requiring teamwork and perseverance, became metaphors for living out their faith through actions, encouraging them to be leaders and role models both in the camp and beyond.

A Memorable Experience for All

As the camp ended, a palpable sense of accomplishment filled the air, tinged with a mild sadness as campers prepared to part ways. Over the span of three days, they had not only acquired new skills and overcome various challenges but also forged deep and lasting friendships. We are truly thankful to God for blessing us with such a successful and unforgettable experience!



Flour blowing game- This game was a favourite, second only to the river challenge



Two boys preparing to start the river challenge right after completing the flour blowing game.

儿童假期生活营 VBS Team CREATION

颜启美
双溪大年方舟中文堂



大合照

自冠状病毒行动管制令开放之后，这是双溪大年方舟中文堂首办的儿童假期生活营。我们在梁辉牧师和谭曼莲师母的鼓励和发起下，在短短的 4 个月里面，如火如荼的招兵买马，立即展开筹备和策划。那时候，我们向上帝祷告，祈求50位学生参加。正当我们愁着要如何招生的时候，圣灵感动了许凯琴姐妹来担此重任。

最后，上帝回应了我们的祷告，学生人数不多也不少，刚刚好50位。这也应验了在马太福音 21: 22 主耶稣说：“你们祷告，无论求什么，只要信，就必得着。”哈利路亚，感谢赞美主！

50位学生当中，百分百都是非信徒。多数的学生都是没有接触过福音的小朋友，年龄介于 4 至 12 岁，当中有对食物敏感的孩子和好动儿。

对于我们小教会来说，要照顾50位小朋友不是一件容易和简单的事情，既然上帝已经为我们打开了这个新的布道方向，我们也坦然的接受这个挑战。这次算是本堂最大型的全体总动员活动。感谢上帝，让我们在这次的服事中，能不分彼此的情况下，一同完成这次的重任。当中有年纪最长的陈淑芳姐妹，每一天都到场支持我们的活动。虽然她行动不便，但是她还是在活动当中，坐在一个角落不停的为我们祷告。我们也有很多自愿帮忙的中学生和大学生。纵然他们下午有上课，早上还是不辞辛劳的来到教会协助和帮忙。这让我们感到非常的感动。

中学生第一次当起儿童假期生活营小老师。没有经验的他们，在这次营会中也累计了不少照顾孩子和游戏策划的经验。午餐和茶点部分都交由郭桂琳，符梅爱和一



班可爱的乐龄姐妹们负责。在她们熟练的烹饪下，呈现出美味又可口的健康素食，让孩子们都赞不绝口，纷纷要求再添多一碗又一碗。

此次营会的主题，我们采用了区会儿童事工部所给予我们非常精彩和好玩的教材——Team CREATION。

这个主题和创造完全没有关系，而是要从字母中找到相关的信息。

- C- Choice 选择
- R- Rest 休息
- E- Environment 环境
- A- Activity 活动
- T- Trust 信靠
- I- Interpersonal Relationship 人际关系
- O- Outlook 外表
- N- Nutrition 营养

通过健康站，游戏站，手工站，圣经故事站，唱游站，茶点站来学习里面的内容。谭曼莲师母也另外穿插了大自然的动物知识给孩子们。

毕业典礼那天，是我们第一次接触孩子们的家长和亲属，人数约达 100 人（不包括教友）。兴奋的当儿，我们也存感恩的心，若非上帝和圣灵的感动，我们不会见证此幕。

当晚准备给孩子们和家长的膳食，全全都是由方舟教会厨房组员亲力亲为的一手包办。家长们还以为是从外面订购 5 星级的饭盒呢！从中让他们有机会认识到原来素食也可以这么的好看和好吃。



专心听课



彼此合作游戏



谭曼莲师母颁发结业文凭



友谊之网游戏

探访日

Eva,
关丹中文堂

每个月的最后一个安息日都是我们教会的“全体总动员探访日”。

在崇拜聚会以及午餐联谊后，大家就一起从教堂出发，到各个小组的关怀对象家里进行拜访。我们分为四个小组，去探访不同的家庭。青年团探访的对象，着重于青年团或先锋会员的家长 and 团员；妇女团探访的对象，着重于教友还没信主的父母和家人；安息日学部探访的对象，着重于没有到教堂聚会的弟兄姐妹或生病的教友和慕道友；而社区服务部探访的对象，则着重于社区关怀中的病人或老人。

我们带着关怀的心与他们一起分享诗歌，跟他们聊天，分享圣经的话语和健康饮食的方法。同时也为有需要的人进行水疗和按摩。希望借此机会不只是传福音给别人，也帮助他们的需要，还能培养出自身对他人的爱心关怀。弟兄姐妹之间的谦卑态度和团结一致的精神，促使教会和个人的成长与复兴。

惟用爱心说诚实话，凡事长进，连于元首基督，全身都靠他联络得合式，百节各按各职，照着各体的功用彼此相助，便叫身体渐渐增长，在爱中建立自己。「以弗所书4:15-16」

感谢上帝带领每一个小组，每一次的过程，圣灵的感动和引导。感谢教会各部门的配合与协调。



俊星弟兄正在为慕道友病患测量血压和进行水疗调理



给予关心、诗歌分享和上帝话语的分享，并邀请关怀对象一起祷告



大家一起学习与与人分享健康信息和简单的水疗保健

「倚天屠龙记」布道会

黄琳胜教士，
吉隆坡中文堂



诗歌班每晚都有特别呈现，以诗歌带出信息



布道会主讲者 戴雄汉牧师



赠送出席率高的来宾健康餐厅现金卷以示鼓励

为了激发教友们在信仰中的成长，并让更多的人接触真理的福音，吉隆坡基督复临安息日会中文堂于8月1日至4日举办五场以「但以理和启示录」为主题的布道会。这次布道会主题为「倚天屠龙记」，讲述「倚天屠龙」最终胜利的一方将会是天上的上帝！布道会主讲人是来自台湾三育基督学院神学系的戴雄汉牧师。

「倚天屠龙记」不仅仅是一个令人印象深刻的主题，它也象征着在末世中所要面对的属灵争战。通过对《但以理书》和《启示录》的深入解析，布道会将带领信徒了解上帝的救赎计划，并鼓励大家在这个不确定的世界中如何倚靠天父的力量。正如但以理和约翰所预见的未来，只有坚守信仰，依靠基督的救赎之力，才能最终获得天国的胜利。

同心、同行、同工：侍奉中的合一

这次布道会特别强调了教会信徒之间的合作与合一。呼吁大家“同心、同行、同工”，共同投入侍奉的工作。通过一同学习和服侍，信徒们不仅能在属灵上彼此扶持，更能在布道会的每个环节中体验到与基督同工的喜乐。当我们甘心乐意为主工作时，责任就会变为祝福，侍奉就会变为喜乐了！

邀请家人和朋友：传递福音的使命

布道会不仅是教友们灵命更新的时刻，更是一个向家人和朋友传递福音的良机。教会特别鼓励每一位教友邀请他们的家人、朋友一同参加，借此机会向他们传扬福音。这次布道会通过深入浅出的讲解，让每一位参加者从中受益，并能够对《圣经》有更深入的认识和思考。一切荣耀归于上帝，连续五场的布道会平均出席人数有80人，当中有20位是教友的家人和朋友。

传福音的大使命：我愿去“传扬”

布道会的核心任务是完成耶稣基督赋予信徒的“大使命”——“你们要去”，使万民作我的门徒，将福音传遍天下（太28:19-20）。预言之灵强调教会合一和价值的价值：“教会必须同心合意，合作传扬福音。每个人都有其应尽的职责，团结能使教会的力量倍增。”（服务真途 第18章）

布道会正是履行这责任的重要平台。通过布道会，教友们能更有效地邀请家人、朋友走近基督。愿我们都能响应主的呼召：我愿去“传扬”，以催促耶稣基督的再来，阿门！

公益捐血活动

吴开兴,
关丹中文堂

关丹教会于今年8月25日（星期天），在关丹成功广场举办了一场名为，“您的爱心，将点亮生命！”的公益捐血活动。此次活动由教会执事长吴开兴弟兄负责策划和统筹安排。活动获得了多方支持，并取得了令人鼓舞的成果。

活动目的

此次活动的主要目的是通过捐血行动为社会作出贡献，帮助有需要的病患。同时也通过健康检查和咨询服务，提高社区成员的健康意识。另一方面，本次活动也旨在培训教友和前锋员，提供他们学习参与社会服务与实践基督教信仰的机会。通过这样的活动，教友和前锋员能够学习如何组织、协调和执行社会公益项目，成为教会与社区服务中的重要力量。这不仅仅是一次献血捐血活动，更是一个推动健康生活方式的社区互动平台。

活动成果

活动得到了广泛的参与和支持，以下是此次活动的成果总结：

- 报名参与健康检查人数：120人
- 成功捐血者：85位
- 未能捐血者：15位（未达到捐血标准）

尽管部分朋友未能捐血，但他们的爱心和参与精神得到了充分的肯定和尊重。



关丹基督复临安息日教会带领执事，健康，妇女和前锋会部门共同参与捐血活动



张俊星弟兄为友族了解自身健康状况

合作与支持单位

活动的成功举办离不开多个单位的紧密合作和支持：

- 关丹成功广场：慷慨提供免费场地。
- 关丹合心同善社区关怀：为成功捐血者赠送精美毛巾作为纪念礼物。
- 区会健康部：提供捐血与健康检查的检验器材。
- 关丹基督复临安息日教会：教友们负责活动现场的询问柜台，并分发福音和健康小册子。
- 关丹基督复临社区关怀：协助搬运并提供桌椅支持。
- 关丹基督复临前锋会：前锋会成员协助接待来宾并协助体检与登记。
- 宝康医院关丹团队：提供癌症小册子与相关检验品。
- 爱心健康企业：为参与者提供免费按摩器体验。
- 关丹政府中央医院：15位医务人员现场支持，确保活动的专业性与安全性。
- DUTAMAS SEMESTA 慷慨赞助了膳食费用，Wing Marketing 赞助了捐血活动的广告布条。

正是这些单位的支持与帮助，才使得我们的经费降低。

马太福音 5:16 - “你们的光也当这样照在人前，叫他们看见你们的好行为，便将荣耀归给你们在天上的父。”

健康服务与反馈

除了捐血外，我们还提供了多项健康服务，广受参与者的好评。这些服务包括：

- 健康检查：体重、血压、血糖等基础健康数据测量。
- 健康量子测试：帮助参与者更好地了解自身健康状况。
- 粪便检验：提高大家对肠道健康的关注。
- 健康咨询：提供专业医生的建议与解答。
- 足部脉冲磁疗体验：缓解压力，放松身心。

这些健康服务不仅增强了参与者对自身健康的了解，也为他们提供了有价值的医疗信息与建议。

培训与学习

本次活动特别强调对教友和前锋员的培训。通过参与献血活动的筹备、组织与执行，他们不仅学习了实际操作技能，还培养了团队合作精神和服务社区的意识。正如《以弗所书》4章12节所说：“为要成全圣徒，各尽其职，建立基督的身体。”这些宝贵的经历帮助他们更好地融入教会的事工与社会服务，为今后组织类似活动积累了宝贵的经验。

成功要素

1) 明确的目标与计划：活动的成功离不开教会领导层的清晰规划。通过设定明确的目标（如捐血、健康推广、社区服务）和具体的活动流程，确保了每一个环节的顺利进行。通过清晰的计划，我们能够协调资源、时间和人员，使得活动得以高效开展。

2) 各单位的协同合作：此次活动的成功不仅归功于教会内部的努力，也离不开外界单位的通力合作。公益活动不仅仅是教会内部的事工，而是一个跨组织、跨界合作的平台。我们希望通过这类活动，能与更多的慈善机构、私人团体和公司一起响应，形成更广泛的社会影响力。不同部门和单位的无缝协作，资源共享，使得在短时间内筹备并取得圆满成功的目标成为可能。

3) 志愿者的无私奉献：此次活动共有55位义工积极参与，他们的无私奉献是活动顺利进行的关键。正如《加拉太书》6章9节所言：“我们行善不可丧志，若不灰心，到了时候就要收成。”通过他们的努力，我们能够为社区提供优质的服务，同时也激励了更多的人加入到公益活动中。志愿者不仅仅来自教会，他们也包括外部机构和私人团体的成员。这样的跨界合作，进一步推动了公益事业的发展。

激励与建议

通过此次捐血活动，关丹基督复临安息日教会展示了如何通过社区活动影响并帮助社会。我们鼓励其他教会借鉴此次活动的成功经验，并根据当地需求，组织类似的公益活动。捐血活动不仅帮助病患，也为教会与社区之间搭建了更紧密的联系，体现了基督教“爱邻如己”的教义。

愿所有教会共同携手，通过实践基督的教导，成为社会中的光与盐，传播爱与希望。

《加拉太书》6章9节所言：“我们行善不可丧志，若不灰心，到了时候就要收成。”



前锋会走入社区提供服务



捐血英雄者的爱心和参与精神得到了充分的肯定和尊重

健康检查活动

Paul,
淡边中文堂

为了提升社区居民的健康意识，淡边中文堂于2024年9月8日（星期日）组织了一次健康检验活动。此次活动旨在为居民提供免费的健康检查，帮助大家及时了解自身健康状况，并进一步增进对教会的了解。借助此次活动，我们也成功邀请居民参与教会的后续活动。

在活动前，我们通过社交媒体，悬挂横幅和派发宣传单等多种渠道进行宣传，确保居民了解活动信息。活动由教友和专业医务人员进行，并邀请了希望车队以提供专业的医疗设备。

此次活动共吸引了近100名居民参与，主要的健康检验项目包括：身高体重及体脂率测量，血压血糖检测，胆固醇检查和健康咨询。活动现场，居民在工作人员的指导下有秩序地进行健康检查，并获得现场咨询与解答。对于每位参与的居民，我们提供了健康检验报告和一份小礼物包括矿泉水、维他命C和一本教会书籍。

此次社区健康检验活动取得了显著的成效，不仅提升了居民的健康意识，也增强了教友的凝聚力。居民对活动的反馈也普遍积极，认为此次活动帮助他们更清晰地了解自己的健康状况。未来，我们计划继续举办类似活动。除了推动教会事工，也营造更健康的社区环境。通过这样的努力，我们希望能够帮助每位居民实现更高质量的生活，促进社区的整体健康水平。



健康检查活动现场



担任咨询师的弟兄姐妹



全体工作人员的合影



BOOK PROMOTION

My Bible Friends

Price: RM 456

Product from: Philippines Publishing House (PPH)

Cover: hard cover and colourful.

This book coming with ten books for one set. Every chapter based on biblical story of the Old and New Testament. In this way, children will travel back in time and learn details like the birth of Jesus in a manger and many more. With this detailed and full-colour stories, children will take a closer look at what's behind each bible story. This set of books is suitable for children from 3 – 12 years old and for the children and parents who is a beginner English learner this book is for you.



Bible Puzzle (New Testament)

Price: RM 45

Product from: Safeliz Publishing House

Cover: Hard cover and colourful.

Six wonderful stories for children to learn great Bible lessons from New Testament in an attractive way, each with a puzzle. Children can read and play puzzles that can help build great intellectual value to solve any challenge in their daily life. Reading and playing is a great method for children to memorize the bible stories they are learning. (0-4 years).



NOTICE FROM PEM Welcome

We welcome Brother Lai Wai Leong,
intern pastor, effective 01 October 2024.

UPCOMING EVENTS

2025 January

03-04	SS/PM	MAUM-PEM Bible Webinar	Online
04	Ministerial	Day of Prayer & Fasting	PEM
04	AY	PEM Southern Region Adv & PF Club Ministries Advisory	Southern
04	Ministerial	GDME Seminar & Training - Local Church	Northern
05	Publishing	LE Meeting	Online
08-18	Ministerial	Ten Days of Prayer	PEM
11	HM	Health Symposium	Online
11	AY	PEM Northern Region Adv & PF Club Ministries Advisory	Northern
11	Ministerial	GDME Seminar & Training - Kuantan	Central
14	FM	How to Conduct Marriage Counselling: Spiritual & Gov Approaches	Online
18	AY	PEM Central Region Adv & PF Club Ministries Advisory	Central
18	Stewardship	Stewardship Seminar	Klang Valley
18	CHM	CHM Leaders Orientation	Online
19	Ministerial	Northern Region Elders, Deacons & Deaconesses Certification	Northern
25	Ministerial	GDME Seminar & Training - Local Church	Central
26	Admin	Executive Committee Meeting (1 - FY 2024)	Online

2025 February

01	Ministerial	GDME Seminar & Training - Local Church	Kinta Valley
02	SOP	SOP Local Church Coordinator Meeting	Online
08	Stewardship	Stewardship Seminar	Central
08	Ministerial	Southern Region Elders, Deacons & Deaconesses Certification	Southern
08	FM	Parenting Styles & Their Impact on Children's Health	Northern
08-16	Publishing	Student LE program for Eng & BM Churches	
15	AY	PEM Southern Region Adv & PF Club Ministries Training (Counselor & Secretary Modules)	Southern
15	Ministerial	Central Region Elders, Deacons, and Deaconesses Certification	Central
16	Secretariat	Secretariat - Follow up & Updates	Online
17Feb-19Jun	Admin	AOY SALT Classes	PEM

2025 February

18-19	Admin	Ministerial Meeting 1	PEM
21-22	CHM	CHM Leadership Certification Level 1	Online
21-23	HM	Health Advisory	PEM
22	Ministerial	GDME Seminar & Training - Local Church	Melaka
23	Secretariat	Secretariat - Follow up & Updates	Online
24-25	CHM	Child Adolescence Seminar	Online

2025 March

01	WM	International Women's Day of Prayer	PEM
01	Ministerial	GDME Seminar & Training - Local Church	Southern
01	FM	Creating a Healthy Home Environment	Klang Valley
03-06	Publishing	LMS - New LE's	Online
08	Ministerial	GDME Seminar & Training - Local Church	Northern
14-20	Stewardship	Stewardship Caraven	PEM
15	AY	Global Youth Day	PEM
15	CHM	Global Children's Day	PEM
15	Ministerial	GDME Seminar & Training - Local Church	Klang Valley
15-16	WM	My Sister, My Friend - Young Girls Ministry	Kinta Valley
15-22	AY	Global Youth Week of Prayer	PEM
21-22	WM	WM Leadership Certification Level 2 - Part 1	Online
22	AY	PEM Central Region Adv & PF Club Ministries Training (Counselor & Secretary Modules)	Central
22	Stewardship	Stewardship Seminar	Southern
22	Ministerial	GDME Seminar & Training - Local Church	Central
28-29	SS/PM	SSPM Training Ulu Tiram	Southern
29	AY	PEM Northern Region Adv & PF Club Ministries Training (Counselor & Secretary Modules)	Northern
29	Ministerial	GDME Seminar & Training (Campus)	Campus
29	WM	Prayer Marathon + Journaling	Online

YOUTH COLUMN

Crucial Principles

for Youth
& Young
Adults
in the Church
to Know
and
Embrace

Tan Weoi Siong,
Youth Ministries





The youth are not only the future but the heartbeat of the church. Their energy, creativity, and passion play a vital role in its growth and the fulfillment of its mission. In a world filled with endless distractions and competing ideologies, it is essential for young people to recognize their divine calling and the unique position they hold in God’s plan.

As they navigate life’s journey, youth and young adults should not merely believe in God but actively embrace their faith, immersing themselves in the responsibilities of being engaged members of the church. Through deepening their connection with God, forging strong bonds with others, and committing to meaningful service, they can profoundly influence the church and transform the world.

Christ’s life serves as a blueprint for this journey. He did not arrive as a conquering king but as a humble servant, overcoming every temptation. His example shows us the way to true victory and faithfulness. Through the study of His life, we grasp the limitless power of God’s grace in our lives. Despite any trials we may face, none compare to what Christ endured so that we might know the way, the truth, and the life. By aligning our lives with His, we show our deepest gratitude for His ultimate sacrifice.

Ellen G. White, under the pen of inspiration, wrote “The youth need to keep ever before them the course that Christ followed. At every step it was a course of overcoming. Christ did not come to the earth as a king, to rule the nations. He came as a humble man, to be tempted, and to overcome temptation, to follow on, as we must, to know the Lord. In the study of His life we shall learn how much God through Him will do for His children. And we shall learn that, however great our trials may be, they cannot exceed what Christ endured that we might know the way, the truth, and the life. By a life of conformity to His example, we are to show our appreciation of His sacrifice in our behalf.” (*The Messages to Young People* 16.1)

Here are eight transformative principles that every young person in the church should understand and embrace:

1. Cultivating a Deep, Daily Relationship with Jesus

Make it a priority to spend intentional time in prayer, reflection, and studying the Scriptures. A vibrant, personal relationship with Jesus is the source of strength, direction, and purpose in life.

“Let all that you do be done with love.” – 1 Corinthians 16:14 (NKJV)

2. Serving with Humility

Approach every act of service with a heart of humility, remembering that true service is for the glory of God, not for recognition. Genuine humility exalts Christ and brings blessings.

“Humble yourselves in the sight of the Lord, and He will lift you up.” – James 4:10 (NKJV)

3. Being Led by the Holy Spirit

Embrace the guidance of the Holy Spirit in every aspect of your life. Trust His wisdom and discernment, knowing that He leads you, even in life’s smallest details.

“But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you.” – John 14:26 (NKJV)

4. Living with a Sense of Responsibility as a Follower of Christ

Take your calling as a disciple of Christ seriously. Your life should reflect your faith, demonstrating integrity, responsibility, and a deep commitment to honoring God in every decision.

“If anyone serves Me, let him follow Me; and where I am, there My servant will be also. If anyone serves Me, him My Father will honor.” – John 12:26 (NKJV)

5. Carrying a Burning Desire to Share the Gospel

The Gospel is too precious to keep to yourself. Share the message of Jesus with enthusiasm, whether through simple conversations, acts of love, or your social platforms. Let your life be a beacon of God’s love.

“Heal the sick, cleanse the lepers, raise the dead, cast out demons. Freely you have received, freely give.” – Matthew 10:8 (NKJV)

6. Embodying Resilience and Perseverance

Challenges are inevitable, but faith in God gives you the strength to persevere. Adopt a mindset of resilience, trusting in God’s unwavering presence and promises through every hardship.

“Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.” – Isaiah 41:10 (NKJV)

7. Honoring Your Commitment to God’s Word

God’s Word is your guide in a world full of conflicting values. Stand firm in your commitment to live out the principles found in the Bible, letting them shape your thoughts, words, and actions.

“Let your heart therefore be loyal to the Lord our God, to walk in His statutes and keep His commandments.” – 1 Kings 8:61 (NKJV)

8. Seeking Wisdom through Mentorship

Surround yourself with wise mentors and spiritual leaders who can offer guidance and insight as you grow in your faith. Their counsel will be invaluable as you navigate the complexities of life.

“Where there is no counsel, the people fall; But in the multitude of counselors there is safety.” – Proverbs 11:14 (NKJV)

By embracing these key principles, youth and young adults can fully step into their calling as followers of Christ. A deep relationship with God, humble service, and a strong commitment to His Word will not only strengthen their own faith but also inspire those around them. As they grow spiritually, they’ll help shape the future of the church and become a beacon of light in a world in need of hope. With God’s guidance, they can fulfill their divine purpose and leave a lasting impact.



VISION360°

Testimonies of the Church Video Series

NEW

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Episode 07 | “Uniting Hearts, Sharing Light” Kuala Lumpur English



It has been a long week, and Friday evening is here. For Kuala Lumpur English Church youth care group, the night is just beginning. Amidst the challenges of city life, the care groups are there to support and encourage both members and friends. By nurturing faith and fellowship, they move to unite the group and provide a strong foundation from which they can reach out to others.



Watch and see how they are nurturing and uniting hearts to share light with others.

Episode 08 | “A Gift that Fills the Soul” Kuantan Chinese



Members at Kuantan Chinese Church are busy preparing their carefully curated gift packs for the hospital patients and healthcare workers. They will deliver these gifts on the 1st day of Chinese New Year, an activity they have been doing for the past 18 years. Coupled with visits to nursing/elderly care homes, they are able to befriend members of the community and share the happiness of knowing the Saviour.



Watch and see how this ministry is giving gifts that fill the soul.



www.youtube.com/c/SDAPEM

Communication Department

PRAY FOR Tokyo

SPECIAL PRAYERS

Pray for Missionaries

"Heavenly Father, help the missionaries find ways to make friends and share the gospel with the people in Tokyo."

Pray for the Children

"Dear Jesus, help the children and their families of Tokyo accept Jesus and His love."

Pray for the Health Workers

"Dear God, help our Health Care workers show people how to live a happy, healthy life."

WHAT'S FOR SUPPER?

Sushi Udon Tempura

HOW DO YOU SAY IT?

Hello
Kon'nichiwa

Thank you
Arigatô

BUSY HANDS

Let's Make Origami

Visit https://web-japan.org/kidsweb/virtual/origami2/exploringo1_o2.html

Make a box to save your money for **mission offering** for Tokyo.

FAST FACTS

Population: 37 million people

Tokyo means "Eastern Capital"

Women wear the **traditional kimonos** on special occasions

PRAY FOR Shanghai

FAST FACTS

Most populated city in China: **over 24 million.**

The Port of Shanghai is the **world's busiest container port.**

The **Shanghai Tower**, the second tallest building in the world.

SPECIAL PRAYERS

Pray for the People

"Heavenly Father, help the people in Shanghai stay well and strong by learning to eat healthier foods and getting the exercise their bodies need. Be with the missionary-minded Christians who are willing to educate them and introduce them to Jesus' love and the bright, hopeful promise of Heaven."

Pray for the Scientists in China

"Heavenly Father, please help the scientists in China helping them figure out ways to reduce air pollution."

BUSY HANDS

Calligraphy

Handwriting using a beautiful, artistic style.

Try writing "Jesus Loves Me" in Chinese.

平静
幸福

WHAT'S FOR SUPPER?

Xiaolongbao
Thin-skinned dumplings filled with meat, seafood, or vegetables served in a hot soup broth.

HOW DO YOU SAY IT?

English	Chinese
Hello	Nǐ hǎo
Thank you	Xièxiè
Goodbye	Zàijiàn
Jesus loves you	Yēsū ài nǐ

2025 PEM SC4C STEWARDSHIP CARAVAN FOR CHRIST 14-20 MARCH 2025

SC4C 7 Days Journey

Vision

- People Putting God First.

Mission

- Inviting members to trust God as owner and provider, and to partner in His final mission through regular and systematic giving.

Highlight

- Travel together from Penang to Johor for 7 days
- Fundraising For Worthy Projects in PEM
- Pathfinder Stewardship Honor & Adventurer Stewardship Award
- HEALTH AGE PLUS Health Screening

Scan to Register



Registration fee RM200

- 2 T-shirts
- Dinners (7 Days)
- Contribution to worthy projects in PEM

Registration Closing Date

- 31 Jan 2025

*Participants from SSD, MAUM, SAB, SAK will Join the Stewardship Spiritual Empowerment.



15 / 03 (Night)
Sungai Petani,
Kedah



14-15 / 03
Penang



16 / 03 (Noon)
Ipoh, Perak



17 / 03
Klang Valley



18 / 03
MAUM, Seremban



19 / 03 (Night)
Melaka



20 / 03
Johor Baru, Johor



Stewardship
Ministries
Peninsular Malaysia Mission

For more information and details please contact: Pastor Chai Mien Seng 011-25804067



Malaysia Union Mission
of Seventh-day Adventist

Harvest MALAYSIA

MOVE FORWARD & MAKE DISCIPLES

*An initiative to mobilize every church members
and leaders to engage in this divine mandate
with renewed vigor and commitment.*



Scan the QR to download the resources

Harvest 2025

ONE YEAR EVANGELISM STRATEGY

Prepare

Plant

Cultivate

Harvest

Preserve



**The harvest is plentiful, but the laborers are few. Therefore pray earnestly to the
Lord of the harvest to send out laborers into his harvest. Go on your way.**

Luke 10:2-3