

THE HOLY SPIRIT AND THE END TIMES

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Official Newsletter of the Seventh-day Adventist Church
(Peninsular Malaysia)

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Vision Statement

To prepare our members for Jesus' soon return & with united spirit and prayer, evangelize the whole of Peninsular Malaysia.

Mission Statement

We, the Seventh-day Adventist Church exist to preach the gospel to prepare the people in Peninsular Malaysia for Jesus Christ's second coming, by ministering to their physical, mental, social and spiritual need through in-reach and outreach programs of the Church.

Values

Productivity	John 15:5
Accountability	Matthew 25:14-30
Transparency	1 Corinthians 4:9
Humility	Philippians 2:5-8

I WILL GO

Mission Objectives (4)
Spiritual Growth Objectives (3)
Leadership Objectives (3)
Holy Spirit Objectives

The number in the bracket is the number of KPI in each objective.

Peninsular Malaysia Mission of Seventh-day Adventists

Operated by:
Seventh-Day Adventist Corporation (M) Bhd (248857-D)

22-1 Jalan 2/114 Kuchai Business Centre,
Jalan Kuchai Lama, 58200 Kuala Lumpur.

Tel: 03 7984 7795 Fax: 03 7984 4600
Email: info@adventist.org.my
Web: www.adventist.org.my

*Whenever suitable, the abbreviation of "PEM" will be used in place of the full text of "Peninsular Malaysia Mission".

PEM DIRECTORY

ADMINISTRATION:

President	Tan Meng Cheng	president@adventist.org.my
Executive Secretary	Dennis Ng	e.secretary@adventist.org.my
Treasurer	Chee Meng Keen	treasurer@adventist.org.my

DEPARTMENTS / SERVICES:

Adventist Community Services (ACS)	New Kean Seng	acs@adventist.org.my
Adventist Mission	Petrik Andrews	adventistmission@adventist.org.my
Adventist-Laymen's Services & Industries (ASI)	Immanuel Tan	asi@adventist.org.my
Children's Ministries	Tan Thiam Yun	childrensministries@adventist.org.my
Communication	Donny Tan	communication@adventist.org.my
Education	Maclan Matthew	education@adventist.org.my
Family Ministries	Petrik Andrews	family@adventist.org.my
Health Ministries	Pua Sze Ning	health@adventist.org.my
Ministerial Association	Renie Ubara	ministerial@adventist.org.my
Public Affairs and Religious Liberty (PARL)	Tan Meng Cheng	parl@adventist.org.my
Publishing Ministries	Jasnah Makirim	publishing@adventist.org.my
Sabbath School	Foo Shen Khoon	sabbathschool@adventist.org.my
Personal Ministries	Robert Agustin	personalministries@adventist.org.my
Ministerial Spouses	Juli Jusep & Lorna Tang	ministerialspouses@adventist.org.my
Spirit of Prophecy	Benjamin Ng	sop@adventist.org.my
Stewardship Ministries	Stanley Somayya	stewardship@adventist.org.my
Voice Of Prophecy	Dennis Ng	vop@adventist.org.my
Women's Ministries	Tan Thiam Yun	womensministries@adventist.org.my
Youth Ministries	Tan Weoi Siong	youth@adventist.org.my

EXECUTIVE COMMITTEE MEMBERS:

Chairperson	Tan Meng Cheng	
Secretary	Dennis Ng	
Member	Chee Meng Keen	
Departmental Directors	Jasnah Makirim, Tan Weoi Siong	
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Institution Leader	Koh Wah Heng	
Lay Representatives	Daniel Victor Tah Kheng Soon Miller Juman John Mariappan Ng Teik Kee Lim Mei Huey Teo Talent	danielv.danny@gmail.com tahkhengsoon@pah.com.my mpjuman@live.com johnzpeter@gmail.com dickyng@pah.com.my meihueylim@yahoo.com nigel@talentoffice.sg

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WE ARE HIRING

VISION

Official Newsletter of the
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(Peninsular Malaysia)

EDITORIAL BOARD

Tan Meng Cheng,
Dennis Ng,
Chee Meng Keen,
Olivia James,
Donny Tan,
Tan Hui Ying

LAYOUT DESIGN

Raindeer Graphic

TRANSLATOR

Renitta Simon,
Olivia James,
Tan Hui Ying

TO WRITERS

We welcome
unsolicited scripts.
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review the contributor's
guidelines on Page 48

**Please send scripts
via email to**

vision@adventist.org.my

Peninsular Malaysia Mission Office

22-1, Jalan 2/114,
Kuchai Business Centre,
Jalan Kuchai Lama,
58200, Kuala Lumpur.

The Holy Spirit in the End Times

by Tan Meng Cheng,
President, Peninsular Malaysia Mission

God's people need daily consecration and baptism of the Holy Spirit. They need to pray, "Create in me a clean heart, O God; and renew a right spirit within me. Cast me not away from thy presence; and take not thy Holy Spirit from me. Restore unto me the joy of thy salvation; and uphold me with thy free Spirit. then will I teach transgressors thy ways; and sinners shall be converted unto thee." (Ps. 51:10-13 KJV) Apart from God and His Holy Spirit, we can accomplish nothing. Our work will be in vain and have no eternal value.

In the end, the work becomes more challenging and difficult. Therefore, Jesus promised to be with His people (Matt. 28:18-20)

To Fill the Workers

From the Scriptures, we learn that the Holy Spirit is the One that enabled the disciples to exalt Christ and preach the gospel boldly and powerfully (cf. Acts). "To us today, as verily as to the first disciples, the promise of the Spirit belongs. God will today endow men and women with power from above, as He endowed those who on the day of Pentecost heard the word of salvation. At this very hour His Spirit and His grace are for all who need them and will take Him at His word."¹

The Holy Spirit is constantly at work, seeking to cooperate with God's followers in drawing the attention of the people to the great sacrifice made upon the cross by Jesus Christ and to convict them of their sins, so that they may accept the gift of salvation offered freely to all. "Christ promised that the Holy Spirit should abide with those who wrestle for victory over sin, to demonstrate the power of divine might by endowing the human agent with supernatural strength and instructing the ignorant in the mysteries of the kingdom of God."²

To Finish the Work

As the work of God is closing before Jesus' Second Coming, His people will need to labor under the guidance of the Holy Spirit. The Old Testament prophets foretold the bestowal of spiritual grace and divine power in extraordinary measure upon God's church to finish the work. Just as the outpouring of the Holy Spirit during Pentecost equipped the apostles to preach the gospel boldly, in the end times, God's workers will need the same power to finish the work.

Without conviction for the truth and a burden to save the lost, God's church will accomplish nothing. But "when we have entire, wholehearted consecration

to the service of Christ, God will recognize the fact by an outpouring of His Spirit without measure."³

We believe that if God's people were weighted with the burden of souls, they would find all means and methods to proclaim and share the everlasting gospel (Rev. 14:6-12) to the ends of the earth. They will also recognize that success can only be achieved by claiming the endowment of the power of the Holy Spirit that Jesus promised. The Bible records that when the Holy Spirit was poured out, thousands were converted in a day (cf. Acts 2). God is going to do it again with His people and the remnant church, even with greater success compared to the early church era.

Let us claim the promise now! It is the privilege of the church, God's people, to have it now! Heaven is waiting to bestow it. Jesus is coming. To prepare souls for His return, we must all get involved.

Lord, fill us, the workers, with the Holy Spirit now to finish the "impossible" work!

¹ Ellen White, *Christian Service*, (Hagerstown, MD: Review and Herald, 2002), 250.

² Ellen White, *Gospel Workers*, (Washington, DC: Review and Herald, 1948), 286.

³ Ellen White, *Evangelism*, (Washington, DC: Review and Herald, 1946), 699.



Roh Kudus di Akhir Zaman

oleh Tan Meng Cheng,
Presiden, Peninsular Malaysia Mission

Setiap hari, umat Tuhan perlu melalui penyucian dan pembaptisan Roh Kudus di dalam hidup mereka. Mereka harus berdoa sepertimana Raja Daud berdoa, "Ciptakan hati yang bersih dalam diriku, ya Allah, dan pulihkan semangat waja dalam jiwaku. Jangan singkirkan aku dari hadirat-Mu dan jangan ambil Roh Kudus-Mu daripadaku. Bahagiakan aku semula dengan penyelamatan-Mu dan kuatkan aku dengan Roh-Mu yang pemurah. Maka aku akan mengajar orang yang ingkar tentang jalan-Mu, dan orang berdosa akan kembali taat kepada-Mu." Tanpa Tuhan dan Roh Kudus, kita tidak akan mencapai apa-apa. Kerja kita akan menjadi sia-sia dan tidak mempunyai nilai yang kekal.

Pada akhir zaman, kerja tersebut akan menjadi lebih mencabar dan susah. Oleh itu, Yesus berjanji untuk bersama-sama dengan umatNya (Matius 28:18-20).

Untuk Memenuhi Pekerjaan-Nya

Dari Alkitab, kita belajar bahawa Roh Kuduslah yang membolehkan murid-murid Yesus untuk meninggalkan Dia dan menyebarkan Injil dengan penuh keberanian dan kuasa (rujuk Kisah Para Rasul). "Kepada umat Tuhan pada zaman ini, seperti yang dijanjikan kepada murid-murid Yesus pada awalnya, janji Roh Kudus juga adalah milik kita. Sesungguhnya Tuhan mengurniakan kuasa dari syurga kepada mereka yang mendengar khabar keselamatan pada hari Pentakosta. Dia juga akan mengurniakan kuasa yang sama kepada kita pada hari ini. Pada waktu ini juga, Roh Kudus dan rahmat-Nya adalah untuk mereka yang memerlukannya dan percaya akan

Tuhan melalui firman-Nya."¹

Roh Kudus sentiasa berusaha untuk bekerjasama dengan pengikut Tuhan dalam menarik perhatian manusia kepada pengorbanan besar yang dibuat oleh Yesus Kristus di kayu salib dan untuk menyedarkan mereka akan dosa-dosa mereka, agar mereka menerima hadiah keselamatan yang ditawarkan secara percuma kepada semua. "Kristus berjanji bahawa Roh Kudus tetap dengan mereka yang berjuang untuk kemenangan atas dosa, untuk menunjukkan kuasa kekuatan ilahi dengan memberikan kekuatan luar biasa kepada manusia dan mengajar mereka yang jahil tentang misteri kerajaan Tuhan."²

Untuk Menyelesaikan Pekerjaan-Nya

Umat Tuhan harus bekerja di bawah bimbingan Roh Kudus kerana pekerjaan-Nya hampir selesai dan Kedatangan Yesus kali kedua hampir tiba. Para nabi dari Perjanjian Lama telah menubuatkan pemberian rahmat rohani dan kuasa ilahi dalam ukuran yang luar biasa ke atas gereja Tuhan agar pekerjaan-Nya dapat diselesaikan. Sepertimana pencurahan Roh Kudus pada hari Pentakosta memperlengkapkan para rasul untuk memberitakan injil dengan penuh keberanian, pada akhir zaman, pekerja Tuhan memerlukan kuasa yang sama untuk menyelesaikan pekerjaan tersebut.

Tanpa kesedaran atas kebenaran dan beban untuk menyelamatkan mereka yang sesat, gereja Tuhan tidak akan mencapai apa-apa. Tetapi "apabila kita berkhidmat untuk Yesus dengan sepenuh hati, Tuhan akan mengakui kita dengan mencurahkan

Roh-Nya tanpa ukuran."³

Kami percaya bahawa jika umat Tuhan dibebani dengan beban untuk menyelamatkan jiwa, mereka akan menemui pelbagai cara dan kaedah untuk memberitakan dan mengongsikan injil yang kekal (Wahyu 14:6-12) sehingga ke hujung dunia. Mereka juga akan sadar bahawa kejayaan hanya boleh dicapai dengan menuntut pencurahan kuasa melalui Roh Kudus yang dijanjikan oleh Yesus. Alkitab merekodkan bahawa apabila Roh Kudus dicurahkan, ribuan orang dibaptiskan dalam sehari (rujuk Kisah Para Rasul 2). Tuhan akan melakukannya lagi dengan umat-Nya dan gereja sisa-Nya, bahkan dengan kejayaan yang lebih besar berbanding dengan gereja pada awal zaman.

Marilah kita menuntut janji tersebut sekarang! Ia merupakan hak istimewa gereja dan umat Tuhan untuk memiliki janji tersebut sekarang! Kerajaan syurga sedang menunggu untuk menganugerahkannya. Yesus akan datang. Kita semua harus terlibat dalam mempersiapkan jiwa sementara menunggu kedatangan-Nya.

Tuhan, curahilah kami sekarang, pekerja-Mu, dengan Roh Kudus untuk menyelesaikan pekerjaan "mustahil" ini!

¹ Ellen White, *Christian Service*, (Hagerstown, MD: Review and Herald, 2002), 250.

² Ellen White, *Gospel Workers*, (Washington, DC: Review and Herald, 1948), 286.

³ Ellen White, *Evangelism*, (Washington, DC: Review and Herald, 1946), 699.

இறுதி காலத்தில் பரிசுத்த ஆவியானவர்

Tan Meng Cheng,
தலைவர் தீபகர்ப மலேசியா மிஷன்

தேவனின் மக்களுக்கு தினசரி அர்ப்பணிப்பு மற்றும் பரிசுத்த ஆவியின் ஞானஸ்நானம் தேவை. அவர்கள் தினசரி பிரார்த்தனை செய்ய வேண்டும், தேவனே, சுத்த இருதயத்தை என்னிலே சிருஷ்டியும், நிலைவரமான ஆவியை என் உள்ளத்திலே புதுப்பியும். உமது சமூகத்தை விட்டு என்னைத் தள்ளாமலும், உமது பரிசுத்த ஆவியை என்னிடத்திலிருந்து எடுத்துக்கொள்ளாமலும் இரும். உமது இரட்சணியத்தின் சந்தோஷத்தைத் திரும்பவும் எனக்குத் தந்து, உற்சாகமான ஆவி என்னைத் தாங்கும்படி செய்யும். அப்பொழுது பாதகருக்கு உமது வழிகளை உபதேசிப்பேன்; பாவிகள் உம்மிடத்தில் மனந்திரும்புவார்கள்." (சங்கீதம் 51:10-13). தேவனும் அவருடைய பரிசுத்த ஆவியும் இல்லாமல், நம்மால் எதையும் சாதிக்க முடியாது. நமது வேலை வீணாகி, நித்திய மதிப்பு இல்லாததாக இருக்கும். இறுதியில், வேலை மிகவும் சவாலாகவும் கடினமாகவும் மாறும். எனவே, இயேசு தம்முடைய மக்களுடன் இருப்பதாக வாக்குக் கொடுத்தார் (மத். 28:18-20).

தொழிலாளர்களை நிரப்ப வேண்டும்

பரிசுத்த ஆவியானவர் தான் கிறிஸ்துவை உயர்த்தி, தைரியமாகவும் வல்லமையாகவும் சவிசேஷத்தைப் பிரசங்கிக்கவும் சீடர்களுக்கு உதவினார் என்பதை வேதவசனங்களிலிருந்து நாம் அறிந்துகொள்கிறோம். "முதல் சீடர்களைப் போலவே, பெந்தெகொஸ்தே நாளில் இரட்சிப்பின் வார்த்தையைக் கேட்டவர்களுக்குக் கொடுத்தது போல், தேவன் இன்று ஆண்களுக்கும் பெண்களுக்கும் மேலிருந்து அதிகாரத்தைக் கொடுப்பார். இந்த நேரத்தில் அவருடைய ஆவியும், கிருபையும் அவர்களுக்குத் தேவையான அனைவருக்கும் இருக்கிறது, அவருடைய வார்த்தையின்படியே, அவரை ஏற்றுக்கொள்வார்கள்."

இயேசு கிறிஸ்து சிலுவையில் செய்த மாபெரும் தியாகத்தின் மீது மக்களின் கவனத்தை ஈர்ப்பதில் கடவுளைப் பின்பற்றுவவர்களுடன் ஒத்துழைக்கவும், அவர்களின் பாவங்களைக் கண்டறிவதற்காகவும் பரிசுத்த ஆவியானவர் தொடர்ந்து செயல்படுகிறார். அனைவருக்கும் இலவசமாக வழங்கப்படும் இரட்சிப்பின் பரிசை அவர்கள் ஏற்றுக்கொள்வதற்கு, அவர்களின் பாவங்களைப் பற்றி அவர்களைக் கண்டிக்க வேண்டும்.. "பாவத்தின் மீதான வெற்றிக்காக மலையுத்தம் செய்பவர்களுடன் பரிசுத்த ஆவியானவர் நிலைத்திருக்க வேண்டும். கடவுளின் ராஜ்யத்தின் மர்மங்களில் அறியாதவர்களுக்கு அறிவறுத்துவதன்

மூலமும் தெய்வீக வல்லமையை வெளிப்படுத்த வேண்டும் என்று கிறிஸ்து வாக்குறுதி அளித்தார்."

வேலையை முடிக்க வேண்டும்

இயேசுவின் பணி இரண்டாம் வருகைக்கு முன் முடிவடையும் நிலையில், அவருடைய மக்கள் பரிசுத்த ஆவியின் வழிகாட்டுதலின் கீழ் உழைக்க வேண்டும். பழைய ஏற்பாட்டு தீர்க்கதரிசிகள் வேலையை முடிக்க கடவுளின் ஆலயத்திற்கு அசாதாரண அளவில் ஆன்மீக கிருபையையும் தெய்வீக வல்லமையையும் வழங்குவதை முன்னறிவித்தனர். பெந்தெகொஸ்தே நாளில் பரிசுத்த ஆவியானவர் பொழிந்ததால், அப்போஸ்தலர்கள் தைரியமாக சவிசேஷத்தைப் பிரசங்கிக்கச் செய்ததைப் போலவே, கடைசிக் காலத்தில், கடவுளின் வேலையாட்களுக்கு வேலையை முடிக்க அதே வல்லமை தேவைப்படும். சத்தியத்தின் மீதான நம்பிக்கையும், தொலைந்து போனவர்களைக் காப்பாற்றும் சுமையும் இல்லாமல், தேவனின் சபை எதையும் சாதிக்காது. ஆனால் "கிறிஸ்துவின் சேவைக்காக நாம் முழுமனத்தோடு அர்ப்பணிக்கும்போது, தேவன் தனது ஆவியின் வெளிப்பாட்டின் மூலம் உண்மையை அறிந்துகொள்வார். தேவனின் மக்கள் ஆத்துமாவின் பாரத்தால் எடைபோடப்பட்டிருந்தால், அவர்கள் பூமியின் கடைசி வரையிலும் நித்திய சவிசேஷத்தை (வெளி. 14:6-12) அறிவிப்பதற்கும் பகிர்ந்து கொள்வதற்கும் எல்லா வழிகளையும் வழிமுறைகளையும் கண்டுபிடிப்பார்கள் என்று நாங்கள் நம்புகிறோம். இயேசு ஷரக்களித்த பரிசுத்த ஆவியின் வல்லமையைக் கோருவதன் மூலம் மட்டுமே வெற்றியை அடைய முடியும் என்பதையும் அவர்கள் அங்கீகரிப்பார்கள். பரிசுத்த ஆவி ஊற்றப்பட்டபோது, ஒரு நாளில் ஆயிரக்கணக்கானோர் மனமாற்றம் செய்யப்பட்டதாக வேதாகமம் பதிவு செய்கிறது (அப்போஸ்தலர் 2). ஆரம்ப கால சபை சகாப்தத்துடன் ஒப்பிடும் போது, தேவன் தம் மக்களுடனும், எஞ்சியிருக்கும் சபையுடனும் அதை மீண்டும் செய்யப் போகிறார். இப்போது வாக்குறுதியைக் உரிமைக்கோருவோம்! இது நமக்கும் சபைக்கும் அருளப்பட்ட உரிமை, அதை இப்பொழுதே பெற்றுக்கொள்ளுங்கள். அதைக் கொடுக்க பரலோகம் காத்திருக்கிறது. இயேசு வருகிறார். அவர் திரும்புவதற்கு ஆன்மாவை தயார்படுத்த, நாம் அனைவரும் ஈடுபட வேண்டும்.

ஆண்டவரே, "சாத்தியமற்ற" வேலையை முடிக்க, பணியாளர்களாகிய எங்களை பரிசுத்த ஆவியால் நிரப்புங்கள்!



末时的 圣灵

陈明祯,
马来西亚半岛区会长

上帝的子民每天都需要圣灵的充满和洗礼。他们需要祷告，“上帝阿，求你为我造清洁的心，使我里面重新有正直的灵。不要丢弃我，使我离开你的面。不要从我收回你的圣灵。求你使我仍得救恩之乐，赐我乐意的灵扶持我。我就把你的道指教有过犯的人，罪人必归顺你。”（诗篇51：10-13）没有上帝和祂的圣灵，我们什么也做不了。我们的工作将是枉然的，没有永恒的价值。

在末时，工作将变得更具挑战性和难度。因此，耶稣应许要与祂的子民同在。（马太福音 28:18-20）

圣灵要充满工人

我们从圣经中了解，圣灵就是那位使门徒能够高举基督并大胆而有力地去宣传福音的一位。（参见使徒行传）“这种赐下圣灵的应许，在今日是属于我们的，正如属于早期的门徒一样。上帝今日也要将上面来的能力赐给男女信徒，好像祂在五旬节赐给那听从救恩之道的人一般。此时此际，祂的灵和祂的恩，乃是为了一切需要而且愿意听从祂话之人而预备的。”¹

圣灵在不断的工作，寻求与上帝的追随者合作，将人们的注意力吸引到耶稣基督在十字架上所做的伟大牺牲，并让他们认清自己的罪孽，以便他们能够接受这份白白赐给所有人的救恩之礼。“基督曾应许圣灵必与凡要奋斗战胜罪恶的人同在；借着赐人超乎自然的力量，及教导愚昧无知的人明白上帝国度的奥秘，便可大显神圣之能的权力。”²

圣灵要完成工作

由于上帝的工作在耶稣第二次复临之前将会结束，祂的子民需要在圣灵的引导下工作。旧约中的先知预言到，上帝的教会将被赐予非凡的属灵恩典和神圣的能力，以完成这项工作。正如五旬节圣灵的沛降装备徒们勇敢地宣传福音一样，在末时，上帝的工人也需要同样的能力来完成工作。

如果没有深信真理的信念以及缺乏对拯救丧失生灵的负担，上帝的教会将一事无成。但“当我们全体同心合意地献身为基督服务之时，上帝就必认可这事实，而沛降无限量的圣灵下来。”³

我们相信，如果上帝的子民背负着救灵的重担，他们就会找到一切的方法来宣扬及分享永恒的福音（启示录14:6-12）直到地极。他们也会意识到，唯有通过耶稣所应许的圣灵能力的恩赐，才能取得成功。圣经记载当圣灵沛降之时，一天之内就有成千上万的人悔改（参见使徒行传第2章）。上帝将再次与祂的子民和余民教会同工，甚至与早期教会时代相比取得更大的成功。

让我们现在就紧抓这应许吧！现在就是教会，上帝的子民，拥有圣灵的特权！上天正等着要赐下圣灵。耶稣快来。我们所有人都必须参与在其中，预备好生灵迎接祂的归来。

主啊，现在就用圣灵来充满我们这些工人，以完成那“不可能”的工作！

¹ Ellen White, *Christian Service*, (Hagerstown, MD: Review and Herald, 2002), 250.

² Ellen White, *Gospel Workers*, (Washington, DC: Review and Herald, 1948), 286.

³ Ellen White, *Evangelism*, (Washington, DC: Review and Herald, 1946), 699.

Through Thick and Thin with the Holy Spirit

by Olivia James,
Editorial Board

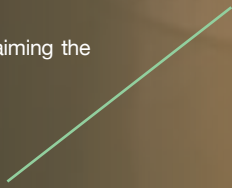
In almost every chapter of Acts, we see all sorts of challenges the early Christians had to endure. But, despite all that, they kept on going, moving forward.

One distinguished example is when Paul, after being stoned, survived and went back into the city that almost took his life. It takes love for the gospel in order for Paul to be able to look past the hurt, shame, and fear. His goal was to respond to the Great Commission in Acts 1:8. How is that humanly possible? The answer is seen at Pentecost – the outpouring of the Holy Spirit experience.

The book of Acts reveals to us that the Holy Spirit played a massive role in empowering the apostles of old to bring the gospel from Jerusalem to the world. And that experience is not meant to stay in the past. The Holy Spirit is also seeking to collaborate with God's people today. Christians are to encounter the Pentecostal experience.

As much as we want to do the Lord's work, relying on our own wisdom and strength is not possible, especially in the end times. We need divine help, and that help is the one and only promised Holy Spirit. Before Jesus ascended to heaven, our Saviour knew how tough the work could be and He knew the very thing we would need. We need the Holy Spirit, day by day, to work with us in all our church plans, and outreach programs, and most importantly, to keep us moving through the thick and thin of the end times.

Friend, have you been praying for the Pentecostal experience? Have you been claiming the promise of the Holy Spirit in your life?



Talk, Pray, and Preach Concerning It

by Renie Ubara,
Ministerial Association

What have you, your family, or your friends been talking about lately? It could be about the economy, health, or weather. In the current news, we hear about human rights, green living, global diseases, digital technology, climate change, calamities, Ukraine, Russia, NATO, and *harga barang naik*. What have you been talking about recently? While there is nothing wrong with keeping ourselves updated with the latest news, as Christians waiting for Jesus' Second Coming, I would like to suggest talking more concerning **the Holy Spirit**. Not only should we talk about it, but we should also pray about it and preach about it.

Let's think deeply about the following:



“But why do we not hunger and thirst after the gift of the Holy Spirit, since it is the means whereby the heart may be kept pure? The Lord designs that divine power shall cooperate with human effort. It is all-essential for the Christian to understand the meaning of the promise of the Holy Spirit just prior to the coming of our Lord Jesus the second time. **Talk of it, pray for it, preach concerning it; for the Lord is more willing to give the Holy Spirit than parents are to give good gifts to their children.** “For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.”” (The Home Missionary November 1, 1893, Art A. par. 26 ; White, 1889).

The church needs to talk, pray, and preach concerning the Holy Spirit. Total Member Involvement in the Holy Spirit. Living in the Holy Spirit. **I Will Go** in the Holy Spirit. Friends, the Holy Spirit desires to have a “personal talk” with you. He desires to “talk concerning God and Christ” to you and through you to others; until these “chains of talk” reach the whole globe. Have you been talking about the Holy Spirit with others?

Real Talk

What exactly is the meaning of “talk concerning the Holy Spirit”? Friends, the church may be actively talking about the Holy Spirit. However, if it’s all talk yet no complete surrender and submission to the guidance of the Holy Spirit, nothing will happen.

Let’s ponder the following:

“Christ has promised the gift of the Holy Spirit to His church, and the promise belongs to us as much as to the first disciples. But like every other promise, it is given on conditions. There are many who believe and profess to claim the Lord’s promise; they talk about Christ and about the Holy Spirit, yet receive no benefit. They do not surrender the soul to be guided and controlled by the divine agencies. We cannot use the Holy Spirit. The Spirit is to use us. Through the Spirit God works in His people “to will and to do of His good pleasure.” But many will not submit to this. They want to manage themselves. This is why they do not receive the heavenly gift. Only to those who wait humbly upon God, who watch for His guidance and grace, is the Spirit given. The power of God awaits their demand and reception. This promised blessing, claimed by faith, brings all other blessings in its train. It is given according to the

riches of the grace of Christ, and He is ready to supply every soul according to the capacity to receive.” - (The Desire of Ages. 672)

The Holy Spirit is ready to perform wonderful, miraculous works in your life, mine, and others’ lives. But remember, this is just like Christ and Nicodemus’ moment (John 3:1-21), and many other Bible characters, where He desires a “heart-to-heart talk” with you. Let us completely surrender to Him. Let’s give our everything to Him. God’s heart and ours become one. When you fall in agape love, you will unstopably talk concerning it.

What to Talk About?

What to talk about concerning the Holy Spirit? This is a good “heart question” to ask. In the recent 61st General Conference Session of the Seventh-day Adventist Church, Ted N. C. Wilson, President, urged every Adventist to “Hold Fast What You Have.” He gave an excellent review of the many vital truths from God’s Word that God would have us hold fast:

1. Hold fast to the biblical truth about the Godhead.
2. Hold fast to simplicity in the Christian lifestyle.
3. Hold fast to biblical truths and their relevancy for today, despite persecution.
4. Hold fast your careful observance of the seventh-day Sabbath.
5. Hold fast a simple, healthy lifestyle.
6. Hold fast to the unity in the church.
7. Hold fast to God’s biblical institution of marriage between one man and one woman.
8. Hold fast in humility to spiritual and biblical respect for church authority.
9. Hold fast your great appreciation, use, and promotion of the Spirit of Prophecy.
10. Hold fast to biblical church growth principles.
11. Hold fast your faithfulness to God’s unique Advent movement.
12. Hold fast to the core of our salvation and the everlasting gospel.
13. Hold fast to all the wonderful 28 Fundamental Beliefs.
14. Hold fast to your daily leaning on the Lord through personal Bible study and prayer.
15. Hold fast to simple biblical church worship patterned after Revelation 4.
16. Hold fast to proactive and wide-scale circulation of

- heaven-inspired Spirit of Prophecy books.
17. Hold fast to your firm belief that Jesus is coming soon.
 18. Hold fast to biblical inspiration, rejecting humanism and popular social culture.
 19. Hold fast to the beauty of the sanctuary and its services.
 20. Hold fast to the biblical day/year principle of interpreting biblical prophecy.
 21. Hold fast to the historical biblical/historical grammatical approach to interpreting Scripture.
 22. Hold fast to the biblical and Spirit of Prophecy understanding that the shaking and sifting of God's church will take place before Christ returns.
 23. Hold fast to the precious understanding that we are God's worldwide remnant.
 24. Hold fast to the wonderful foundation of God's government based on love.
 25. Hold fast to God's special plan of health reform and comprehensive health ministry. (ANN, 2022).

In other words, the 25 points above are the biblical beauty of our identity. It is who we are as Seventh-day Adventist Christians. Friends, living in the end times, I humbly encourage us to talk concerning the points above. Empowered by the Holy Spirit, we are lovingly invited to "walk the talk" in faith and total surrender. Let's talk (growing in Jesus), pray (intimate relationship with Jesus), and preach (sharing Jesus) concerning the Holy Spirit today. Last but not least, be immersed in the following Word of God:

With all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit—just as you were called to the one hope that belongs to your call— one Lord, one faith, one baptism, one God and Father of all, who is over all and through all and in all. Ephesians 4:2-6. (ESV)

And we all, who with unveiled faces contemplate the Lord's glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit. 2 Corinthians 3:18. (NIV)

And my speech and my preaching were not with persuasive words of human wisdom, but in demonstration of the Spirit and of power. 1 Corinthians 2:4 (NKJV)

For our gospel did not come to you in word only, but also in power and in the Holy Spirit and with full conviction; just as you know what kind of men we proved to be among you for your sakes. 1 Thessalonians 1:5 (NASB)

Remember, to talk, pray and preach concerning it – the Holy Spirit. Let's go!

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THE HOLY SPIRIT

by Dennis Ng,
Executive Secretary

In 2 Timothy 3:1-7, and Matthew 24 we find signs predicted that accurately depict the time we now live in. Surely, we can agree with that gospel classic, “Redemption Draweth Nigh” which says: “Years of time have come and gone; Since I first heard it told; How Jesus would come again someday; If back then it seemed so real; Then I just can’t help but feel; How much closer His coming is today.”¹

Consider now these four forecasted events mentioned in E.G. White’s writings. Notice when they were written, and ask as you read, “Has it been fulfilled?”

1. Anarchy and Riots

Forecast: “Anarchy is seeking to sweep away all law, not only divine, but human. The centralizing of wealth and power; the vast combinations for the enriching of the few at the expense of the many; the combinations of the poorer classes for the defense of their interests and claims; the spirit of unrest, of riot and bloodshed....” -- Education, p. 228 (1903).

2. Crime and God’s Judgments

Forecast: “Step by step, the world is reaching the conditions that existed in the days of Noah. Every conceivable crime is committed.... I am bidden to declare the message that cities full of transgression, and sinful in the extreme, will be destroyed by earthquakes, by fire, by flood.... Calamities will come -- most awful, most unexpected; and these destructions will follow one after another.” -- Evangelism, p. 26, 27.



AND THE END TIMES

3. Failures in Judicial System

Forecast: "The whole system of religious principles and doctrines, which should form the foundation and framework of social life, seems to be a tottering mass, ready to fall to ruin. The vilest of criminals, when thrown into prison for their offenses, are often made the recipients of gifts and attentions, as if they had attained an enviable distinction. Great publicity is given to their character and crimes. The press publishes the revolting details of vice, thus initiating others into the practice of fraud, robbery, and murder..." -- Great Controversy, pp. 585, 586 (1888).

4. Threefold Union of Papists, Protestants, and Spiritualists

"When Protestantism shall stretch her hand across the gulf to grasp the hand of the Roman power, when she shall reach over the abyss to clasp hands with spiritualism, when, under the influence of this threefold union, our country shall repudiate every principle of its constitution as a Protestant and republican government, and shall make provision for the propagation of papal falsehoods and delusions, then we may know that the time has come for the marvelous working of Satan and that the end is near." -- Testimonies for the Church vol.5, p.451 (1885)

For brevity, only four examples are given above. All four are being fulfilled right before our eyes. Coming out of the global pandemic, we now witness the war in Ukraine, which further disrupts supply chain, causing oil and gas prices to skyrocket, along with prices of daily commodities, leading to inflation and economic upheavals being felt around the globe. Sri Lanka is declared bankrupt by its Prime Minister.² There are also fears that China's economy will collapse.³ Then there is that majority of right-leaning US Supreme Court justices (7 of 9 are Catholics)⁴ flexing their muscles, promoting the agenda of the religious right. An MSNBC columnist opined that "the alliance between the evangelicals, Catholics and the far right...created a potent political juggernaut."⁵ Indeed, we need the Holy Spirit for these reasons:

1. The Holy Spirit is needed to finish the work on earth. The work will end with the glorious return of Jesus, not in defeat. "The great work of the gospel is not to close with less manifestation of the power of God than marked its opening. The prophecies which were fulfilled in the outpouring of the former rain at the opening of the gospel are again to be fulfilled in the latter rain at its close."⁶ We need to pray for its fulfillment.

2. The Holy Spirit is needed for the conversion of souls. Matthew 28:18-20, and Matthew 24:14 give us our Mission and the promise of its accomplishment. Yet we can't convert anyone. That's the work of the Holy Spirit. "Without the Spirit of God a knowledge of His word is of no avail. The theory of truth, unaccompanied by the Holy Spirit, cannot quicken the soul or sanctify the heart. One may be familiar with the commands and promises of the Bible; but unless the Spirit of God sets the truth home, the character will not be transformed."⁷

3. The Holy Spirit is needed to finish the work begun in us. We need the aid of the Holy Spirit to bring us to a total and complete surrender. Meaning, I need to quit having this Yo-Yo experience with God. "The times of refreshing" the apostle Peter looked forward to when he said, "Repent ye therefore, and be converted, that your sins may be blotted out, when the times of refreshing shall come from the presence of the Lord...." (Acts 3:19, 20), is now!

The Holy Spirit needs to work in me, and then through me, to win others. This is how the work will be finished. Two years before her passing, E.G. White penned these words to encourage the believers: "I am encouraged and blessed as I realize that the God in Israel is still guiding His people, and that He will continue to be with them, even to the end."⁸

AMEN! That same promise is ours today. "Signs of the times are everywhere; There's a brand new feeling in the air; Keep your eyes upon the eastern sky; Lift up your heads, redemption draweth nigh!"⁹

1 https://www.hymnlyrics.org/newlyrics_rl/redemption_draweth_nigh.php

2 <https://edition.cnn.com/2022/07/05/asia/sri-lanka-bankrupt-fuel-crisis-intl-hnk/index.html>

3 <https://dailycaller.com/2022/06/19/opinion-chinas-economy-is-collapsing-heres-why-you-should-worry-chang/>

4 <https://www.theglobalist.com/the-u-s-supreme-court-now-a-roman-catholic-institution/>

5 <https://www.msnbc.com/opinion/religious-leaders-supercharged-trump-s-presidency-scotus-just-proved-why-n1285268>

6 *Great Controversy*, pp. 611, 612

7 *Christ's Object Lessons*, p. 408

8 *General Conference Bulletin*, May 28, 1913

9 https://www.hymnlyrics.org/newlyrics_rl/redemption_draweth_nigh.php





Spirit of Prophecy
Department
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Christians and Anxiety Disorder

by Pua Sze Ning,
Health Ministries

Anxiety is a common aspect of life and can affect anyone. An anxiety disorder involves excessive worry, anxiety and nervousness. Anxiety affects daily tasks and is hard to control. These feelings can persist for a long period of time and are disproportionate to the actual danger.

Types of anxiety disorders

Generalized Anxiety Disorder (GAD)

GAD is usually marked by a constant feeling of worry or dread that can get in the way of daily life. People with GAD feel anxious most of the time for months or even years. Answering the 7 questions below can help you screen yourself if you have GAD. If the score is more than 8, you will need further evaluation.

Generalized Anxiety Disorder 7- item (GAD-7)

Over the last 2 weeks, how often have you been bothered by the following problems:	Not at all	Several days	More than half the days	Nearly every day
1. Feeling nervous, anxious or on edge	0	1	2	3
2. Not being able to stop or control worrying	0	1	2	3
3. Worrying too much about different things	0	1	2	3
4. Trouble relaxing	0	1	2	3
5. Being so restless that it is hard to sit still	0	1	2	3
6. Becoming easily annoyed or irritable	0	1	2	3
7. Feeling afraid as if something awful might happen	0	1	2	3

GAD-7 score obtained by adding score for each question (total points).

A score of 8 points or higher is a reasonable cut-off for needing further identifying evaluation to determine presence and type of anxiety disorder 23, 24

The following cut-offs correlate with level of anxiety severity:

Score 0-4	: Minimal Anxiety
Score 5-9	: Mild Anxiety
Score 10-14	: Moderate Anxiety
Score 15 or greater	: Severe Anxiety



Panic Disorder

People with panic disorder have frequent and unexpected panic attacks. Panic attacks are sudden bouts of intense fear, discomfort, and there is a feeling of losing control when there is no clear danger or trigger. Not everyone who experiences a panic attack will develop a panic disorder.

When a person has a panic attack, the person may experience:

- Heart palpitations
- Sweating
- Trembling or tingling
- Chest pain
- Feelings of impending doom
- Feelings of being out of control

Specific Phobia

A specific phobia is characterized by an excessive, persistent fear of a specific, harmless object, situation, or activity. Patients know their fear is excessive, but they can't overcome it. Examples are public speaking, fear of flying, or fear of spiders.

Agoraphobia

Agoraphobia is a type of anxiety disorder where you fear and often avoid places or situations that might cause you to panic and feel trapped, helpless, or embarrassed.

Social Anxiety Disorder (previously called social phobia)

This is characterized by a high level of anxiety, fear, and avoiding social situations because the person feels embarrassed, self-conscious, or anxious about being judged or seen negatively by others. It makes it hard to do things in everyday life and lasts for at least six months.

Separation Anxiety Disorder

A person with separation anxiety disorder worries or fears being apart from people he or she cares about. Regardless of age, the feeling makes it hard for the individual to function normally in life. People with separation anxiety disorder may worry all the time about losing the person who is closest to them. They may be reluctant or refuse to go out or sleep away from home or without that person. They may also have nightmares about separation.

Risk factors

- Childhood abuse or trauma.
- Having a serious illness can cause significant worry about the treatment outcome.
- Stress buildup due to death in the family, work stress or ongoing worry about finances.
- Personalities that are more prone to anxiety disorders than others are.
- Other mental health disorders such as depression.
- Family history
- Drug or alcohol use or misuse or withdrawal can cause or worsen anxiety.

Diagnosis

The first thing to do is to see a doctor to make sure that the symptoms aren't caused by something physical. If an anxiety disorder is diagnosed, a mental health professional can help you find the best way to treat it. Unfortunately, many people with anxiety disorders don't seek help. They don't realize that anxiety disorders can be treated effectively.

Treatment

- Cognitive behavior therapy (CBT), a type of talk therapy, can help a person learn to think, react, and behave differently to help him or her feel less anxious. Exposure therapy is a type of CBT that is used to treat anxiety disorders. Exposure therapy helps people with anxiety disorders do things they have been avoiding because they are afraid of doing them. This therapy is sometimes used with relaxation exercises.
- Medication can provide relief only to a certain extent but it will not cure anxiety disorders.

As Christians, what can we do to overcome anxiety disorder?

Nutrition. Healthy eating — focusing on vegetables, fruits, whole grains and nuts.

Keep physically active. Develop a routine so that you're physically active most days of the week. Exercise is a powerful stress reducer. It improves your mood and helps you stay healthy.

Temperance. Quit smoking and drinking caffeinated and alcoholic beverages. Nicotine, caffeine and alcohol can worsen anxiety.

Use **stress management** and **relaxation techniques**.

Make **sleep** a priority. Getting enough sleep improves mood and mental well-being.

“True religion brings man into harmony with the laws of God; physical, mental, and moral. It teaches self-control, serenity, and temperance. Religion ennobles the mind, refines the taste, and sanctifies the judgment. It makes the soul a partaker of the purity of heaven. Faith in God's love and overruling providence lightens the burdens of anxiety and care. It fills the heart with joy and contentment in the highest or the lowliest lot. Religion tends directly to promote health, to lengthen life, and to heighten our enjoyment of all its blessings. It opens to the soul a never-failing fountain of happiness. Would that all who have not chosen Christ might realize that He has something vastly better to offer them than they are seeking for themselves. Man is doing the greatest injury and injustice to his own soul when he thinks and acts contrary to the will of God. No real joy can

be found in the path forbidden by him who knows what is best, and who plans for the good of his creatures. The path of transgression leads to misery and destruction; but wisdom's “ways are ways of pleasantness, and all her paths are peace.” [Proverbs 3:17.] Christian Education 68.1

Adventist Home Education. “Let them teach their children to be true to God, true to principle, and thus true to themselves and to all with whom they are connected. With such training, children when sent to school will not be a cause of disturbance or anxiety. They will be a support to their teachers and an example and encouragement to their fellow pupils.” Education, 283.

Learn from nature. “If we will but listen, God's created works will teach us precious lessons of obedience and trust. From the stars that in their trackless course through space, follow from age to age their appointed path, down to the minutest atom, the things of nature obey the Creator's will. And God cares for everything and sustains everything that he has created. He who upholds the unnumbered worlds throughout immensity, at the same time cares for the wants of the little brown sparrow that sings its humble song without a fear.” Christian Education 54.4

Prayers. “When men go forth to their daily toil, as when they engage in prayer; when they lie down at night, and when they rise in the morning; when the rich man feasts in his palace, or when the poor man gathers his children about the scanty board, each is tenderly watched by the heavenly Father. No tears are shed that God does not notice. There is no smile that he does not mark. If we would but fully believe this, all undue anxieties would be dismissed. Our lives would not be filled with disappointment as now; for everything, whether great or small, would be left in the hands of God, who is not perplexed by the multiplicity of cares, or overwhelmed by their weight. We would then enjoy a rest of soul to which many have long been strangers.” Christian Education 54.4, 55.1

Dwell on Christ's love for us. “The love which Christ diffuses through the whole being is a vitalizing power. Every vital part—the brain, the heart, the nerves—it touches with healing. By it the highest energies of the being are roused to activity. It frees the soul from the guilt and sorrow, the anxiety and care, that crush the life forces. With it come serenity and composure. It implants in the soul, joy that nothing earthly can destroy—joy in the Holy Spirit—health-giving, life-giving joy.” Counsels for the Church 216.6

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Peninsular Malaysia Mission: Evangelism Focus

Evangelism is the lifeblood of any church. The church that doesn't impact its community for good, will soon cease to be relevant. Evangelism is not a one-off evangelistic series that goes on for a couple of weeks or just a weekend. It is a well thought through, intentional effort by the church to enlarge its reach, benefit the community, and labor with the Lord so that He may add "to their number daily those who (are) being saved" (Acts 2:47).

In the last four years, Pastor Petrik Andrews, Director of Adventist Missions and Family Ministries, has been tirelessly emphasizing the concept of being a disciple. It is clear that when Jesus walked on earth, he gathered to Himself, "disciples," not "members." And the gospel commission is to "go and make disciples (Matthew 28:19)," not to enrol members.

A disciple then is one who integrates evangelism as his/her lifestyle. Evangelism then is not a one-off event. It's not a "when-I've-time-I'll-do-it" thing. It is to be a part of us. As a church, if we harvest disciples, we will naturally witness "total member involvement" in every facet of the church's activity. Refer to the diagram below.

Knowing that these year-round efforts cost money, Southern Asia-Pacific Division (SSD), Malaysia Union Mission (MAUM) and PEM have set aside funds to assist. Here they are:

I. SSD SUPPLEMENTAL EVANGELISM FUND DISTRIBUTION. The local church pastors have been notified of this fund. This fund may be used for the "weekend harvest meetings" or "reaping campaigns" where Bible students are already being readied for baptism. Apply through the PEM Ministerial Department. PEM Administrative Committee makes the final decision.

II. PEM ACTIVE REVERSAL EVANGELISM FUND. This formula is based on the amount of tithe received from the local church in the previous year. A certain amount will be banked into the local church account. The local church pastors and local church treasurers will then be notified. The funds may be used for any aspect of the Church's evangelism effort based on the Church Board's discretion. Not infrequently we hear of churches that do not know how to utilize this fund. As such this fund has yet to be made available this year.

III. PEM EVANGELISM FUND. Yearly, a certain amount is set aside for our churches to engage in the 5 areas of year-round evangelism cycle. Based on the ground work being conducted through the church's focused ministries (activities #1-#3 below), the church may get up to RM2500. Again, this must be a sustained program, project, or event. For activity #4, the church may get between RM2000-RM5000 depending on the total number of meetings held. Finally, to preserve the harvest (activity #5), if your church has a good project, you may avail yourself to another RM2500. To secure this funding,

get familiarized with the terms and conditions, fill in the required Evangelism Subsidy Request Form, and spell out what the church will do 6 months out, and then 3 months before your program proper. Please ask your Church Pastor for further details.

IV. NDR & IEL BUDGET. This funding is specially for Small Group evangelism. Check with your Pastor to get help to secure this funding from Ministerial Association.

Remember, terms and conditions do apply. As a Mission, we are focused on soul-winning. We are committed to help our churches as best we can and make things relatively easy. Please cooperate with us by doing the following:

1) Set in motion an ongoing evangelism cycle in your church, as suggested above. Ensure adequate preparation before applying for funding. Have proper plans, and

sufficient time to prepare, think things through, and execute those plans to prevent any last-minute rush jobs.

2) Secure your board's approval, support and backing. For fund #3, or where applicable, complete the request form (downloadable at <https://adventist.org.my/application-forms/>), and submit with supporting documents.

3) Members want us to use God's resources responsibly. So, help us do that by being accountable, submitting the necessary information such as reports and pictures together with receipts, after each event/program.

4) All these are subject to the availability of funds.

Kindly contact PEM Secretariat if you need further assistance. May God bless as we collaborate to finish God's work here on earth.



Diagram 1
GROW cycle: Five year-long evangelism strategies

Peninsular Malaysia Mission: Fokus Penginjilan

Penginjilan adalah nadi bagi mana-mana gereja. Gereja yang tidak memberikan impak positif terhadap komunitinya akan berhenti menjadi relevan. Penginjilan bukanlah suatu siri evangelistik yang diadakan selama beberapa minggu sahaja atau hanya pada hujung minggu. Ia merupakan usaha yang melibatkan pemikiran dan perbincangan sesama anggota gereja untuk meluaskan jangkauannya, memberi manfaat kepada masyarakat, dan bekerja bersama Tuhan agar Dia dapat “menambah bilangan jemaah mereka itu dengan orang yang diselamatkan” (Kisah Para Rasul 2:47).

Sejak empat tahun yang lalu, Pastor Petrik Andrews, Pengarah Misi Adventist dan Jabatan Pelayanan Keluarga, tanpa jemu menekankan konsep pemuridan. Jelaslah bahawa Yesus sendiri menghimpunkan kepada diri-Nya, “murid-murid”, bukan “anggota”, semasa Dia berada di bumi ini dan amanat agung Yesus adalah untuk “pergilah, jadikan semua bangsa murid-Ku (Matius 28:19)”, bukan mendaftarkan anggota.

Seorang murid ialah seorang yang mengintegrasikan penginjilan sebagai gaya hidupnya. Penginjilan bukanlah sesuatu yang berlaku sekali sahaja. Ia bukanlah sesuatu yang hanya dilakukan pada waktu lapang. Ia harus menjadi sebahagian daripada kehidupan kita. Sebagai gereja, jika kita bekerjasama dalam menuai murid-murid untuk Yesus, kita secara semula jadi akan menyaksikan “total member involvement” dalam setiap aspek aktiviti gereja. Sila rujuk gambar di bawah.

Usaha penginjilan sepanjang tahun tentunya memerlukan perbelanjaan wang. Oleh itu, Southern Asia-Pacific

Division (SSD), Malaysia Union Mission (MAUM) dan Peninsular Malaysia Mission (PEM) telah memperuntukkan dana untuk membantu gereja anda seperti berikut:

I. PENGAGIHAN DANA PENGINJILAN TAMBAHAN SSD (SSD SUPPLEMENTAL EVANGELISM FUND DISTRIBUTION). Para pastor telah dimaklumkan tentang dana ini. Dana ini boleh digunakan untuk perjumpaan atau kempen “menuai” di mana pelajar Alkitab sudah bersedia untuk dibaptiskan. Anda boleh memohon melalui Jabatan Pelayanan PEM (PEM Ministerial Department). Jawatankuasa Pentadbiran PEM (PEM Administrative Committee) akan membuat keputusan muktamad.

II. DANA PEMBALIKAN PENGINJILAN AKTIF PEM (PEM ACTIVE REVERSAL EVANGELISM FUND). Formula ini berdasarkan jumlah persepuluhan yang diterima oleh gereja anda pada tahun sebelumnya. Sejumlah wang akan dimasukkan ke dalam bank akaun gereja anda dan kami akan memaklumkan pastor dan bendahari gereja. Dana ini boleh digunakan untuk mana-mana aspek usaha penginjilan gereja berdasarkan budi bicara Lembaga Gereja anda. Walau bagaimanapun, dana ini tidak disediakan pada tahun ini kerana gereja-gereja masih belum faham dengan cara penggunaannya.

III. DANA PENGINJILAN PEM (PEM EVANGELISM FUND). Setiap tahun, sejumlah wang diperuntukkan bagi gereja-gereja untuk terlibat dalam 5 matlamat penginjilan sepanjang tahun. Berdasarkan aktiviti-aktiviti pelayanan yang dilakukan oleh gereja (aktiviti #1-#3, rujuk gambar), gereja boleh mendapat jumlah dana sehingga RM2500. Aktiviti-aktiviti tersebut haruslah merupakan suatu

program, projek, atau acara yang berterusan. Selain itu, untuk aktiviti menuai (aktiviti #4), gereja boleh mendapat bantuan antara RM2000-RM5000 bergantung kepada jumlah perjumpaan yang diadakan. Akhirnya, untuk memelihara hasil tuaian tersebut (aktiviti #5), jika gereja anda mempunyai projek yang baik, gereja boleh memanfaatkan RM2500 lagi. Untuk mendapatkan pembiayaan dana ini, anda perlu baca terma dan syarat sebelum mengisi borang Evangelism Subsidy Request. Semasa mengisi borang ini, anda perlu nyatakan rancangan persediaan gereja 3 bulan sebelum program bermula dan program susulan pada 6 bulan seterusnya. Sila tanya pastor gereja anda untuk mendapatkan maklumat lebih lanjut.

IV. NDL & IEL BUDGET. Pembiayaan ini khas untuk penginjilan kumpulan kecil. Rujuk kepada pastor anda untuk mendapatkan dana ini daripada Jabatan Pelayanan.

Ingat, semua ini tertakluk pada terma dan syarat. Sebagai Mission, kami fokus untuk memenangi jiwa. Kami komited untuk membantu gereja-gereja menjalankan program penginjilan dan berusaha membuatkan proses tersebut mudah dan senang. Kami mohon kerjasama anda dengan melakukan yang berikut:

1) Jalankan kitaran penginjilan yang berterusan di gereja anda, seperti yang dicadangkan di atas. Pastikan

persediaan adalah cukup sebelum memohon pembiayaan untuk dana penginjilan. Rancang program anda dengan teliti dan pastikan masa untuk persediaan mencukupi. Sila membuat keputusan dengan betul dan teliti serta melaksanakan rancangan-rancangan tersebut bagi mengelakkan kerja saat-saat akhir.

2) Dapatkan kelulusan dan sokongan daripada lembaga gereja anda. Untuk dana #3, atau jika berkenaan, lengkapkan borang Evangelism Subsidy Request (anda boleh muat turun atau download borang tersebut di <https://adventist.org.my/application-forms/>) dan hantar permohonan anda dengan dokumen yang diperlukan.

3) Para anggota tentu inginkan kami untuk menggunakan sumber Tuhan dengan penuh tanggungjawab. Oleh itu, bantulah kami untuk melakukannya dengan menyerahkan maklumat yang diperlukan seperti laporan dan gambar berserta dengan resit. Ini haruslah dilakukan selepas setiap acara atau program yang dilaksanakan.

4) Semua ini tertakluk kepada ketersediaan dana.

Sila hubungi Sekretariat PEM jika anda memerlukan bantuan lanjut. Semoga Tuhan memberkati sepanjang kita bekerjasama dengan Dia untuk menyelesaikan pekerjaannya di dunia ini.



Gambar:
Kitaran GROW: Lima strategi penginjilan sepanjang tahun

马来西亚半岛区会 - 布道的焦点

布道是每间教会的命脉。如果一间教会没有对社区产生良好的影响，那么它很快就会失去其存在的意义。布道不是指持续几个星期或一个周末，这种一次性的布道系列活动。它应该是教会经过深思熟虑，有意识地去扩大其影响范围，并且为造福社区，以及能够与主同工的计划。以至上帝可以将“得救的人天天加给他们”。（使徒行传2: 47）

在过去的四年里，复临教会布道事工和家庭事工部的干事Pastor Petrik Andrews, 一直不辞疲倦地强调做门徒的概念。很清楚的指明当耶稣在世工作的时候，祂聚集到自己身边的是“门徒”，不是“会员”。福音的使命是“去使万民做我的门徒”（马太福音28: 19），而不是招募会员。

门徒就是会将布道作为他的生活方式。因此，布道就不是一次性的事件。这不是“当我有时间我就会去做”的事情。它是我们生活的一部分。作为一间教会，如果我们收获的是门徒，我们自然会在教会各方面的活动中，见证“全民总动员”的景象。请参阅一下图标。

知道这些全年的计划都需要经费，南亚太分会（SSD），马来西亚联会（MAUM）和马来西亚半岛区会（PEM）已经拨出资金来提供帮助。如下：

I SSD布道辅助基金分配（SSD SUPPLEMENTAL EVANGELISM FUND DISTRIBUTION）- 该基金已

通知地方教会的牧者。这笔资金可用于“周末收割聚会”或“收割运动”，针对已经查经并预备好受洗的圣经学生。可透过半岛区会的布道协会部门申请。半岛区会管理委员（AdCom）将做出最终决定。

II PEM积极布道基金（PEM ACTIVE REVERSAL EVANGELISM FUND）- 该基金的公式是以地方教会在前一年所收集的什一奉献数额为基础。特定的数额将存入地方教会的账户，然后会通知地方教会的牧者和司库。根据堂董的酌情权，这笔资金可用于教会布道工作的任何方面。我们经常听到教会不知如何使用这笔资金。因此，该基金今年尚未运用到。

III PEM布道基金（PEM EVANGELISM FUND）- 每年都会拨出特定的金额，让地方教会可以参与全年布道循环的5个活动。根据地方教会焦点事工进行的基础工作（活动#1至#3），教会可获得高达RM2,500。同样，这必须是一个持续性的计划、项目或事件。对于活动#4，根据全体参与人数为基础，教会可获得RM2,000至RM5,000。最后，为了保存收割（活动#5）如果你的教会有一个好的计划，你可以再利用额外的RM2,500。欲想获得这笔资金，请熟悉其条款和条件，填写布道津贴申请表，并详细说明教会将在之后6个月的跟进计划，以及节目开始前3个月的准备工作。请向地方教会的牧者询问更多详情。

IV NDR & IEL基金 (NURTURE DISCIPLESHIP RETENTION & INTEGRATED EVANGELISM LIFESTYLE 培育-门徒-保留 & 综合布道生活方式) - 这笔资金专用于小组布道。请与你的牧师联系, 以协助你从布道协会部门获得这笔资金。

谨记, 以上资金申请必须符合一些条款与条件。作为区会, 我们专注于赢得生灵。我们会竭尽所能地去协助各教会, 使事情变得相对容易。请藉着以下的方式来配合我们:

I. 按照以上的建议, 在你的教会设置一个持续性的布道循环。确保在申请资助之前, 做好充分的准备。制定合适的计划, 并有足够的时间来准备, 仔细考量和执行这些计划, 以防止任何最后一分钟的紧急工作。

II. 获得堂董的批准和支持。对于资金#3, 或任何适用的情况下, 请填写申请表格 (可从此处下载 <https://adventist.org.my/application-forms/>), 连同相关的文件一并提交。

III. 教友希望我们能负责任地去使用上帝的资源。因此, 请协助我们能够做到这一点。在每个事件/活动结束后, 提交相关的文件, 如报告、照片以及收据。

IV. 这些所有都取决于资金的可用性。

如果你需要进一步的咨询, 请联系半岛区会的秘书处。愿上帝赐福我们, 以完成上帝在这世上的工作。

每间教会都可以采用以下5个布道循环活动为目标:



图标
GROW 成长周期: 五个全年布道策略

மிஷன் ஸ்பாட்லைட்

தீபகற்ப மலேசியா பணி: சுவிசேஷத்தின் கவனம்

சுவிசேஷம்-ஆலயத்தின் உயிர்நாடி. அதன் சமூகத்தை நன்மைக்காக பாதிக்காத ஆலயம், விரைவில் பொருத்தமானதாக இருக்காது. சுவிசேஷம் என்பது இரண்டு வாரங்கள் அல்லது ஒரு வார இறுதியில் மட்டுமே தொடரும் ஒரு சுவிசேஷத் தொடர் அல்ல. "இரட்சிக்கப்படுபவர்களின் எண்ணிக்கையில் தினமும்" (அப்போஸ்தலர் 2:47) அவர் சேர்க்கும் வகையில், ஆலயத்தின் அணுகலைப் பெரிதாக்கவும், சமூகத்திற்கு நன்மை செய்யவும், இறைவனுடன் உழைப்பதற்கும் இது நன்கு சிந்திக்கப்பட்ட, வேண்டுமென்றே முயற்சியாகும்.

கடந்த நான்கு ஆண்டுகளில், Adventist Missions (அட்வென்டிஸ்ட் மிஷன்ஸ்) மற்றும் குடும்ப இலாக்காக்களின் இயக்குநரான போதகர் பெட்ரிக் ஆண்ட்ரூஸ், சீடர் என்ற கருத்தை அயராது வலியுறுத்தி வந்தார். இயேசு பூமியில் நடந்தபோது, அவர் தம்மிடம் "சீடர்களை," கூட்டி சேர்த்தார், "உறுப்பினர்களை" அல்ல என்பது தெளிவாகிறது. மேலும் நற்செய்தி ஆணையம் "போய் சீடர்களை உருவாக்குவது (மத்தேயு 28:19)," உறுப்பினர்களை சேர்க்க அல்ல.

ஒரு சீடர் என்றால் சுவிசேஷத்தை தனது வாழ்க்கை முறையாக ஒருங்கிணைப்பவர். அப்போது சுவிசேஷம் என்பது ஒரே ஒரு நிகழ்வல்ல. இது "எப்போது-எனக்கு-நேரம் கிடைக்கும்-நான்-செய்வேன்" என்ற காரியம் அல்ல. அது நம்மில் ஒரு பகுதியாக இருக்க வேண்டும். ஒரு ஆலயமாக, நாம் சீடர்களை அறுவடை செய்தால், சபையின் செயல்பாட்டின் ஒவ்வொரு அம்சத்திலும் "மொத்த உறுப்பினர் ஈடுபாட்டை" நாம் இயல்பாகவே காண்போம்.

ஒவ்வொரு ஆலயமும் ஏற்றுக்கொள்ளக்கூடிய ஐந்து-ஆண்டு முழுவதும் சுவிசேஷ இலக்குகள் இங்கே கொடுக்கப்பட்டுள்ளது:

இந்த ஆண்டு முழுவதுமான முயற்சிகளுக்கு பணம் செலவாகும் என்பதை அறிந்து, தெற்கு ஆசியா-பசிபிக் பிரிவு (SSD), மலேசியா யூனியன் மிஷன் (MAUM) மற்றும் தீபகற்ப மலேசியா மிஷன் (PEM) ஆகியவை உதவ நிதியை ஒதுக்கியுள்ளன. இங்கே அவர்கள்:

I. SSD துணை சுவிசேஷ நிதி விநியோகம். இந்த நிதி குறித்து உள்ளூர் ஆலய போதகர்களுக்கு அறிவிக்கப்பட்டுள்ளது. வேத மாணாக்கர்கள் ஏற்கனவே ஞானஸ்நானம் எடுக்கத் தயாராகி வரும் "வார இறுதி அறுவடைக் கூட்டங்களுக்கு" அல்லது "அறுவடை பிரச்சாரங்களுக்கு" இந்த நிதி பயன்படுத்தப்படலாம். PEM Ministerial மூலம் விண்ணப்பிக்கவும். PEM நிர்வாகக் குழு இறுதி முடிவை எடுக்கிறது.

II. PEM ACTIVE REVERSAL EVANGELISM FUND. (ஆக்டிவ் ரிவர்சல் இவாஞ்சலிசம் :பண்ட்.) இந்த சூத்திரம் (formula) முந்தைய ஆண்டில் உள்ளூர் ஆலயத்திலிருந்து பெறப்பட்ட தசமபாகத்தின் அளவை அடிப்படையாகக் கொண்டது. ஒரு குறிப்பிட்ட தொகை உள்ளூர் ஆலயக் கணக்கில் செலுத்தப்படும். உள்ளூர் சபை போதகர்கள் மற்றும் உள்ளூர் சபை பொருளாளர்களுக்கு பின்னர் அறிவிக்கப்படும். சபை வாரியத்தின் விருப்பத்தின் அடிப்படையில் சபை சுவிசேஷ முயற்சியின் எந்த அம்சத்திற்கும் நிதி பயன்படுத்தப்படலாம். இந்த நிதியை எவ்வாறு பயன்படுத்துவது என்று தெரியாத ஆலயங்களைப் பற்றி நாம் எப்போதாவது கேள்விப்படுவதில்லை. எனவே இந்த ஆண்டு இந்த நிதி இன்னும் கிடைக்கப்பெறவில்லை.

நமது ஆலயங்கள் ஆண்டு முழுவதும் சவிசேஷ சுழற்சியின் 5 பகுதிகளில் ஈடுபடுவதற்கு ஒரு குறிப்பிட்ட தொகை ஒதுக்கப்படுகிறது. ஆலயத்தின் மையப்படுத்தப்பட்ட அமைச்சகங்கள் மூலம் நடத்தப்படும் அடிப்படை வேலைகளின் அடிப்படையில் (செயல்பாடுகள் #1-#3 மேலே), ஆலயம் RM2500 வரை பெறலாம். மீண்டும், இது ஒரு நிலையான திட்டம், திட்டம் அல்லது நிகழ்வாக இருக்க வேண்டும். செயல்பாடு #4க்கு, சபை நடத்தப்பட்ட கூட்டங்களின் மொத்த எண்ணிக்கையைப் பொறுத்து RM2000-RM5000 வரை பெறலாம். இறுதியாக, அறுவடையைப் பாதுகாக்க (செயல்பாடு #5), உங்கள் ஆலயத்தில் ஒரு நல்ல திட்டம் இருந்தால், நீங்கள் மற்றொரு RM2500 பெறலாம். இந்த நிதியுதவியைப் பெற, விதிமுறைகள் மற்றும் நிபந்தனைகளைப் பற்றி நன்கு தெரிந்துகொள்ளவும், தேவையான சவிசேஷ மானியக் கோரிக்கைப் படிவத்தை நிரப்பவும், மேலும் 6 மாதங்களுக்குள் ஆலயம் என்ன செய்யும் என்பதைக் குறிப்பிடவும், பின்னர் உங்கள் திட்டத்திற்கு 3 மாதங்களுக்கு முன்பு. மேலும் விவரங்களுக்கு உங்கள் சபை போதகரிடம் கேளுங்கள்.

NDR & IEL BUDGET. இந்த நிதியுதவி குறிப்பாக சிறிய குழு சவிசேஷத்திற்காக. ஒதுக்கப்பட்டுள்ளது. Ministerial Association-மிடமிருந்த நிதியைப் பெறுவதற்கு உங்கள் போதகரிடம் உதவி பெறவும்.

நினைவில் கொள்ளுங்கள், விதிமுறைகள் மற்றும் நிபந்தனைகள் பொருந்தும். ஒரு பணியாக, நாங்கள் ஆத்துமாவை சம்பாதிப்பதற்கு கவனம் செலுத்துகிறோம். எங்களால் முடிந்தவரை எங்கள் ஆலயங்களுக்கு உதவவும், விஷயங்களை எளிதாக்கவும் நாங்கள் கடமைப்பட்டுள்ளோம்.

பின்வருவனவற்றைச் செய்வதன் மூலம் எங்களுடன் ஒத்துழைக்கவும்:

மேலே பரிந்துரைத்தபடி, உங்கள் தேவாலயத்தில் நடந்துகொண்டிருக்கும் சவிசேஷ சுழற்சியை இயக்கவும். நிதியுதவிக்கு விண்ணப்பிப்பதற்கு முன் போதுமான தயாரிப்பை உறுதிப்படுத்தவும். கடைசி நிமிட அவசர வேலைகளைத் தடுக்க சரியான திட்டங்களையும், அவற்றைத் தயாரிக்கவும், விஷயங்களைச் சிந்திக்கவும், அந்தத் திட்டங்களைச் செயல்படுத்தவும் போதுமான நேரத்தையும் வைத்திருக்கவும்.

உங்கள் குழுவின் ஒப்புதல் மற்றும் ஆதரவைப் பாதுகாக்கவும். நிதி #3க்கு, அல்லது பொருந்தக்கூடிய இடங்களில், கோரிக்கைப் படிவத்தை <https://adventist.org.my/application-forms/> இல் பதிவிறக்கம் செய்யலாம்) பூர்த்தி செய்து, துணை ஆவணங்களுடன் சமர்ப்பிக்கவும்.

தேவன் வளங்களை நாம் பொறுப்புடன் பயன்படுத்த வேண்டும் என்று உறுப்பினர்கள் விரும்புகிறார்கள். எனவே, ஒவ்வொரு நிகழ்ச்சிக்குப் பிறகும், பொறுப்புடன் இருப்பதன் மூலம், அறிக்கைகள் மற்றும் படங்கள் போன்ற தேவையான தகவல்களை ரசீதுகளுடன் சமர்ப்பிப்பதன் மூலம் எங்களுக்கு உதவுங்கள்.

இவை அனைத்தும் நிதியின் இருப்புக்கு உட்பட்டது.

உங்களுக்கு மேலும் உதவி தேவைப்பட்டால் PEM செயலகத்தை (Secretariat) தொடர்பு கொள்ளவும். பூமியில் தேவனின் வேலையை முடிக்க நாம் ஒத்துழைக்கும்போது தேவன் ஆசீர்வதிப்பார்.



PEM Literature Evangelist (LE) Meeting: Recruitment & Promotion

by **Jasnah Makirim,**
Publishing Ministries

Greetings from the Publishing Department. I want to praise the Lord for the fruitful LE meeting held last month from 26 to 29 May 2022.

We are thankful to Pastor Rey Cabanero, the Southern Asia-Pacific Division (SSD) Publishing Director; Pastor Nildo Mamac, the Central Philippine Union Conference (CPUC) Publishing Director; and Pastor Florante Ty, the former president of the Philippine Publishing House (PPH). Thank you for coming all the way to Malaysia to inspire and encourage our fellow LEs to go forth in their work. Not forgetting Pastor Jayson Pardede, Brother Wonno Dharmanto, and Elder Edward Genting, leaders from Indonesia Publishing House (IPH), who also came and promoted their books to the Home Health Education Service (HHES) and Penang Adventist Hospital.

I would also like to extend my special thanks to Pastor Tan Meng Cheng, Peninsular Malaysia Mission (PEM) President, and Pastor Dennis Ng, PEM Executive Secretary, for their support, along with the PEM directors and staff. Not only that, my deep appreciation goes to Pastor Abel Bana, Malaysia Union Mission (MAUM) President, and Ronald Koh, the CEO of Penang Adventist Hospital, for spending some time with the leaders from PPH and IPH.

To our beloved church members and committed pastors in Penang Adventist Hospital, Penang Adventist Seventh-day Adventist Church, and Penang Chinese Church, thank you for your willingness to accommodate our visitors. I praise the Lord for your faithfulness and kindness. I would also like to praise God for the positive responses of some of our church members who responded to the invitation to become literature evangelists. I hope more of our brothers and sisters in Christ will understand the importance of our publishing work as we are living in the end times.

Lastly, I'm grateful to all the LEs who joined the meeting, online and offline. The fellowship meeting was a blessing for me, and I hope you, too, were abundantly blessed, strengthened, and revived.

"If there is one work more important than another, it is that of getting our publications before the public, thus leading them to search the Scriptures." The Publishing Ministry 272.3



Afternoon program @ Penang Adventist Hospital



During the meeting



Having lunch together after the meeting

A Blessed Church Visitation & Pathfinder-Adventurer Induction Service

by Tan Weoi Siong,
Youth Ministries

On the Sabbath morning of 28 May 2022, the Malaysia Union Mission (MAUM) Youth Ministries Director, Farrel Gara, and I were invited by the Nissi Pathfinder Club to attend the combined worship service and Pathfinder-Adventurer Induction, Investiture, and Consecration Services at Banting Indian SDA Church. A few Pathfinder clubs in Klang Valley also attended the event, namely, the Shah Alam Pathfinder Club, the Fedora Pathfinder Club, the Zenith Pathfinder Club, and the Bethel Pathfinder Club.

The worship service was uplifting, and Brother Farrel's message during the church worship service spoke right to the heart. He encouraged our young people to fear God and to carry greater responsibilities in serving others. The message reminded me of a quote by our prophetess, "We have an army of youth today who can do much if they are properly directed and encouraged. We want our children to believe the truth. We want them to be blessed of God. We want them to act a part in well-organized plans for helping other youth. Let all be so trained that they may rightly represent the truth, giving the reason of the hope that is within them, and honoring God in any branch of the work where they are qualified to labor." —General Conference Daily Bulletin, January 29, 1893, 24. It is my hope and prayer that our youth will realize how important they are in God's eyes and how God wants them to be involved in His work. Let's continue to pray for our youth!

The induction service began with the singing of the anthems, followed by reciting the Pathfinder-Adventurer pledge and law. The Spirit of Pathfinding candles were lit, and if you are a Pathfinder or an Adventurer, do you still remember the class candles and their meanings? The ceremony was followed by the Pathfinder and Adventurer Investiture services, which went off without a hitch.

I want to praise God for Nissi Pathfinder Club director Master Guide Elder John Peter and his team for organizing the Pathfinder Induction & Investiture Ceremony. Also, to Pastor Stanley Anand, who is pastoring the Banting Indian SDA Church, for his continuous support of the Nissi Pathfinder Club. It was a blessed event, and I hope everyone who attended was blessed as well.

Please continue to pray for the Banting Indian SDA Church and the Nissi Pathfinder Club. May they continue to grow in Christ and be a blessing to their community.

"Once A Pathfinder, Always A Pathfinder".
"Once A Master Guide, Always A Master Guide".



During the ceremony



One for the album



Nissi Pathfinder Club group photo

AOY 2022 Penang The Eleventh Hour

by Evelyn Chua,
SAHC



New team of committee members with speakers

2013 – By the Word
2014 – Now is the Time
2015 – Carry the Light
2016 – Transformed
2017 – Dunamis
2018 – Rise Up and Build
2019 – Go Ye Therefore
2020 – No Turning Back
2021 – Looking Unto Jesus
2022 – The Eleventh Hour

“And about the eleventh hour he went out, and found others standing idle, and saith unto them, Why stand ye here all the day idle? They say unto him, Because no man hath hired us. He saith unto them, Go ye also into the vineyard; and whatsoever is right, that shall ye receive.” Matthew 20:6-7

This year's AOY 2022 Conference in Penang is AOY's 10th year of running! It is also the first conference that we have had after 2 years of online conferences.

AOY 2022 was a season of joy and excitement. We had over 320 people registered for AOY with many



The four speakers



Speakers praying together before every session

familiar faces who were so happy to catch up with each other, as well as many new faces who attended the conference for the first time this year! On top of the new participants at AOY, all of the AOY working committee also consisted of new leadership.

This was AOY's third time in Penang. The previous two times AOY was in Penang, we always had the conference in the Penang Adventist Nursing College. However, since the Nursing College moved, this was the first year we had to source for a new venue in Penang. We thank God that we were able to find this venue in the mall that could accommodate all of the participants, had enough breakout rooms, ample parking, and was close to many hotel options. This is our first big blessing.

Another great blessing that we want to share is the speakers at AOY! Because of Covid-19, flying in speakers from overseas was extremely costly this year, and our normal speaker budget of RM25,000 doubled to nearly RM50,000. However, we decided to move forward in faith, and we praise God that AOY 2022 was still able to have 4 speakers, and 4 workshops!

The first speaker, Pr Steven Conway, was the evening speaker and he conducted a workshop on "End Time Prophecy" as well. His first day of being in Malaysia was an adventure in itself as his flight was delayed and he landed at 5:55pm, and the evening plenary started at 6pm! He arrived at the AOY venue just as the special music was starting, and got up to preach in his T-shirt and khakis. Nevertheless, Pr Steven Conway's convicting message led many new believers to want to get baptized, and AOY passed their contacts on to their respective churches.

The second speaker, Michael Carducci, was a favourite amongst the youth. It was the first time at AOY we had a workshop speaker who spoke on Homosexuality. His workshop was packed as he discussed the scientific and spiritual aspects of sexuality, as well as how Satan has corrupted gender identity in recent years. His outgoing and approachable personality also led him to make many new contacts effortlessly as he joined the AOY participants during the AOY outreach on Sunday on the streets of Penang. Oh, and did we mention that Michael is also the biggest fan of durian?



Michael Carducci loving durian

The third speaker, Eric Wilson, was just as outgoing and approachable as Michael. Hailing from Little Light Studios, his workshop covered many of the most popular topics that we find ourselves entrapped in, like secular music, movies, anime, and even martial arts. Eric Wilson patiently answered so many questions on how these traps that we so openly and unwarily welcome into our lives daily lead to Satan having control over our minds.

Finally, the fourth speaker, Dr Ronal Robin, perhaps left the biggest impact on all the AOY participants with this EGW quote during his appeal:

It is unsafe to delay obedience. You may never hear the invitation again. Christ's Object Lessons 280.4

This exact quote, displayed so largely on all the screens, moved the hearts of so many participants, both young and old, to step forward and surrender their lives fully to Jesus whether it was through first time baptism, or a call to full time ministry, or simply a call to give up sin and to obey something new they had learnt at the conference.

It was a purpose-driven, purpose-filled AOY. We were all reminded of the time that we are living in now, how close we are to the end, yet how more lukewarm and idle we have become. We were encouraged to keep going, and to always be faithful. That drives us to look forward to next year's AOY.

2023 – The Midnight Cry

What can we expect after AOY 2022?

Coming out of Covid-19 which halted the conference for 2 years, the new leadership has been inspired to keep AOY moving throughout the year by restarting AOY Bootcamps and starting up the new project – AOY frontiers: reaching the unreached in Malaysia's local mission field. To stay updated with the latest AOY projects, please follow us on Facebook or subscribe to our monthly newsletter on our website, www.aoyweb.org

AOY 2022 started on 8 July and concluded on 12 July 2022, the tenth since 2013. This year it was held at MASCO Co-Working Space in Prangin Mall, Penang. In 2023, we will be in Johor.



Steven Conway preaching

AOY2022 PENANG TESTIMONIES



by Candal Chew,
SAHC

This year, I attended AOY as a Bible worker. It's a different perspective altogether because I came to join with the intention not only for my personal spiritual enhancement, but I was hoping to learn to become a more useful instrument for God to use. I had never thought that I would end up being a Bible worker after completing SALT, a Christian school I was convicted to enroll in after graduating from medical school.

Before AOY 2022, I was struggling with the conviction to stay and continue working in the field. To be honest, I even brought these struggles with me to the conference itself. This disabled me from focusing fully throughout the conference. I was reluctant to obey. God's calling is so clear and yet, I chose to fix my mind on the cares of the world - I want to earn more money and be on par with my medical peers. I don't want to live as a Bible worker because it's uncomfortable.

Despite all that, He would still find ways to speak to me. He spoke to me gradually through the different speakers about the need to submit. Through brother Michael Carducci, I learnt that I need to let go of some close associations and habits because I have yet to heal from my past. Through brother Eric Wilson, I learnt that I need Jesus in my heart to thoroughly be changed. Through Dr Ronald Robin, I learnt that I need to repent and that if I obey, God can use me more effectively and the only hindrance is myself. Through Pr Steven, I learnt that I'm not appreciative enough of God's love.

I praise God for His patience in dealing with me. On the final day of the conference, after hearing to many appeals made by the speakers, God softened my stubborn, calloused heart - I said yes to his calling. From that point, suddenly, I felt at peace, light, content and joyful.

As reluctant as I am still, I know that God has a better plan for me and definitely for you too.

Like how He called Moses out to the wilderness for 40 years to be trained to lead the Israelites out of Egypt, maybe the calling to be in SALT & Bible work is an experience for me, to prepare me for what is to come.



by Gracewy George,
Penang English

I want to praise God for granting me my leave request, which enabled me to join AOY from the beginning to the end. Praise God for the opportunity in AOY to use my talent in the praise and worship team and glorify God through special music and choir. All the workshops were amazing and uplifting. I have chosen and joined Sir Michael Carducci's workshop with a very interesting topic entitled, "Sexuality and the Church". I would love to share some of his messages that had touched me;

"His Grace will keep us from doing bad things."

"Lord, help me to love what you love, help me to hate what you hate."

"There are consequences for every choice you make."

I was not able to join the united prayer every morning, but praise God I was able to join the last day where I heard many prayers and testimonies that were very uplifting, empowering, and full of emotions. Not to mention all the devotionals that have been shared by the speakers that have opened my eyes. One of the powerful messages that moved my heart to repentance was shared by Dr. Ronald Robin:

"It is unsafe to delay obedience. You may never hear the invitation again."

There were so many blessings and praises that I want to thank God for—new friends, new knowledge, and new experiences that had helped me grow in my spiritual journey. Please pray for other nurses, student nurses, and me, so we will be able to get annual leave and join our future AOY. God bless and see you in the next AOY!



by Hui Ying,
KL Chinese

参加了今年的AOY我得到很好的提醒，就是不要做个闲懒的工人。主讲人从不同的角度去分享圣经一个很熟悉的比喻，让我听见不一样的信息。上帝呼召每一个工人都要进去葡萄园里面工作。无论你是因为什么原因，拖延你进去工作的步伐，但只要愿意进去工作，哪怕就在最后一小时的时间，上帝都会给你那份工钱，是超乎你可以想象的。

除了主题的分享，各个工作坊的信息也很不错。很喜欢这个营会的氛围，还有祷告的环节。其中美中不足的就是，这次的营会没有中文翻译。希望下次的营会可以安排翻译，让更多人受惠。



by Astynnia Gan,
SAHC

I am tremendously blessed with the opportunity to serve as one of the AOY 2022 committee members! It was exciting to see how God answered many of our prayer requests:

1. A new conference venue as we couldn't use the initial venue due to conflict of dates
2. All the committee members to be covid-free during the conference
3. Traveling mercy despite delayed flight
4. >300 registered participants
5. Powerful message from the speakers

Personally, as I looked back, two of my 2020 prayer requests were answered too:

1. To be more active in serving God, get out of my comfort zone and learn.
God answered it in 2022 when both my career and church work were at the busiest state. It was through God's grace that I was able to perform my duties despite of my deficiencies. I'm glad that a physical conference became a reality this year.
2. Personal ministry. As much as AOY has changed my life back in 2018, I wanted to share this blessing with someone as well. The biggest praise is that my Bible/discipleship student from my hometown attended AOY for the first time. She is now leading the youth group back in our home church and it is amazing how God reconnected us back for His work.

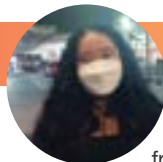
Friends, I hope that after attending AOY this year, we are not content because we have been blessed with the knowledge of the truth. God has not given us His light to be placed under a bushel. We are at the 11th hour - so go ye therefore to pray more, share more and serve more.



by Deni Setiawan,
Indonesia

I now serve as an assistant pastor at Ngemingan Solo SDA church. I am happy to be able to join the AOY conference this year with all its activities and workshops. Through this conference, I have grown closer to God and gained more spiritual insights.

I humbly ask for prayers for me to serve better and see you in the next AOY!



by Melanie Pedrosa,
Sabah

In AOY 2019, I learned something life-changing from Joshua White's workshop on True Education and it was "study can wait." To focus more on my spiritual growth, I was convicted to postpone my SPM examination until 2020. However, early that year, I was diagnosed with a psychotic disorder. My examination was postponed further to the next year in order to seek medical treatment.

I decided to get homeschooled at iEAT. Through God's grace, I was able to learn and understand better, even my doctor was surprised with how well I did at school.

Everything went well as I returned to school for SPM. However, my SPM results did not turn out as I expected them to be. This made me question God, especially when a friend of mine got better results.

From this year's AOY, I learned that I have to overcome my struggles with jealousy. I always compare my SPM results to the said friend's. She had to juggle between work and school at that time and still managed to get good grades. I, on the other hand, spent my days studying, and my grades were not satisfactory. My situation is similar to the eleventh hour worker parable, except that our results were not equal.

However, I realized that God allowed me to go through this experience because of a prayer I made. Before sitting for my SPM, I remember praying to God that I would leave home and do His work on a condition that I get straight A's. I realized that the prayer was not sincere and God knew it from the start. This struggle of mine has made me closer to God, learning to be willing to submit and to work for Him and to not compare myself to others.

Right now, I am considering furthering my studies to become a dentist. While I hope I get to study in Malaysia, closer to home, I am willing to surrender all to God because He has a better plan than I can ever imagine.

Bakery 5000

by Olivia – An interview with Sister Tan Cheng Chee (Center of Influence startup Bakery 5000)
SAHC

Hopping onto the bandwagon

When hunger cases kept arising in Malaysia as a result of the pandemic, the #benderaputih or #whiteflag movement was formed by its own people. Everyone wanted to be of help to their neighbors and the community. Adventist Food Bank (AFB), while already busy with many charity projects, refused to let go of this opportunity. They hopped onto the bandwagon, but with a twist. Inspired by the story of Jesus feeding the 5000, Bakery 5000 was born.

Sister Tan Cheng Chee, one of the founders of AFB, drove this Bakery 5000 initiative with a dream to feed the hungry in Penang with her loaves of love. There was already too much on AFB's plate, so it seemed impossible to take on another project. Regardless, due to Sister Cheng Chee's experiences with God, she knew that Bakery 5000 would carry through.

Adventist Food Bank: How it all started

When the Penang English Seventh-day Adventist Church (PESDAC) started AFB in 2013 to reach out to the needy elderly, God softened the hearts of many manufacturers, wholesalers, corporations, schools, supermarkets, churches, and factories to donate. Seven churches throughout Penang worked side by side; collecting donations, purchasing the goods, packaging, and delivering them to the elderly. This was done once a month, and the response was good.

AFB aimed to help more people, especially single parents, so God opened a way for them to be in touch with MyKasih Foundation. This renowned NGO owns a very interesting cashless system. It enables donors to help qualified needy families get what they need from participating retail outlets just by utilizing their identity cards. With the help of MyKasih Technology, AFB was able to assist 80 families, consisting of single parents and those who are "really poor," according to Mrs. Oh. Using the donations received, RM100 was credited to the beneficiaries' ID cards as their monthly allowance.

Later, the good Lord led AFB to utilize the same system to include hungry school children (from households earning RM1,500 or less per month) as their beneficiaries in conjunction with their Primary School Children Feeding Program.

Bakery 5000's response to #benderaputih

A 6-month project started by Bakery 5000, Feed 5000 Challenge, led this bakery to work with the state's Mutiara Food Bank, which is in charge of many NGO centres in Penang. When these centres were willing to come up north to collect the bread, Sister Cheng Chee knew it was God's way of confirming to her that this work is God-led. Together with her team of three, the four pairs of hands worked tirelessly for six months, and this humble bakery managed to give out 23,700 loaves of bread throughout Penang!



Bakery 5000 staff working hard



Bread waiting to be baked



Freshly baked bread

More than just bread-giving

They wanted to do more. Hence, Bakery 5000's goals include:

1) Giving livelihood

- Teach baking skills to qualified individuals from the low household income category.

- Teach and assist in the setting up of bakeries in charitable organizations.

2) Helping the less fortunate with baked goods

3) Develop the Bakery 5000 business to become financially self-sustaining

With these goals in mind, they approach many NGO centers—the deaf and dumb schools, orphanages, and spastic centers, just to name a few.

God's open doors

"I met up with another handicapped organization and these handicaps make ends meet by selling candies, popcorn, tissue papers, and more."

Sister Cheng Chee has a soft spot for these special orphans because "they encounter a lot of problems because people despise them."

To help relieve some of their burdens, up till today, Bakery 5000 has been providing bread to the hardworking individuals to sell to the factories they normally sell their goods to. The bakery even helps with delivery as "it's too difficult and impossible for them".

Not only that, imitating how AFB has been helping school children, it inspires Bakery 5000 to do the same by giving out bread to them. Delicious, freshly baked buns such as kaya buns, coconut buns, and tamsa buns, are delivered to the selected schools whose students are from B40 families.

On top of that, the team is also working together with House of Hope, another charity organization that has three centres across the state. This notable NGO promotes hope by focusing on feeding the poor. Thus, hand in hand, Bakery 5000 collaborates with House of Hope to promote hope to the needy.

Hope and healing through food

One can promote hope and healing spiritually, emotionally, mentally, and physically.

"Jesus did not go around preaching only...He went around to heal. Physical healing is not limited to the healing of wounds and illnesses. Feeding someone and making sure they do not go to bed hungry is a type of physical healing too," shared Sister Cheng Chee.

Just like Jesus, the bakery seeks to meet the physical needs of the community.

"We will continue to help the poor, those who cannot help themselves... we want to help the community in hopes that Jesus will shine from there."

Nestled in Sungai Ara Adventist Community Fellowship, Bakery 5000 strives to serve in helping the Sungai Ara community so that its people's needs are met—physically and spiritually.

Community Outreach @ Penang

by Ainy Evelyn,
Ipoh English

We praise God that the Army of Youth 2022 Conference gave our young people the opportunity to organize the outreach program this year. Organizing outreach programs at an international conference is crucial and most definitely, a blessing. The goal is to give the young and old the opportunity to learn and experience outreach so that they can do the same with their local church members back home.

This year, to ensure everyone gets an opportunity and for the event to run smoothly, we divided responsibilities into three main groups:

1. Literature Evangelism

Those who signed up for literature evangelism were on a mission to sell our health and present truth literature such as Ministry of Healing and The Great Controversy in the busiest places in Penang, such as the famous tourist attraction, George Town, and the state's largest shopping mall, Queensbay Mall. We praise God for enthusiastic individuals who managed to sell our books worth over RM3,000. It was not an easy experience for many, but most of them came back with amazing testimonies of how God answered their prayers.

2. Health Survey

Stationed in malls and along the busy streets of Penang, this group was tasked with giving health surveys to the community. Members were assigned to ask health-related questions, check blood pressure, and give out free healthy buns to those they were in contact with. Not only did our members have to educate the public about health, but they also had to be on the lookout for anyone who would be interested in Bible studies, healthy cooking classes, exercise programs, health seminars, and more.



Baking team group photo

The free healthy buns were sponsored by the lovely Bakery 5000. Before the conference, we were given the golden opportunity to bake 200 buns with the Bakery 5000 team. With these buns, we were able to educate the public about the benefits of eating wholemeal bread and buns as opposed to white pastries, their unhealthy counterparts. Praise God, all 200 buns were given away, and best of all, God sent to us individuals who are interested in receiving a Bible study!

3. Trash-picking

The earth belongs to our Creator, and we should do our best to take care of it. One way to do it is to keep it clean. As a result, those who volunteered were tasked with picking up trash on beaches and streets in order to raise awareness about the importance of keeping the environment clean. Of course, we could not miss the opportunity to raise the people's awareness of Jesus' love for them, so this team was also tasked with giving out Glow tracts to passersby.

It was a blessing for everyone to attend AOY this year after two years of the conference being conducted online, but the greatest blessing of all is to be able to minister to the community and experience the joy of service together.

"And about the eleventh hour he went out, and found others standing idle, and said unto them, why stand ye here all day idle?" Matthew 20:6 KJV.

God has a vineyard where everyone can work. He is inviting you and me to join Him in service. We will receive whatsoever is right. If you want to experience the joy of the Lord, allow yourself to be in service with the Lord.

Let us all serve God with our best abilities.



One of the canvassing teams

A Divine Appointment at A Pet Shop

by Melody,
Ipoh English

This year, my school organized a “Summer Canvassing Program” in Penang, and I decided to join.

“Canvassing for our publications is an important and most profitable line of evangelistic work. Our publications can go to places where meetings cannot be held. In such places the faithful evangelistic canvasser takes the place of the living preacher. By the canvassing work the truth is presented to thousands who otherwise would never hear it.” The Review and Herald, October 7, 1902.

Initially, paying my school fees was part of the reason I signed up for this program. However, the thought of giving people on the streets of Penang the opportunity to know the truth was hard to resist. Eventually, that became my sole motivator to join this program.

My two months of canvassing experience in Penang were fruitful and I would like to share with you one of my canvassing testimonies.

One day, I went to a pet shop and spoke to the person in charge. He was a young man who helps his dad to run the family business. After speaking to him, I learned that he was not a Christian so I started with the health books I had.

As I was explaining the selection of health books available, his attention was focused on a small book that was in my hand. It was the Hope Beyond Tomorrow book.

Ignoring everything that I was saying, he enquired about that small book.

I kindly told him, “This book is not for you, but you can give it to your Christian friends.” We are taught to be wise and harmless, so we need to be careful in how we approach non-Christians. But it is also worth noting that we do not ignore them; we speak to everyone we see.

As I began to talk about the book and my faith, he began to share more about himself. He shared about how he began studying about Christianity and his plan of buying a Bible from Shopee.

After hearing his story, I recommended to him the book The Great Hope (the condensed version of The Great Controversy by Ellen White) as a companion book for his bible studies.

He gladly purchased the book and I also gave him Hope Beyond Tomorrow.

This experience has taught me valuable lessons. The harvest indeed is plenty, and all I have to do is make myself available as a laborer for God. And God will work as we make ourselves available. The Bible says in 2 Corinthians 8:12 that if we first have a willing mind, God accepts what we have. He doesn’t ask for more; God only needs a willing mind that will do whatever He commands.

God will do mighty things through us if we make ourselves available to Him. I would like to encourage YOU to join in sharing the word of God through giving out literature. You can start by handing out small Glow tracts. Let us not underestimate the power of God.!

God has blessed us with so many experiences from praying with and for strangers to meeting new converts who were seeking greater light and so on. All this God has done not because we were the wisest, strongest and most equipped; but because we had a willing mind. As a matter of fact, the youngest in our group is only 12 years old!

A willing mind, that is all God requires.

I would like to end my testimony with this quote which is a beautiful promise. It’s from the Review and Herald, November 10, 1885. Ellen White writes, “God will soon do great things for us if we lie humble and believing at His feet....More than one thousand will soon be converted in one day, most of whom will trace their first convictions to the reading of our publications.”



Setapak Adventist Fellowship: A new church plant in Setapak

by Tan Weoi Siong,
SAF

Hello everyone! I'm Pastor Weoi Siong Tan from Setapak Adventist Fellowship (SAF).

Kuala Lumpur English Church (KLEC) founded SAF, a new church plant, as a part of their outreach program a few years back. It is now an established Group, officially recognized by the Mission earlier this year on 20 January 2022.

Fully supported by its sister church, the SAF congregation came into life when a small group decided to meet up to worship in a rented premises for a few hours every Sabbath. In March 2020, when the pandemic hit and affected everything and everyone, including churches in Malaysia, SAF had no choice but to cease its physical worship service. Praise God for technology. Our worship service was brought online, combining with KLEC.

With the aim of becoming an established Group, the first generation of leaders was formed in the midst of the lockdown. The line of leaders consisted of a church elder, a church treasurer, a church clerk, head deacons and deaconess, a sabbath school leader, and a children ministry leader. With the guidance of the Holy Spirit, we also managed to start two online care groups by using the Discipleship Handbook as our weekly reading material. Praise God, we finished the entire book in just a few months! Also, our weekly praise and prayer meetings have been a blessing to many of us!

When the government announced the reopening of sectors, including worship places, it was clear to us that we should start sourcing for a new premise for physical worship. Leaders and members united in prayer day and night, asking for God's leading. God answered our prayer as we found a premise located in the middle of Setapak. The location is perfect because it's surrounded by condominiums, houses, commercial centres, a hospital, and schools. It is perfect as it

enables the church to serve the community around it.

A special church dedication was held last February, and a grand opening the following month, on the Sabbath day. I would like to thank our PEM President, Pastor Tan Meng Cheng, and Ministerial Secretary, Pastor Renie Ubara, for gracing the opening and officiating the new church leadership installation. That Sabbath was one of the memorable Sabbaths for many of us from SAF and KLEC.

With the help of leaders and lay members combined, we focused on our Sabbath school classes, worship services, Care Group ministry, and prayer ministry. Praise God, this year, our church attendance has grown to 50 pax, including children. As the lead pastor of SAF, this verse from 1 Chronicles 22:5 resonates strongly with me:

"...and the house that to be built for the Lord must be exceedingly magnificent, famous, and glorious throughout all countries I will now make preparation for it..."

I believe that the house we built for the Lord is to be light and salt to the Setapak community.

The SAF congregation and I want to share the good news to the entire community of Setapak. Prayerfully, we will continue to grow this year and in the years to come. With the vision of achieving Company status, we pray that as we do our very best, God will move on our behalf and send more people to the SAF family. Please include SAF and the Setapak community in your prayers. Thank you.

Coming together is a beginning; keeping together is progress; working together is success. We Love God, We Love People & We Love SAF. Blessings.



Happy faces during the grand opening



All smiles after our Discipleship Handbook discussion

May Blessings at JB Indian Church

by Ava Mariblanca John,
Johor Bahru Indian



Everyone having fun singing action songs



Cake-cutting in conjunction with Mother's Day



Investiture Service Ceremony

The month of May was the post-pandemic recovery month for most churches, but it was a spiritual-uplifting month for the Johor Bahru Seventh-day Adventist Indian Church.

In order to revive the spirits of the church members recovering from the effects of the pandemic and adapting to the new normal, many physical events and activities have been organized especially for them.

1. Adventist Youth (AY) Outreach Program and Fellowship Meal at Hutan Bandaran Senai

On 7 May 2022, the youth organized an outreach program along with a fellowship meal at Hutan Bandaran Senai. With the young and old, we had an amazing Bible scavenger hunt and sang some action songs. Most importantly, we were able to experience Christ while studying the Bible together in nature, led by Pastor Joshua John. It was truly an enjoyable experience.

2. Mother's Day Celebration

We wanted to remember and appreciate all the mothers in the church, so the youth organized a Mother's Day Celebration on 14 May 2022. This was a special and memorable event because it gave us the opportunity to express our love towards our mothers, who are called the "light" of the house because they reflect the goodness of God towards their children.

To all our beloved mothers, we would like to express our gratitude for your love, care, and sacrifices; and above all, thank you for always pointing us back to God.

3. Pathfinder Investiture Service and Youth Seminar

Finally, after two years of waiting, we were finally able to hold the Investiture Service organized by our Johor Bahru Indian Church Pathfinder Director, Master Guide Jeffrey James. Congratulations to all the newly invested Master Guides! Not only that, a youth seminar was also held with our guest speaker, Pastor Tan Weoi Siong, the Youth Ministries Director of Peninsular Malaysia Mission. Pastor Tan's words of encouragement and the day's events in general were a blessing to our fellow Adventurers, Pathfinders, and Master Guides.

We praise God that we got to finally have our long-awaited physical fellowship and activities. Please continue to include Johor Bahru SDA Indian Church in your prayers.

The Silver Lining

by **Ava Mariblanca John,**
Johor Bahru Indian

The closing days of 2019 had been tough for our family. In December of that year, my husband, Pastor Joshua John, was admitted to the hospital due to bronchia inflammation.

Then, after one week of admission, we received a notice from Malaysian Immigration which required me to settle my citizenship issues, else I would be deported. The task also made me go home to the Philippines along with my youngest son.

Sadly, I had to leave my recovering husband and my other two children in order to fulfill the daunting task of settling my Malaysian citizenship in the Philippines.

Upon reaching my home country last January, the Malaysian embassy withheld my passport and other legal documents with a promise to release them after some time of scrutiny and completion of other requirements. This means that I have to stay a bit longer in the Philippines.

While waiting, I took the opportunity to visit my hometown in Mindanao where I was absent for the past four years since my last visit. The “delay” was a blessing in its early days as I was able to visit many places and tour my son who was a first-timer in the Philippines.

Unfortunately, it was also at that time that news of the deadly virus was spread. The world was surprised by the abrupt surge of cases and the lethality of the virus. The world declared the Corona virus disease a global pandemic. The move caused a swift closure of international borders which greatly held off travel by land, sea, and air.

I was stranded in my hometown in General Santos City since all airline flights and even land transportation were severely restricted. National lockdown was so heavily enforced that I could only roam around my house.

At first, I thought that the lockdown would only be for a few weeks but the situation turned worse when the weeks turned into months and then a year. The processing of my Malaysian citizenship documents was also delayed as work at the embassy slowed down.

The lockdown had taken a toll on my mental health as the agony of missing my children and husband in Malaysia intensified each day. There were no signs of the restrictions being lifted. The uncertainty of my documents being released fueled my hopelessness.

In order to combat boredom and longingness for my family, I turned to the hobby God had made me---- ministry!

I took advantage of the stay-at-home mandate by gathering all the children within the compound. I taught them religious songs, read bible stories, and let them recite Bible memory verses. The children were so eager that they demanded the gatherings to be frequent and not limited to Saturday only.

As for the adults, I taught them Malaysian delicacies, simple and affordable vegetarian dishes, and even the proper way of massaging.

God cured my mental stress through witnessing Him. He let my mind be occupied with His ministry in the simple ways I can do for Him.

For all the sleepless nights of anxiety, God had been with me. I never ran out of money as I was able to maximize my skills. My generous neighbor offered me board and lodging for free in exchange for keeping my Sabbath gathering in the compound. Some mothers gave me money when I massaged them, even when I did not ask for it. The blessings He sent before me literally blew my mind.

When border control was eased and light travel was allowed, I got to visit churches and was able to share my experiences in my ministry back in Malaysia.

I had witnessed God's impact on the community I lived in. The children are now well versed in the hymns and Bible verses. Even if they are non-Adventists, the Sabbath day becomes an exciting day for them. I would treat them with snacks after worship to keep them coming, but as time passed by, they no longer wanted the snacks. At an early age, they valued what their minds could learn more than what their stomach could fill.



A group photo with the children



All smiles when a kind soul sponsored children's books to them



Children singing songs on the Sabbath day



Children, young and old, learning songs

Still, God never ran the cup dry. He also sent people within the neighborhood to sponsor snacks, drinks, and some materials for Sabbath school. This is their way of saying gratitude for the good impact on their children's character that the Sabbath gathering had caused. Every night, these kids would knock on my door to join in our nightly worship.

When the border was finally open and flights became available, I left General Santos for Manila as my documents were in the final stages of completion. The kids and the neighborhood were sad about my departure.

Finally, after one year of waiting, in March 2021 I was heading back to Malaysia with my documents intact.

Today, I feel so blessed that God allowed me to be trapped in the Philippines by the pandemic for more than a year. The kids that I was teaching are still continuing their night worship. Seven of those kids have been baptized as Seventh-Day Adventists and are also active in the church.

Three of those were already laymen at a very young age! I heard from my parents back home that another three kids had been baptized as well. There are also non-SDAs from the neighborhood who are also actively participating in the church youth activities.

Just because things are not going our way doesn't mean God has abandoned us. My overdue stay in the Philippines was God's way of using me to reach out to my neighborhood.

No pandemic or whatever disaster can hinder the ministry of God. I am sharing this because I got to experience, first hand, the blessings of God amidst doubts, hopelessness, and distress. The promises of God are always and forever true. Isa. 41:10 says, "Do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

SAHC Outreach and Community Centre

by Evelyn Chua,
SAHC



SAHC Group photo and outreach shirt!



SAHCies going door knocking and meeting families

At the end of 2021, SAHC conducted an Agape Sabbath and strategy meeting to make plans for SAHC for 2022. During the meeting, we realized that while SAHC has a very active and large campus ministry and youth department, we weren't doing enough for the families.

The SAHC youth and campus ministry adopted the closest university to SAHC called APU. We set up a campus club in the university, and the university has been extremely supportive of all the activities that we conduct because of the benefits and positive effects that the club has had on their students.

On a weekly basis, the Bible Workers and SAHC youth church members regularly meet a lot of students through health, social, and sport activities. These newfound friendships have led to 30 students attending the most recent church camp, where they happily joined in camp games, but also listened to powerful spiritual messages. As a result of all the work that has been done through campus ministry, one of the Care Groups attached to APU has exploded with university students. There are regularly over 40 people at Care Group! This is a good problem to have, and this Care Group is looking to split into two CGs soon. Many of these students have also started Bible studies, and we are praying that they will be willing to be baptized by the end of the year.

As the SAHC family department looked at the strategy adopted by the SAHC youth and campus ministry, we decided that the first step should be to look at the neighbourhoods around SAHC. A lot of these neighbourhoods conveniently consisted of families looking for activities for their children. After much prayer and planning, we decided that while setting up a campus club for students worked well, we can also set up a community centre for the neighbourhood.

Thus, we created two outreach programs that we would conduct every alternate Sabbath afternoon.

Every two Sabbaths in the afternoon, the church members split up into two groups:

One group conducts free children's activities in the condominium poolside area with permission from the condo management. We call this program JOYBOX! We chose this condominium because many SAHC church members stay in this condominium and it is a 2–3-minute walking distance to SAHC church. We started by inviting non-SDA families we know who also live in the condominium to join in the children's activities like arts & crafts, music, moral values, and STEM tasks.

Another group goes out door knocking to other neighbouring communities around SAHC. We target low cost apartments where



Giving free physio sessions and praying for them



Children of all backgrounds participating in JoyBox



Campus ministry Care Group



JoyBox poster

many poor families live and there is no guardhouse so it is easy to enter. We invite these families and their children to join the free children's activities that is conducted in the condominium. We also offer health activities like free health checks and free physiotherapy sessions for families that we meet who do not have children.

Through this door knocking exercise, we have met so many families who were interested in the free children and health activities. They were excited to know that a community centre was being set up in their area. Just like how we adopted the APU university near SAHC, we are also planning to adopt this condominium and these low cost housing apartments to visit them regularly, going house to house to give health treatments and to eventually share the gospel.

A great way to get the whole church involved without separating into youth vs family activities was to combine community service activities. We invited campus ministry students to come and volunteer at free health screenings and free children's programs to encourage a spirit of giving and care for others. Doing community service in these low cost apartments really gives you newfound gratefulness for life when you see what many people consider a luxury.

For example, we met many families who weren't even able to afford colour pencils for their children. These children begged

their mothers to bring them to the free children's program. We also met some individuals who worked so hard that they had extremely bad health. We have been visiting a lady who climbs up 2 flights of stairs on her knees daily because her back and knees are in so much pain, but cannot afford to get medical treatment as she has no transport. When we visit, we give her free physiotherapy sessions and pray for her healing.

At the end of the second quarter, we collected over 300 contacts. This third quarter, we are making plans to follow up with these contacts that we have and to find a way to visit them on a more regular basis, making genuine friendships with them. On top of JoyBox, we also want to go house to house spreading the health message and bringing healing the natural way, showing them that our God can heal.

We want to ask for your prayers as we organize proper follow up and seek wisdom from God to lift Jesus up in all of our encounters.

Rencana Indah Tuhan Dalam Hidup Saya

by Nicarlos,
Kota Bharu Church



Cita-cita selalunya dikaitkan dengan sesuatu pekerjaan atau usaha yang sangat penting dan berguna untuk masa depan dalam hidup kita. Tidak dapat dinafikan bahawa setiap murid mempunyai cita-cita tersendiri untuk berjaya dalam hidup.

Sejak berada di awal bangku sekolah lagi, saya bercita-cita untuk menjadi seorang guru sekolah rendah. Saya sangat berminat untuk menjadi seorang guru kerana dapat berbakti kepada masyarakat dengan mendidik anak-anak supaya mereka pandai menulis, membaca dan mengira. Saya juga sangat gembira jika dapat membantu orang lain untuk berjaya dalam pelajaran dan menjadi insan yang berguna.

Selain itu, kedua-dua ibu bapa saya juga merupakan seorang guru. Saya tertarik dengan kemahiran yang mereka ada, dimana mereka dapat menjadikan sesuatu pelajaran menarik supaya murid-murid berminat dalam pelajaran tersebut. Ibu bapa saya juga banyak mendorong dan memberikan motivasi kepada saya agar saya juga dapat menjadi seorang warga pendidik seperti mereka.

Menjadi seorang guru bukanlah perkara yang mudah kerana perlu mengajar ramai murid dan banyak tugas perlu dilakukan. Perjalanan untuk menjadi seorang guru juga mempunyai cabaran yang harus dilalui. Tetapi dengan semangat yang tinggi, saya tetap bermotivasi dan tidak berputus asa untuk mencapai cita-cita saya.

Mac 2017 merupakan pengumuman keputusan peperiksaan Sijil Pelajaran Malaysia (SPM) tahun 2016. Saya bersyukur kepada Tuhan, kerana saya berjaya mendapat keputusan yang cemerlang sekaligus melayakkan saya untuk membuat permohonan kemasukan ke Institut Pendidikan Guru (IPG) tahun 2017 untuk menjadi seorang guru sekolah rendah. Laluan untuk menjadi seorang guru sekolah rendah bukanlah mudah dimana pelajar perlu melepasi syarat kemasukan termasuklah kelayakan umum, kelayakan akademik, ujian bertulis, ujian kercergasan fizikal, dan yang terakhir sekali, temu duga.

Sebelum meneruskan perjalanan ini, saya banyak berdoa memohon petunjuk dan meminta pertolongan dari Tuhan. Keluarga saya juga banyak membantu dan memberi dorongan kepada saya dalam melalui cabaran ini. Ayat yang sentiasa saya ingat yang dikatakan oleh ibu bapa saya pada waktu itu adalah "Jika Tuhan betul-betul mahu kamu menjadi seorang guru, maka tidak mustahil Tuhan akan permudahkan". Saya tanam ayat itu dalam hati saya dan saya sangat yakin dan percaya bahawa Tuhan pasti akan permudahkan laluan saya untuk menjadi seorang guru.

Saya telah dipanggil untuk datang ke ujian bertulis kerana berjaya melepasi kelayakan umum dan juga kelayakan akademik. Selepas itu, saya berjaya melepasi ujian tersebut dan dipanggil

untuk menduduki ujian-ujian yang seterusnya sehinggalah dipanggil ke tahap temu duga. Tidak ramai yang berjaya dipanggil untuk temu duga oleh itu saya bersyukur kepada Tuhan kerana telah memudahkan perjalanan saya.

Saya melakukan persediaan yang cukup rapi untuk sesi temu duga. Saya banyak berlatih dan meminta tunjuk ajar dari ibu bapa saya dan orang yang berpengalaman. Seminggu sebelum tarikh temu duga, setiap masa apabila saya teringat dan merasa tidak yakin, saya akan berdoa kepada Tuhan memohon petunjuk dan bantuan dari kuasaNya. Pada waktu sesi temu duga, saya berdoa banyak kali dalam hati "Kalau betul-betul Tuhan mahu saya menjadi guru, saya percaya kuasa Tuhan akan membantu saya".

Sesi temu duga berjalan dengan sangat baik dan saya masih teringat sebelum tamat sesi temu duga, salah satu panel mengatakan kepada saya yang dia kagum dengan cara saya menjawab soalan. Hal ini membuatkan saya tambah yakin bahawa saya akan berjaya menyambung pengajian di IPG untuk menjadi seorang guru sekolah rendah. Setelah selesai temu duga, saya terus berdoa kepada Tuhan mengucapkan syukur dan saya percaya yang Tuhan pasti akan memberikan yang terbaik kepada saya.

Keputusan kelayakan kemasukan IPG akan keluar satu bulan selepas tarikh temu duga. Sementara menunggu keputusan tersebut, ibu saya mencadangkan agar saya menyambung pelajaran dalam program matrikulasi sebagai langkah selamat untuk masa depan saya. Saya bersetuju dengan cadangan ibu saya dan menyambung pelajaran saya di Kolej Matrikulasi Labuan (KML) sementara menunggu keputusan kemasukan IPG.

Semasa berada di KML, saya mendapat ramai kawan. Salah satu kumpulan kawan yang saya sangat senang untuk berkawan di sana adalah kumpulan Adventist Youth Kolej Matrikulasi Labuan (AYKML). Saya merupakan salah seorang dari ahli AYKML 2017/2018 dimana kami selalu pergi ke gereja bersama-sama di Labuan Adventist Church (LAC), mengadakan acara vesper dan tutup sabat dan melakukan aktiviti youth bersama-sama. Saya merasakan yang saya sangat diberkati kerana dapat bertumbuh lebih dekat kepada Tuhan. Namun, saya mempunyai masalah untuk fokus dalam pelajaran saya semasa berada di KML. Saya masih berharap dan percaya yang Tuhan pasti akan membantu saya berjaya menyambung pelajaran saya di IPG.

Setelah satu bulan berlalu, keputusan kelayakan kemasukan IPG akan diumumkan pada sebelah petang dan kebetulan ketika itu adalah cuti hari raya selama 1 minggu. Ramai pelajar KML pulang ke kampung masing-masing. Pelajar lain hanya membawa beberapa pakaian sahaja untuk pulang ke kampung. Berbeza dengan saya, saya membawa semua barang-barang saya untuk pulang ke kampung dengan beg bagasi yang besar kerana saya sangat percaya yang Tuhan akan menjadikan saya seorang guru.

Ramai kawan-kawan saya di KML juga mengucapkan selamat tinggal kepada saya kerana mereka yakin yang saya akan berjaya melanjutkan pelajaran di IPG.

Setelah sampai di Terminal Feri Kota Kinabalu, ibu bapa saya sudah menunggu di kawasan tempat parkir kenderaan. Ketika kami dalam perjalanan pulang ke rumah, keputusan kemasukan IPG telah diumumkan. Sebelum membuka keputusan itu saya berdoa sekali lagi dengan yakin yang Tuhan pasti akan membantu saya. Saya membuka keputusan itu dengan hati yang berdebar-debar. Ibu bapa saya juga sangat teruja untuk mengetahui keputusan tersebut.

Namun, segalanya berubah ketika saya mula membaca keputusan tersebut. Perkataan pertama yang saya lihat dengan jelas adalah 'Dukacita'. Saya berasa sangat terkejut dan sedih pada waktu itu dan saya perlahan-lahan menghabiskan membaca ayat itu yang tertulis 'Dukacita anda tidak berjaya'.

Ibu bapa saya turut bersedih dan mereka memberikan saya semangat untuk meneruskan pelajaran saya dalam program matrikulasi. Jujur, saya merasa seperti ditipu, dikhianati dan merasakan perkara yang saya alami itu tidak adil. Saya menyalahkan Tuhan dengan mengatakan dalam hati "Saya sudah setia kepada Tuhan, melakukan tugas yang diberikan di gereja, dan sentiasa berdoa kepada Tuhan tetapi kenapa saya tidak berjaya mencapai cita-cita saya?". Saya juga merasa putus asa dan hilang arah tujuan kerana sangat kecewa pada waktu itu. Hal ini membuatkan saya sanggup memadam cita-cita saya untuk menjadi seorang guru. Selera makan saya juga hilang selama beberapa hari. Saya boleh katakan bahawa pada waktu itulah kekecewaan yang terbesar yang pernah saya alami dalam hidup saya.

Setelah beberapa hari bersedih, saya mula teringat tentang satu ayat yang seringkali saya dengar dalam acara khutbah sebelum ini. Ada suara yang berbisik di hati saya tentang ayat dalam kitab Yeremia. Saya mula mencari dan menemukan ayat dalam Yeremia 29:11.

Sebab Aku ini mengetahui rancangan-rancangan apa yang ada pada-Ku mengenai kamu, demikianlah firman Tuhan, yaitu rancangan damai sejahtera dan bukan rancangan kecelakaan, untuk memberikan kepadamu hari depan yang penuh harapan. (Yeremia 29:11)

Saya mula memahami bahawa tentunya kita mempunyai rancangan yang kita sudah doakan dan kita jalani dengan iman. Namun kita perlu sedar bahawa pengertian kita akan rancangan Tuhan atas diri kita terkadang tidak begitu jernih dan sukar untuk kita mengerti.

Mungkin kita salah dalam memahami kehendak Tuhan. Namun demikian, kita tidak perlu takut kerana dalam semuanya itu ada tangan Tuhan yang turut bekerja dan Tuhan sendiri akan memastikan bahawa rencanaNya untuk kita akan berhasil dan terlaksana.

Tuhanlah yang memiliki segalanya. Dia yang memberikan kita kegembiraan dan Dia jugalah yang menghiburkan hati kita sewaktu kita berduka jika kita terus percaya dan berpegang kepada rencanaNya.

Saya bersyukur kerana Tuhan telah menghadirkan orang di sekeliling saya

yang terus memberikan saya kekuatan dan semangat untuk terus maju ke depan. Saya meneruskan pengajian saya di KML dengan semangat dan impian yang baru dimana saya berdoa "Berkatilah saya ya Tuhan dalam pelajaran dan juga masa depan saya sesuai dengan rencanaMu".

Sewaktu berada di KML, saya terus setia kepada Tuhan melakukan tugas yang Tuhan berikan kepada saya. Saya merasa sangat diberkati kerana dikelilingi oleh orang-orang yang membangun karakter dalam diri saya dan juga mengembangkan potensi dalam diri saya. Saya juga telah banyak melakukan kajian tentang kerjaya dan menghadirkan diri dalam beberapa program kerjaya sewaktu berada di sini. Pada saat itulah, saya tertarik untuk menjadi seorang doktor gigi.

Tuhan telah banyak membantu saya ketika saya berada di KML dan saya boleh merasakannya. Dari kekecewaan yang besar dia telah menjadikan saya seorang pelajar yang lebih cemerlang. Saya berjaya mendapat keputusan yang cemerlang dalam peperiksaan matrikulasi yang melayakkan saya untuk menyambung pelajaran ke Institusi Pengajian Tinggi Awam (IPTA) untuk menjadi seorang doktor gigi.

Saya belajar bahawa rancangan Tuhan bagi kita jauh lebih tinggi dan jauh lebih mulia dari rancangan peribadi kita sendiri. Setiap perjalanan untuk mencapai kejayaan tidaklah mudah kerana pasti akan ada banyak cabaran dan rintangan yang boleh menggagalkan kita. Namun jika kita terus setia berjalan bersama Tuhan dan berpegang kepada rencanaNya, percayalah kamu akan mengalami suatu pengalaman yang sangat indah yang tidak dapat dibeli dengan apapun.

Tidak lama lagi, saya akan memasuki pengajian tahun akhir saya dalam Ijazah Sarjana Muda Doktor Pergigian di Universiti Sains Malaysia (USM). Saya ingin mengambil peluang ini untuk mengucapkan syukur dan terima kasih kepada Tuhan dan mereka yang telah banyak membantu saya selama ini.

Tuhan memberkati kita semua, marilah kita terus setia di dalam rencana Tuhan.

Northern & Central Region MSA and TEAM PK Get-Together

by Juli Jusep and Lorna Tang,
Ministerial Spouses Association

By God's grace, working closely with the PEM Ministerial Association, the PEM Ministerial Spouses Association (MSA) has successfully conducted the Northern and Central Region MSA, Pastors' Kids (Team PK), and Pastors' Get-Together. The theme of the event was "Unity in Love and Service: Together We Go."

Northern Region:

1 May 2022 (Sunday) at Penang Main Church Multipurpose Hall

Participants: Shepherdess-9; TEAM PK-9; Pastor-8; Chaplain-1

Central Region:

12 June 2022 (Sunday) at PEM Conference Hall and Meeting Room

Participants: Shepherdess-12; TEAM PK-14; Pastor-2

The Get-Together objectives

- To welcome new shepherdesses and bid farewell to those moving to new places.
- To have a physical get-together after the two-year pandemic.
- To have a bonding time together (through united prayer, group activities, and fellowship among shepherdesses, pastors, and their kids).
- To support each other and work in unity for Christ's mission.
- To fulfil the General Conference (GC) Pastors' Kids Mission and Vision:

Mission: To address the unique needs of pastors' children while fostering their Christian growth with spiritual support, resources, training, and networking.



Central Region team photo



A photo with the chefs



Team PK from Northern Region



Central Region team photo

Vision: An effective ministry for children of pastors at Division, Union, Conference, and Mission levels that fosters in each pastor's child:

- a love for God
- a healthy self-awareness as a child of God
- a growing spiritual relationship with the Seventh-day Adventist Church
- a renewed relationship with God and the church if there has been alienation
- an increased participation in God's mission for the church, the community, and the world

Besides the above, this event is:

- (1) to take the challenge and support GC's Team PK ministry
- (2) to strengthen PEM's Team PK ministry
- (3) to get to know each other better and form closer bonds, and
- (4) to support and pray for each other

With the multicultural churches in PEM, these objectives will be a great help to promote unity, understanding, respect, love, and support among pastoral families which is a good testimony for church members.

The programs and activities include:

- (1) Introduction to MSA and TEAM PK
- (2) Devotional

- (3) Prayer
- (4) Group activities
- (5) Games
- (6) Fellowship, and
- (7) Fellowship meal

In addition, we recognise that PKs experience unique challenges and greatly benefit from an understanding and nurturing support system. Many PKs are alienated from God and His church. This disengagement can be reversed with fervent faith, prayer, and wise, gentle guidance. PKs possess many gifts and a heritage of mission. Their faith can be ignited by the promised outpouring of God's Spirit (Joel 2:28).

We, MSA and TEAM PK ministries, are a need in PEM as part of the church growing in ministry and mission.

At the same time, with the Total Member Involvement (TMI) principle, PEM MSA also warmly welcomes all our beloved regional pastors to join and give their moral support and encouragement for to their wives and children.

Thank you for the wonderful support from MAUM MSA, PEM officers, and especially all our shepherdesses and their families. All glory to God!

Share Your Faith Story

In 1 Peter 3:15, it says that as followers of Christ, we are encouraged to always be ready to share our testimonies with others. No matter how big or small your faith story is, our personal experience with God can have an impact on one's life.

However, testimony sharing can go wrong, believe it or not. Here are 3 things to avoid when sharing your testimony.

Avoid mentioning too much of self

The goal of testimony sharing is to point the listener to the goodness of God in your life. Be careful of making yourself the main character and putting too much emphasis on self. God should be the main character in every testimony. Write to glorify God, not self.

Avoid being long-winded

While we want to be open and include as many details in our testimony as possible, it is always best to keep our testimony concise. Not that the details are not significant, but when we write, we need to think of the reader. Not everyone has a long attention span! You may write up to 1600 words max. Also, avoid exaggerating your testimony just to make it fun and exciting. Keep it simple and honest, your testimony can do wonders, by God's grace!



Avoid using difficult words

Try to avoid using jargon or specialized terms for the benefit of the readers. Use easy words when sharing your testimony. Examples are "cancel" instead of "overruled" (legal jargon) and "breathing difficulties" rather than "apnea" (medical jargon).

Besides taking note of these common mistakes, do remember to pray before writing your testimony. Let the Holy Spirit guide you along the way!

If you would like to share how God has been good to you, you are welcome to share your testimony here in Vision. You never know who will be blessed the most from your personal encounter with God.

vision Article Submission Guide

You are welcome to write for the edification of our members. Share with us your experience with Christ. What's the latest with your local church?

We welcome scripts from all local church members of sister-institutions of Seventh-day Adventists in areas of:

News and Testimonies (800 to 1,600 words), Evangelistic program and activities (400 to 800 words)

We reserve the right to edit / delete / reject all scripts to ensure that it is for the purpose of edifying our members.

Deadline:

-15th Jan (for Mar Issue)

-15th Jul (for Sep Issue)

-15th Apr (for Jun Issue)

-15th Oct (for Dec Issue)



Write

Indicate name / pseudonym, church / organization



Check

Check spelling and grammar, use appropriate punctuation



Avoid

Avoid insert picture in MS Word
Avoid whatsapp compressed photo



Photo

Send original high-res photo
atleast 1MB / 300dpi with caption



Email

vision@adventist.org.my

教会大扫除

梁洪美琼，
关丹中文堂



妇女们都用心地清理教会各个角落



叶少文教士也一起出一份力



姐弟俩带起手套一同除草

自从2020年3月18号开始，我们面临疫情的封锁，导致弟兄姐妹没有多少机会聚集在教会里。因此教会好像也荒废了，没有人去做打扫的工作。

感谢上帝在今年4月开始我们恢复了在教会的聚会。我们带着愉快的心情以及感恩的心，回到上帝的大家庭里一起敬拜，一起事奉，一起联谊。这是多么喜乐和安慰的事。但此时我们看到教会有许多地方需要处理的，比如屋顶漏水，天花板破了，教堂外的天花板的漆掉了下来，杂草也长高了，等等的问题。感谢上帝我们有执事团负责带领，决定在5月22日邀请弟兄姐妹回来做大扫除。

感谢上帝，我们有许多弟兄姐妹愿意回来帮忙。有的帮忙清洗教堂里面，有的在教堂外面帮忙拔草，清理水沟等等。很感谢叶教士也帮忙清洗教堂里所有的风扇。我们也很高兴小孩也愿意来帮忙。孩子们那活跃和积极的态度，还有勤快的精神，帮助我们很顺利的完成拔草的工作。

这次我们只是打扫了半间教堂。希望以后我们可以再找时间来清理其它的地方。有执事建议以后每逢圣餐礼的第二天，就来一个大扫除。这样我们就不会做得那么累，也好让我们容易记得大扫除的时间。

同时，在这里要感谢我们10位姐妹们，愿意共同分担每周清理教堂的事奉。我们的目标是“凡事谦虚、温柔、忍耐，用爱心互相宽容，用和平彼此联络，竭力保守圣灵所赐合而为一的心。”（以弗所书4:2, 3）感谢上帝的赐福使到这次的大扫除做得很顺利，可以享受弟兄姐妹们团结一致的服务。也感谢弟兄姐妹们的参与。希望我们继续存有谦虚、温柔、忍耐的心，并用爱心互相宽容，用和平彼此联络，竭力保守圣灵所赐合而为一的心。

Women Ministry Sticky Rice Fundraising Campaign

by Edmund C ,
Kuantan Chinese Church

It was a bright, sunny Sunday morning in Kuantan. There were birds singing in the trees, and a gentle cooling breeze was blowing across the church compound. They probably intended to welcome the ladies of the church who had decided to gather in the hall just behind the church at 7AM. Friendly “good morning” greetings were exchanged, and some unique ingredients with a few utensils were placed on a table. The excitement inside blurted out on their faces, hearts were burning to serve. A special mission was to be accomplished that day.

The ingredients were pumpkin, mushrooms, a variety of nuts and beans; each one contributed to a wonderful array of colours. The hands of the ladies were working like machines, each person performing their own magic show. First, clean, dried bamboo leaves were folded like origami, then sticky rice was placed, followed by the battalion of ingredients mentioned earlier, and finally some more sticky rice. Just like that, one by

one, each sticky rice dumpling was assembled. In the meantime, there was another group of members setting up fire stoves at the corner of the field next to the church. Stacks of firewood prepared weeks ago were finally put to use. A strong and stable fire was not easy to maintain, as keen monitoring and control of wood fuel were needed. Large pots filled with water to the brim were heated up to a boiling temperature. Then the rice dumplings were thrown inside and cooked for at least four hours.

The sun seemed to move a bit faster that day. Pretty soon, the area was flocked with people. There were children playing and running; boys playing basketball; and a few walking their dogs. It was at that time that the rice dumplings were taken out of the water and hung up on a rope to air-dry. Segregation and packaging were done based on the orders and reservations made. And of course, there were extra dumplings made for all who were involved. The

day began with a passion to serve and ended with satisfied full stomachs. In between, there were numerous smiles and plenty of laughter.

Oh, what a joy to see God’s people working in unity. Great achievements can be attained when we have the cooperation of one another for the purpose of serving others. Just as dumpling rice sticks together, so shall we stick together and look after one another (Philippians 2:4). When the love in the world waxes cold, let the love in the church abound.

One of the most desirable conditions, and one that we all like to see in the church of God, is a spirit of unity among the believers. (BSPC 154.3)

And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of His return is drawing near. (Hebrews 10:25)



This program was a fundraising initiative by the church’s Women Ministry and a total of 450 dumplings were sold



Four firewood stoves were set up just at the corner of a field right next to our church

【感受上帝的同在】

黄惠冰，
关丹中文堂

我是在一个有缺陷的家庭长大。过去的我是一个负面、没有自信、胆小怕事的人。

父亲有酗酒的习惯，每天喝得醉醺醺地回家，所以父母亲经常吵架。从小父亲就偏爱我姐姐，对我却漠不关心。我从来没有感受过父爱，心里很不平衡，认为他根本不配身为父亲，甚至恨他。

母亲每天忙碌地工作。我知道她关心我，不希望我选择错误，也希望我可以更好。但我感觉到她在乎的只是我的成绩，而不是我的感受。她总是坚持自己的看法，要我听从，可是从来没有认同过我，也没有耐心听听我的心声。每一次我一开口想要表达自己的想法时，她总是打断我的话，只会要求我听从她。慢慢地，我就不再多说，也把自己封闭起来。我好羡慕那些父母亲有时间陪伴孩子的幸福家庭。

可能因为妈妈希望我能结交一些新朋友，避免在家里无所事事，所以就让阿姨带我去参加关丹教会的前锋会。那时我十一岁。在参加前锋会那两年里，我并没有很认真的去认识上帝，没有读经祷告，也根本不了解上帝到底是谁。两年之后，因为妈妈很抗拒基督教，就不再让我去参加教会的活动。

虽然之前我并没有认真的追求这个信仰和拥有渴慕真理的心，但是当我不再参加教会的活动后，我感觉到内心有一种失落感，常常陷入不开心的状况，做事情没有信心，面对困难时也很无助。这样的情况维持了一段很长的时间。当时我没有倾诉的对象，就这样一天过一天。

后来我认识了一些基督徒朋友，她们邀请我去参加她们教会的活动，当时我曾经几次瞒着妈妈偷偷地去参加。直到十九岁那年，我陷入了人生中最低谷的时期。

就在我十九岁那年，母亲决定跟父亲离婚。当时我也面对着学业上的压力和升学上的抉择，加上疫情的关系，搅乱了我生活和升学的计划。我真的很难过，几乎崩溃，也很无助。

后来我向我的基督徒朋友倾诉心事，她为我祷告，希望能向我传福音，这是她过后告诉我的。

过了两个月，阿姨为我安排叶少文教士帮助我查考圣经，并且告诉我母亲已经同意我接受查经，我当时真的很开心，很感动。我感觉到上帝真的是垂听祷告的上帝。

从前的我遇到问题时，总是感觉很害怕，不知道怎么办，很无助，也没有办法从家人那里得到帮助。父亲的生活方式，对我的态度，他与母亲不和谐的关系，对我造成了很大的影响。当时我真的很痛苦，却不知向谁倾诉，唯有寻求学校的辅导老师。

在查考圣经期间，我心里突然感受到一种莫名的平安。这种



口述：黄惠冰；代笔：黄诗云

平安是我从未经历的，感觉很踏实，很幸福。原来在这个世界上有一位那么爱我，也愿意帮助我的上帝。我知道靠着自己的力量是没有能力使自己对过去所发生的事情释怀。上帝告诉我们不可憎恨自己的弟兄姐妹，更何况是自己的父母呢？于是我祈求上帝的帮助，让我可以学习饶恕，并放下家里对我造成的伤害。上帝是垂听祷告的上帝，祂医治了我受伤的心灵，使我真的可以放过去不快乐的事情，不再憎恨父亲，也可以更多的体谅母亲。

我也为我的父母祷告，我希望他们可以觉察到自己的问题，从中改善他们的态度，也能用对的方式去解决他们之间的问题。我知道上帝都有在引领。

我现在是大学一年级的学生。感谢上帝，现在的我面对困难时更懂得学习处之泰然、更敢于表达自己、更有自信。跟家人也有更多的话题、面对异性时也不再恐惧了。因为我有上帝为依靠，我知道祂爱我，我的一切有祂在掌管。

“所以，不要为明天忧虑，因为明天自有明天的忧虑；一天的难处一天当就够了。”【马太福音6:34】在遇到困难时，我都会想起这节经文，它给了我很大的鼓励。

我很感恩，在我离开前锋会之后那么多年，上帝依然没有放弃我，把我重新带回来。我会继续寻求上帝，读经祷告。耶稣改变了我的生命，我也希望用我的生命去影响其他人的生命，为主做见证。更希望我的家人们都愿意来跟从耶稣，一起奔走那幸福的天国之路。

勉言：

那环绕父母心灵的气氛，也弥漫于整个家庭之中，而且影响到家庭中的每一部分。【复临信徒家庭】怀爱伦著

四处赞美

张慧敏，
槟城中文堂



穿插信息分享以及诗歌背景介绍



线上仍然要发出赞美的声音

在这个疫情笼罩的期间，无论什么领域都受到影响，甚至有所转变成了新常态。虽然所有教会的活动及聚会都受限制，但是身为基督徒的我们当然不能因为疫情而停止聚会。教会从原本的实体聚会搬到了线上聚会。虽然大家身处不同的地方，但是借着现代的科技，我们依然能够隔空面对面，也能够彼此关心、鼓励，甚至一起研究上帝的话语，或做主圣工等等。我们虽然是在线上敬拜，但我们要开口用我们的歌声颂扬主的名。

因为疫情的缘故，槟城基督复临安息日中文教会受到联谊的限制。教会的诗歌班也暂停了一段时间。在这期间不能有实体的诗歌班，也无法在线上进行唱诗练习等活动。由于大家都爱唱歌，所以

非常想念疫情前能够与大家一起颂咏诗歌的日子。教会音乐部也透过开会及祷告，为了满足大家的需求，就设立了全新的线上活动，名字叫“四处赞美”。

在2022年1月20日开始了我们第一次的“四处赞美”。这活动就是要在每月的第二和第四个星期四，让赞美的诗歌四处飘扬。我们会在7点半至8点15分，这45分钟的时间，在线上使用Zoom平台，以全程都用诗歌分享的方式进行这“四处赞美”。首15分钟我们会先以同心祷告开始，在线的任何人都可以在这环节将任何的祷告事项献上，祈求圣灵教导及打开我们属灵的心窍。接下来的半小时主持人就在线上带领大家一起唱诗歌，让大家隔空也能同心用歌声一起赞美上帝。间中还会穿插信息分享或诗歌背景

介绍，以及个人见证分享等等。这使到大家能够更加的投入在诗歌当中，把赞美传达到上帝那里。见证则可以鼓励并安慰在线上的每一位。

感谢主，“四处赞美”已经进行了有半年的时间左右。参与的人都觉得这项活动非常意义。从诗歌中能领悟到真理，也能够激励人心。我们万万没想到这活动也能够带来复兴。在人看来不可能的事，其实在上帝却不然。上帝使用在这方面有恩赐及才干的人，透过诗歌带领大家来到上帝面前，一起领受从天上而来的福气。无论如何，愿大家都不要停止聚会，要继续赞美主，为主发光，将荣耀归给我们在天上的父。让上帝来使我们的人生变得更丰盛。阿门。



一家人隔空同心与弟兄姐妹一同赞美



线上Zoom平台诗歌分享

线上青年团

彭凌薇，
槟城中文堂 青年团

槟城中文堂在今年3月份，与双溪大年中文堂（Sungai Petani）的青年团一起合作，开始了线上和实体的青年团。终于我们实体的青年团回来了！能够再次和青年人们面对面，实在是太好了！我们在今年10月份将会举办一个三天两夜的青年营。希望借着这青年营能够激励起青年人为上帝工作的心。恳请大家为我们的筹备工作祷告。提摩太前书4：12：“不可叫人小看你年轻，总要在言语、行为、爱心、信心、清洁上，都做信徒的榜样。”愿在每一个教会的青年人都能忠心跟随耶稣的脚步，为上帝作世上的光和盐，成为别人的祝福。



在双溪大年的夕阳会



联合青年团-游戏大比拼



青年团户外活动-室内射箭



联合青年崇拜

难忘的露营之拥抱大自然

王凯芬，
八打灵中文堂

历经两年的线上学习，现在是时候走出室内到户外接触大自然了！

在严守防疫的条件下，八打灵及蒲种的前锋会，六月上旬浩浩荡荡的前往远近驰名的马来西亚森林研究院－贵为国家遗产的甲洞植物园，参加3天2夜的野营。

别开生面的森林夜行

这次的露营，让学员们有机会接触大自然和野生动物，也能够在大城市明亮的灯光下看到星星，没有比这更好的了。探索野营还有森林夜行，不仅让大家心惊胆跳，学员们还看见了山猪的足迹，闪烁的萤火虫，不受欢迎的水蛭，亚洲最美的夜空，及震撼的树叶蓝图等，真让



大合照



前锋会整齐的队伍



户外活动行走高空桥锻炼胆量



在大自然中心情自然轻松快乐

人不枉此行。在伸手不见五指的环境中，尽然没有一个哭声，老师们不得不给年幼的前锋会员们一个赞！

教育机会：对孩子们来说，花在露营上的时间就是花在学习上的时间。这也是前锋会此项目如此有价值的原因之一。通过营会帮助孩子们学习新事物，包括烹饪、远足、生火、安全、合群等等。尤其是他们在烹饪比赛中展现的佳肴，色香味俱全，令评委们都伤透脑筋，不知如何评分定胜负。

拔掉电源：此野营对每个人来说都是一个很好的机会，来摆脱他们的电子屏幕。其实在户外还是有很多其它的东西可以做，是不需要电子设备的。前锋会员利用空闲时段彩排才干之夜的演出。由于每组皆有充足的时间准备，所以他们当晚的演出实在精彩绝伦，演什么像什么活灵活现，引起哄堂大笑，让营火会充满了欢笑声。

自信的成长：3天连续进入森林进行夜行、远足、障碍行，经历在没有热水器的公厕里洗澡，在没有家佣伺候下餵饭，在硬蹦蹦的沙土上睡觉，一连几次被水蛭咬

等，看到孩子们逐渐变得更加独立，对自己的能力有更有信心了。

最感动的事：

i) 最佳精神奖

值得一提是的杨方宇医生为了参加这次的营会，拼命的加班，鼓足干劲的争取假期，并得到医生同事的体谅和愿意代班，杨医生一家才能从新加坡参与此营会，真是精神可嘉！

此外，当杨医生在看到前锋会旗冉冉升起及彩排时听到“我爱我的家”时，感动得潸然泪下，因为触动了他的回忆。他当下感谢上帝的恩典，看到新一代前锋会会员的兴起。

ii) 最佳营友奖

除此之外，还有瑾祐和小桐恩。小小年纪在没有父母的陪同下，坚强独立。他们矮小到无法开水龙头洗碗，但还是坚持站在椅子上，请其他人帮忙开水喉来完成清洗工作。尤其是小桐恩，在所有的探险项目及天空步道中，独自完成任务，不愧是最佳营友。

最后，不忘谢谢劳苦功高得正副团长，因他们的精心策划，让我们有一个难忘的假期。

我愿去之友谊布道

卢紫萱 和 黄湘仪，
八打灵中文堂



筹委们的活动前期讨论



线上讲座会也可以学习很多知识

2022年年初，八打灵中文堂举办了三场线上讲座会。本次节目邀请了二位资深的讲者来主讲，分别是王凯芬律师和沈淑婷医生。

历过3个月的准备，第一场讲座会：**【诈骗术和预防措施】**，终于在3月26日拉开了序幕。2021年首9个月，武吉阿曼商业罪案调查部门发现共有15,959宗网络诈骗案，损失总值马币3.8亿令吉。为了帮助民众提升危机意识，不陷入诈骗当中，王凯芬律师与大家分享了关于如何预防诈骗的措施。

第二场讲座会凯芬律师继续讨论到有关**【无遗嘱继承法】**的课题。本场讲座

概括了民众一些常见的问题，如立遗嘱有什么好处，遗产该怎么分配，设立遗嘱有什么困境等。结合当今时事，疫情战争的撞击下，参与者都得到了许多新的见解。

最后一场讲座会名为**【网络成瘾的预防和治疗】**。网络成瘾的定义是“对电脑及网络使用过度，或不受控制的专注、需求以及相关行为，导致身体受损或精神忧虑”。虽然很多人会说，它不如酗酒或者毒瘾那么严重，但是它对受害者来说仍然是很有伤害性的。此课题不论对学生或者成人都有极大的关系。通过本次的分享，沈淑婷医生分享了关于网络成瘾的特征、因素、后果和预防。

每场讲座平均有100位出席者。每位本堂受邀的来宾朋友也获得了一张Newstart Kitchen 或Aeon礼券和一本全球布道书籍。为了让听者对当场的分享有更深的印象，团队在每次讲座结束前，都准备了有趣的游戏节目和奖品。

最后，特别鸣谢布道团队张伟雄弟兄、范晓媚姐妹、以及谢欣恬姐妹，在台前后台的准备，为我们带来了精彩和实用的课题。

但愿通过此撒种活动，能营造日后的收割。感谢教友们响应“我愿去”的呼召。PJCC 加油！

UPCOMING EVENTS

October 2022

01	Ministerial	Day of Prayer and Fasting	PEM
08-10	Pub	LE Gathering	PEM
14-16	FM	Family Seminar - Dr Shee	Southern
16	Admin	Executive Committee Meeting (4)	PEM
16-22	HM	"Hidup Sihat!" Heal Thy Lifestyle-Lay-Led Health Evangelism - by MAUM	Online
18-19	Ministerial	Ministerial Meeting	PEM
22-23	SS/PM/CM	Theme: Connect-Regional Training Phase 1 (Physical)	Southern
28-29	Stw	Stewardship	Central

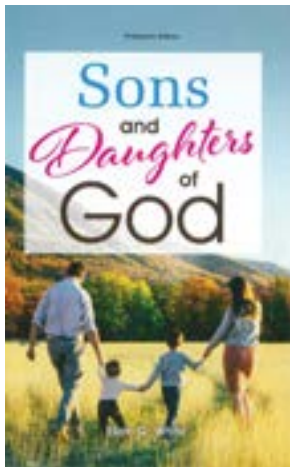
November 2022

11-13	Youth	Public Campus Retreat	PEM
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December 2022

11	Admin	Executive Committee Meeting (5)	PEM
11-14	Admin	Malaysia-Singapore Chinese Youth Congress	Central

Book promotion 2022 September



This book of daily devotionals contains an array of encouraging messages, instructions, and guidance for all the sons and daughters of God. Here's how to live a life of nobility in a world of depravity. Who are you? Why are you here? Where are you going? The answers to these fundamental questions about life can be found in the answer to one more important question: Whose child you are? God created us in His image, blessed us beyond measure, and brought Himself close to us. Yet, we rebelled. We forsook Him and became estranged from Him. We followed our sinful desires. Now, we have been redeemed. Jesus Christ died and lived to make us the last, least and lost heirs of His kingdom. This book is by Ellen G. White.

The price of this book is **RM50** only.



Menjadi Murid Setiap Hari mengundang anda untuk menemukan apa maksud sebenar “bertumbuh dalam Kristus”. Dr. James H. Park telah menyusun renungan harian ini yang bertemakan pemuridan dan juga tidak lupa untuk mengaitkan kandungan buku ini dengan pengalaman hidupnya yang selama 40 tahun bagi menjawab persoalan-persoalan yang berikut: Sekarang saya berada dalam Kristus, bagaimanakah saya dapat berbuah banyak? Bagaimanakah saya boleh menjangkau keluarga saya dan orang sekeliling saya? Jika anda sedang tertanya-tanya persoalan tersebut selama ini dan ingin mendapatkan jawapan, maka buku renungan ini adalah untuk anda.

Harga buku ini adalah **RM35** sahaja.

STOP CHILD ABUSE



4 P's of child Abuse Prevention



Always monitor the access to premises when you are out with your child, either in the mall, or restaurant.

Never leave your child unattended.

Pay attention when someone shows greater than normal interest in your child.



#1 Premises Review

Carefully screen through all helpers.

Supervise helper at all time is necessary.

Report to local law enforcement department if you suspect your child is being abused.



#2 Personnel Administration

Teach your child about appropriate or inappropriate touch, and teach your child what to do if it happens to them.

Remind them that, even the closest family members of the opposite gender, such as father, brothers, uncles, and male cousins, are not allow to do that too.



#3 Protective Factors Education

Participate in your child's activities and get to know your child's friends, and their families.

Ask your child questions when they tell you he or she doesn't want to be with someone, this could be a red flag.

Listen to them and believe what they say.



#4 Parent's Participation

Youth & Social Media

by Tan Weoi Siong,
Youth Ministries

Tim Elmore, the founder and president of Growing Leaders, says that there are some natural signs that show young people have spent too much time on social media or their mobile devices in general:

1. Withdrawing from face-to-face social interactions
2. Consistent anxiety, stress or feeling overwhelmed by normal routines.
3. Grades begin to slip, and assignments reflect poor work or are left undone.
4. Avoidance of real-life responsibilities, such as chores or homework.
5. Ill at ease, ill-equipped or unresponsive to the people in front of them.
6. Phubbing—teens snub people next to them by looking down at their phones.
7. Phones begin to create conflict in their closest relationships.

Social media companies themselves are waking up to the negative press surrounding mental health and social media. They are also becoming more aware and concerned with the many cases of underage users on their platforms. The current social media content offered should be better understood by the youth of today. Young people in the church, in particular, need to exercise caution when it comes to the misinformation, hate, and harassment they encounter on social media.

There are five ways to deal with misinformation, hate and harassment on social media:

1. Always be calm and thoughtful when dealing with negative content.
2. Always consider hiding or deleting comments with negative content.
3. Always think carefully before commenting or responding.
4. Always look for help and support from family members, close friends, or a counsellor.
5. Always show encouragement and be an encourager online.

Social media can change the world drastically, and the world can broadcast all its thoughts and opinions every day. So, before you post, tweet, or hit the share button, remember that you are a follower of Jesus Christ and an ambassador of God, online and offline.

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven. (Matthew 5:16 KJV)



WE ARE HIRING



Senior IT Manager

GENERAL DESCRIPTION OF JOB POSITION

1. To manage the overall IT functions which include IT Infrastructure & hardware, Application Systems, IT Project management and Health Informatics.
2. To ensure continuous operational efficiency and compliance in IT.
3. To oversee the budget and resources required to support the IT functions.
4. To advise PAH management on future IT directions and trends.

QUALIFICATIONS

1. Higher Diploma or Bachelor or equivalent.
2. Higher diploma with 8 years of experience; or Degree with 5 years of experience
3. Good understanding of Hospital Information Systems (preferred).
4. Information system development and control.
5. Server & Network systems maintenance and support.
6. Familiar with Windows servers environment and possibly UNIX.
7. Experience / knowledge of Internet technology and LAN Administration.
8. Staff supervision and/or teamwork experience.
9. Self-motivation and achievement orientated personality.
10. Possess a pleasant personality and good communication skills in interpersonal and inter-department coordination.

Interested candidates can send their resume directly to
jaycegooi@pah.com.my or ngeeloon@pah.com.my.



connecting

Another **Mind Frame** for *Bible Teaching*



Pr Ben Foo
PEM Sabbath School
Director



Faridah Lausin
MAUM Children & Women
Ministries Director



Dr Ginger Ketting-Weller
President of AIAS,
Philippines



Pr Renie Ubara
PEM Ministerial
Association



Pr Robert Agustin
PEM Personal Ministries
Director



Christine Tan
PEM Children & Women
Ministries Director



Esther Goh
PJCC
Sabbath School Teacher



Pr Tan Woei Siong
PEM Youth
Ministries Director



Pr Sunny Tan
PAH
Head Chaplain



Pr Frendy Rubil
PEM
Church Pastor



Alex Rajakumar
PJEC
Sabbath School Teacher

23-24 Sep 2022

23 Fri	8:00pm	Combined 1
	9:00pm	Workshop 1
	9:45pm	Dismiss
24 Sat	3:00pm	Workshop 2 - 4
	5:30pm	Combined 2
	6:30pm	Dismiss

Contact

03-79847795 May | Renitta
sspm@adventist.org.my

Combined Seminar

- 1) A Change In Perspective
- 2) Cultural Diversity

Workshop

- 1) Teacher's 911
- 2) Teach With The Brain in Mind
- 3) 6 Teaching Ideas
- 4) Transformational Sabbath School For Youth
- 5) Tips To Get Members Participate in SS Class
- 6) Teacher's Temptation
- 7) 5 Ways To Improve As A Teacher



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