

# vision<sup>80</sup>

Jun 2024

Lest We Forget:

## Lessons for the Church from the Old Testament

VISI விஷன் பத்திரிக்கை 愿景

Official Newsletter of the Seventh-day Adventist Church  
(Peninsular Malaysia)

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## Vision Statement

To prepare our members for Jesus' soon return & with united spirit and prayer, evangelize the whole of Peninsular Malaysia.

## Mission Statement

We, the Seventh-day Adventist Church exist to preach the gospel to prepare the people in Peninsular Malaysia for Jesus Christ's second coming, by ministering to their physical, mental, social and spiritual need through in-reach and outreach programs of the Church.

## Values

Productivity	John 15:5
Accountability	Matthew 25:14-30
Transparency	1 Corinthians 4:9
Humility	Philippians 2:5-8

## I WILL GO

Mission Objectives  
Spiritual Growth Objectives  
Leadership Objectives  
Holy Spirit Objectives

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\*Whenever suitable, the abbreviation of "PEM" will be used in place of the full text of "Peninsular Malaysia Mission".

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# Content

## MESSAGE FROM THE PRESIDENT

Lest We Forget Our History & Humble  
Beginnings - Lesson for Church from the OT

**04** ENGLISH

**05** BM

**06** TAMIL

**07** CHINESE

## EDITORIAL REMARK

**08** Remembering to Proceed

## INSPIRATIONAL

**09** We Need To Be United In God's Mission

## COVER STORY

**12** Lest We Forget:  
Lesson for Church from the Old Testament

## HEALTH TIPS

**14** To Pee or Not to Pee

## MISSION SPOTLIGHT

**16** Mission Refocus:  
To The Cities, Towns & Villages With  
No Adventist Presence

**20** 15th MSCYC

## NEWS UPDATE

**22** Health Ministries  
**23** Health Ministries  
**24** Youth Ministries  
**26** Klang BM & Pandamaran  
**27** Klang BM & Pandamaran  
**28** SOP & Publishing Ministries  
**29** Sungai Petani Chinese  
**30** Kuala Lumpur Chinese  
**32** Kuantan Chinese  
**33** Sungai Petani Chinese  
**36** Sungai Petani Chinese

**37** NOTICE FROM PEM

**38** BOOK ADVERTISEMENT

**39** UPCOMING EVENTS

**40** CHILDREN COLUMN

**41** YOUTH COLUMN

### VISION

Official Newsletter of the  
Seventh-day Adventist Church  
(Peninsular Malaysia)

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## Lest We Forget

### Our History & Humble Beginnings

# Lessons for Church from the OT

**Tan Meng Cheng,**  
*President, Peninsular Malaysia Mission*

A forgetful Bible student says, “I keep forgetting what ‘Armageddon’ means”. The teacher answers, “Well, it’s **not** the end of the world. I can give you a refresher course on the lesson.” However, as a Christian, if we forget why we were called to be a follower of Christ and its responsibility, it’s a serious issue! It will be the end of the world (*no hope at all*)! How much more, if we as Seventh-day Adventists, who have a special mission, an important message to the world and a unique identity forget our calling! We cannot afford to forget!

From the Old Testament, we can draw some important lessons:

**The Seventh-day Adventist Church is a God/Holy Spirit-Driven Movement**  
Zechariah 4:6, “Not by might, nor by power, but by my Spirit, saith the LORD of hosts.”

Church was not an invention of man. It was born out of the love of God, for the salvation of the world. God is the One who is calling people out of the world to bring blessings to everyone else. Abraham was called to be His ambassador (Gen. 12:1-3).

We are to obey and to be guided by His Holy Spirit. When the early Christian Church began in Jerusalem, the disciples were told to wait for the

Holy Spirit. As they were led by the Holy Spirit, the Church grew rapidly as they proclaimed the good news of Jesus Christ. “The Lord will bless us in our work in proportion to the way we carry out His instruction...the nearer we keep to the blueprint, as we call it, the greater will be the blessing that rests upon our work.” (Divine Guidance in the Remnant of God’s Church, p. 62.3) The success stories in the book of Acts should encourage us to do the same if we want to witness and experience the power of God (latter rain) to accomplish our mission in this generation.

**The Seventh-day Adventist Church is a Truth-Driven Movement**

Psalm 119:142, “Thy righteousness is an everlasting righteousness, and thy law is the truth.” Nothing is more important than upholding the light and truth given by God to this sin-darken world. We are told that all humanity is now involved in a great controversy between Christ and Satan regarding the character of God, His law, and His sovereignty over the universe.

The self-exalted enemy, Satan has led people into rebellion against God’s government of love and plunged them into sin and will lead them to ultimate destruction. To assist God’s faithful people in the struggle of the conflict and controversy, Jesus Christ came to

die for sinners, thus offering them an opportunity to be saved through His gift of salvation. On the cross, Jesus refuted the charges of Satan that the law is imperfect and therefore should be abolished. On the other hand, Jesus’ death demonstrated that love and justice (law) can co-exist harmoniously in His Kingdom. As Seventh-day Adventists we are given the sacred task to uphold all the truth, including the Sabbath as revealed by the fourth Commandment, as a true sign of loyalty to the Creator God. The sealed 144,000 (Rev. 7:1-4; 14:1-5) “are they that keep the commandments of God, and the faith of Jesus.” (Rev. 14:12).

I would like to invite you to join the remnant movement which is Holy Spirit-led and Truth-driven. We know that the end of the world will come, and we need to be ready and be part of this great movement to prepare the world for Jesus’ Second Coming.

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*1. The word is compounded of the Hebrew Har, mountain, and Megiddon or Megiddo: the mountain of Megiddo. It is mentioned in the Bible only once by the apostle John in Revelation 16:16, referring to a symbolic place where the final apocalyptic battle between the forces of good and evil will take place at the end of time.*



# Agar Tidak Lupa

## Sejarah & Asal Usul Kita

# "Pelajaran untuk Gereja daripada Perjanjian Lama"

**Tan Meng Cheng,**

*President, Peninsular Malaysia Mission*

Seorang pelajar Alkitab yang pelupa berkata, "Saya selalu lupa maksud 'Harmagedon'!". Gurunya menjawab, "Jangan susah hati. Saya boleh memberi anda kursus penyegaran tentang pelajaran itu." Sebaliknya, sebagai seorang Kristian, jika kita terlupa mengapa kita dipanggil untuk menjadi pengikut Kristus dan tanggungjawab kita, itu adalah isu yang serius! Memang tiada harapan langsung! Apatah lagi, sebagai seorang Adventist, kita mempunyai misi istimewa, mesej penting untuk dunia dan identiti yang unik! Kita tidak boleh lupa!

Daripada Perjanjian Lama, terdapat beberapa pelajaran penting yang dapat diambil:

### **Gereja Masehi Advent Hari Ketujuh ialah Gerakan Didorong oleh Tuhan/ Roh Kudus**

Zakharia 4:6, "Bukan dengan kegagahan dan bukan dengan kekuatan, melainkan dengan Roh-Ku, firman TUHAN alam semesta."

Gereja bukanlah ciptaan manusia. Ia lahir daripada kasih Tuhan untuk penyelamatan dunia. Tuhan adalah Esa yang memanggil manusia keluar dari dunia untuk membawa rahmat kepada semua orang. Abraham dipanggil untuk menjadi duta-Nya (Kej. 12:1-3). Kita harus mematuhi dan dibimbing oleh Roh Kudus-Nya. Apabila Gereja Kristian awal bermula di Yerusalem, para murid diberitahu untuk menunggu Roh Kudus. Semasa mereka dipimpin oleh Roh Kudus, Gereja berkembang pesat

ketika mereka memberitakannya khabar baik tentang Yesus Kristus. "Tuhan akan memberkati kita dalam pekerjaan kita mengikut kadar kita melaksanakan arahan-Nya...semakin dekat kita mematuhi cetak biru, sebagaimana kita menyebutnya, semakin besar berkat ke atas pekerjaan kita." (DGRGC 62.3) Kisah-kisah kejayaan dalam Kisah Para Rasul seharusnya mendorong kita untuk melakukan perkara yang sama jika kita ingin menyaksikan dan mengalami kuasa Tuhan (hujan akhir) dalam membantu kita mencapai misi kita dalam generasi ini.

### **Gereja Masehi Advent Hari Ketujuh ialah Gerakan Didorong Kebenaran**

Mazmur 119:142, "Keadilan-Mu kekal selama-lamanya dan hukum-Mu benar."

Tiada yang lebih penting daripada menegaskan terang dan kebenaran yang diberikan oleh Tuhan kepada dunia yang penuh dosa ini. Kita diberitahu bahawa semua manusia kini terlibat dalam kontroversi besar antara Kristus dan Syaitan mengenai sifat Tuhan, hukum-Nya, dan kedaulatan-Nya atas alam semesta. Syaitan, musuh yang meninggikan diri, telah memimpin manusia ke dalam pemberontakan terhadap kerajaan kasih Tuhan dan menjerumuskan mereka ke dalam dosa dan akan membawa mereka kepada kemusnahan yang muktamad. Untuk membantu umat Tuhan yang setia menempuh konflik dan kontroversi, Yesus Kristus datang untuk mati bagi orang berdosa, dan dengan itu menawarkan mereka peluang

untuk diselamatkan melalui karunia penyelamatan-Nya. Di atas salib, Yesus menyangkal tuduhan Syaitan bahawa hukum itu tidak sempurna dan harus dihapuskan. Sebaliknya, kematian Yesus menunjukkan bahawa kasih dan keadilan (hukum) dapat wujud secara harmoni dalam Kerajaan-Nya. Sebagai penganut Masehi Advent Hari Ketujuh, kita diberi tugas murni untuk menjunjung semua kebenaran, termasuk Sabat seperti yang dinyatakan oleh Hukum keempat, sebagai tanda kesetiaan sejati kepada Tuhan Pencipta. 144,000 yang dimeteraikan (Why. 7:1-4; 14:1-5) "ialah ketabahan orang salih yang mengikut perintah Allah serta beriman kepada Yesus". (Wahyu 14:12).

Saya ingin menjemput anda untuk menyertai gerakan umat sisa yang dipimpin oleh Roh Kudus dan didorong oleh Kebenaran. Kita tahu bahawa penghujung dunia akan tiba, dan kita perlu bersedia dan menjadi sebahagian daripada gerakan ini untuk menyediakan dunia bagi Kedatangan Kedua Yesus.

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1. Perkataan ini digabungkan daripada perkataan bahasa Ibrani 'Har', gunung, dan 'Megiddon' atau 'Megiddo': gunung Megiddo. Ia hanya disebut sekali dalam Alkitab oleh rasul Yohanes dalam Wahyu 16:16, merujuk kepada tempat simbolik di mana pertempuran apokaliptik terakhir antara kuasa yang baik dan jahat akan berlaku pada akhir zaman.



# நாம் மறந்துவிடாதபடி - நமது வரலாறும் தாழ்மையான தடொடக்கங்களும் - பழயை ஏற்பாட்டிலிருந்து சபைக்கான பாடங்கள்

Tan Meng Cheng,  
தலைவர் தீபகர்ப மலேசியா மிஷன்

மறதியுள்ள ஒரு வேத மாணவர், 'அர்மகெடோன்' என்றால் என்ன என்பதை நான் மறந்துவிடுகிறேன்" எனக் கூறுகிறார். அதற்கு ஆசிரியர், 'சரி, இது உலகின் முடிவு அல்ல, ' என பதிலளிக்கிறார். பாட பகுதியிலிருந்து நான் ஒரு புதிய பாடத்தை உங்களுக்கு வழங்க முடியும். ஒரு கிறிஸ்தவராக, நாம் ஏன் கிறிஸ்துவைப் பின்பற்றுவவராக இருக்க அழைக்கப்படுகிறோம் என்பதையும் அதன் பொறுப்பையும் மறந்துவிட்டால், அது ஒரு தீவிரமான பிரச்சினையாகும். இது உலகின் முடிவாக இருக்கும் (நம்பிக்கையே இல்லை)! செவன்த்-டே அட்வென்டிஸ்டு மக்கள் என்ற முறையில், நம்மிடம் ஒரு சிறப்பு பணி உள்ளது. உலகிற்கு ஒரு முக்கியமான செய்தி மற்றும் ஒரு தனித்துவமான அடையாளமும் உள்ளது! நம்மால் மறக்க முடியாது பழைய ஏற்பாட்டிலிருந்து, சில முக்கியமான பாடங்களை நாம்<sup>1</sup> கற்றுக்கொள்ளலாம்: செவன்த்-டே அட்வென்டிஸ்ட் சபை என்பது பிதாபரிசுத்த ஆவியால் இயக்கப்படும் இயக்கம்

சகரியா 4:6, "பலத்தினாலும் அல்ல, பராக்கிரமத்தினாலும் அல்ல, என்னுடைய ஆவியினாலேயே ஆகும் என்று சேனைகளின் கர்த்தர் சொல்லுகிறார்." ஆலயம் மனிதனின் கண்டுபிடிப்பு அல்ல. இது உலக இரட்சிப்புக்கான தேவனின் அன்பிலிருந்து பிறந்தது. தேவன் எல்லோருக்கும் ஆசீர்வாதங்களை வழங்குவதற்காக உலகத்திலிருந்து மக்களை அழைக்கிறவர். ஆபிரகாம் அவருடைய தூதராக அழைக்கப்பட்டார் (ஆதி. 12:1-3). நாம் அவருடைய பரிசுத்த ஆவிக்குக் கீழ்ப்படிந்து வழிநடத்தப்பட வேண்டும். எருசலேமில் ஆரம்பகால கிறிஸ்தவ திருச்சபை தொடங்கியபோது, சீடர்களை பரிசுத்த ஆவிக்காகக் காத்திருக்கச் சொன்னார்கள். அவர்கள் பரிசுத்த ஆவியால் வழிநடத்தப்பட்டு, இயேசு கிறிஸ்துவின் நற்செய்தியை அறிவித்ததால், திருச்சபை வேகமாக வளர்ந்தது. நாம் அவருடைய அறிவுரைகளை நிறைவேற்றும் விதத்திற்கு ஏற்றவாறு கர்த்தர் நம் வேலையில் நம்மை ஆசீர்வதிப்பார்... நாம் அதை எவ்வளவு நெருக்கமாகப் பயன்படுத்துகிறோமோ, அவ்வளவு அதிகமாக நம்முடைய வேலையின் மீது ஆசீர்வாதம் இருக்கும். (DGRGC 62.3) அப்போஸ்தலர் புத்தகத்தில் உள்ள வெற்றிக் கதைகள், இந்தத் தலைமுறையில் நமது பணியை நிறைவேற்ற உதவும். தேவனின் (பின்மாறி)

சக்தியை நாம் சாட்சியாகவும் அனுபவிக்கவும் விரும்பினால், அதையே செய்ய நம்மை ஊக்குவிக்க வேண்டும்.

செவன்த்-டே அட்வென்டிஸ்ட் சபை என்பது ஒரு உண்மை உந்துதல் இயக்கம்

உம்முடைய நீதி நித்திய நீதி, உம்முடைய வேதம் சக்தியம்.

இந்த பாவ-இருண்ட உலகத்திற்கு கடவுள் கொடுத்த வெளிச்சத்தையும் உண்மையையும் நிலைநிறுத்துவதை விட முக்கியமானது எதுவுமில்லை. தேவனின் தன்மை, அவருடைய சட்டம் மற்றும் பிரபஞ்சத்தின் மீதான அவரது இறையாண்மை குறித்து கிறிஸ்துவுக்கும் சாத்தானுக்கும் இடையே அனைத்து மனிதகுலமும் இப்போது ஒரு பெரிய சர்ச்சையில் ஈடுபட்டுள்ளது என்று நாம் கூறுகிறோம். தன்னை உயர்த்திக் கொண்ட

எதிரியான சாத்தான், தேவனின் அன்பின் அரசாங்கத்திற்கு எதிராக மக்களைக் கிளர்ச்சியில் வழிநடத்தி, அவர்களைப் பாவத்தில் ஆழ்த்தி, இறுதி அழிவுக்கு அழைத்துச் செல்வான். மோதல்கள் மற்றும் சர்ச்சைகளின் போராட்டத்தில் தேவனின் உண்மையுள்ள மக்களுக்கு உதவ, இயேசு கிறிஸ்து பாவிகளுக்காக மரிக்க வந்தார், இதனால் அவரது இரட்சிப்பின் பரிசு மூலம் இரட்சிக்கப்படுவதற்கான வாய்ப்பை வழங்கினார்.

சிலுவையில், சட்டம் அபூரணமானது, எனவே ஒழிக்கப்பட வேண்டும் என்று சாத்தானின் குற்றச்சாட்டுகளை இயேசு மறுத்தார். மறுபுறம், அன்பும் நீதியும் (சட்டம்) அவருடைய ராஜ்யத்தில் இணக்கமாக இருக்க முடியும் என்பதை இயேசுவின் மரணம் நிரூபித்தது. ஏழாம் நாள் அட்வென்டிஸ்டுகள் என்ற

முறையில், நான்காவது<sup>2</sup> கட்டளையால் வெளிப்படுத்தப்பட்ட ஓய்வு நாள் உட்பட அனைத்து சக்தியங்களையும் நிலைநிறுத்துவதற்கான புனிதமான பணி எங்களுக்கு வழங்கப்படுகிறது, இது படைப்பாளருக்கு விசுவாசத்தின் உண்மையான அடையாளமாக உள்ளது. முத்திரையிடப்பட்ட 1,44,000 (வெளி. 7:1-4; 14:1-5) "இவர்கள் தேவனின் கட்டளைகளையும் இயேசுவின் விசுவாசத்தையும் கடைப்பிடிப்பவர்களா?" (வெளி. 14:12).

பரிசுத்த ஆவியால் வழிநடத்தப்படும் மற்றும் சக்தியத்தால் இயக்கப்படும் எஞ்சிய இயக்கத்தில் சேர உங்களை அழைக்க விரும்புகிறேன். உலகின் முடிவு வரும் என்பதை நாம் அறிவோம், அதனால் இயேசுவின் இரண்டாம் வருகைக்கு உலகை தயார்படுத்த நாமும் தயாராக இருப்பது மட்டுமல்லாமல் இந்த மாபெரும் இயக்கத்தின் ஒரு பகுதியாக இருக்க வேண்டும்.

# 唯恐我们忘记

我们的历史和卑微的开端

## 旧约圣经的教诲

陈明祯，  
马来西亚半岛区会长

一位健忘的圣经学生说：“我一直忘记——‘**哈米吉多顿**’的意思”。老师回答：“没关系，这不是世界末日，我可以给你再复习一下课程。”作为基督徒，如果我们忘记了为什么我们被呼召成为基督的跟随者及其责任，那是一个严重的问题！这将是世界末日（根本没有希望）！更重要的是，作为基督复临安息日会的成员，我们肩负着特殊的使命，向世界传达重要的信息和拥有独特的身份！这是我们不能忘记的！

从旧约圣经中，我们可以吸取一些重要的教训：

**基督复临安息日会是一个由上帝/圣灵驱动的运动**

撒迦利亚书4:6，“万军之耶和华说，不是靠势力，不是靠能力，乃是靠我的灵。”

教堂不是人类的发明。它是出于上帝的爱，为了拯救世界而诞生的。上帝呼召人们离开这个世界，为其他人带来祝福。亚伯拉罕被呼召担任上帝的大使（创世记 12:1-3）。

我们要服从上帝的圣灵并接受祂的引导。当早期教会在耶路撒冷建立时，门徒被告知要等待圣灵的沛降。在圣灵的带领下，教会因宣扬耶稣基督的好消息而迅速成长。“上帝会根据我们执行祂指示的方式在我们的工作中祝福我们…我们越接近所呼召的蓝图，我们工作上的祝福就越大。”

（上帝余民教会的神圣指引，第62.3页）如果我们想见证并体验上帝的大能（晚雨），来完成我们这一代的使命，那使徒行传中的成功故事应该鼓励我们也同样这么做。

**基督复临安息日会是一个以真理为导向的运动**

诗篇119:142，“你的公义是永远的公义；你的律法也诚实”。没有什么比维护上帝赐予这个罪恶黑暗世界的亮光和真理更为重要的了。我们被告知，全人类现在都卷入一场基督与撒旦之间的善恶之争，是关乎上帝的品格、祂的律法以及祂对宇宙主权的<sup>1</sup>一场争论。

自高自大的仇敌撒但带领人们背叛上帝爱的政权，使他们陷入罪中，最终

走向灭亡。为了在冲突和争议的斗争中帮助上帝忠实的子民，耶稣基督为罪人而死，藉着上帝救恩的礼物，为他们提供了得救的机会。在十字架上，耶稣驳斥了撒旦的指控，即法律是不完美的，因此应该废除。另一方面，耶稣的死表明爱与公义（法律）可以在祂的国度里和谐共存。作为基督复临安息日会的信徒，我们肩负着神圣的任务要维护所有的真理，包括第四诫所启示的安息日，作为忠于造物主的真正标志。受印的144,000人（启7:1-4；14:1-5）“是遵守上帝诫命和耶稣真道的”。（启示录14:12）

我想邀请你加入以圣灵为主导，并以真理为导向的余民运动。我们知道世界末日即将到来，我们需要做好准备，成为这场伟大运动的一分子，为耶稣的第二次降临预备这个世界。

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1. 这个词由希伯来语“**Har**”（山）和“**Megiddon**”或“**Megiddo**”（米吉多）组合而成；既是哈米吉多山。圣经中，使徒约翰在启示录 16 章 16 节中只提到过一次，指的是一个象征性的地方，善恶之间在世界末日发生之战。





# Remembering to Proceed

**Corina Ling,**  
*Editorial Board*

**V**ery often we rush from place to place, ticking tasks off our 'to-do' lists. Investing time and effort in things, people that we deem are necessary or important. Ever wondered if our resources, passion, and investments are in the right place? Are we headed to where we really want to be?

The Israelites in the wilderness were marching forward, proceeding towards the promised land yet they murmured and complained. Truthfully, the mixed multitude still longed for Egypt. They should have stayed in Egypt. Yet they moved with the children perhaps out of fear, and surely not fully understanding what they were investing in.

Do we know which direction to proceed in? Do we understand why we are heading there? As you read this Vision magazine, think about all that has been done in our lives individually and as a church collectively, do we proceed as is? Or perhaps we need to sit back and remember what the Israelites in the wilderness went through to decide if changes are required before we proceed.



# Lessons for the Church from OT

## We Need To Be United In God's Mission

**Renie Ubara,**  
*Ministerial Association*

**A**re we united in God's mission? What will it take for the church to be united for God's mission? A famous Malay idiom says, "*Bersatu kita teguh; bercerai kita roboh.*" When we are united, we are strong. But if we are not, we will crumble.

It is the sincere intension of this article to challenge each one of us to humbly and personally struggle with this vital question, are we united in God's mission? In this article we will learn some historical events in the Old Testament, focusing on the Exodus, Moses, and the Israelites, (Exodus 12-15), and learn how we are all called to be united in God's mission.

On 21 May 2023, the World Church celebrated its 160 years of its existence. Back in 1863 when the church was organized, the General Conference constitution was to promote unity, identity, and mission. The Holy Spirit is moving the church to be who we are and to do what we are called for; to be followers of Christ. We need to be united in God's mission. God is patiently waiting for us. God is lovingly working with us. The Holy Spirit has been working in advance preparing souls for us to work with. Jesus has shown the example. Jesus is praying for more workers, more missionaries in the field. The following are three points on being united in God's mission.





## 1. God's People Are Called To Be United for Mission

The pen of inspiration paints a picture of Seventh-day Adventists around the world, to help the people to understand the meaning and power of unity in mission.

If all would completely consecrate themselves to the Lord, and through the sanctification of the truth live in perfect unity, what a convincing power would attend the proclamation of the truth! How sad that so many churches misrepresent the sanctifying influence of the truth, because they do not manifest the saving grace that would make them one with Christ, even as Christ is one with the Father! If all would reveal the unity and love that should exist among brethren, the power of the Holy Spirit would be manifest in its saving influence. In proportion to our unity with Christ will be our power to save souls. (BTS February 1, 1906). (White, 1902).

If we give ourselves time to understand the above inspiration and to see what has and is happening in our Mission field, we may know and agree that there's much work to be done in the area of unity in mission.

In the story of Moses and the Israelites, a very large group of people, was given the greenlight to go out of Egypt, it was a natural response by many to ask, "go where?" or "which way to go?" There were those who know about the wilderness before them, and they may suggest the "better" paths and "smoother" ways which are less mountainous, no bodies of water blocking, and less enemies along the way or a safer path. But God, in His divine plan for the Hebrews, directed them to the mountainous areas, blocked by the Red Sea (Exodus 14: 21-29), and exposed to the enemies. The excitement of freedom from slavery was changed to a very challenging dilemma and to the marching Hebrews.

But why? Because God was calling them to learn to be united in His mission. They need to let go of everything, including their own plans. To be in God's mission means

total surrender to God, even though sometimes we may not fully understand His plan, but we continue going by faith, no matter what awaits before us. He will be our God that provides all that we need in the mission.

## 2. Jesus and Unity In Mission

The Israelites were led to the wilderness, a place of nil, nothing and emptiness. We cannot learn until we nullify what we learnt before. In the wilderness, it was not just about a place of challenges, but it was a space of nil. There is basically nothing there in the wilderness. But the point is that the lesson and values of what God needed to teach the Israelites was not in Egypt, where there was too much history. The Hebrews were slaves in Egypt. However, when they were freed, they brought with them the 'slavery mind-set and lifestyle' in their journey to the promised land. They were free but they were still slaves. The spiritual battle of humanity lingers till today, enslavement of the mind by the world.

Following Christ is to empty self, to be born again and to be transformed. The Israelites needed this change before Canaan. We need it before Jesus' second coming. There are five points to learn from the pen of inspiration about why we need to be united in God's mission:

- **Because it is the prayer of Jesus:** The solemn, earnest prayer of Christ ... reaches down along the line to our time. What a position is this for fallen man to attain through obedience—oneness with God through Jesus Christ! (OHC 170.2). (White, 1905). John 17:21; James 5:16b.
- **To be empowered by God:** We are to receive power from God that human nature, under the divine working, may not always be perverted... of sin. Human nature, through Jesus Christ, becomes allied to angels—yes, even to the great God. (OHC 170.2). (White, 1905). 2 Timothy 1:7-8.
- **To receive the power of the Holy Spirit:** Those who are truly connected with God will not be at variance with



one another.... His Spirit ruling in their hearts will create harmony, love, and unity. The opposite of this works in the children of Satan; there is with them a continual contradiction. Strife and envy and jealousy are the ruling elements. (OHC 170.3). (White, 1905). Acts 1:8.

- **To be moulded to the character of Christ:** The characteristic of the Christian is the meekness of Christ. Benevolence, kindness, mercy, and love originate from Infinite Wisdom, while the opposite is the unholy fruit of a heart that is not in harmony with Jesus Christ.... In union there is strength. In division there is weakness and defeat. (OHC 170.3). (White, 1905). 2 Corinthians 3:18.
- **To prepare for the second coming of Christ:** Then we shall sit together in heavenly places in Christ. Brethren will work together, without a thought of collision... Let us keep drawing near to God, and He will draw near to us. Then, as one, we shall reach upward to Him. (OHC 170.5). (White, 1905). Revelation 22:12.

### 3. Whatever the Obstacles, Never Stop Doing God's Mission

Obstacles in the mission are many. These include:

- (1) The strong integration in other religions
- (2) These religions are publicly practiced religion
- (3) Past historical events (colonialism, Crusades, etc.) are alive in the mind of other religions especially Muslims
- (4) Protective spirit of other religions
- (5) Similarities in religious practices
- (6) Secularism and materialism, and more.

However, it can be that the biggest obstacle is "self" and "hidden sins". In Moses' case, it seemed that he struggled with anger issues. In the study done on adolescents in Malaysia, it was found that 28% of

adolescents compared to 13.3% of non-Malaysia adolescents, have anger issues which led to aggression. <sup>1</sup>

Friends, do you have anger issues in you? This one issue cost Moses the privilege of entering the promised land. Each of us has our personal spiritual issues. It can stop us from doing His mission. We need to allow God to deal with it. The Israelites were facing numerous obstacles, but God never fail to provide their needs. He is doing the same today. He provided all that we needed for the mission. He prepares people in advance for us to follow up. He is calling us to be united in Him and His mission.

### Conclusion

God desired the Hebrews and us to be united in Him. When God led the Hebrews through the wilderness to the promised land, He abided with them intimately through the tabernacle. We need to go back to the altar (BT TA) daily and ask for the Holy Spirit's empowerment. It was a powerful exodus from slavery of sin. Jesus is our example for mission. We need to refocus on our mission. And today, even more urgent, we are called to share the Father's love, the good news to the end of the earth. Friends, remember Christ is praying for you and me to be united in His mission.

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COVER STORY

Lest We Forget:

# Lessons for the Church from the Old Testament

Joshua Gan,  
Penang English





## **L**essons for the Church from the Old Testament

As we delve into the annals of the Old Testament, we encounter a tapestry of stories rich with lessons for Seventh-day Adventists. We shall use the parallels between the Israelites' journey in the Old Testament and the Adventist experience to remind us of our identity as a prophetic church, our unwavering dependence on Jesus Christ as our Leader, and our mission to prepare people all over the world for the imminent return of Jesus Christ:

### **Crossing the Red Sea**

Just as the Israelites faced uncertainty and fear at the shores of the Red Sea, the early Adventists experienced disillusionment and confusion after the failed expectation of Christ's return. The crossing of the Red Sea marked a profound moment of liberation for the Israelites, signifying their release from bondage and entry into a new life of freedom and covenant relationship with God. In 1 Corinthians 10:1-2, Paul likens it to baptism which symbolizes death to sin and resurrection to new life.

Likewise, akin to the Israelites' crossing of the Red Sea, the Great Disappointment of 22 October 1844, was a pivotal event for the Adventist remnant. It led them to new spiritual life with a deeper understanding of their mission and identity as God's people. Through this spiritual rebirth and recommitment, these Adventists embarked on a renewed journey of faith, akin to the Israelites' journey towards the Promised Land. Henceforth, baptism for them symbolizes not just individual conversion but also a communal commitment to God's mission and the anticipation of Christ's second coming. Out of the shattered hope and broken dream, this Little Flock eventually emerged as the Seventh-day Adventist Church.

### **Governance in the Wilderness**

Leading about two million slaves out of Egypt to the Promised Land was indeed an enormous task. One too huge for Moses to handle alone! Too many problems to resolve and too much attention needed. But, through the wisdom of Jethro, God gave Moses an organizational structure that turned slaves into leaders to assist him in their journey to the Promised Land. Therefore, he appointed capable leaders to various roles and responsibilities to oversee the Israelites and to ensure the effective functioning of the community (Exodus 18:13-26).

Just as Moses appointed capable leaders to assist him in his role, Adventist churches today appoint elders, deacons, deaconesses, and other leaders to oversee various aspects of ministry and administration. These leaders

are tasked with guiding the congregation in fulfilling its mission, nurturing spiritual growth, and ensuring the faithful proclamation of the gospel message. This organizational model provides a biblical framework for effective leadership and good governance of the church, while the proclamation of the Three Angels' Messages serves as the central mission focus, calling members to actively engage in evangelism and preparation for the Second Advent of Christ.

### **Journey to the Promised Land**

As we reflect on the Israelites' journey to the Promised Land, one of the most profound lessons we can glean from is the importance of remembering who our Leader is. In 1 Corinthians 10:1-4, while alluding to that cloud, symbolizing God's guiding presence (Exodus 13:21-22; Nehemiah 9:19), Paul also mentioned that the rock was Christ. However, we see Moses taking credit for providing water to the people by declaring, "Listen, you rebels, must we bring you water out of this rock?" (Numbers 20:10, NIV) and striking the rock twice. God commanded him to speak to the rock, but he angrily struck the rock instead and attributed to himself and Aaron the power to bring forth water. This act of disobedience and misrepresentation of God's character had severe consequences for Moses, serving as a sobering reminder of the danger of making oneself equal with God and forgetting our dependence on God.

In Christian leadership, faithful obedience, humility, and reliance on God's guidance are a matter of paramount importance. Like Moses, leaders may face moments of frustration, pressure, and opposition. Yet, it is in these moments that true character is revealed. Instead of claiming credit for their accomplishments or relying on their own strength, leaders must continually acknowledge God as the ultimate source of wisdom, provision, and guidance.

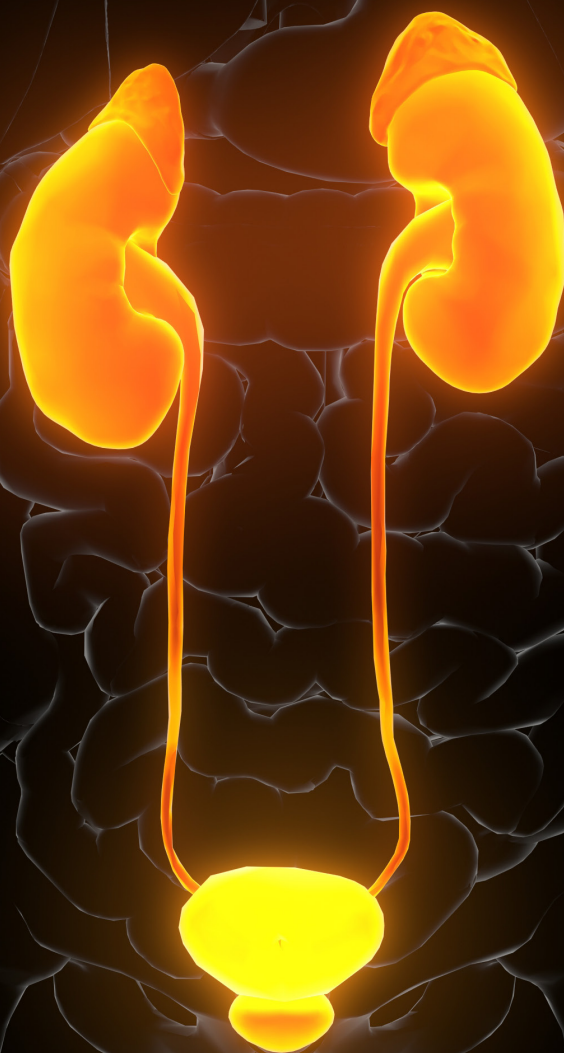
### **Lest We Forget**

In summary, the lessons of the Old Testament serve as timeless truths for Seventh-day Adventist Church. As we journey forward, may we remember our dependence on God, proclaim His truth with boldness, uphold His commandments, and trust in His promises. And above all, may we never forget our Captain, Jesus Christ, who leads us with unwavering love and steadfast grace.

Through Ellen G. White, God has this counsel for us: "As I see what the Lord has wrought, I am filled with astonishment and with confidence in Christ as leader. We have nothing to fear for the future, except as we shall forget the way the Lord has led us, and His teaching in our past history" (Life Sketches of Ellen G. White, p. 196).

# To Pee or Not to Pee

SSD Health Ministries



## **L**et's Talk About Urinary Health

We've all been there before – fighting the urge to empty the bladder because there isn't a viable toilet in sight. But did you know that habitually holding your pee for extended periods of time can prove problematic for your urinary health?

### **What's so bad about holding your pee?**

The urinary system is essentially composed of the urinary bladder, kidneys, ureters, and urethra. These organs work closely together to remove waste from your blood which turns into urine.

Any abundance of bacteria anywhere in the system can cause an infection. The part most commonly affected by urinary tract infections is the bladder in a condition called cystitis.

According to experts, an individual should urinate once every 3-4 hours. In certain situations (as during sleep or long hours of travel) it may be possible to hold pee for as long as 9-10 hours. However, habitually waiting long hours in

between trips to the bathroom may cause potential problems in urinary health.

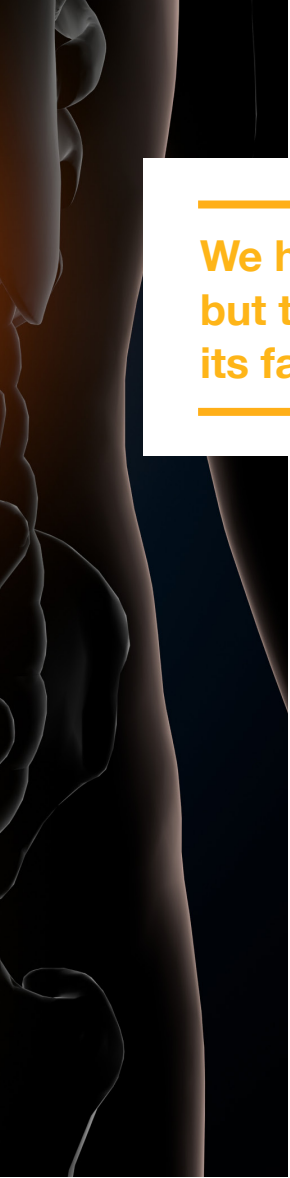
### **What's the worst that could happen?**

When you hold your pee for too long, you risk the proliferation of bacteria throughout your urinary system. This abundance of bacterial colonies can cause infections to take hold of the various parts of your system can cause urinary tract infection (UTI).

While UTIs are easily treatable with antibiotics and proper hydration, recurrent infections may lead to more serious problems over time including kidney disease, and even permanent kidney damage.

### **Some symptoms of UTI include:**

- Pain or burning sensation when urinating
- Frequent urge to empty the bladder
- Blood in urine
- Feeling the urge to pee despite the bladder being empty
- Pressure or discomfort in the lower abdomen



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## We hardly ever talk about it, but the urinary system deserves its fair share of tender, loving, care.

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Another potential complication is urinary retention. Characterized by the inability to completely empty the bladder, urinary retention can happen all at once (acute) or develop gradually over time (chronic).

### **Some symptoms of urinary retention include:**

- Difficulty starting to urinate
- Dripping urine after going to toilet
- Feeling as though the bladder is still full after urinating
- Pain in the lower abdomen or back
- Weak urine system

### **Caring for your urinary system**

We hardly ever talk about it, but the urinary system deserves its fair share of tender, loving, care (TLC). So, if you've been ignoring your urinary health, here's your sign to start taking it more seriously.

#### **1. Stay hydrated**

- Drinking enough water helps to develop a cadence in your urinary habits and regularly flushes out toxins and bacteria from your system. If your pee has a light to dark yellowish tinge, then you know you're not drinking enough water.

#### **2. Wear loose, cotton underwear**

- Tight clothing tends to harbor moisture and keeps the groin wet for extended periods of time. Loose, breathable fabric like cotton can help improve airflow in the area and keep the exterior of the system dry.

#### **3. Take your time when peeing**

- Hurrying to pee may cause some urine to be left behind in the bladder, leading to infection down the line. Take time and empty it entirely before leaving the bathroom.

#### **4. Don't hold your pee**

- You should be visiting the bathroom once every 3-4 hours. Monitor your peeing habits and adjust your water intake accordingly to achieve a healthy urinary rhythm.

#### **5. Try pelvic floor exercises**

- As you age, your pelvic floor muscle (which work to support urination) may lose some of its strength. That's why people in their old age may experience incontinence. Performing Kegel exercises can help keep the muscles strong and prevent urination problems down the line.

#### **6. Practice proper hygiene**

- Introducing bacteria into the urinary system can increase the chances of infection. Practice proper hygiene by keeping the groin area clean and dry. For women, wiping from front to back can prevent the risk of introducing bacteria from the rectum.



MISSION REFOCUS:

# TO THE CITIES, TOWNS & VILLAGES WITH NO ADVENTIST PRESENCE

**M**ission to the Cities (MTC). What is it? In a sentence, within our Peninsular Malaysia Mission's context, **MTC is our initiative under the Global Mission to enter unentered areas, be they cities, towns, or villages.** As a Church, we need to move away from clergy-dependent churches to, no, not independent churches or congregational churches, but to a Bible-based "priesthood of believers." (See *1 Peter 2:5-9*). Let us consider these inspired church growth strategies below:

**How does God measure the character of each church?** "The real character of the church is measured, not by the high profession she makes, not by the names enrolled on her books, but by what she is actually doing for the Master, by the number of her persevering, faithful workers. Personal, unselfish effort will accomplish more for the cause of Christ than can be wrought by sermons or creeds." *Christian Service*, p. 12.

**What is the role of the Pastor?** "Let ministers teach church-members that in order to grow in spirituality, they must carry the burden that the Lord has laid upon them, —the burden of leading souls into the truth. Those who are not fulfilling their responsibility should be visited, prayed with, labored for. Do not lead the people to depend upon you as ministers; teach them rather that they are to use

their talents in giving the truth to those around them. In thus working they will have the co-operation of heavenly angels and will obtain an experience that will increase their faith and give them a strong hold on God." *Gospel Workers*, p. 200.

**What guarantees a strong church?** "A great preacher doesn't mean a strong church. Ministers may preach pleasing and forcible discourses... but unless its individual members shall act their part as servants of Jesus Christ, the church will ever be in darkness and without strength." *Testimonies*, vol. 4, p. 285, 286.

**How do we get it right?** "The ministers who hover over the churches are accomplishing little good for church members unless they encourage and teach the people to do practical missionary work. Every minister should now feel that there is a greater work for him to do than to repeat again and again the same sermons to the people. ..." *Mission To The Cities*, p. 56.

**What is the best way to strengthen our members?** "The time that has been used in preaching to our churches has not strengthened them, but has made them weak and helpless, to be fed with milk and not with meat. God has been calling upon His ministers to leave the ninety and nine



and hunt for the lost sheep. Your experience is to be a lesson for all who are hovering over the churches—consumers and not producers. ...” *Mission To The Cities*, p. 144.

**How do members increase their capabilities?** “If the ministers would get out of the way, if they would go forth into new fields, the members would be obliged to bear responsibilities, and their capabilities would increase by use.” *Evangelism*, p. 382.

**How do we grow our work?** “Seven men should have been chosen to be united with the president, to set in operation a work in the great cities for those who are perishing without the truth, while no determined efforts are being put forth to save them. These seven men should be men who are wide awake, men that are humble and meek and lowly in heart. Never should the cities have been neglected as they are; for there has come most decidedly message after message calling for earnest labour.” *Evangelism* p.37.

**What must be our work and focus?** “No less than seven men should be chosen to carry the large responsibilities of the work of God in the great cities. And these men should humble themselves daily and seek the Lord most earnestly for sanctified wisdom. They should relate themselves to God as men desirous to be taught. They must be men of prayer,

who realize the peril of their own souls. What should be the work of these seven men? They should investigate the needs of the cities and put forth earnest, decided efforts to advance the work.” *Evangelism* p.37.

There is a parable widely used by many to make a point about personal evangelism. It’s called the **Parable of the Fishless Fishermen**. It has been attributed to John M. Drescher. This parable exaggerates the truth a wee bit to prove a point. Here it is:

“Now it came to pass that a group existed who called themselves fishermen. And lo, there were many fish in the waters all around. In fact, the whole area was surrounded by streams and lakes filled with fish. And the fish were hungry. Year after year, these who called themselves fishermen met in meetings and talked about their call to fish, the abundance of fish, and how they might go about fishing”.

“Continually, they searched for new and better definitions of fishing. They sponsored costly nationwide and worldwide congresses to discuss fishing, promote fishing, and hear about all the ways of fishing.”

“These fishermen built large, beautiful buildings called ‘Fishing Headquarters.’ The plea was that everyone should



be a fisherman, and every fisherman should fish. One thing they didn't do, however, is they didn't fish".

"They organized a board to send out fishermen to where there were many fish. The board was formed by those with great vision and courage to speak about fishing, define fishing, and promote the idea of fishing in far-away streams and lakes where many other fish of different shapes and sizes lived".

"Also, the board hired staff, appointed committees, and held many meetings to define fishing, defend fishing, and decide what new streams should be considered. But the staff and committee members did not fish. Expensive training centers were built to teach fishermen how to fish. Those who taught had doctorates in fishology, but the teachers did not fish. They only taught fishing. Year after year, graduates were sent to do full-time fishing, some to distant waters filled with fish.

"Further, the fishermen built large printing houses to publish fishing guides. A speaker's bureau was also provided to schedule special speakers on the subject of fishing.

"Many who felt the call to be fishermen responded and were sent to fish. But like the fishermen back home, they never fished.

"Some also said they wanted to be part of the fishing party, but they felt called to furnish fishing equipment. Others felt their job was to relate to the fish in a good way so the fish would know the difference between good and bad fishermen. After one stirring meeting on 'The Necessity for Fishing,' a young fellow left and went fishing. The next day he reported he had caught two outstanding fish. He was honored for his excellent catch and scheduled to visit all the big meetings to tell how he did it.

"So, he quit fishing to make time to tell his experience to other fishermen. He was also placed on the Fishermen's General Board as a person having considerable experience. Now, it's true that many of the fishermen sacrificed and put up with all kinds of difficulties. Some lived near the water and bore the smell of dead fish every day. They received the ridicule of some who made fun of their fishermen's clubs and the fact that they claimed to be fishermen yet never fished".

"They wondered about those who felt it was of little use to attend the weekly meetings to talk about fishing. After all, were they not following the Master who said, "Follow me, and I will make you fishers of men?"

"Imagine how hurt some were when, one day, a person suggested that those who didn't catch fish were really not fishermen, no matter how much they claimed to be. Yet it did sound correct. Is a person a fisherman if, year after year,

he never catches a fish or (even worse) never goes fishing?"

We may smile as we read this because it makes sense and reveals our weaknesses. It is a hard-hitting satire, which, by definition, is sarcasm or ridicule that exposes wrongful actions or attitudes. Please, let's not use this parable against each other to expose weaknesses or any lack thereof. That's not the purpose of the parable.

But it is our prayer that perhaps from this article, the Holy Spirit will impress us with the following:

1. We have wandered far too long in the wilderness; it's time to go home.
2. It is time for us as a Mission to do things "unusual" and not do business as usual.
3. Realize that it's business as usual that got us here.
4. Unless we do things differently, we will reap similar harvests year after year.
5. We have leaders with the spiritual, physical, and political will and courage to make the necessary changes.
6. May there be a converted ministry where all Mission employees buy into this plan given by "One Who cannot err" if we wish to see a different order of things.
7. May the laity slowly (quickly) but surely move towards releasing their clergy to work the unentered fields and join them in soul-winning endeavors.
8. May we see a ministry that prioritizes "training" and "soul-winning" over "hovering."
9. May God help us to see what successfully impacts the work and what doesn't and to channel our resources wisely to do that which maximizes productivity and growth.
10. May God help us to differentiate between forms and substance, to know that although one displays a feel-good feeling, it's only the latter that brings results for time and eternity.

This article is not about what we can do. We can never do anything good, right, or meaningful in our carnal nature (see Isaiah 64:6). This is about aligning with the blueprint God has designed to bring true success in our work. Only then are we better positioned to meekly turn to God and seek His blessings on the work. Hope Is In The Air.

Maranatha!

# MAUM ADVENTIST EDUCATION FUND

**STARTING 01 JAN 2024**  
**10% OF RETAINED ONE OFFERING AT EACH LEVEL**  
**(LOCAL CHURCH, MISSION & UNION) SHALL BE**  
**CONTRIBUTED TO MAUM ADVENTIST EDUCATION FUND**

## Member Contributing RM 100.00

Local Church (50 %) RM 50.00	Mission (50 %) RM 50.00			
Local Church (90 %) – RM 45.00  <b>MAUM AEF (10 %) – RM 5.00</b>	Mission PEM (40 %) – RM 20.00		Union MAUM (60 %) – RM 30.00	
	Mission PEM (90 %) – RM 18.00	<b>MAUM AEF (10 %) – RM 2.00</b>	Union MAUM (12%) – RM 3.60	SSD (88 %) – RM 26.40
			Union MAUM (90 %) – RM 3.24	
			<b>MAUM AEF (10 %) – RM 0.36</b>	



Seventh-day  
Adventist® Church



# 第15届马新青年大会 见证人

蔡阅知,  
爱优学生

2024年5月30日至6月2日，位于马来西亚马六甲的D'Village Resort举办了第十五届马新青年大会。此次活动由马来西亚的淡边教会主办，汇集了来自马来西亚、新加坡、中国等地的青年代表、传道人、牧师、长老以及各地信徒，共计309人。活动的主题是“见证人”，主题经文来自希伯来书12章1节，“我们既有这许多的见证人，如同云彩围着我们，就当放下各样的重担，脱去容易缠累我们的罪，存心忍耐，奔那摆在我们前头的路程。”

这次青年大会邀请了三位主讲嘉宾，分享了他们在信仰历程和工作岗位上的见证。来自澳大利亚的郭策牧师分享了他的信仰旅程和在牧会工作中的见证经历；马来西亚的黄达颖牧师和范少宾长老也分享了他们在教育和健康事工的管理工作中的见证，鼓励参与者在各自的工作岗位上成为信仰的见证人。

除了六场的主题分享，另外也有四个不同主题的工作坊，主讲人和主题如下：

- 张泰伦夫妇《在职场上怎样赚钱又侍奉》
- 郭策牧师《战胜色情、同性恋、性欲的见证》
- 黄达颖牧师《如何选择自己的教育方法》
- 刘志成长老《如何处理两性关系》

此外，大会也准备了一些其它的节目内容，如安息日下午的音乐会，欣赏由淡边中英文堂精心准备的音乐节目。当天晚上还有听我心声的环节，青年参与者分享自己的心声和见证，以及对这次参与营会的感触。在星期日早上有问答环节，让参与者与主讲人和嘉宾有更好的互动。

此次青年大会为参与者提供了一个学习、分享和见证的平台，加深了他们对信仰的理解和承诺。活动的成功举办离不开主办方淡边教会的精心策划和组织，以及所有参与者的积极参与和支持。



青年大会的主讲人 - 黄达颖牧师



青年大会的主讲人 - 范少宾长老



青年大会的主讲人 - 郭策牧师



青年大会全体照



工作坊主讲人之一 刘志成长老



工作坊主讲人之一 张泰伦夫妇



安息日下午的音乐会呈现



圣诗交响乐



# HeartSaver Training

by **Renitta Edward,**  
*Health Ministries*

**1**5 participants attended the comprehensive HeartSaver Training on the 25 January 2024, a program sponsored by Penang Adventist Hospital. The HeartSaver Training was inclusive of Basic First Aid, Cardiopulmonary resuscitation (CPR) and Automated External Defibrillator AED courses that provided valuable skills and knowledge for emergency situations.

Mr Yanaseikaran Vadivallu, Ms Loretta Rays and Ms Lim Li Chin, shared on the “Roles and Responsibilities of First Aiders, CPR & AED Usage for Adults and Children” and “What to do during medical-injury-environmental emergencies”.

At the end of the day, the 15 participants were certified with the American Heart Association (AHA) and were provided with AHA Certified Card which is valid for 2 years.

The Peninsular Malaysia Mission Health Ministries Department would like to thank Penang Adventist Hospital, Malaysia Union Mission Health Ministries Department and Dr Pua Sze Ning for organizing this training program.



CPR



Chocking Chalie



Health Department with Instructors



Splint



# HEALTH AGE PLUS TRAINING

by **Renitta Edward,**  
Health Ministries

The Health Age Plus (HAP) Training held on 10 March 2024 at the Mission Conference Hall was attended by 40 participants across Peninsular Malaysia Mission consisting of health leaders and their team members. The training was conducted by Brother Allan Yap, experienced tutor and Dr. Jane Botabara, the Malaysia Union Mission, Health Ministries Department Director.

The training included discussions on the concept of HAP, practical sessions on installing and utilizing the HAP software, simulations involving health screenings and the application of HAP. There was also an important session on the essential do's and don'ts of counselling in the context of health promotion.

At the end of the session, 38 participants were certified as HAP users.

## Healthy Recipe

### Avocado Butter Healthy Spread



#### Ingredients:

1	Avocado
1 clove	Garlic, diced
1/4 t	Salt
1/2 piece	Seaweed

#### Method:

- 1 Mash avocado with fork.
- 2 Combine all ingredients together and mix well.

Serve with bread or waffle.

#### Nutritional Fact

Flesh of avocado has the consistency of firm butter and a faint nutlike flavor. A very good alternative to eating butter and margarine. It is high in mono-unsaturated fat and contains omega-3 (Linolenic acid). Omega-3 fights heart disease, rheumatoid arthritis and other diseases. It is also high in protein.

Recipe courtesy of:  
**Aeon Health Care**

# Central Region Club Ministries Training

by Tan Weoi Siong,  
Youth Ministries

On 9 March 2024, the Adventurer and Pathfinder clubs from the central region converged at the Mission conference hall to attend the Club Ministries Training Instructors modules. This training session provided an opportunity for leaders and members alike to enhance their skills and knowledge in club ministries.

The modules were presented by MG Farrel Gara, the Malaysia Union Mission Youth Ministries Department Director, and MG Tan Weoi Siong, PEM Youth Ministries Department Director. The wealth of experience and expertise enriched the training, providing valuable insights and guidance to the attendees.

Representatives from nine churches participated in the training, comprising of club directors, deputy directors, club instructors, and senior members. A total of 60 club leaders actively engaged in the training, demonstrating their commitment to the development and success of their respective clubs.

The Club Ministries Training (CMT) curriculum framework offered comprehensive training for various and specific roles within the different club settings. Designed to be completed within a year, these certifications aim to equip leaders with the necessary skills and knowledge to effectively serve their ministries.

Throughout the CMT session, participants covered five important topics crucial for effective club leadership and ministry success. These topics provided a foundation for understanding and implementing best practices in club management, programming, and mentorship as below:

1. Understanding Learning Styles | EDUC 003
2. Working with Children with Special Needs | EDUC 006
3. Teaching Christian Values | EDUC 150
4. Practical Applications for Teaching Investiture Achievement | EDUC 210
5. Teaching Honors | EDUC 230

A simple yet satisfying vegetarian dinner was



The poster features the Malaysian flag at the top, followed by logos for Adventurer Club, Pathfinder, and a globe. The central text reads 'CMT' in large white letters, with 'Club Instructor' below it. The title 'PEM Club Ministries Training' is in yellow, followed by 'Inviting All Adventurer & Pathfinder Club Directors & Instructors to join us!'. A list of six seminars is provided, including dates and locations. Contact information for PEM Youth Department is at the bottom, along with the phrase 'See you there!'.

**CMT**  
Club Instructor

**PEM Club Ministries Training**  
Inviting All Adventurer & Pathfinder Club Directors & Instructors to join us!

1. Central Region CMT Seminar (English) - 9th March, PEM HQ
2. Southern Region CMT Seminar (English) - 23rd March, Ulu Tiram SDAC
3. Northern Region CMT Seminar (Bahasa) - 30th March, PAHC
4. Northern Region CMT Seminar (Tamil) - 4th May, Kulim Indian SDAC
5. Southern Region CMT Seminar (Bahasa) - 18th May, Megah Ria SDAC
6. Northern Region CMT Seminar (English) - 25th May, PESDAC

For more information, please contact PEM Youth Department at [youth@adventist.org.my](mailto:youth@adventist.org.my) OR visit our Facebook Page at PEM Youth & Young Adults Ministries

*See you there!*

Club Ministries Training Schedule



Participants paying attention

served to all participants during the training, providing a moment of nourishment and camaraderie amidst the learning experience.

The conclusion of the CMT session marked the beginning of an ongoing journey of growth and development. Throughout 2024, CMT will continue to be conducted in various churches and regions, offering opportunities for further learning and refinement of skills.

As we embark on this journey, we fervently pray for God's guidance and blessings upon the club ministries in Peninsular Malaysia. We are committed to spreading the gospel and serving His people, equipped with the knowledge and skills acquired through proper training and preparation.

With our motto, "Once A Pathfinder, Always A Pathfinder," firmly ingrained in our hearts, we are motivated to persevere in His work, never wavering in our dedication to the mission.

Maranatha, Come Lord Jesus.



MG Tan Weoi Siong presenting

### **Instructor Class Training Award**

Once the CMT session concluded, participants who had completed the Instructor Class Training (ICT) were awarded, as their dedication and commitment were recognized. They received ICT pins, symbolizing their achievement and proficiency. This award was presented by both the MAUM and PEM Youth Ministries Department Director.



Participants who received the ICT pins



# Together We Stand for Jesus

by **Byronchriswel Jobi,**  
Klang BM & Pandamaran



Group photo



Giving certificates

The voice of youth plays a big role in the lives of the Youth especially in Klang BM SDA Church and Pandamaran SDA Church. At first, they do not know what Voice of Youth is, the only thing that they know is that Voice of Youth is a program for the youth and by the youth but not getting involved in the program. In the year 2023, Voice of Youth was introduced in the church and all the youth were excited to know what Voice of Youth is. Simply saying, Voice of Youth is where every youth in the local church used their talents and skill to serve the Lord.

In the month of September, The Voice of Youth team in Klang BM SDA Church and Pandamaran SDA Church conducted a community service for the elderly. It went well and from that point the Voice of Youth team continued to visit them and to pray with them at the elderly center. This sparks the motivation and the spirit of evangelism in the hearts of the young people in Klang BM SDA Church and Pandamaran SDA Church. This is where all youth are on fire to serve the Lord. Every Sabbath the youth keep on asking about 'what they can do in the church to serve the Lord?' and this point onward, the Youth are growing and ready to take the next step in becoming disciples for Jesus.

Baptism is already on its way because of the involvement of Voice of Youth. In the early month of October, there is one baptism in the response to Voice of Youth program. Then the next step is to take the youth to a camp. This camp was about getting involve and getting to know Jesus deeper with the theme "Stand for Jesus". On 27 – 29 October 2023, The Voice of Youth team in Klang BM and Pandamaran Church conducted a Youth Camp as a closing for Voice of Youth 2023. Three days evangelism was led by the Youth. Learning and growing in leadership build up the spirit of missionary and evangelism in the hearts of the youth during the camp.

After the camp, the Voice of Youth team in Klang BM SDA Church and Pandamaran SDA Church had already planned for the next event in the year 2024. The theme for 2024 is "Voice of Youth 2024: Make your Mark". To All the young people out there, do not be discouraged and do not be afraid when come to serve the Lord, it is always a blessing.

# Global Youth Day **I Will GO!** Reaching the needy in Klang

by Byronchriswel Jobi,  
Klang BM & Pandamaran



At the Elderly Centre

**G**lobal Youth Day (GYD) in 2024 was celebrated on 16 March 2024. Following the motto of our global church, Klang BM & Pandamaran visited a center for disabled children called Pusat Jagaan Kanak-Kanak Ekliptik, which was 2 km from Pandamaran SDA Church.

At the session, the youth spent their time socializing, doing handy craft and singing songs before sharing the Word of God with them. The youth also donated 8 goodie bags filled with used clothes for children and adults, food, and some basic needs.

After the GYD 2024 program, the young people felt the need to do more for the community. Thus, they have decided to organize a care group at the center on a weekly basis.



Volunteers with inmates of Ekliptik



# SOP Symposium

by Jasnah Makirim,  
SOP & Publishing Ministries



Group photo

Malaysia Union Mission's Spirit of Prophecy (SOP) department organized the SOP Symposium from 31 January to 1 February at Peninsular Malaysia Mission's Kuala Lumpur SDA Chinese Church. Singapore Conference was invited to join. A total of 75 attendees participated, 9 of which were from Singapore conference.

There were four main speakers for the Symposium program. Dr. Merlin Burt GC EGW Estate Director, Dr. GT Ng SOP Liaison for Asia, Dr. Donny Chrissutiantu EGW Estate Branch Director and Pastor Edgar Bryan Tolentino SSD Adventist Heritage and SOP Director. The two days program gave us a very good understanding of the Spirit of prophecy writings. Through the presentation of the four speakers, we understand about:

- Principles to Interpret Ellen White's Writings.
- Ellen White and her Prophetic Calling
- The Supporting Factors of the Acceptance of the Trinity Doctrine in the Seventh-day Adventist Church
- EGW Christ our Righteousness
- EGW On Salvation
- EGW On Vegetarianism

Many of the attendees were blessed and encouraged by the session. The speakers encourage us to study more by using the EG White website. <https://ellenwhite.org/>.

The SOP department plans to organize another session in 2025. Hopefully more church members would be keen to attend the program then.



Dr GT Ng presenting



Speaker Appreciation



# Jesus Christ is Lord and Saviour

by Ho Kam Fook,  
Sungai Petani Chinese

**M**y name is Ho Kam Fook. I am a Malaysian Chinese, and I did not grow up in a Christian family. But I came to know Jesus Christ at a very young age of six when I enrolled to study in a Missionary school. Every Friday morning, I must attend Church of Christ the King's mass worshipping.

I knew God always love me and had never forsaken me in time of needs. I have been blessed abundantly by God with a good job in a multi-national company, opportunities to travel to other countries, vacations and savour good food, all borne by the company. I lived a joyous lifestyle.

I attended church worship on Sunday and mass Bible study on Tuesday. I decided to follow Jesus Christ and accept Him as my Lord and Saviour. I was baptized by immersion in the name of the Father and of the Son and of the Holy Spirit. After a while, attending church worship and listening to the sermon became a routine for me.

I was given an earlier retirement from my job, and I moved back to Sungai Petani, Kedah to take care of my aged mother. She was diagnosed with kidney failure and needed a care provider to assist her on peritoneal dialysis. I stopped attending church during that period as the dialysis needs to be done on routine schedule 4 times daily, 7 days a week. I learnt to have a compassion heart for others, too. I did my duty as a son to care for her many years until she passed away.

Lois Low is my cousin sister, and she visited my mom quite often. She is a Seventh-day Adventist. Initially, I was quite reluctant to attend the Chinese church as being educated in a missionary school. My Chinese was not fluent thus I could not interact with others with ease. So I did not join her.

During the Covid outbreak, all the church premises were closed due to the Movement Control Order (MCO). Online worship was made available. After so many years of not attending church – my heart felt uneasy. Since, I was looking for a church to attend, I tried online worship over the Zoom platform.

Lois shared the access passcode with me. After attending a few sessions, I found that I could understand the Sabbath peaching in Chinese language.

When the MCO was abolished, and the new church building was opened to conduct first Sabbath worship, I went. I received a warm welcome through the caring attitude by the church members. The Sabbath school lesson was also conducted in small groups, and I was delighted because the class was conducted in English.

I would like to express, 'Thank you and Appreciation', to Pastor Ben Foo, for his dedicated time to conduct the Bible study for me. The completion of the Bible study really gave me an in-depth understanding of the truth of God's holy words. My spiritual life was revived and guided by God's Word which shed light upon my path.

On 23 December 2023, I decided to renew and profess faith in Jesus Christ. The Holy Spirit is leading me to obey His command and formally commit myself to the SDAs' beliefs such as the Seventh-day Sabbath on Saturday, the imminent second coming of Jesus Christ and healthy living lifestyle. Now I have a purpose to serve God, love other as God love me, and help the needy. Also, go forth with God's mission to bring good new to unrepented people, as the end time are near, – a call to prepare for Jesus Christ glorious second coming.



Sharing my testimony



My baptism

# 青年之声“零距离”2.0

张翊婷,  
吉隆坡中文堂



青年之声松弛感的全体合照



营火会的欢乐时光



清晨运动激活身体的机能

吉隆坡中文堂青年团于2024年3月2日至3日，举办了一个两天一夜的青年营会。这次的营会《零距离2.0》延续上一次《青年之声-零距离》的营会。同样以帐篷露营的方式，并继承《青年之声-零距离》的主题，志在拉近彼此的关系之余，也能重新建立并拉近青年人与上帝亲密的关系。

这次的营会共有27位参与者。在当中有八位是慕道友，七位是第一次参与青年团营会。这次营会的活动主要着重于两个方面，就是建立关系以及装备年轻人。

建立关系的主要活动是跟进环节和团康游戏。跟进环节就是让大家重温《青年之声-零距离》时所获得的感动及领悟，同时也分享是否有将所学习的运用在生活上。“小子们啊，我们相爱，不要只在言语和舌头上，总要在行为和诚实上”（约翰一书3:18）。身为一名基督徒，我们不单要在语言上上述说基督的爱，也要在行为上跟随基督，当一个有爱的行动派。而团康游戏，则准备了一些可以让大家互相合作、互相配合、互相了解的环节。

至于装备年轻人，分享的信息选择采用以弗所书4:11-14，讲述上帝赐下各样恩赐，且各人有各人的恩赐，各尽其职，建立基督的身体。这次营会的主要宗旨不只在于打破各年龄层次的隔阂并建立关系，还希望可以鼓励与推动更多的年轻人积极参与侍奉，为主做工。“主将宗教工作交付给青年人，以及各等年龄的人。以表示祂重视他们为祂的儿女。祂授他们以自治之责。祂呼召他们与祂分担救赎并提拔的伟大工作。父亲怎样与儿子合伙经营，照样，主也与祂的儿女合伙工作。我们是成为与上帝同工的。”【告青年书，第9章，与上帝合伙】

露营最害怕遇到的事情之一便是下雨，因为会带来诸多的不便。很不



巧，这次的活动赶上了雨季。从开始直到结束，雨一直淅淅沥沥的下着。因为下雨天的关系，活动范围受到限制，一些活动也难以进行。但凡事都有神的美意，这话是真实的。外表上看为不好的事，也许背后却隐藏着神的心意。让人惊喜的是在这些看似“不好”的情况下，却意外的拉近了大家的关系。为了躲雨，大家需要拥挤的待在同一个屋檐下、同一顶帐篷下、同一把雨伞下，进行活动与交流。正因如此，我们的距离近了，关系也就亲近了。

《门徒手册》第一课提醒门徒要有的八大属灵习惯之一，便是参与教会事工。在这营会结束后，很欣慰能看见年轻人们，在教会活动中，比如青年崇拜、家庭营、或在教堂聚会，都开始乐意尽自己一份力去侍奉。“我们要与上帝同工，成就他所愿意的工作。我们不拘在什么地方，要反射出光亮来。”【怀氏书简348,1908年】



## 见证分享： 洪苇恩 (慕道友)

“这是我第一次的露营。我很开心自己当初选择了参与，因为我真的学习和体验到了之前没有学到的东西。在营会里，大家都很有爱心。通过很多活动让大家有机会互相了解，多多交流，让彼此有很多的机会去联谊和好好认识。这都是平时比较难做到的，因为大家的时间表不同。大家平日都很忙，所以也很难有时间相聚在一起。通过这个营会大家也可以好好联谊，拉近彼此的距离。所有的游戏和节目都很棒，让每个人都有参与感。营会的地点也很棒，空气清新，可以让大家好好放松。很开心能参与这个营会，希望以后还会有很多机会参与不同的营会。”



给予青年人分享的机会



在游戏任务中拉近彼此的距离



互相讨论彼此的看法和着手的能力



# 18周年新春慈善活动 以善心 建善业

吴开兴,  
关丹中文堂



每年的新春慈善活动的 1000 份礼包

创世记 12:2- 我必叫你成为大国。我必赐福给你，叫你的名为大，你也要叫别人得福。

每个人心里都相信善有善报，所以在能力范围之内，会毫不犹豫地捐助有需要的慈善机构团体，或者帮助老人院及有困难的人士。但是慈善的活动，不是每个人或团队都能够坚持每年继续进行的一个项目。

虽说慈善是容易举办的一个项目，但是要进行起来却不是我们想象的那么简单，尤其是要持续连办18年。在关丹基督复临教会的社区服务部门和新起点健康与爱心之家的联办下，以及得到关丹中央政府医院配合，每年的新春慈善活动我们都会准备 1000 份的礼包，送给当天的患者者和医院值勤的工作人员。



齐心合力完成任务

## 撒种的比喻

马可福音4: 20-那撒在好地上的，就是人听道，又领受，并且结实，有三十倍的，有六十倍的，有一百倍的。

在 2012 年，我和家人一起在关丹基督复临教会参与前锋会和社区服务，也学习筹备新春慈善的项目，如预算筹款数目、配货、设计传单、购买礼袋和礼品等等。这粒被撒下的种子就开始种在我们的心田里。慢慢地种子就在2017年开始发芽扎根，整个项目就由我、徐雪琴姐妹和徐雪芬姐妹接手筹划到如今2024年。

记得在2017年，我遇见一班穆斯林义工们，也是在开斋节新年时候到中央医院分派礼包给患病者。我相信过去我们所办的，都会影响其他人进行同样的活动。



教友义工和医院的工作人员向大家拜年

## 信心与挑战

希伯来书3:14-我们若将起初确实的信心坚持到底，就在基督里有分了。

每一次的新春慈善活动都是在阳历1月中或者2月期间，所以我们在每年的圣诞节过后就开始筹备了。这个时间也适逢开学的时候，大家都在为孩子们准备开学及新年物品，特别是东海岸还会面对年尾雨季的影响。这些费用对于某些人来说是一个蛮重的负担。所以每一次我们都会担心筹款经费不足够。但是每一次都会看见有上帝的应许。在2020年疫情发生过后，经济不景气，要继续举办新春慈善活动非常困难。幸好梁建成牧师介绍一班外来的义工团队（合心同善社区关怀），和我们关丹基督复临社区关怀配合，联办新春慈善活动，一直到如今。这才能够顺利地地完成我们项目的目标。

由于去年的经济不景，以至我们离新年还剩两个星期的时间，所筹得的善款近乎是零。但我们相信上帝一定会祝福，所以我们心中有平安、没有忧愁。就在最后一个星期，我们收到来自各国各地的善款。虽然过后我们还遇到了一些物资上的问题，但感恩上帝差派天使来帮助我们，一切所需的都为我们预备。也感谢善心人士和合心同善社区关怀的奉献和赞助。

我们非常感谢堂主任叶少文牧师为我们祷告，以及安排教会的弟兄姐妹们一起包装礼包。在短短两个小时的时间，1000份礼包就完成了。

今年我们总共准备了150份关怀礼包给乐龄人士和贫困家庭，以及1000份爱心礼包到关丹中央医院。

# 感谢主耶稣的救恩

卢珊妹,  
双溪大年中文堂

刘俊良，43岁，是一位残障人士，拥有三高和心脏病。他的脚趾因糖尿病而被截肢，所以行动不便，而眼睛也瞎了一边，视力不好。在他年轻的时候，就已经是孤儿，无亲人。他到处流浪，到处居住，靠着做些散工来维持生计，每天的日子都过得非常不容易。如今更是因病情的缘故而失业了。

我在2023年遇见他的时候，就开始对他起了怜悯的心。我主动邀请他来教会，但是他一直都拒绝我。有人对我说：“别白费力气了，他是不可能跟你去教会信主的。”当时我不知道上帝把我摆放在这个岗位上的目的是什么，多次被拒绝的心情也被影响。但我依然深信这是上帝的工作，我只管做好自己的本分，其他的事情就由神去动工吧！

经过多次的探访、祷告和关心，以及帮助他向政府申请福利金。最终，在圣灵的工作下，他终于来到教会。自从他一踏进教会后，他就持续不断的来聚会，还用心聆听神的话。来到教会，最吸引他及让他最开心的事情是能够成为教

会的“饭友”。因为在教会里能吃到丰富又饱足的午餐，就像一家人在一起吃饭。对于他而言，单身又失业，吃饭对于他是一件很开心和享受的事情。教友们也非常关爱他，从不会因为他的饭量大而阻止他。我现在回想起来，上帝真的很奇妙，祂的确很了解我们世上每一个人的需要，祂知道该用什么方法来带领祂的羊回家。如果在你的教会有联谊午餐的话，我鼓励你的教会继续保持这样的联谊，岂不知，这也是一个传福音的好工具呢！当时俊良曾经对我说，他来教会是不会信耶稣的，就是因为教会的饭很好吃，除非上帝能够医治他的病让他完全好起来。

来了教会约1年，圣灵的工作和感动是奇妙的。终于有一天，他对我说，他也想要成为基督徒，想要受洗归主。在这里也要特别的感谢素美姐妹，帮他查经，让他慢慢的开始认识神。素美姐妹和教会的探访队，不时也会去探访他和关心他，这让他感到无比的感动和开心。



2023年12月23日受洗后，我多次问他为什么要信耶稣呢？他回答说之前在他的佛教观念里面，他认为他自己的“业障”很重。（“业障”是佛教词语，指的是妨碍修正果的罪业，也比喻人的罪孽。）简单来说就是他认为他以前所造的孽，对现在的人生造成了障碍。但是当他认识了圣经的真理之后，他知道耶稣可以担当他的罪，使他的身心灵得以自由，他早该接受主成为他个人的救主，信耶稣就好了。

信主后，他的脾气变好了，不会轻易地就大发雷霆、爆燥和固执了。他也在慢慢学习靠着主耶稣给他的力量，去改变而成为一个更好的自己。

我看到他现在的脸上多了喜乐的笑容。感谢主耶稣的怜悯、恩典和慈爱，在人看来是不可能发生的事情，但是在神凡事都有可能。感谢赞美主，祂是配得称颂的。愿把一切的荣耀都归给神。阿门。



左起第一排：卢珊妹，第二排：何金福



左起举手的：郭仕喜，刘俊梁温逸秋，麦轩维，林美丽



俊良洗礼，第二排左起：胡森生教士，梁辉牧师，麦慧康



左起第一排：陈淑芳，郭仕喜，刘俊良。左起第二排：胡森生教士，许素美，温逸秋，林美丽，何赛兰，卢珊妹，何金福，梁辉牧师，麦轩维，黄马强



# What is **Vision Newsletter** all about?

Besides publishing updates from the Mission and local churches, it is a platform for individuals to share testimonies that serve to glorify God and edify our church members. It is through YOUR sharing that others may be blessed and be reminded of God's goodness.

Based on last year's survey, one of the things our readers enjoy reading the most from this Vision Newsletter is testimonies (it is one of my favourites too). I remember reading a testimony about a young man whose dream of becoming a teacher got shattered. He did well throughout his school years and even got chosen to attend the final stage of his interview. One thing I learned from his testimony is God knows best. All along, God wanted him to become a dentist and he couldn't be happier!

## How about you?

Do share with us  
a testimony  
or two!

## vision Article Submission Guide

You are welcome to write for the edification of our members. Share with us your experience with Christ. What's the latest with your local church?

We welcome scripts from all local church members of sister-institutions of Seventh-day Adventists in areas of:

News and Testimonies (800 to 1,600 words) , Evangelistic program and activities (400 to 800 words)

We reserve the right to edit / delete / reject all scripts to ensure that it is for the purpose of edifying our members.

Deadline:

-15th Jan (for Mar Issue)  
-15th Apr (for Jun Issue)

-15th Jul (for Sep Issue)  
-15th Oct (for Dec Issue)



### Write

Indicate name / pseudonym, church / organization



### Check

Check spelling and grammar, use appropriate punctuation



### Avoid

Avoid insert picture in MS Word  
Avoid whatsapp compressed photo



### Photo

Send original high-res photo  
atleast 1MB / 300dpi with caption



### Email

[vision@adventist.org.my](mailto:vision@adventist.org.my)

# “靠人人跑，靠山山倒， 靠耶稣最好”

温逸秋，  
双溪大年中文堂

俗话说：“靠人人跑，靠山山倒，靠自己最好”。曾经的我也是这么想的。

我是来自吉打洲的温逸秋，今年54岁，育有一子两女。

在2013，为了能有更好的健康品质和家庭生活，我决定退出从事18年的银行界，暂时回家休养。间中，透过朋友的大力推荐，也为了孩子的品格修养，我开始出席双溪大年的浸信会，让三个小孩上主日学。那时我除了去教会听道，回家之后基本都没有在探讨耶稣的真理。虽然有曾尝试读圣经，但是读不懂就放弃了。

2016年，为了生活，我再次工作，加入了所谓的“轻创业”直销健康保健行业。收入虽然不比之前稳定，但是它让我衣食无忧，也没了之前那份工作的压力，生活还算满意。偶尔出差、见客户、上课等，生活过得蛮逍遥自在的。后来，为了能配合直销团队的活动，我放弃了去教会，孩子们也不再参加主日也。当时我却不以为意，觉得自己还年轻，等老了再回到教会也不迟。

没有不良的生活习惯，也从不暴饮暴食、不吸烟、不喝酒又有运动的我，自然的认为自己应该会健康的活到老。正当我在享受着这安逸的日子时，人算不如天算，2022年5月，我的肩膀开始发炎，疼痛到失眠。生活节奏变得杂乱、不平静、更无法安下心来。医生的诊断是五十肩。祸不单行的是，在陪妈妈吃早餐的一个早上，我不小心摔倒了，又伤到了颈椎腰椎，造成椎间盘脱垂，痛得无法开车、不能出门做生意。我每天以泪洗脸，诸多抱怨，精神一时跌入谷底。一年内，我像无头苍蝇，到处寻医。跑了两家出名医院求医，也接受了生物共振疗法，尝试了脊椎按摩，整骨等，通通都没有满意的效果，该痛的还是痛。慢慢地我开始进入忧郁状况，不安、恐惧、焦虑，几乎什么事情都让我感到害怕。加上没有了收入，还有付不完的医药费，让我更忧虑了，脸上

不再有笑容。这时，我想起这句俗语‘靠自己最好’。其实一点都不好，尤其当我们生病的时候，更是束手无策。

在走头无路的情况下，我重新把那本满是灰尘的圣经打开。第一页就是“在需要时提供帮助”。我选了“恐惧时的勇气”，上帝的话安慰我。

【。。。我总不撇下你，也不丢弃你】【。。。主是帮助我的，我必不惧怕。。。】（希伯来书13: 5,6）

【坚心依赖你的，你必保守他十分平安，因为他依靠你。你们当依靠耶和华直到永远，因为耶和华是永久的磐石】（以赛亚书 26: 3, 4）

当我读到这些章节时，我神奇般的感到非常地平静，并得到安慰。还有一股力量让我渐渐地不再感到害怕，给了我很大的勇气来面对问题。感谢上帝把平安放在我心里。

经过朋友的介绍，2023年6月我认识了双溪大年方舟复临教会的素美姐妹。通过她及马强长老的引领，我开始去教会遵守安息日、学习圣经、参与安息日学课研经以及小组聚会。

后来我才发现之前之所以在圣经里找到安慰和力量，是因为“出于上帝的话，没有一句不带能力的”。（路加福音1: 37）

感谢主，除了精神上的好转，上帝也帮助我在经济的问题上也有改善。所以应该是，“靠人人跑，靠山山倒，靠耶稣最好”。

在2023年 12月23日，我接受了耶稣基督的救恩，成为基督复临安息日会教友。更开心的是我86岁的妈妈也接受了耶稣基督。哈利路亚！



左起：许素美，温逸秋



温逸秋受洗加入教会



# NOTICE FROM PEM

## March 2024

### WELCOME

01

Brother Wong Kok Boon & Brother Chu Say Kiong,  
**Global Mission Pioneers to the Jelutong Global Mission Project**  
under the Penang Chinese Church effective 01 May 2024.

02

Brother Lourds Clement,  
**Mission to the Cities Pioneer**, effective 01 June 2024.

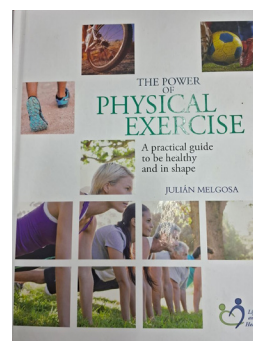


# BOOK PROMOTION

### **The Power of Physical Exercise. (Julian Melgosa)**

**RM150.00**

Physical Exercise is one of the most beneficial activities for the integral health of human beings. Its positive effects on the physical, mental, spiritual, and social domains of life have been revealed by many studies. For that reason, this book suggests a series of sports, highlighting the benefits they provide, including the psychological elements of some. Moreover, the book suggests the performance of exercise to prevent and cure some of the problems that will help us enjoy a better physical and mental well-being.

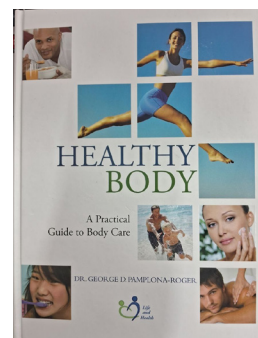


### **Healthy Body. (George D. Pamplona Roger)**

**RM180.00**

Healthy body is a compendium of preventive medicine written for those who wish to take good care of their bodies, a veritable maintenance manual for the most complex and efficient machine of all. This book tells us about;

- How to care for our bodies
- Natural treatment for a variety of body parts and organs
- How to prevent disease
- How to achieve the ultimate in body beauty
- The major attacks endured by the body.
- What can be done about it?
- The body history and destiny.





## UPCOMING EVENTS

# 2024 July

05-09	Admin	AOY Conference	PEM
05-06	SS/PM	11th MAUM-PEM Online Bible Webinar	PEM
20	Admin	SALT Graduation	PEM
21	Admin	Executive Committee Meeting (3- YE Jun 2024)	PEM
26-28	WM	WM Convention	MAUM - PEM
26-28	Admin	Indian Churches Camp	PEM
27	CHM	Children's Sabbath	PEM

# 2024 August

03-04	CHM	CHM Leaders & Teacher Council	Central
16-18	SS/PM/CHM	Regional Training SS/PM/CHM	Regional
19-22	Publishing	LMS Training	Online
24	CHM/WM	Enditnow	PEM

# 2024 September

01-07	FM	Family Togetherness Week of Prayer	PEM
05-08	MAUM	AMM Conference	MAUM
07	AY	World Pathfinder Day	Southern
15-19	AY/HM	Youth Alive - Kuching	MAUM
21	AY	World Pathfinder Day	Central
23-28	CHM	Tell a Story Week" Campaign	PEM
27-28	Publishing	Publishing & SOP Awareness seminar	Southern
28	AY	World Pathfinder Day	Northern

# PRAY FOR *Las Vegas*

## FAST FACTS

Calls itself “**The Entertainment Capital of the World**” because of its many shows and casinos (places where people can gamble their money in games of chance).

In 1951, it was known as “Atomic City” because of the many **nuclear bomb tests** carried out by the U.S. government in the nearby desert.

## BUSY HANDS

**Sand Painting** – Find sand of different colors and drop it carefully onto a flat surface, using it like paint and your fingers being paint brushes. Here’s a video to inspire you:

<https://www.youtube.com/watch?v=WXVEgyfaEmk>

## HOW DO YOU SAY IT?

People count the money they’ve lost while gambling, but we would count our blessings. Here’s how to do that using the beautiful Paiute Tribe language spoken by the people who used to live there in the desert:

English	Northern Paiute
One	Sumu'yoo
Two	Waha'yoo
Three	Pahe'yoo
Thank you	Pesa Mu!



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## SPECIAL PRAYERS

### Pray for Those Without Jobs

“Dear Jesus, please give the unemployed good jobs to help support their families. Help them know that You see their sadness.”

### Pray for the People to Know God

“Heavenly Father, help our members in Las Vegas share the love of God with those who gamble away their money. Help them see that true happiness isn’t found in a casino or in wealth. Help them know that they are loved and are important to You.”



# PRAY FOR *London*



## FAST FACTS

English people consume more **tea per capita** than anybody else in the world.

**Big Ben** is arguably London’s most famous landmark. Surprisingly, it is actually meant to go by the name “The Clock Tower”.

Over **300 languages** are spoken in London.



## BUSY HANDS

**Pom Pom making** (so cheerleaders can have something with which to cheer)

**Papercut Designing**  
Try it! Visit: <https://www.youtube.com/watch?v=VYkY9ogwiV4>

## HOW DO YOU SAY IT?

English is the language of choice in London. But you might get a little confused about what certain words or phrases mean. Here’s some examples:

“**Anorak**” is an authentic term for an American raincoat.

“**Spend a Penny**” is a polite phrase for “to visit a toilet”

“**Doddle**” is an extremely easy task that could be handled by a baby.

“**Gobsmacked**” is how British people describe their astonishment.



## SPECIAL PRAYER

### Pray for the People

“Heavenly Father, please come close to the people of London, helping them see that knowing and accepting Jesus will make them happier.”

## WHAT'S FOR SUPPER?

**Fish and chips** are made up of a piece of fish—usually cod or haddock—fried in a deep fryer, with some fresh cut deep fried potatoes on the side.



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## GETTING AROUND



The famous **London Underground** subway system. Board at one of 270 stations.

**Double-decker Buses** to give you a bird’s-eye view.



**Bicycle riding**, something 670,000 people do every day.

**River boats** for both commuters and tourists.



# Facing Hopelessness in The City

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**Tan Weoi Siong,**  
*Youth Ministries*


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To them God willed to make known what are the riches of the glory of this mystery among the Gentiles: which is Christ in you, the hope of glory - Colossians 1:27

## **Introduction:**

Tan, a young man, grew up amidst the hustle and bustle of the city, faced a plethora of challenges from an early age. His parents, engrossed in demanding jobs, were often absent, leaving him to navigate the complexities of life on his own. As he journeyed through adolescence, the pressures of urban living only intensified. School transformed into a relentless arena of competition, propelling him to strive for excellence in the face of daunting obstacles. Despite his tireless efforts, the

sheer weight of academic demands occasionally cast doubt on the trajectory of his future.

In Tan's neighborhood, safety concerns cast a shadow over daily life. Instances of robberies and graffiti were commonplace, casting a pall of fear over the community. Every journey home involved navigating through poorly lit, dilapidated streets, fostering a sense of isolation and vulnerability. Over time, Tan came to realize that his peers shared similar struggles, grappling with the burdens of academic stress, financial instability, and uncertain prospects. Together, they contemplated whether there existed a pathway out of this relentless cycle of stress towards brighter horizons.



## the riches of the glory of this mystery among the Gentiles

The pervasive lack of hope in urban environments extends far beyond Tan's experiences, affecting individuals on a global scale. It paints a stark portrait of desolation, where opportunities appear scarce, and aspirations seem out of reach. Economic disparities, job shortages, homelessness, and rampant crime further compound this sense of hopelessness, ensnaring individuals within the confines of their circumstances. Yet amidst this bleak landscape, questions linger: Can this dearth of hope be overcome? Where can one turn to find solace and inspiration in the face of adversity?

The hope of eternal life is not to be received upon slight grounds. It is a subject to be settled between God and your own soul—settled for eternity. A supposed hope, and nothing more, will prove your ruin. Since you are to stand or fall by the word of God, it is to that word you must look for testimony in your case. There you can see what is required of you to become a Christian. Do not lay off your armor or leave the battlefield until you have obtained the victory, and triumph in your Redeemer.<sup>1</sup>

The Bible, with its repeated mentions of “hope,” underscores its significance in faith and our connection with God. Verses like Romans 15:13 offer solace, serving as anchors to steady us amidst life's storms. Just as a ship needs an anchor to prevent drifting, we require three truths to sustain hope:

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### **Truth #1: The Bible - The Book of Hope:**

Romans 15:4 reminds us that the stories of endurance within the Bible offer us hope. It is replete with narratives of individuals overcoming challenges and finding redemption. God communicates with us through these stories, offering promises and encouragement during our darkest hours. To discover hope in God's Word, we must cultivate a daily habit of reading and studying it. Sharing these tales of hope with others can inspire them during tough times.<sup>2</sup>

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### **Truth #2: Jesus - The Hope of Glory:**

Colossians 1:27 proclaims that Jesus is the ultimate source of hope, bringing divine glory through His life, death, and resurrection. By fostering a personal relationship with Him through prayer and reflection, we infuse our lives with hope and undergo transformative experiences.<sup>3</sup>

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### **Truth #3: The Second Coming of Christ - Our Blessed Hope:**

Titus 2:13 speaks of the anticipation of Jesus' return, promising believers hope for a future where He establishes His eternal kingdom. This hope empowers us to confront present challenges with the assurance of a glorious tomorrow.<sup>4</sup>

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In conclusion, the Bible offers boundless hope to all young people and young adults alike. Within its pages lie stories of triumph over adversity, promises of redemption, and assurances of a brighter tomorrow. Jesus, the embodiment of this hope, offers us reassurance through His teachings and promises. His imminent return fills us with a blessed hope, knowing that He will come again in glory. It's a reminder to stay vigilant and prepared for His arrival, eagerly awaiting the day when we will meet our Almighty Savior face to face in the clouds. Are you ready to stand before Him, embracing the hope that transcends all circumstances and leads us towards an eternal future with God?

1 Testimonies to the Church, Vol. 1, p. 163.4 - Ellen G. White.

2 Facing Hopelessness in your City - Dr. S. Yeury Ferreira.

3 Ibid.

4 Ibid.



# 2024

## KEM BM

PERKHEMAHAN GEREJA SDA BM SEMENANJUNG



# JUMPSTART

TETAPI KAMU AKAN MENERIMA KUASA

## 5-7 JULAI 2024

STELLA MARIS RETREAT CENTER, PULAU PINANG

Yuran Pendaftaran:

Early Bird;

RM150 (Dewasa)

RM115 (Kanak-kanak  
7-12 tahun)

Late Turtle;

RM200 (Dewasa)

RM140 (Kanak-kanak  
7-12 tahun)

Pembicara Undangan:

**Pastor John Medellu**

(Asst. Vice President Editorial  
Publishing House of Indonesia)

- \* Early Bird SAH sehingga 1 Mei 2024
- \* Kanak-kanak 6 tahun ke bawah Percuma
- \* Yuran Pendaftaran TIDAK termasuk bayaran T-shirt.



SCAN & DAFTAR  
PERKHEMAHAN  
KEM BM 2024



GROUP WHATSAPP  
RASMI KEM BM 2024



PENGANJUR : GEREJA SDA PAH