

# THE HOLY SPIRIT AND MISSIONS

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71  
MAR 2022  
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Official Newsletter of Peninsular Malaysia Mission  
For internal circulation | Non-Muslims only



## Vision Statement

To prepare our members for Jesus' soon return & with united spirit and prayer, evangelize the whole of Peninsular Malaysia.

## Mission Statement

We, the Seventh-day Adventist Church exist to preach the gospel to prepare the people in Peninsular Malaysia for Jesus Christ's second coming, by ministering to their physical, mental, social and spiritual need through in-reach and outreach programs of the Church.

## Values

Productivity	John 15:5
Accountability	Matthew 25:14-30
Transparency	1 Corinthians 4:9
Humility	Philippians 2:5-8

## I WILL GO

Mission Objectives (4)  
Spiritual Growth Objectives (3)  
Leadership Objectives (3)  
Holy Spirit Objectives

The number in the bracket is the number of KPI in each objective.

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\*Whenever suitable, the abbreviation of "PEM" will be used in place of the full text of "Peninsular Malaysia Mission".

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# Secret Recipe in Mission Plan Holy Spirit

by Tan Meng Cheng,  
*President, Peninsular Malaysia Mission*

It was Benjamin Franklin who said, "If you fail to plan, you plan to fail." In other words, success doesn't happen by accident. It takes planning, charting the path of success and heading to where you want to go. What I learned from experience in doing God's work is, "If you fail to submit your plan to God and the guidance of the Holy Spirit, you are planning to fail miserably."

In the mission plan, we need to recognise that it is "not by might nor by power, but by My Spirit, says the Lord of hosts." (Zechariah 4:6).

## God's Plan is the Best Plan

"Our plans are not always God's plans...But of one thing we may be assured, He will bless and use in the advancement of His cause those who sincerely devote themselves and all they have to His glory." (MHH, 277.3)

We are to glory in God, not in ourselves. When Jonah chose to follow his own plan, running away from God's call, he ended up in the stomach of a big fish. When Jonah decided to follow God's plan, he obtained the greatest evangelistic meeting success in history. The inhabitants of the whole city of Nineveh converted and turned to God. "In His loving care and interest for us, often He who understands us better...refuses to permit us selfishly to seek the gratification of our own ambition...Often our plans fail that God's plans for us may succeed." (MHH, 277.4).

## Holy Spirit is the Key to Success

From the story of the eleven disciples (cf. Acts 1:13) that gathered in the upper room with about one hundred and twenty people, they prayed and sought God's plan in the Scriptures. At Pentecost, three thousand souls were added to the church as a result of the outpouring of the Holy Spirit. In brief, we can conclude that without the Holy Spirit working among God's people in carrying out the evangelistic effort, their plan to preach the gospel would not have had such a great success. Throughout the book of Acts, we have records that the Holy Spirit was directing the plans and paths of the disciples in sharing the gospel to the world according to the promise of Acts 1:8, "But you shall receive power when the Holy Spirit has come upon

you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth" (NKJV)

"Companies of Christian workers should gather to ask for special help, for heavenly wisdom, that they may know how to plan and execute wisely. Especially should they pray that God will baptize His chosen ambassadors in mission fields with a rich measure of His Spirit. The presence of the Spirit with God's workers will give the proclamation of truth a power that not all the honor or glory of the world could give." (AA, 50.2)

When God's people are united with Christ, we can be sure and hope to have the accompanying power of the Holy Spirit and the cooperation of heavenly angels to prepare the hearts of listeners for the reception of truth. Many would be won to Jesus Christ, and nothing could withstand our onward progress. The church would advance from victory to victory, fulfilling Christ's Great Commission of proclaiming the gospel to the world (Matthew 28:19-20).

Let us bathe our mission and evangelistic plan with prayer, inviting the Holy Spirit to guide us as He did it in the early church. When we have entire, wholehearted consecration to the service of God, He will acknowledge the fact by an outpouring of His Spirit without measure. Let us anticipate God's abundant blessing as we cooperate with Him in our mission plan!

# The Master Key Holy Spirit

We are called to respond to Christ's Great Commission. Whether it's preaching in church, teaching for Sabbath school, or getting involved in outreach programs, all require planning. We need a concrete, strategic, well-thought-out, and not to forget, workable mission plan before execution is done.

All this we already know. The thing is, how often do we invite the Holy Spirit into our planning? Do we remember that we need divine assistance in all that we do?

The theme for our first quarter of 2022 is Holy Spirit in Mission Plan. The key to a successful mission plan is not the number of workers you have or how late you stay up at night developing the perfect evangelistic strategy. The disciples' experience in the upper room has proven to us many times that the master key to unlocking tremendous evangelistic results is none other than the Holy Spirit.

Here is an interesting thing: we need the Holy Spirit not only to work out our plans. We ultimately need the Holy Spirit to keep us going.

Executing any form of plan can drain us physically, mentally, emotionally, and yes, spiritually. Our faith may be tested along the way. However, with the Holy Spirit's presence, we will learn to keep going because we love God and have JOY in doing His work, regardless of the circumstances.

Let's remember to claim the promise given by Jesus Himself in Acts 1:8, But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth.

We can never exhaust the Holy Spirit, so keep inviting Him into all of your mission plans!

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# Serving In Joyfulness

# To Be the Best that God Desires Me to Be

by **Renie Ubara,**  
*Ministerial Association*

If someone comes to you and asks, “Are you joyful in giving your service to the Lord?” “Are you joyful in doing God’s work for the church?” “Are you serving joyfully?” What will your honest answer be? Simple questions, you may think. However, when pondered deeply and personally, they can be complex and you might need some time to produce an honest answer.

Every Christian in following Christ encounters the ups and downs of life’s journey, intertwined with pain and suffering. Some refer to this life’s journey as the “dark night of the soul.” Are you joyful in serving the Lord? Do you have certain expectations to gain joyfulness in serving God? What are those expectations? Are those expectations involving others, your family (your spouse, children, etc.), your pastor(s) or church leaders, or church members? Asking these questions will help us to understand our ministry deeper, the people that we work with, and especially ourselves.





In the different questions we have asked, let's learn to always begin the thinking and learning process with and in God rather than self. It's simply practical, and it helps to find joyfulness in service. Or, in other words, begin the search for joyfulness in serving God!

Psalm 37:4 reads, "Delight yourself also in the Lord, and He shall give you the desires of your heart." And Psalm 126:2 says, "Our mouths were filled with laughter, our tongues with songs of joy." (NIV)

Joyfulness begins in and with God. 1 Samuel 12:24 reads, "Only fear the Lord, and serve Him in truth with all your heart; for consider what great things He has done for you." Colossians 3:23-24, "And whatever you do, do it heartily, as to the Lord and not to men, knowing that from the Lord you will receive the reward of the inheritance; for you serve the Lord Christ."

You see, God is calling us to be happy in doing His work. When we begin with God, we see things differently inspiring and powerfully impacting. Let's pause here. Maybe most of the time, when we think about "serving", we begin with "self." And perhaps when we think about "joyfulness", we also put "self" first. From now on, let's learn to begin in and with God in every ministry we do as a church. Then, we will discover that joyfulness can be ours even in challenging moments because God is with us.

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## How Joy Affects Your Body

Joyfulness is a gift from God to all of us. And with this amazing gift, there are blessings! The following are the benefits of having more joy:

*Promotes a healthier lifestyle  
Boosts immune system  
Fights stress and pain  
Supports longevity (Legg, 2018)  
The health teachings of our church will be impactful, effective, relevant, and meaningful if we serve God in joyfulness. Biblical health and joyfulness are what many desire to have!*

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## EGW Inspiring Us to Serve With Joy

Ellen White's writings are always inspiring and refreshing! In rendering her service to God, Ellen White also experienced her ups and downs in serving God and serving for happiness in service. And she beautifully captured it in her writings when she wrote:

The night after receiving so great a blessing, I attended the advent meeting. When the time came for the followers of Christ to speak in His favor, I could not remain silent, but rose and related my experience. Not a thought had entered my mind of what I should say; but the simple story of Jesus' love to me fell from my lips with perfect freedom, and my heart was so happy to be liberated from its bondage of dark despair, that I lost sight of the people about me, and seemed to be alone with God. I found no difficulty in expressing my peace and happiness, except for the tears of gratitude that choked my utterance. CET 32.1

Elder Stockman was present. He had recently seen me in deep despair, and as he now saw my captivity turned, he wept aloud, rejoicing with me, and praising God for this proof of His tender mercy and loving kindness. Not long after receiving this great blessing, I attended a conference meeting at the Christian church, where Elder Brown was pastor. I was invited to relate my experience, and felt not only great freedom of expression, but HAPPINESS (joyfulness), in telling my simple story of the love of Jesus and the joy of being accepted of God. As I spoke, with subdued heart and tearful eyes, my soul seemed drawn toward heaven in thanksgiving. The melting power of the Lord came upon the assembled people. Many were weeping and others praising God.

Sinners were invited to arise for prayers, and many responded to the call. My heart was so thankful to God for the blessing He had given me, that I longed to have others participate in this sacred joy. My mind was deeply interested in those who might be suffering under a sense of the Lord's displeasure and the burden of sin. While relating my experience, I felt that no one could resist the evidence of God's pardoning love that had wrought so wonderful a change in me. The reality of true conversion seemed so plain to me that I felt like helping my young friends into the light, and at every opportunity exerted my influence toward this end. (White, 1922).



Through Ellen White's writings, we've learned that sometimes serving God is challenging, and we may feel difficult to have joy in our hearts. However, empowered by the Holy Spirit, we should strive to be changed and serve with joy. Also, serving in joyfulness is a great blessing not just to us personally and the people we serve with, but also to everyone we come into contact with.

When serving is joyful, life is joyful. When one is not joyful, it can affect others too. This may result in churches being filled with unhappy members. An unjoyful church is tough to grow.

### The Holy Spirit and Joyfulness

You may remember some songs with the word "joy" in them. The famous ones sing beautifully with lyrics that say, "I've got a joy, joy, joy, joy down in my heart..." or "J, O, Y, down in my heart, deep, deep down in my heart." Let's make it our aim together to serve the Lord in joyfulness. The Holy Spirit is the power to help us. The fruit of the Spirit includes joy! There are many ways the Holy Spirit can help the church to rediscover joy in ministry and mission. The following are three of them:

We must re-evaluate our activities  
We need to refocus our ambitions  
We must resist legalistic attitudes (Warren, 2021)  
And We must begin our life and service in God daily.

Yes, sometimes things happen in life that we see as "unjust" or "unfair." Or we feel "unjustly or unfairly treated." And it creates so much pain... and shame. We feel "down-graded," we feel "valueless." Always remember, my friends, that you are not alone. In their spectrum of life, others encounter similar situations in their own context. One thing in common is that we all experience pain. When I say that you are not alone, I mean that Jesus was and is with you. His presence is true. You know what, the irony is that when He was lonely and alone, He thought about you and your pain while dying on the cross. Yes, you are not alone. Jesus is with you, the church is with you, families are with you. Although Christ was alone on the cross, He willingly went through such tremendous pain because He wanted you to be happy. He loves you.



There is always joy in the Lord. We can see this in the verses below:

**Matthew 2:9-10**, “When they heard the king, they departed; and behold, the star which they had seen in the East went before them, till it came and stood over where the young Child was. When they saw the star, they rejoiced with exceedingly great joy.”

**Romans 15:13**, “Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit.”

**James 1:2-3**, “My brethren, count it all joy when you fall into various trials, knowing that the testing of your faith produces patience.”

Jesus, who frequently taught about joy, also joyfully proclaimed:

**Luke 15:7**, “I say to you that likewise there will be more joy in heaven over one sinner who repents than over ninety-nine just persons who need no repentance.”

Jesus gave you and me, the church, the Holy Spirit, and He prays and desires that all of us be filled with His joy. Beloved PEM members, let us all serve unitedly in God’s joyfulness. One of the best witnesses of Christ’s amazing love in our lives is to be joyful Christians. In this new norm era, with stressful living, many yearn for joy that brings peace. Today is our great opportunity to serve in joyfulness. Because a joyful church is a healthy and growing church, put on that smile the next time you serve. Simple but impactful. Remember:

“Angels of God will smile upon your efforts and help you” (White, 1952).

“No tears are shed that God does not notice. There is no smile that He does not mark” (White, 1895).

“With the smiles of Jesus brightening my life, and the love of God in my heart, I went on my way with a joyful spirit” (White, 1922).

“But one man manifested kindly attention toward the strangers and invited them to his home. The unpretending acts of daily self-denial, performed with a cheerful, willing heart, God smiles upon.” (White, 1983).

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**“Church,  
let us all  
smile with  
and in God  
as we  
serve Him  
joyfully.”**



# The Holy Spirit and Missions

by **Dennie Ng,**  
*Executive Secretary*

Would you agree with this comment made by Carl Bates? “If God were to take the Holy Spirit out of our midst today, about 95 percent of what we are doing in our churches would go on, and we would not know the difference.” Agree? Disagree? Ron Clouzet, who once served as Dean of Southern Adventist University has this to say, “Unfortunately, the insignificant impact made in the world by many Christians today is a testament of the Spirit wanting.”

Our Church’s I Will Go strategic plan outlines 10 objectives that fall into one of three categories: Mission, Spiritual Growth, and Leadership. The strategic planners included a category titled “Holy Spirit” under which further objectives may be defined as the Spirit leads. Our leaders understand the role of, sense the need for, and recognise our complete dependence on the Holy Spirit. It is important that we, the body of believers in Peninsular Malaysia Mission, understand it too as we execute our mission.

So why is the Holy Spirit so indispensable in the mission of our church? Here are four reasons:

**1. The Holy Spirit is the omnipotent, omniscient, and omnipresent third Person of the triune God.**

“Go therefore... baptizing them in the name of the Father and of the Son and of the Holy Spirit.”  
(Matthew 28:19).

Being the third Person of the Godhead, He is as much a Person, as the Father and the Son. He was and is actively involved in creation, incarnation, and redemption. So why work with two thirds when we are instructed to go, teach, and baptize in the name of the complete Godhead? When Jesus was on earth, He said, "I can of my own self do nothing..." (John 5:30). It was in and through the power of the Spirit that Jesus ministered when He walked among men (Luke 14:1, 14, 18). So, it must be for us today.

Enfeebled though we may be, if connected to the Source of Power, the biblical account in the book of Acts that thrills the soul that reads, can be our experience too.

*"God has determined to leave nothing undone to recover man from the toils of the enemy. After Christ's ascension, the Holy Spirit was given to man to assist all who would cooperate with Him in the reshaping and remodeling of the human character.... the human workers need to leave more room for the Holy Spirit to work...." (YRP 166).*

## **2. The Holy Spirit is Christ's promised Helper for the completion of His work.**

"And I will pray the Father, and He will give you another Helper" (John 14:16).

If we don't need this Help, would Jesus have offered it? Jesus said to His disciples, and by extension to us, "...It is to your advantage that I go away; for if I do not go away, the Helper will not come to you..." (John 16:7, NKJV). We just need to read the first few chapters of Acts to recognise how the promised Helper (the Holy Spirit) turned a group of hopeless, helpless, and demoralised disciples into confident, powerful, spirit-filled apostles. We want the same today, don't we?

Let's talk more about the Holy Spirit.

*"Just prior to His leaving His disciples for the heavenly courts, Jesus encouraged them with the promise of the Holy Spirit. This promise belongs as much to us as it did to them, and yet how rarely it is presented before the people, and its reception spoken of in the church. In consequence of this silence upon this most important theme, what promise do we know less about by its practical fulfillment than this rich promise of the gift of the Holy Spirit, whereby efficiency is to be given to all our spiritual labor? The promise of the Holy Spirit is casually brought into our discourses, is incidentally touched upon, and that is all. Prophecies have been dwelt upon, doctrines have been expounded; but that which is essential to the church in order that they may grow in spiritual strength and efficiency, in order that the preaching may carry conviction with it, and souls be converted to God, has been largely left out of ministerial effort. This subject has been set aside, as if some time in the future would be given to its consideration...." (Testimonies to Ministers and Gospel Workers 174).*



### 3. The Holy Spirit alone can convict and convert.

“And when He has come, He will convict the world of sin, and of righteousness, and of judgment” (John 16:8).

We are powerless to convince, let alone convict. Without the aid of the Spirit in seeking the lost, our mission will fail. With the Holy Spirit, we cannot fail.

A girl once asked grandma in church, “Did the preacher say that God is bigger than us?”

Grandma nodded.

“And he said that God lives inside us?”

“Yes, darling,” said grandma.

“If God is bigger than us and He lives inside us, shouldn’t some of Him show through?”

Before God’s Spirit can use our energies and effort, or our voice and pen to convict souls of sin, righteousness, and judgement to come, there must first be proven results that it has worked in us.

*“The most powerful preaching of the Word will avail nothing unless the Spirit teaches and enlightens those who hear. Unless the Spirit works with and through the human agent, souls will not be saved, or characters transformed by the reading of the Scriptures. The planning and devising that is done in connection with the work should not be of a character to draw attention to self. The Word is a power, a sword in the hand of the human agent. But the Holy Spirit is its efficiency, its vital power in impressing the mind” (YRP 178).*

### 4. The Holy Spirit will teach us what to say and give us strength to testify about Christ.

“For the Holy Spirit will teach you in that very hour what you ought to say” (Luke 12:12).

A story was told by Elder Carl Curry of Gao Hung Tse, a deacon who was not able to read or write and had a poor memory. Yet, he had a great desire to share his faith. One Sabbath, he lay prostrate on the floor in desperation and begged God to intervene. He purposed not to rise until his prayer was heard. He heard a voice telling him to read Psalm 62. He obeyed and found that he could read it! Elated, he told the elder and went on to repeat the psalm by memory after only reading it once through. The Spirit not only helped him but also used him the following year to lead 180 souls to Christ.

*“There are many who long to help others, but they feel that they have no spiritual strength or light to impart. Let them present their petitions at the throne of grace. Plead for the Holy Spirit. God stands back of every promise He has made. With your Bible in your hands say, I have done as Thou hast said. I present Thy promise, ‘Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.’...” (Christ’s Object Lessons 147).*

Let us pray for the outpouring of the Holy Spirit as we begin this quadrennial, recognising that it is only through our total dependence on the Holy Spirit that our mission will be successfully accomplished.







AGY

# 11TH HOUR

8 - 12 JULY 2022

P E N A N G



# I'm So Stressed Out!

by Pua Sze Ning,  
Health Ministries

## What is Stress?

Stress is a normal reaction to everyday pressures posed by any challenges or demand. There are two types of stress:

I) Eustress is a good stress that is positive and motivating, like meeting your deadline and becoming more efficient.

II) Distress is bad stress that is harmful and draining.

If you do not have good coping skills, stress can last for a long time. It may harm your health unknowingly.

## STRESS AND YOUR BODY

Your body reacts to stress by activating the sympathetic nervous system and releasing hormones like adrenaline, cortisol, etc. These physiological changes will make your brain more alert, tense up your body muscles, release more blood sugar and increase your pulse as an acute stress response, so you can handle the situation more effectively.

Stress can adversely affect health behaviors resulting in poorer dietary choices, inactivity, disordered sleep, and substance use. Over time, chronic stress puts you at risk for health problems, such as:

- High blood pressure
- Heart disease
- Diabetes
- Obesity
- Depression or anxiety
- Skin problems, such as acne or eczema
- Menstrual problems
- Significantly slower wound healing
- Suppress immune system

There are many diseases that are not listed here that are caused or worsened by stress. "Sickness of the mind prevails everywhere. Nine tenths of the diseases from which men suffer have their foundation here." Counsels on Health, p. 324

## SYMPTOMS OF TOO MUCH STRESS

Most of the time, you may not realise these symptoms are caused by stress if there are no other obvious causes.

Here are some symptoms that stress may be affecting you:

- Diarrhea or constipation
- Forgetfulness
- Frequent aches and pains
- Headaches
- Lack of energy or focus
- Stiff jaw or neck
- Tiredness
- Trouble sleeping or sleeping too much
- Upset stomach
- Weight loss or gain



# Stress Coping Skills

## **Recognise when stress is a problem**

Identify the cause of stress. Sort them into issues that have a practical solution, issues that will improve with time, and issues that you can't change. Take control by taking small steps towards the things you can improve. You may need to prioritise things and reorganise your life so you are not trying to do everything at once. If you cannot control the problem, control your mind.



## **Be connected**

Do spend time and be connected with close friends or family members to share your thoughts and who can offer help and practical advice on stress management. Individuals with strong social support can handle stress better by reducing cognitive and physiologic effort when facing challenges in life. Activities like volunteering can change your perspective and have a beneficial impact on your mood. As in Acts 20:35, "I have shown you in every way, by laboring like this, that you must support the weak. And remember the words of the Lord Jesus, that He said, 'It is more blessed to give than to receive.'" We should respond to God's commission with "I will go". Being active in church activities and community services will help us handle stress better.



## **Whole food plant-based diet**

Consuming more servings of fruits, vegetables, whole grains, and legumes to get enough nutrients (including essential vitamins and minerals) should be encouraged as a stress-coping strategy. 7 to 8 servings of fruits and vegetables a day promotes optimal happiness and reduces depressive symptoms. Certainly, the whole food plant-based diet has been associated with reduced stress.



The plant-based diet produces a "psychobiotic" effect, in which the gut microbiota influences brain function through neural and hormonal pathways. The gut microbiota is especially influenced by diet quality, while the Western diet (processed food) is associated with the abnormal composition of gut flora. However, a high-fiber diet promotes a gut microbial profile associated with good physical and mental health.

## **Exercise**

Exercise can help manage the effects of stress by producing endorphins that boost your mood. It can be hard to motivate yourself if you are stressed. Scientific reviews have shown that stress impairs an individual's efforts to be physically active. We should control our mood then let our mood control us. Interestingly, just 10 minutes of exercise can improve levels of vigor and reduce negative mood. Exercise may confer a "time out" effect by offering a distraction from daily cares and worries. 'Physical exercise in the direction of useful labor has a happy influence upon the mind, strengthens the muscles, improves the circulation, and gives the invalid the satisfaction of knowing how much he can endure, and that he is not wholly useless in this busy world' CH 199.4



## **Natural walk**

Time in nature grants stress-relieving benefits from modern living which highly demands our information-processing skills, leading to mental strain. Furthermore, natural stimuli, such as landscapes and animals, effortlessly engage our attention, leading to less mental fatigue. "Nature is God's physician. The pure air, the glad sunshine, the beautiful flowers and trees, the orchards and vineyards, and outdoor exercise amid these surroundings, are health-giving—the elixir of life. Outdoor life is the only medicine that many invalids need. Its influence is powerful to heal sickness caused by fashionable life, a life that weakens and destroys physical, mental, and spiritual powers." CH 170.1



## **Rest**

Get some restful sleep. Adults need 7 to 8 hours of sleep per night. Three especially important contributors to poor sleep hygiene are physical inactivity, caffeine usage, and exposure to "night light pollution." These can be overcome by being more physically active especially in the morning, abstaining from caffeine, and avoiding bright light (especially screens that emit "blue" light). You are encouraged to use a dim light in the hour before bed.



## **Keep the sabbath rest**

A 10-year prospective study of a Jewish cohort found a predictable reduction in mortality on the sabbath. The principle of taking a weekly rest day may be beneficial in modern times for managing work-life balance and associated well-being. All-cause mortality is reduced by 33% with religious service attendance more than once per week.

## **Prayer and Meditate God's word**

Keep the Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful (Joshua 1:8). The Saviour has bidden us, "Watch ye and pray, lest ye enter into temptation" Mark 14:38. "Meditation and prayer would keep us from rushing unbidden into the way of danger, and thus we should be saved from many a defeat." DA 126.2. A study shows that with 10 weekly 2-hour group sessions and individual practice of prayer twice a day, they decrease participants' stress and increase their collaborative relationship with God.



## **Gratitude journal**

Gratitude is the practice of being grateful for the positive things in life. Looking for things in your life that are positive, how God blesses us, and writing down things that make you feel grateful could help us cope with stress. "We have reason for everlasting gratitude to God in that He has left us a perfect example. Every Christian should strive to earnestly follow in the footsteps of the Saviour. We should offer grateful praise and gratitude for giving us such a mighty helper, a safeguard against every temptation, against every species of impropriety in thought, deed, and word." CH 594.1



Courage, hope, faith, sympathy, love, promote health and prolong life. A contented mind and a cheerful spirit are healthy for the body and strengthen for the soul. "A merry heart doeth good like a medicine." Proverbs 17:22. MH 241.3. The consciousness of right-doing is the best medicine for diseased bodies and minds. —Testimonies for the Church 1:502. I hope this sharing can give you some ideas on coping with stress but if you are still unable to cope, please do not hesitate to seek help from a counsellor or professional.

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# 27th Peninsular Malaysia Mission Session

MISSION SPOTLIGHT



## Vision Special Report

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# 27<sup>th</sup> Peninsular Malaysia Mission Online Constituency Session

The 27<sup>th</sup> Peninsular Malaysia Mission Constituency Session was held on 16-17 January 2022 and conducted online with the attendance of 110 delegates and 11 invitees. Of the 110 delegates, 56 were from the local congregations and 54 were the members of the 2016-2021 Executive Committee, including the current employees of the Peninsular Malaysia Mission and Malaysia Union Mission.

It was God's mercy and providence that led to the session being conducted in an orderly manner on the Odesi platform. It was also God's Spirit that bathed upon the hearts of the delegates, enabling them to make time to join the pre-session rehearsals and cooperate with the registration team. And above all, it was the Creator God who is still in control of our surroundings, and in our case, technology, even now in the 21st century.

Comments from the delegates who attended:

*"Everything was smooth...but maybe others feel not comfortable because all in English".*

*"As it's my first time & was done online... I am impressed with how it was run and effort was always proactive to meet all requirements. Always room for improvement but it was an amazing start to a way of conducting meetings. A shout out to the administration team for a job well done. At the same time, maybe more training or educating us delegates so that we don't come up with unnecessary comments in future."*

*"Strengths - Cost effective for all parties which including travel time to the place. It was indeed very convenient as you can go into the meeting immediately on and off. High tech - I was impressed to have the voting system from all the members just like we saw at some tv show. Good teamwork- this is very important to have a good team that corporate, test, run the whole process to make sure everything in order even to cover different languages. Timing control - Since we are using the tech, we can control the timing for each speaker.*

*Areas for Improvement - Tiring as looking at the screen for long hours is really uncomfortable and tiring. The stability of the Internet either on members or the host must be super strong to have the meeting smooth. In fact, I do realize that some of the video either had no sound or very soft when it was presented. The feeling of participation was somewhat lacking as we know that sometime the members were doing something else when their video was not on. Extra investment as not everyone has a phone or laptop or may need to purchase better internet or webcam. There was no personal touch as when the meeting ends, its all over."*

As the session was done online, it was possible for Pastor Tan Meng Cheng, the Mission President, to chair the plans committee and be part of the nominating committee. Often, the nominating session takes precedence, and the strategic plan for the upcoming session becomes 'something to do while waiting'.

But that is not the case. The plan is just as important as the election because this is where the local churches come together to understand the plan and bring it back to their respective churches. This then allows the churches to be the catalyst in encouraging their members to be on the same page and head in the same direction for the upcoming session in response to the 'I Will Go!' call.



# Mission Statement of Peninsular Malaysia Mission

## Our Vision

To prepare our members for Jesus' soon return & with united spirit and prayer, evangelize the whole of Peninsular Malaysia.

## Our Mission

We, the Seventh-day Adventist Church exist to preach the gospel to prepare the people in Peninsular Malaysia for Jesus Christ's second coming, by ministering to their physical, mental, social and spiritual needs through in-reach and out-reach programs of the church.

## Our Values

Productivity  
Accountability  
Transparency  
Humility

John 15:5  
Matthew 25:14-30  
1 Corinthians 4:9  
Philippians 2:5-8

Scan QR Code  
to watch PEM  
Mission Session  
Video Report



## Goals at the Mission Level

Here are the voted goals at both the Mission and Local church level:

### 1) Attendance

Book Membership Growth & Church Attendance Growth

### 2) Baptism

Baptism Growth – number of Bible studies

### 3) Collection

Tithe & Offering Growth

Mission goals do not belong to the Mission leadership who are but a few people. These goals, though monitored at the mission level, will need the commitment of each church member, such as you and I doing our part each moment, faithfully.

## Goals at the Local Church Level

What is the focus of your local church? What methods are you using to grow your church? How are we, as leaders, organising our church so that it can grow?

### 1) Identify 2 focused ministries

### 2) Plan an evangelistic effort based on “GROW YOUR CHURCH” focusing on these 5 goals:

- i) Church-wide Community Ministries
- ii) Active Literature Ministry
- iii) Vibrant Bible Study Ministry
- iv) Regular Evangelistic Meetings
- v) Systematic Discipleship Ministry

# Strategic Plans and Goals for 2022-2025

So how exactly are we planning to achieve those goals?  
Here are the voted strategies:

## Strategy 1: Spiritual Growth (Reach UP)

- 1) Sabbath School & Divine Worship Attendance
- 2) Mid-Week Prayer Meeting or Small/Care Group
- 3) Tithe and Offering

## Strategy 2: Leadership (Reach IN)

- 1) Discipleship
- 2) Lay People Giving Bible Study

## Strategy 3: Mission (Reach OUT)

- 1) Each church to focus on 2 outreach programs
- 2) Number of Bible Interest at 250
- 3) Number of Baptism Suggestion at 125

Now that the session has ended, and the leaders have been put in place, let us do our part to serve. Let us pray for the Holy Spirit to give us a vision so that when we answer the call and say “I Will GO!”, we will indeed go as led by the Lord.



# Report from Nominating Committee

## 1.0 PEM Executive Committee Members 2022-2025

### Mission Officers



**Pr. Tan Meng Cheng**  
Chair  
(President)



**Pr. Dennis Ng**  
Secretary  
(Executive Secretary)



**Chee Meng Keen**  
Member  
(Acting Treasurer)

### Institution Leader



**Koh Wah Heng**  
Penang Adventist  
Hospital CEO

### Department Directors



**Jasnah Makirim**  
Publishing Ministries  
(2022-2023)



**Pr. Tan Weoi Siong**  
Youth Ministries  
(2022-2023)



**Pr. Renie Ubara**  
Ministerial Association  
(2024-2025)



**Dr. Pua Sze Ning**  
Health Ministries  
(2024-2025)

### Pastor Representatives



**Pr. Robert Agustin**  
English Churches



**Pr. Tain Yung Yee**  
Chinese Churches



**Pr. Maclan Matthew**  
BM Churches



**Pr. Edwin Subramaniam**  
Indian Churches

### Lay Representatives



**Daniel Victor**  
English Churches



**Dr. Tah Kheng Soon**  
Chinese Churches



**Miller Juman**  
BM Churches



**John Mariappan**  
Indian Churches

### Lay Representatives



**Dr. Ng Teik Kee**  
Northern Region



**Lim Mei Huey**  
Central Region



**Teo Talent**  
Southern Region

## 2.0 PEM Ministries Departments 2022-2025

Full Time



**Pr. Renie Ubara**  
Ministerial Association



**Jasnah Makirim**  
Publishing Ministries



**Pr. Tan Weoi Siong**  
Youth Ministries



**Tan Thiam Yun**  
Women's Ministries  
Children's Ministries

Honorary



**Donny Tan**  
Communication



**Dr. Pua Sze Ning**  
Health Ministries



**Juli Jusep**  
Ministerial Spouses



**Lorna Tang**  
Ministerial Spouses



**Immanuel Tan**  
Adventist-laymen's  
Services & Industries

Part Time



**Pr. Maclan Matthew**  
Education



**Pr. Petrik Andrews**  
Family Ministries  
Adventist Mission



**Pr. Tan Meng Cheng**  
Public Affairs and  
Religious Liberty

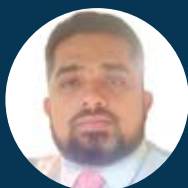


**Pr. Foo Shen Khoon**  
Sabbath School  
Ministries



**Pr. Robert Agustin**  
Personal Ministries

Part Time



**Pr. Stanley Somayya**  
Stewardship  
Ministries



**Pr. New Kean Seng**  
Adventist  
Community  
Services



**Pr. Benjamin Ng**  
Spirit of Prophecy



**Pr. Dennis Ng**  
Voice of Prophecy





# There's no boundary to "HOW" we can serve God

by Juneta Balacuit,  
Penang English

*Are you that bold to start up a project "alone" out of the blue, with no means of funding, and not under any ministry? All you have is that small prompting of the Holy Spirit. With only just six members, let us share how we,*

*encountered GOD!*

A White Flag project called Free Food, that started small in July, ended BIG during Christmas weekend at Penang English Seventh-day Adventist Church (PESDAC). Seeing the need of the community around us during the pandemic has stirred the heart of one of our church members, Brother Jayce Gooi.

Food is one of the basic needs of every individual. And yet, if that basic need is not fulfilled, you have nothing. Although feeding the needy was the aim of this Free Food project, God opened another door for us to feed them Spiritual food. An opportunity was soon put in place to distribute

Spiritual books/tracts. A team of six was only prepared to run the project every Sunday, for four weeks; and with only 50 packs of food prepared. No future plans were planned and no further funds were obtained. The aim was to just distribute food to whoever needs it.

The number of recipients from 15 pax in week one started to increase to 42 and 55 pax in the subsequent weeks. Words started to spread; calls started to come in asking about this project; and more volunteers turned up to help. From six members, we needed at least 10-15 volunteers! From 50 packs of food, we had to prepare 400 packs each week. From 15 recipients, we have over 200 (average) that comes week by week.

But God is not done using us! Our "four-weeks" timeline got extended till the end of the year! Donations of cash, food and fruits kept on coming in week by week. Seeing that God is our main provider, we decided to

share about Him with the recipients. Six scheduled "Sunday TALKs" were scheduled on alternate weeks. 60-70 recipients who attended these talks were seen leaving each time, with big smiles on their faces. Some were heard humming away the song that was played during the service.

On the last week of this project, the Music Ministry planned a special Christmas Program on 26th December. To our amazement, 140 recipients attended! Some came dressed smartly, some bringing their whole family and some even brought friends along. This event became an unplanned "Mini-Evangelistic Meeting" with a total of more than 3700 packs of food, 1169 books, 2342 tracts and 225 Signs of the Times, distributed throughout the project period. What an amazing way to end this. God is truly amazing and we are in AWE of all the wondrous blessings He had bestowed in making this small project, a HUGE success in the eyes of God!



A full congregation during the special Christmas program



Food recipients queuing up for SOP check



Recipients receiving their meals from PESDAC members

# With His power comes great opportunities

by May Yong,  
Utama Beacon

They say, "With great power comes great responsibilities", we say "with His Power comes great Opportunities".

Last December 2021, for the first time after months of virtual meetings, the members of Utama Beacon had the opportunity to gather for a fellowship dinner, finally being able to celebrate the joyous baptism of our two members, Brother David and Sister Joey, as well as welcoming our two newest members from Brazil, Sister Laryssa and Brother Deni. It was indeed a blessing to be able to meet our fellow brothers and sisters in 3D!

Spirit-filled, our latest baptized Brother David wasted no time reaching out to his peers to share the good news of salvation and the Sabbath truth. What started off as a COVID-discussion group led to a spin-off group of approximately 30 people (comprising of 85% non-Seventh-day Adventist Christians and 15% Non- Christian), all eager to learn more about the Bible's truth. We hope to share more truths with those who do not know yet of His good news, with God's will. "Use us mightily Lord, for Your purposes, that we may bring glory to Your name in all that we do. Amen."



Blessed baptism day for Brother David and Sister Joey



Fellowship dinner with Utama Beacon church members



Two newest members from Brazil - Sister Laryssa (right) and Brother Deni (right)

# It all started with some sweet cakes

by Anna Lee ,  
Ipoh Chinese

Moses Lui Chun Chee, a 76-year-old man shared his testimony. He is now a member of the Ipoh Chinese Seventh-Day Adventist Church.

Back in 1963, Moses started visiting different churches including the SDA Church formerly located in another part of Ipoh town.

An aunty who sold sweet cakes invited him to attend the Elim Gospel Hall Chinese Church. He found peace when he sang hymns on Sunday. One year later, he found Christ and was baptized in 1964 that was about 60 years ago.

In 1966, his father died after he was helping him for 2 years. Six months after his father's death, he went to Hong Kong to work in a factory that produced plastic bags for packaging garments. In 2000, after working for 34 years, he came back to Malaysia.

One day, while he was riding his bicycle, he came across a "GLOW" tract in Chinese, in a rubbish dump near the road side. The tract was slightly torn and also some parts of the printed material had faded.

However, a week later, he found a "GLOW" tract in his letter box. It has the same message about the prophecy found in the book of Daniel just like the torn tract he saw earlier. This time, the Ipoh Chinese SDA Church address was found stamped inside the folded tract. Jacqueline

Khong has been distributing those tracts at that time.

Since early November 2020 until the present time, he has been worshipping with us every Sabbath. Under the guidance of Pastor Jonathan Cheong and his wife, Elaine, he found new truths in the Bible. He mentioned that he has been a Christian for almost 60 years and yet there were truths that he didn't know of but praise God, now he does.

Thus, it led him to his baptism on 7th August, 2021. It was a happy day for him and today, he is just as happy in the SDA Church, the remnant church.

May God continue to bless you Moses and guide you on, in your daily walk with Him.



Group photo right before baptism



Moses was baptised by Pastor Jonathan Cheong



# 免费午餐活动

苏慧金姐妹，  
怡保中文堂



姐妹们付出擅长的厨艺



教友帮忙炒菜



弟兄姐妹分工准备食物

我被圣灵感动下，参与怡保教会主办的每周日派送免费午餐活动。

这活动已经开始了一年多，当我到达时，张师母以灵修作为圣工的开始。今天的午餐是卤豆腐蛋和炒茼菜，在师母的带领下，弟兄姐妹分工合作：洗菜、切菜、煮饭……看似一份简单的饭盒，其实在精心选材、颜色配搭、营养均衡的功夫下，一个都不可少。

耶稣在世上给了我们很好的榜样，祂不只是教导人们真理，祂还喂饱五千人（马太14章13-21节）和四千人（马太15章32-39节），照顾了他们身体上的基本需要。“只有基督的方法，能有感动人的真功效。救主与人同居，同处，确是一个为人群谋利益的人。祂与人表同情，奉承他们的需要，以此博得他们的信仰，然后再吩咐他们“来跟我。” MH 143.3”

我们从派23包饭盒开始，到今天140包。感谢上帝一直的带领、一班任劳任怨的教会弟兄姐妹的付出和有心人的捐献，不论是金钱、时间、物资、祷告，只为社区服务，为有需要的人给予一些的温暖与帮助。

其实对我来说社区服务更多的是帮助到我的个人灵命成长，并塑造基督的品格。

“基督的门徒乃是为服务而蒙赎的。我们的主教训我们：人生的真正目的就是服务。基督自己就是一个工作者，所以他给予凡跟从祂的人以服务的规律——为上帝并为同胞服务。基督在此为世人提供了更高的人生观，是他们所未想到过的。藉着为他人服务的生活，人就得与基督联合了。那服务的规律就要成为我们与上帝和同胞之间联合的链环了。COL 326.4”

# 《I will go 》 马来西亚半岛区会中文联合培灵会

马来西亚半岛区会中文教会联合培灵会

facebook  
zoom  
LIVE

**Part 1 大会主题分享**

日期 10月10日 2021  
(星期日) (星期六)

时间 7:30PM  
9:00PM

陈明强 牧师 马来西亚  
陈智新 牧师 香港

**Part 2 大会主题分享**

日期 11月12日 2021  
(星期日) (星期六)

时间 7:30PM  
9:00PM

王淑英 牧女 马来西亚  
陈智新 牧师 马来西亚

**工作坊**

8月21日 (星期六)

8月28日 (星期六)

9月4日 (星期六)

9月11日 (星期六)

林基保 牧师 台湾  
陈建强 牧师 马来西亚  
陈明强 牧师 马来西亚  
陈智新 牧师 马来西亚  
陈智新 牧师 马来西亚  
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陈智新 牧师 马来西亚

长达6月之久的计划诞生了《I will go马来西亚半岛区会中文联合培灵会》

2021年乃是一个多愁善感的一年，自疫情在2020爆发以来，无论是生活起居，商业及学府以及各个阶层领域连一接二都受到莫大的冲击和影响。此外，殃及池鱼的也包括教会活动和布道计划必须先暂息。在这变幻莫测的环境之下，甚至无法肯定疫情何时会结束下。我们祈求上帝赐给教会组织有聪明智慧，懂得如何用适合当下环境的方式和方法来为主传福音及培育信徒们的灵命成长。

过去我们都深知网络早已成为21世纪时代中，最具有跨越国界和文化地域的媒介。当网络逐渐渗入世人生活无法分割的一部分时，并且也造就人与人之间的关系更加轻易的连接。可见这网络趋势已经发展为人类最大的精神依赖和高效便捷的工具。因为有各大网络平台的供

应。我们中文堂牧者们共同制定有一场长达数月之久的属灵奋兴，希望也可以借助网络平台，联结全马各地中文教会弟兄姐妹们一参与布道和为主献身完成主所托付在众基督徒身上的使命。

在努力不懈的祈求圣灵的带领，以及经过各教会牧者的多方协调和合作，我们终于计划了长达6月之久的《I will go马来西亚半岛区会中文联合培灵会》，并且有非常明确的动机和宗旨，务必让全国各地的教会的弟兄姐妹明白这活动带来的目标和方向。我们各教会的牧者们会提前与当地教会领袖们提倡有关整个培灵会的意义。另外，在整个的大蓝图中，教友们的热心参与布道也是我们重中之重的目标。以下是整个活动的指标：



## 2021培灵会的宗旨

主题：我愿去

目的：奋兴教友

目标：达到至少半数的教友有经历上帝的体验

方向：经历与体验

对象：教友

合作团队：堂董会—教友

### I will go 我愿去培灵会动机

- 跨越传统培灵会框框
- 让教友多去做（听很多了）
- 动员教友同心同行
- 各堂要牧养自己教友的灵命特别在疫情时期
- 头尾分享，中间教友们“去”经历耶稣

### 工作坊培训与分享

这是培灵会中别开生面的线上工作坊，其中我们决定要开办八场，主要是分享有关如何为主传福音的装备。并且项目也回应全球总会《我愿去》的大主题。为要使教友们明白理解为主传福音，当中所使用的方法和经历。以下有来自不同国家的牧者和教会领袖按着各人服事的经历中与众人分享有关过去的经验和成功的例子。

#### 我愿去建造优质的教会（杜慕恒牧师）

台湾松山教会主任牧师

#### 我愿去社区服务（梁建成牧师）

关丹合心同善社区关怀协会主席

#### 我愿去个人布道（陈朝祥牧师）

槟安医院院牧

#### 我愿去查经（范少清长老/尤鸿齐弟兄）

新加坡三育中小学校牧；新加坡重生堂圣经教员

#### 我愿去为主增添门徒（陈嘉鸿牧师）

新加坡裕廊中文堂主任

#### 我愿去健康布道（范少良医生）

无国界医药布道士

#### 我愿去职场宣教（黄达颖牧师）

菲律宾IOU爱优中学留学计划校长

#### 我愿去在小组分享（黄俊宜长老）

澳洲Gateway教会创办人

在整个培灵会中必须有一个开启和结束的环节，所以我们有四位主讲人会以《我愿去》宏观的题目带给教友们一场属灵盛宴，综合工作坊和大会主题分享。让主内弟兄姐妹们更加地深刻清楚，当上帝的呼召众人为主服事献身时，但愿，我们的答复是坚定的回应《主，我愿去！》

#### 陈明祯牧师 马来西亚半岛区会长

（主题：我愿去 从我开始）

#### 焦望新牧师 华安联合会行政秘书

（主题：我愿去 请差遣我）

#### 王凯芬师母 马来西亚半岛区会长夫人

（主题：经历与上帝的合一）

#### 范少宾长老 爱能健康中心院长

（主题：还要等多久？）

此外，还有一系列有关各教会弟兄姐妹为主服事和作见证的故事和经历，恕我无法逐一藉着文字来宣达因为页数的关系，但是相信每一个经历见证都是感动和奇妙。每一位读者都想从中得知整个为主献身的美好经历。如今大家只需要开启面子书的搜寻功能打上「SDAC 线上联合聚会」名字。这就能够再次的观赏所有培灵会的分享。希望这一次的2021《I will go 马来西亚半岛区会中文联合培灵会》不会是一个结束，而是一个开始。因为我们相信主耶稣很快就会第二次复临了。但愿我们要紧握主所赐的应许和盼望，时刻仰望我们的主耶稣基督。在主复临之前，我们每一位忠心顺服的儿女早已预备妥当，一起的见证主荣耀大喜之日。



工作坊之一

# An Invitation For You

## Blessed to be a blessing through writing

Recognising that writing is a way of sharing how good God is, we, from the Vision team, would like to invite you to share your experiences or testimonies so you can be a blessing to others through this writing ministry.

## Write because God has written

You do not have to be a pastor or have good grammar to write for God. The truth is, God can use you to write effectively for His glory as long as you are willing to share the goodness of God with others. Let's write because God Himself has written.

You may think that your testimonies are not exciting, big, or just the same as everyone else's, and hence, not worth the time it takes to be shared.

There is a quote by S.A. Tawks, "No two stories are the same. They may seem the same at first glance, but, once you take a closer look, give the story some of your time, you realise its unique qualities."

A testimony is a story, and we love stories. Who doesn't??

In all honesty, people today tend to be more open to personal stories, testimonies, and experiences than "mere teachings and ideas."



## So here is a reminder for you

Sharing your testimony, no matter how big or small, is a way of glorifying God and pointing others to His love, goodness, and mercy. Sharing your experience is sharing a story of God's hope—something that everyone is longing to have, whether they realise it or not.

There are no two testimonies alike, and you never know how yours—unique and God-led—can be a blessing to the person reading it.

So, share your story for the June 2022 issue. We are looking forward to your contribution to this writing ministry. God bless.

## vision Article Submission Guide

You are welcome to write for the edification of our members. Share with us your experience with Christ. What's the latest with your local church?

We welcome scripts from all local church members of sister-institutions of Seventh-day Adventists in areas of:

News and Testimonies (800 to 1,600 words), Evangelistic program and activities (400 to 800 words)

We reserve the right to edit / delete / reject all scripts to ensure that it is for the purpose of edifying our members.

Deadline:

-15th Jan (for Mar Issue)	-15th Jul (for Sep Issue)
-15th Apr (for Jun Issue)	-15th Oct (for Dec Issue)



### Write

Indicate name / pseudonym, church / organization



### Check

Check spelling and grammar, use appropriate punctuation



### Avoid

Avoid insert picture in MS Word  
Avoid whatsapp compressed photo



### Photo

Send original high-res photo  
atleast 1MB / 300dpi with caption



### Email

vision@adventist.org.my

# 感恩的圣诞

颜启美，  
双溪大年中文堂

文武双全为主用，  
明光照耀证宏恩。  
凯歌高颂赞主恩，  
琴瑟共鸣奔天路。

以上诗句，是由梁建成牧师临场提笔一诗，献给我们双溪大年教会在2021年12月25日要受洗的秦文明弟兄和许凯琴姐妹。

不知不觉，我们在这疫情下也度过了一整年。眼看2021年快要结束的时候，本堂再一次的鼓起勇气、接受挑战举办了2天1夜的圣诞感恩受洗营会。今年，很多教友和来宾们都没有办法和胆量去完成旅行的梦想，而本堂也不想让大家带着有遗憾的心情进入新的一年，所以，特举办了此营会。经过去年要举办的母亲节活动，却临时面对政府喊卡的经验来看，我们相信，上帝若不允許的事情，祂是会及时给我们回应的。就这样，在没有任何的阻扰和障碍下，我们成功度过了一个极期待又难忘的圣诞节。

日莱峰是马来西亚吉打州北部最高的山。山顶空气清新凉爽，年尾，晚上最低的温度是19度。2020年我们也选择在这里举办了《不一样的圣诞》。当时，来参加我们此活动的2位来宾，在1年之后重返此地，他们却成为了今天的主角，接受主、受洗了！

54位参与这次营会者，有一半是来宾。此次营会的重点是受洗和联谊，也希望藉着此营会能再次提醒我们，耶稣基督的降生所带给我们的爱、平安和盼望，是永远长存的。通过安息日学的学课分享、牧师证道的题目-《把爱带回家》的信息、受洗者的见证，儿童大自然中的探索、青年人的有趣圣诞话剧，联谊中的游戏等等，都让大家得到满满的祝福和喜乐，使我们在欢喜声中度过了2021年最感恩的一夜。

在此，特别感谢区会能特派梁建成牧师来为我们主持洗礼，还有黎伟良弟兄来协助我们少年班的分享。当然，我们也不忘幕前幕后本堂所有的委员和教友们的协助、帮忙和参与。在这疫情下能顺利的完成此营会，一切都是神的带领和赐福。我们期盼，在2022年的圣诞，凡有来参与此次营会的人，愿下一个的圣诞，就是您的受洗日了。这是我们的祝愿和希望！



胡教士证道 《把爱带回家》



青年人圣诞话剧



幸运儿 - 左起：莊仁，癸谿，伟梁，幸聪，胡教士



# 见证分享： 我受洗了！

许凯琴，  
双溪大年中文堂

大家好，我是许凯琴，我当幼教老师已有9年的日子了。当我开始踏入工作生涯的第二年时，我认识了一位同事。在受了她的影响之下，我开始变坏。我学会了喝酒、说谎和抽烟等不良习惯。不久之后，我的父母也发现了我的改变，因为我每天不到三更半夜都不回家。之后，我决定要离开教育界不当老师了，因为我觉得自己没有当教师的资格。当我把辞职信交给老板的时候，她泪流满面，想尽办法要把我留在她的幼稚园。我的父母和阿姨则一直苦口婆心劝导我要好好做人，回头是岸。有一天，当我自己安静地回想这一段日子时，我突然清醒了过来，发现自己的生活怎么会过的如此不堪。最后，我决定不再和我的那个同事交往，而继续留在教育界当教师。

之后，我的老板带我去过不同的教会参加活动。而我也在参加教会的活动中，认识了双溪大年基督复临安息日会的许素美姐妹和符梅爱姐妹。而在2019年，素美姐妹又来邀请我们去参加第一次来双溪大年举办圣诞节的316诗歌分享会。当时，我深深的被他们的歌曲所感动。就这样，我和素美姐妹的联系开始了，我们一起聊天和用餐。

又过了一年，上帝又安排素美姐妹来邀请我去参加圣诞节的活动。这次，我毫不犹豫地就答应了。可是我心中又有一些后悔，毕竟我不认识教会里的其他人，心中难免有一些担忧和尴尬。到了当天，我也正愁着不懂要和谁开

始聊天时，上帝似乎听到了我的心声。我要非常的感谢上帝，因为就在这个时候，祂安排让我认识了黄小姐和启美姐妹，而我们三人，一见如故，聊的非常愉快。而她们俩人不约而同地一起邀请我，在星期六到教会去和她们一起敬拜上帝。

自2020年12月26日第一次去教会认识上帝之后，我就没有中断过去教堂聚会的日子了。其实，自我教书以来，每个星期六都必须回学校上课的。可是，当我决定星期六要去教会学习的时候，上帝又再一次施行了祂的神迹，直到现在我都能在星期六不用去上课。这个破例的工作安排真的让我感到非常的奇妙，若不是神的开路，我也不可能享有这样的恩典。自从我认识了上帝之后，祂让我改变了很多不良的习惯和态度，就连我的家人都看得到我有很大的改变。

回顾这一切，上帝似乎已经为我预备和安排好了未来，就等着让我自己去发掘、寻觅、顺服和跟随祂罢了。今天，我要特别的感谢上帝，安排了三位美丽的天使来到我的生命中，传福音和不停的教导我。我如迷失的羊在这世界中，“你们中间谁有一百只羊，失去一只，不把这九十九只撇在旷野，去找那失的羊直到找着呢？”（路15：4）经过1年的查经后，我决定在2021年12月25日受洗了！我愿把我的生命完全献给主，也愿把一切的荣耀归给主。感谢神爱我和没有放弃我！阿门！



梁牧师灵修分享



# 见证分享： 再次接受主

秦文明，  
双溪大年中文堂



秦文明和许凯琴的受洗立约

我是秦文明，今年55岁，我的太太是一位天主教徒。我和太太在沙巴结婚后，1994年回到了吉打。那时我女儿才三个月大。在女儿四岁上幼稚园的时候，我们接触到莪侖（Gurun）的一间教会，不久之后，我们就在这间教会接受福音，洗礼成为基督徒。

廿多年前，我是一位不冷不热的基督徒，工作和家庭上总是遇到很多的不如意。2018年，在没有任何预警的钟声下，我失业了。当时，在我快供儿子读完大学时，我妈妈突然病卧在床而哥哥却不幸的去世了。家里沉重的经济负担，突然成为了我的包袱。妈妈在养老院的费用也不小，住了一年，在经济上我实在是没有办法再支付下去，只好把妈妈接回家里住。那时候，基督复临安息日会的牧师和弟兄姐妹常常为我的母亲代祷，奇妙的事

情就发生在我母亲的身上。三个月后，原本行动不便的她却可以行动、自理和打理家务事，感谢赞美主！

复临教会有一位姐妹介绍了我一份工作，当我兴致勃勃去上班，做了一段时日之后，我再一次面对人生的挑战。医生告诉我，患上了小肠炎，必须马上动手术。而我又暂时面临工作范围被受限制的压力了。不好的事情陆续的发生在我身上，撒旦似乎一直攻击我。在我动完手术后不久，我接到一位官员来电说，因有人盗用了我的名字而要我去接受调查。胡森生教士在我感到非常惊慌的时候提醒了我要凡事交托给神。弟兄姐妹再一次的为我代祷，而我也一次又一次的经历上帝的恩典。事情经过调查之后，终于圆满的解决了。

2020年的圣诞节，我太太接受了基督复临安息日会的教导并选择要重新的洗礼。当牧师邀请我和太太一起洗礼的时候，当时，我心理还没有准备好。时隔一年，2021年12月25日，我决定将自己的生命再一次的奉献给主，接受主为我个人的救主。

感谢这些年来，上帝都没有放弃我，还有胡教士和弟兄姐妹一直都陪伴着我们，不停的为我和我家人代祷，感谢大家对我的关爱，让我再一次的感受到神的爱。若你还再犹豫、还没有接受主，那就赶快洗礼接受主耶稣为你个人的救主吧。

愿一切荣耀都归给我们在天上的父，愿上帝祝福你们。

# My Family's Encounter With Covid-19

by Roseh Pamajah,  
*PJ English*

In July 2021, both my son and husband were infected with C19. My son had flu symptoms and was tested positive for C19. My husband experienced milder symptoms, he had a slight fever and eventually lost his sense of taste. I was working from home due to the MCO and had to care for two C19 positive family members. As a result, it was difficult because both of them had to be quarantined in their respective rooms, and I had to prepare and provide their meals, natural supplements, and remedies on top of my office tasks.

I praise God that both of them were totally healed through prayers and the blessing of God upon the natural remedies and supplements they received. They took garlic oil, horseradish, ginger and lemongrass tea, lots of fresh fruits and vegetables, fresh coconut water, zinc, vitamin D3, vitamin C, and received steam inhalations.

I also praise God that both my youngest son and I were spared from the C19 infection despite living with and caring for C19 positive family members. God is good.

I had a wonderful experience caring for two C19-positive people. I realised that God is the ultimate Healer. He can use both natural treatments and modern medicine to bring healing, and He can also choose not to heal according to His purpose and will. In our experience, God healed my family through natural supplements and treatments, as none of them were hospitalised or quarantined at any centers.

My husband was diagnosed with diabetes several months before the C19 pandemic began in February 2020. The doctor had wanted to dispense medication for his diabetes, but he

respectfully turned it down. He decided instead to make a total lifestyle change, trusting that God would empower him to go through any challenges and bless him with healing and restoration.

My husband totally cut off sugar and processed foods from his diet, reduced carb intake significantly, ate only fresh fruits, vegetables, healthy oils, practised intermittent fasting on 18-hour fast/6-hour eating window, and exercised regularly. The lifestyle changes brought remarkable positive results; his blood sugar level went down to a healthy level, and he also lost about 15 kg.

My husband was infected with C19 last year when he had experienced a healthy physical turnaround. We believe God allowed the diabetes to wake him up to pursue a positive lifestyle change in preparation for the coming C19 pandemic. We could not dare imagine the outcome of the C19 infection on him if he is still obese with diabetes.

There is no shortcut to good health. Healing does not come from substances manufactured in the lab. Those who want to be healthy need to be disciplined and committed to achieving this goal, relying on Biblical principles and counsels from SOP while trusting fully in the promises of our mighty God to empower and deliver.

Adventists are blessed because God has entrusted us with health messages and knowledge of natural treatments and supplements. This is the time that we should learn the true meaning of these health messages and embrace them in our lives personally. If we are spiritually strong and also physically healthy, we will be able to be used by God to be a blessing to others. God is in full control of our lives. He

decides the dates of our birth and death. In between these two dates, we will encounter problems and challenges, such as the C19 pandemic but there is nothing to fear because the pandemic will not change God's plans and purposes for our lives if we continue to fully surrender our lives to Him.

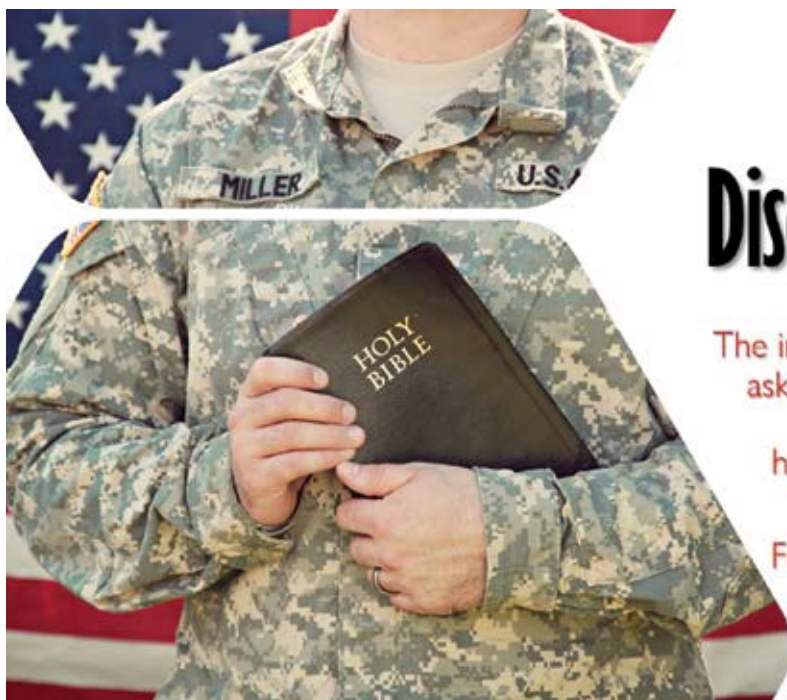
God is above all vaccines, boosters, and modern medications. All our trust should be in God as we acknowledge Him as our Master Healer of all sicknesses and diseases.

My heart goes out to those who are paralysed with fear of C19. This fear comes from the devil. The devil wants to rob God's children of the peace and abundant life that God has promised to those who put their trust in Him. It is my hope that we, the Adventists, will rescue these people by sharing the health message and hope in our Lord Jesus.

My wish for all of us in the year 2022 is that we will take steps to recommit our lives to God. We will make efforts to learn about natural treatments and supplements, and practise them in our lives. We need to taste and see that our Lord is good.

C19 pandemic may end or stay with us until the second coming of our Lord, but we have nothing to fear because our Lord is still in control. God allows the C19 pandemic to bring the realisation that the world is coming to an end soon, and we need to be ready.

Let us take advantage of the C19 pandemic to make positive changes. Let us share the health message with others, bring comfort and hope to those who are living in fear. Let us live to glorify our Lord and Saviour, Jesus Christ.



# DiscoverHope.My

The invasion of Ukraine got you asking Bible questions? Find answers here –  
<https://discoverhope.my>

Free Bible Study Guides

## To find Bible study interests right now, you can ...

1. Call previous Bible study leads, bible/health (or family life, etc.) seminar attendees, and missing church members as the current crisis has likely awakened dormant spiritual interest. Pray with them and invite them to log on to <https://discoverhope.my> for their FREE online Bible lessons (aka Voice of Prophecy – VOP).
2. Distribute strategically placed Discover Hope (VOP) promo cards, tracts, and books with Discover Hope website printed on them. A well-placed tract, card or book still has the power to arrest the attention.
3. Insert VOP promo card inside the “Coronavirus and Immunity” GLOW tract or another GLOW tract of your choice before distributing.
4. If you have a church bulletin, say something like, “COVID-19 got you asking Bible questions? Find answers at [discoverhope.my](https://discoverhope.my)”.
5. Share a link to Discover Hope website via social media and text messaging.
6. Just ask! Even while maintaining safe social distance, you can still ask friends, neighbors, co-workers, or even strangers if they would be interested in studying the Bible. If they show an interest, you can refer them to [discoverhope.my](https://discoverhope.my) or even sign them up from your smartphone right there on the spot. Better yet, you can schedule a time to study together over the phone or by video chat, using the Discover Hope online lessons.
7. We make it easy for anyone interested to study the Bible. We can make it available in digital media format, send an mp3 via WhatsApp or an mp4 file over Telegram. Anyone can view or study from the comfort of their own home.

# 不住祷告 Pray more, worry less.

八打灵中文堂

“故此，以色列人要世代代守安息日为永远的约。”出埃及记 31:16

MUET (Malaysian University English Test) 是一项我国本土的英文考试，此考试对于许多想发展于电子互联网，建筑或医学的马来西亚大学生来说尤其重要，但这项考试的时间通常坐落于安息日，导致许多本会教友无法参与此考试。

为此，位于沙巴的本会学校已多年向沙巴当地教育部申请在除安息日以外的时段进行这项考试。感谢上帝和弟兄姐妹的代祷，沙巴当地复临学校成功申请在 12月19日（星期日）进行 MUET 考试，给予所有需要 MUET 文凭的教友们机会。

紧抓着此次难得的机会，沙巴当地许多青年以及本会几名教友也前往沙巴担波罗里 (Tamparuli) 参与此项考试。

此外，原定于1月19日（星期六）进行的 2021年 SPM 国语与英语口语考试也在沙巴教会与当地政府合力为基督复临安息日会考生的争取下成功挪移至 1月21日（星期一）。

我们满心感谢上帝的恩典，祂晓得祂孩子们的需要，祂是信实的耶和華。

后记：我们为本堂两名基督精兵而感到骄傲，希望本文能鼓励更多的年轻人为主而站立。

“Pray more, worry less.” This is a quote we have heard before.

However, how many of us can do this? When we face problems, will we really pray? Or will we choose to worry?

This is how I pass my time when I face problems - worry, worry, and worry. However, I eventually found out that worrying does not solve any of my problems. As I grow older, somehow I get ‘tired’ of worrying.

MUET is a MUST in our school. A deadline of one year is given to every student. Within this one year, everyone needs to get this exam done. A few months passed. I met a person who told me an important thing, “Anywhere you go, you will be sure to face sabbath problems. However, if you decide to cling to God, He will never let you down.”

Yes, God is a true God. He will never let His children down. Yes, thinking back on all the years that have gone by, God has never let me down, regardless of me worrying or not. To be honest, I didn’t have any hope of getting this MUET exam done. I had even decided to go for another exam. This exam that fell on a Sunday came as a miracle from God.

Yes, our heavenly Father has a thousand ways to provide for us, of which we know nothing. Choose to trust God. Today.



马迪奥斯当敖（右）召开记者会，左为陈泓缜。

SPM 大马教育文凭

## 民统党促教部检讨 SPM 应避开周六祈祷日

2021年12月16日 1973点阅

责任编辑：前线小编

（吉隆坡16日讯）沙巴民统党主席拿督斯里马迪奥斯当敖促请政府，重新检讨 2021年大马教育文凭（SPM）的考试时间表，避免把考试安排在基督复临安息日会（SDA）的周六祈祷日进行。

他说，政府早前公布时间表时，将一些考试安排在周末进行，引起各方反对后，已进行调整，让学生无需在周日回校考试，唯仍有2个科目，即国语和英语口语试依然是被安排在周六（2022年2月19日）进行。

马迪奥斯当敖今日在国会媒体室召开记者会时认为，该安排并不合理，因这将导致信奉基督复临安息日会的师生，因需要履行宗教信仰无法参与这2项考试。



## UPCOMING EVENTS

(Due to the Movement Control Order, the nature of these events may differ from original)

# April 2022

<b>01-02</b>	SS/PM	Bible Webinar 1: Genesis -In The Beginning	PEM
<b>02</b>	Ministerial	Day of Prayer and Fasting	PEM
<b>03</b>	MSA	Ministerial Spouses Association	Southern
<b>05</b>	Ministerial	Ministerial Face Time	PEM
<b>10</b>	HM	The New Life with Covid 19 (Bahasa)	PEM
<b>11-15</b>	Ministerial	Continuing Education Program	PEM
<b>16</b>	PUB	World Impact Day	PEM
<b>16-22</b>	PUB	Literature Evangelism Rally Week	PEM
<b>17</b>	Admin	Executive Committee Meeting (2)	PEM
<b>24</b>	HM	The New Life with Covid 19 (English)	PEM

# May 2022

<b>14-15</b>	SS/PM	Theme: Connect - Regional Training Phase 1 (Physical)	Central
<b>19-20</b>	WM	WMLC Level 1.1 (Patch-up Classes)	PEM
<b>26-27</b>	WM	WMLC Level 1.2 (Patch-up Classes)	PEM
<b>28</b>	STW	Stewardship	Central
<b>29</b>	HM	Lifeskills- 201.1 - Healthy Heart Living	PEM

# June 2022

<b>02-03</b>	WM	WMLC Level 2.1 (Patch-up Classes)	PEM
<b>09-10</b>	WM	WMLC Level 2.2 (Patch-up Classes)	PEM
<b>12</b>	HM	Lifeskills- 301.1 - Survival skill-BM / KOSPEN	PEM
<b>13-17</b>	Ministerial	Ministerial Week of Spiritual Emphasis	PEM
<b>16-17</b>	WM	WMLC Level 3.1 (Patch-up Classes)	PEM
<b>20-24</b>	Ministerial	Week of Spiritual Emphasis	PEM
<b>23-24</b>	WM	WMLC Level 3.2 (Patch-up Classes)	PEM

## NOTICE FROM PEM

### APPRECIATION

We want to thank **Sister Hew Pow Nyok** for her ministry as Global Mission Leader from 01 October 2012 to 31 December 2021. We pray for God's richest blessing to be upon her and her family as she has been blessed with her first grandchild.

We want to thank **Sister Wee Han Yen** for her ministry with Treasury team from 16 October 2019 to 31 December 2021. We pray for God's richest blessings to be upon her and her family.

We want to thank **Brother Jay Edison Lawrence** for his services with Peninsular Malaysia Mission as a church pastor from 01 February 2020 up to 31 December 2021. We pray for God's richest blessings to be upon him and his family as they move on to other endeavors.

We want to thank **Sister Ellen Nathan** for her ministry as the Health Ministries Department Director from 01 February 2016 to 31 December 2021. We pray for God's richest blessings to be upon her and her family.

### ASSIGNMENT

Pastor Petrik Andrews has been assigned to Taiping and Nibong Tebal churches beginning 01 February 2022. He also serves as the Family Ministries and Adventist Mission Department Director.

Pastor Tain Yung Yee has been assigned to Johor Bahru English church beginning 01 March 2022. He continues to pastor Kluang Chinese.

Pastor Soon Yik Foo has been assigned to Tampin English church beginning 01 March 2022. He continues as the church pastor of Melaka.

Pastor Cheng Chiew Kang has been assigned to Skudai Chinese and Kulai Chinese churches beginning 01 April 2022.

Pastor Foo Shen Khoon has been assigned to Penang Chinese church beginning 01 April 2022. He continues as the church pastor of Sungai Petani Chinese.

Pastor Robert Liaw has been assigned to Kuala Lumpur English church beginning 01 April 2022.

Pastor Lim Yee Loon has been assigned to Lighthouse beginning 01 April 2022. He continues as the church pastor of Farlim.

Pastor Maclan Matthew has been assigned to Megah Ria church beginning 01 April 2022. He continues as the church pastor of Johor Bahru BM and oversees Ulu Tiram as he mentors Brother Kevin Phuah.

Pastor Daniel Devadanam has been assigned to Bagan Datuk church beginning 01 April 2022.

Pastor Subramaniam Rosiah Philip has been assigned to Bukit Jelutong and Klang Indian churches beginning 01 April 2022.

Pastor Pragash Muthiah has been assigned to Klebang and Hutan Melintang churches beginning 01 April 2022.

Pastor Joshua John has been assigned to Johor Bahru Indian church beginning 01 April 2022.

Pastor Edwin Subramaniam has been assigned to Puchong Indian church beginning 01 April 2022. He continues as the church pastor Kuala Selangor.

Pastor Jacob John has been assigned to Teluk Intan Indian church beginning 01 April 2022.

Elder Hendru Nellsan has been assigned to Penang Indian and Kulim Indian churches beginning 01 April 2022.

## WELCOME

We want to welcome **Brother Rayne Clement** to the ministry. He has been assigned as the intern pastor of Penang English starting 01 April 2022.

We want to welcome **Brother Kevin Phuah** to the ministry as a Bible Instructor starting 01 April 2022. He will be working under Pastor Maclan Matthew at Ulu Tiram.

We want to welcome **Sister Olivia James** as the Writer/Content Developer with the Communication Department starting 01 March 2022.

# PERSPECTIVE

## God-led past...Glorious future

"In reviewing our past history, having travelled over every step of advance to our present standing, I can say, Praise God! ...We have nothing to fear for the future, except as we shall forget the way the Lord has led us, and His teaching in our past history". LS 196.2

How the Seventh-Day Adventist Church was established – this we already know by heart. However, not many of us are well-versed about the history of our local churches here in Peninsular Malaysia. How did it even start? Have you ever wondered?

In this new 4-part series entitled PERSPECTIVE, let's go on a journey back in time, so we can trace the steps of our pioneers, and above all, how God orchestrated the building of the Adventist churches here in Peninsular. With so many uncertainties around us, impacting ourselves, our loved ones and even church members, things may seem hopeless, affecting the local church as a whole.

Prayerfully, by looking to the past, we can find hope because God was faithful in the past and He still is and forever will be.



Above: The first Seventh-day Adventist Church building in Kuala Lumpur, completed in 1927.



Right: The Peninsular Malaysia Mission building back then.

## Chronology in brief

1888|1904|1906|1911|1913|1914|1917|1919|1925|1927|1957|1973|1988|1996

1888-  
1903

Between these years, Abram La Rue, an American literature evangelist headquartered in Hong Kong, worked in Peninsular Malaysia. H. B. Meyers, an Indian convert, trailed him closely. In the early 1900s, many Adventist literatures were sold and spread throughout Peninsular Malaysia.

1904-  
1905

G. F. Jones and his wife, together with literature evangelist Robert A. Caldwell, were dispatched to Singapore and Peninsular Malaysia by the Australasian Union Conference in 1904.

Peninsular Malaysia, comprising the Straits Settlements, was placed to the Australasian Union Conference's jurisdiction by the General Conference Committee in 1905.

1906-  
1910

G. F. Jones reported in 1906 that a newly converted Chinese family had relocated to Kuala Lumpur from Singapore. However, no Adventist missionaries were dispatched to Malaya until Roy P. States arrived in the early part of 1911.

Few were dispatched to the Peninsular, but most worked in Penang, including F. J. Parkin, an Australian literature evangelist stationed in Singapore. W.W. Fletcher, another Australian missionary, assisted him.

Amy Chan Teck Sung, who later married and became Amy Tan Soo Meng, was Singapore's first local worker. She canvassed in Penang, Kuala Lumpur, Ipoh, and Seremban, all of which had large Chinese communities and their families. Chan Thiam Hee, her father, was a Chinese tract seller. This was Peninsular Malaysia's first introduction to Chinese Adventist literature.

The General Conference established the Asiatic Division in 1910, with responsibility for the region that included Peninsular Malaysia, despite the fact that there was no institutional structure in place at the time.



## 1911-1914

Roy P. Montgomery and his wife arrived in Kuala Lumpur from the United States in early 1911 to begin a permanent work with for the denomination. They rented a small hall in Kuala Lumpur's southern district, where they held services twice a week with a large turnout of educated Tamils and a few Chinese, predominantly Catholics. Mrs. Montgomery later studied the Bible with a group of Chinese Nyonyas—straits-born Chinese women—in Malay and English.

A. R. Duckworth, a Singaporean convert, moved to Kuala Lumpur with his wife and children to work among the Tamils. He was a well-educated Anglo-Indian with a strong reputation in both Singapore and Southern India. Duckworth's eldest son and a Tamil man were baptised after a few months of labour. These were the first Tamil converts in Kuala Lumpur.

F. A. Detamore held a series of tent meetings in 1914, as a result of which four Tamil-speaking people were baptised.

## 1913

On January 4, 1913, the Malaysian Mission (which later became the Malaysian Union Mission in 1918) was formally established. Six local missions have been formed:

East Jaya Mission  
West Jaya Mission  
Sumatra Mission  
British North Borneo Mission  
Straits Settlements Mission  
Federated Malay States Mission

Until the dissolution of the Singapore Mission in 1932, the Malaysian Mission's territory did not include the states of Johore and Malacca.

## 1914

In 1914, the Federated Malay States Mission was established. George A., a missionary from the United States, was appointed as the mission's director, secretary, and treasurer.

The mission office, which was located at 5, Brickfield, Kuala Lumpur, was staffed by 12 members of the church. Thompson was aided by A. R. Duckworth, who was fluent in Malay.

## 1917

When the Malaysian field was organised as the Malaysian Union Conference, the church membership doubled. According to a report by W.T. Knox, treasurer of the General Conference, the church was primarily made up of Tamil converts from India.

Thompson was also given the authority to use the Harvest Ingathering funds to acquire land in Kuala Lumpur in 1917, which was a highlight of the year. As a result, plans were made to establish the first Adventist church in Kuala Lumpur.

## 1919

The first hall endeavour on the Malaysian Peninsula was held in Kuala Lumpur's Chinese Hall, with the Hakka community as its objective. The effort was followed by weekly meetings and house-to-house outreach.

## 1925-1926

Because Chinese people made up the bulk of the population, the distribution work began with them and later proved fruitful. The church witnessed a significant growth in membership. Nearly all of the 102 converts baptised in 1925 and 1926 were from non-Christian Chinese backgrounds.

## 1927

The first Seventh-day Adventist Church building was completed, located on Bukit Bintang Road, Kuala Lumpur.

## 1957-1972

Malaya Mission (Seventh-day Adventist Mission of Malaya) was formed and placed under the Southeast Asia Union Mission.

## 1973-1987

West Malaysia-Singapore Mission was further consolidated under Southeast Asia Union Mission

## 1988

West Malaysia, renamed as Peninsular Malaysia Mission, and Singapore Mission, eventually known as Singapore Adventist Conference, became two entity and came under the supervision of Southeast Asia Union Mission.

## 1996

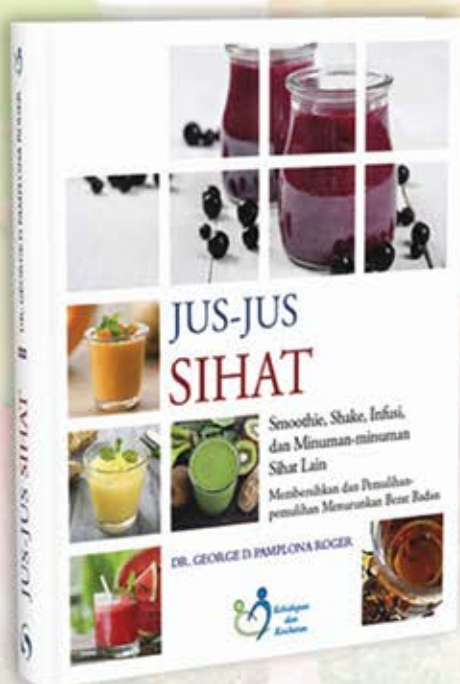
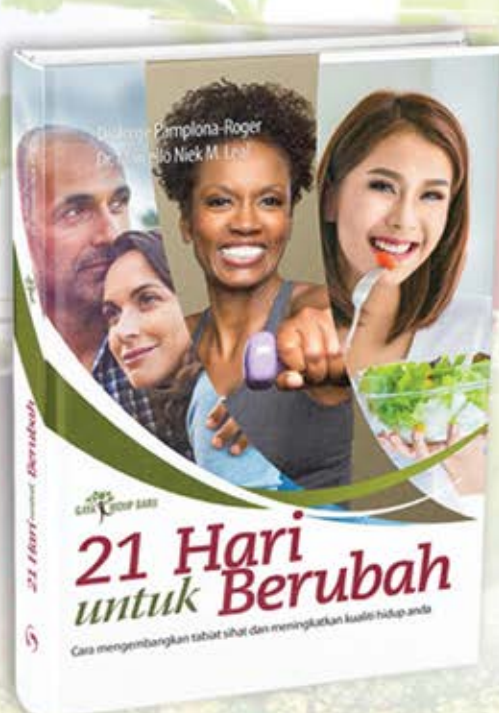
The church in Bukit Bintang was relocated to Kuchai Lama.

The establishment of the Peninsular Malaysia Mission and our first Seventh-Day Adventist church building started with missionaries from foreign lands, committed to share God's truth to the people of Peninsular. This teaches us that God can do great things provided that we persevere and stay faithful in doing His work. So, if you or your church is struggling during this unprecedented time, let our history be a reminder that God is still there with you, working on your behalf.

Information extracted from:


- 1) Encyclopaedia of Seventh-Day Adventist - ESDA | Peninsular Malaysia Mission (adventist.org)
- 2) PEM official website - History of Peninsular Malaysia Mission | PENINSULAR MALAYSIA MISSION (adventist.org.my)

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# LOVING The Forgotten

Hello everyone, how are you doing? I'm Pastor Weoi Siong Tan, the Youth and Young Adult Ministries Director for the Peninsular Malaysia Mission of the Seventh-day Adventist Church. I pray that all who are reading the articles and latest updates in this Vision magazine are well.

There are many conversations about young people's involvement in the church. Below are some I've heard from the local churches where I was the pastor:

- 1. We need more young people to be involved in our church worship**
- 2. We need more young people to join our youth programmes**
- 3. We need more young people to join the pastoral ministry**
- 4. We need more young people in church leadership**

Young people who are part of our church carry the responsibility of bringing the Gospel to the community. What can the church do to prevent young people from leaving and increasing their church participation? For so many years the same question has been asked by many.

The church must strongly emphasize biblical teaching, prayers, and discipleship, especially targeting young people.

We are called to proclaim, not to entertain. In Galatians 5:22-23, "But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law," - young people need changes if their lives don't bear fruits. Bearing good fruits in life is crucial and the fruits will help young people to love God wholeheartedly and love people more. If our actions don't help us love others and Jesus more, we will not be making disciples. Pray unceasingly until change happens in your life.

Jesus is coming soon! Jesus' return is about reuniting Himself with us. According to the Bible, the author of Revelation, John, writes of his vision of Christ's return. He says, "Behold, he is coming with the clouds, and every eye will see him, even those who pierced him, and all tribes of the earth will wail on account of him"

Youths and young adults, let's keep our priorities right. My appeal to everyone is to constantly live in God's presence and enjoy His love. Remember to love God wholeheartedly and love people fervently. Blessings!

There will be an upcoming 2022 Global Youth Day, "Loving the Forgotten", on 19th March 2022 worldwide. Please pray for young people from all the churches who will go and serve the community.



For more information and details, please visit the PEM Youth Ministries Facebook page at [www.facebook.com/theyouth.pem](https://www.facebook.com/theyouth.pem). Please click LIKE & FOLLOW the page. Additional resources at <https://www.gcyouthministries.org/>. Thank you.



# Resipi Rahsia dalam Rancangan Misi

oleh Tan Meng Cheng,

Presiden, Peninsular Malaysia Mission

Benjamin Franklin pernah menyatakan, “Jika anda gagal merancang, anda merancang untuk gagal.” Dalam erti kata lain, kejayaan tidak berlaku secara tidak sengaja. Anda perlu merancang, merangka jalan kejayaan dan menuju ke mana anda mahu tuju. Apa yang saya telah pelajari dari melakukan pekerjaan Tuhan ialah, “Jika anda gagal menyerahkan rancangan anda kepada Tuhan dan kepimpinan Roh Kudus, anda merancang untuk gagal dengan teruk.”

Dalam rancangan misi, kita perlu mengenali bahawa, “bukan dengan kekuatan tentera ataupun kekuatanmu sendiri, melainkan dengan Roh-Ku.” (Zakaria 4:6)

## Rancangan Tuhan adalah Yang Terbaik

“Rancangan kita bukanlah rancangan Tuhan...tetapi satu perkara yang kita boleh yakin adalah, Tuhan akan memberkati dan menggunakan mereka yang ikhlas mengabdikan diri dan segala yang mereka miliki untuk kemuliaanNya bagi memajukan tujuanNya.” (MHH 277.3)

Dalam Tuhan kita harus memuliakan Dia dan bukanlah diri sendiri. Apabila Yunus memilih untuk mengikut rancangannya sendiri dan melarikan diri dari panggilan Tuhan, dia berakhir di dalam perut seekor ikan besar. Apabila Yunus memilih untuk menuruti rancangan Tuhan, dia berjaya memperoleh kumpulan umum (kumpulan penginjilan) yang terhebat dalam sejarah di mana seluruh penduduk bandar Niniwe bertaubat dan kembali kepada Tuhan. “Dalam penjagaan dan minatnya yang penuh kasih terhadap kita, Dia lebih memahami kita... tidak membenarkan kita untuk mencari grafitasi cita-cita kita tersendiri...Selalunya rancangan kita gagal agar rancangan Tuhan bagi kita akan berjaya.” (MHH 277.4)

## Roh Kudus Adalah Kunci Kejayaan

Dari cerita sebelas murid (Kisah Para Rasul 1:13) yang berkumpul di bilik atas dengan seratus dua puluh orang, mereka berdoa dan menyelidiki rancangan Tuhan dari Alkitab. Di Pentakosta, tiga ribu orang ditambahkan ke gereja akibat pencurahan Roh Kudus.

Sebagai kesimpulannya, tanpa pekerjaan Roh Kudus dalam kalangan pekerja Tuhan bagi melaksanakan usaha penginjilan, rancangan mereka tidak akan memperolehi kejayaan. Dalam buku Kisah Para Rasul, kita mempunyai rekod-rekod yang

membuktikan bahawa Roh Kudus yang mengarahkan jalan dan rancangan murid-murid Tuhan dalam penyebaran injil kepada seluruh dunia mengikut janji yang terdapat di Kisah Para Rasul 1:8, “Tetapi kamu akan menerima kuasa apabila Roh Kudus datang ke atasmu; dan kamu akan menjadi saksi-Ku di Yerusalem, di seluruh Yudea dan Samaria, bahkan sampai ke hujung bumi.” (AVB)

“Para pekerja-pekerja Kristian haruslah berkumpul untuk minta pertolongan istimewa, untuk khidmat syurga, supaya mereka dapat mengetahui bagaimana merencanakan dan melaksanakan dengan bijaksana. Terutama mereka harus berdoa bahawa Allah akan membaptiskan duta-duta pilihanNya di ladang Tuhan dengan suatu ukuran kekayaan akan Roh Kudus. Kehadiran Roh Kudus bersama pekerja-pekerja Allah akan menjadi pemsyukuran kebenaran suatu kuasa yang tidak segala kuasa atau kemuliaan dunia dapat berikan.” (AA 50.2)

Apabila umat Tuhan bersatu bersama Yesus, dengan yakin kita boleh berharap untuk memperoleh kuasa Roh Kudus dan korperasi malaikat syurgawi untuk menyediakan hati para pendengar untuk penerimaan kebenaran. Gereja akan maju dari kemenangan ke kemenangan, memenuhi Panggilan Agung Kristus untuk memberitakan injil kepada seluruh dunia (Matus 28:19-20).

Marilah kita menyalut dan mempersembahkan rancangan misi dan penginjilan kita dengan doa dan menjemput Roh Kudus untuk membimbing kita sebagaimana Dia memimpin gereja Kristian di awal sejarah. Apabila kita menguduskan diri dengan sepenuh hati dalam pelayanan Tuhan, Dia akan mengakui dengan pencurahan Roh Kudus tanpa batas. Marilah kita menjangkakan kekayaan berkat-berkat Tuhan sambil kita bekerjasama dengan Dia dalam rancangan misi kita.

# மிஷன் திட்டத்தில் இரகசிய செய்முறை பரிசுத்த ஆவி

Tan Meng Cheng,

தலைவர் தீபகர்ப மலேசியா மிஷன்

"திட்டமிடத் தவறினால், தோல்வியைத் திட்டமிடுவீர்கள்" என்று கூறியவர் பெஞ்சமின் பிராங்க்ளின். வேறு வார்த்தைகளில் கூறுவதானால், வெற்றி தற்செயலாக நடக்காது. திட்டமிடல், வெற்றிப் பாதையை பட்டியலிடுதல் மற்றும் நீங்கள் செல்ல விரும்பும் இடத்திற்குச் செல்வது ஆகியவை தேவை. கடவுளின் வேலையைச் செய்வதில் அனுபவத்திலிருந்து நான் கற்றுக்கொண்டது என்னவென்றால், "நீங்கள் உங்கள் திட்டத்தை கடவுளுக்கும் பரிசுத்த ஆவியின் வழிகாட்டுதலுக்கும் சமர்ப்பிக்கத் தவறினால், நீங்கள் மோசமாகத் தோல்வியடைவீர்கள்."

பணித் திட்டத்தில், "பலத்தினாலும் அல்ல, பராக்கிரமத்தினாலும் அல்ல, என்னுடைய ஆவியினாலேயே ஆகும் என்று சேனைகளின் கர்த்தர் சொல்லுகிறார். என்பதை நாம் அங்கீகரிக்க வேண்டும். (சகரியா 4:6).

## தேவனின் திட்டம் சிறந்த திட்டம்

"எங்கள் திட்டங்கள் எப்பொழுதும் கடவுளின் திட்டங்கள் அல்ல... ஆனால் ஒரு விஷயத்தில் நாம் உறுதியாக இருக்க முடியும், உண்மையாகத் தம்மையும் அவர்களிடமுள்ள அனைத்தையும் அவருடைய மகிமைக்காக அர்ப்பணிப்பவர்களை அவர் ஆசீர்வதிப்பார், அவருடைய நோக்கத்தின் முன்னேற்றத்தில் பயன்படுத்துவார்." (MHH, 277.3) தேவனில் நாம் பெருமை கொள்ள வேண்டும், சுயமகிமைப்படுத்தல் அல்ல. யோனா தனது சொந்த திட்டத்தைப் பின்பற்றத் தேர்ந்தெடுத்தபோது, தேவனின் அழைப்பிலிருந்து ஓடி, அவர் ஒரு பெரிய மீனின் வயிற்றில் விழுந்தார். யோனா தேவனின் திட்டத்தைப் பின்பற்றத் தேர்ந்தெடுத்தபோது, அவர் வரலாற்றில் மாபெரும் சவிக்ஷை கூட்ட வெற்றியைப் பெற்றார், முழு நினைவே நகர மக்களும் மதம் மாறி தேவனிடம் திரும்பினர். "அவருடைய அன்பான அக்கறை மற்றும் நமக்கான ஆர்வத்தில், பெரும்பாலும் நம்மை நன்றாகப் புரிந்துகொள்பவர்... நம்முடைய சொந்த லட்சியத்தின் திருப்தியைத் தேட சுயநலத்துடன் நம்மை அனுமதிக்க மறுக்கிறார்... பெரும்பாலும் நமக்கான தேவனின் திட்டங்கள் வெற்றிபெற நமது திட்டங்கள் தோல்வியடைகின்றன." (MHH, 277.4).

## பரிசுத்த ஆவியானவர் வெற்றிக்கான திறவுகோல்

ஏறக்குறைய நூற்றி இருபது பேருடன் மேல் அறையில் கூடியிருந்த பதினொரு சீடர்களிடமிருந்து (ஓப். அப்போஸ்தலர் 1:13), அவர்கள் ஜெபித்து, வேதத்தில் தேவனுடைய திட்டத்தைத் தேடினார்கள். பெந்தெகொஸ்தே நாளில், பரிசுத்த ஆவியின் வெளிப்பாட்டின் விளைவாக மூவாயிரம் ஆத்துமாக்கள் சபையில் சேர்க்கப்பட்டனர். சுருக்கமாக, சவிக்ஷை முயற்சியை மேற்கொள்வதில் கடவுளுடைய மக்கள் மத்தியில் பரிசுத்த ஆவியானவர் வேலை செய்யாமல், நற்செய்தியைப் பிரசங்கிக்கும் அவர்களின் திட்டம் அவ்வளவு பெரிய வெற்றியைப் பெறாது என்று நாம் முடிவு

செய்யலாம். அப்போஸ்தலர் 1:8-ன் வாக்குத்தத்தத்தின்படி, "பரிசுத்த ஆவியானவர் வரும்போது நீங்கள் வல்லமை பெறுவீர்கள்" என்று அப்போஸ்தலர் 1:8-ன் வாக்குத்தத்தத்தின்படி சீஷர்களின் பாதையையும் திட்டத்தையும் பரிசுத்த ஆவியானவர் வழிநடத்தியதாக அப்போஸ்தலர் புத்தகம் முழுவதும் பதிவுகள் உள்ளன. "நீங்கள் எருசலேமிலும், யூதேயா முழுவதிலும், சமாரியாவிலும், பூமியின் கடைசிபரியந்தமும் எனக்குச் சாட்சிகளாயிருப்பீர்கள்." (NIV)

"கிறிஸ்துவத் தொழிலாளர்களின் நிறுவனங்கள் விசேஷ உதவியைக் கேட்க, பரலோக ஞானத்திற்காகக் கூடிவர வேண்டும். குறிப்பாக, கடவுள் தாம் தேர்ந்தெடுத்த தூதுவர்களை மிஷன் துறைகளில் அவருடைய ஆவியின் வளமான உதவியோடு ஞானஸ்நானம் கொடுப்போம் என்றும் கடவுளின் வேலையாட்களுடன் ஆவியானவரின் பிரசன்னம் இருக்க வேண்டும் என்றும் அவர்கள் ஜெபிக்க வேண்டும். உலகத்தின் எல்லா மகிமையும் கொடுக்க முடியாத ஒரு சக்தியை சக்திய பிரகடனத்திற்கு கொடுக்கும். (AA, 50.2) கடவுளுடைய மக்கள் கிறிஸ்துவோடு ஐக்கியமாகும்போது, கேட்போரின் இதயங்களை சக்தியத்தைப் பெறுவதற்குத் தயார்படுத்த, பரிசுத்த ஆவியின் துணையும் வல்லமையும், பரலோகத் தூதர்களின் ஒத்துழைப்பையும் நாம் உறுதியாக நம்பலாம். பலர் இயேசு கிறிஸ்துவிடம் வெற்றி பெறுவார்கள், மேலும் நமது முன்னேற்றத்தை எதுவும் தாங்க முடியாது. உலகிற்கு நற்செய்தியை அறிவிக்கும் கிறிஸ்துவின் மாபெரும் ஆணையை நிறைவேற்றி, திருச்சபை வெற்றியிலிருந்து வெற்றிக்கு முன்னேறும்.

ஆதி கிறித்துவ திருச்சபையின் வரலாற்றில் இருந்ததைப் போல நம்மை வழிநடத்த பரிசுத்த ஆவியானவரை அழைப்பதன் மூலம் நமது பணித் திட்டத்தை, சவிக்ஷை திட்டத்தை ஜெபத்துடன் அபிஷேகம் செய்திடுவோம். தேவனின் சேவைக்காக நாம் முழு மனதுடன் அர்ப்பணிக்கும்போது, அவர் தனது ஆவியின் வெளிப்பாட்டின் மூலம் உண்மையை அடையாளம் கண்டுகொள்வார். நமது பணித் திட்டத்தில் நாம் அவருடன் ஒத்துழைக்கும்போது, கடவுளின் ஏராளமான ஆசீர்வாதத்தை எதிர் நோக்குவோம்!

# 宣教计划的秘方 圣灵

陈明祯，  
马来西亚半岛区会长

本杰明·富兰克林曾说过：“如果你没有计划，你就会计划失败”。换句话说，成功不是偶然发生的。它需要计划，绘制成功之路，然后前往你想去的地方。我在从事上帝工作的经历中学到的是，“如果你不把你的计划交给上帝，不让圣灵来引导，你就会计划惨重的失败”。

在宣教的计划中，我们需要确认到“不是倚靠势力，不是倚靠才能，乃是倚靠我的灵方能成事，这是万军之耶和華说的。”（撒迦利亚书4：6）

## 上帝的计划就是最好的计划

“我们的计划并不总是上帝的计划……但有一件事我们可以放心，祂会祝福并使用那些真诚委身，愿意将所有的一切献身于祂荣耀的人”（MHH, 277.3）。我们乃是要尊荣上帝，而不是荣耀自己。当约拿选择按照自己的计划而逃避上帝的呼召时，他最终落入了一条大鱼的肚子里。但是当约拿选择跟随上帝的计划时，他就在宣传福音的历史上获得了巨大的成功，整个尼尼微城的居民都悔改并归向上帝。“在祂对我们的爱护和关心中，那往往更了解我们的上帝……拒绝让我们自私地去寻求满足自己的野心……我们的计划常常失败，但上帝对我们的计划可能会成功。”（MHH, 277.4）

## 圣灵是成功的关键

十一个门徒（参看使徒行传 1:13）和大约 120 人聚集在

楼房，他们祈祷并在圣经中寻求上帝的计划。由于圣灵的浇灌，在五旬节约有三千人加入了教会。简而言之，我们可以得出的结论就是，如果没有圣灵在上帝的子民中工作，他们传福音的计划就不会取得如此巨大的成功。在整卷使徒行传中记录了圣灵指导门徒向世界分享福音的道路和计划，就像在使徒行传1章8节的应许，“当圣灵降临在你们身上，你们就必得着能力，并要在耶路撒冷、犹太全地，和撒玛利亚，直到地极，作我的见证”。

“成群结队为基督而工作的人也当聚集，祈求特别的帮助和天来的智慧，以便知道如何明智地从事计划与执行。他们应当特别求上帝用祂丰盛的灵，给祂所拣选在各布道地区作使者的人施洗。为上帝作工的人若有圣灵同在，就必使真理的宣传具有能力，这种能力乃是世上一切尊贵或荣耀所无法赋予的”（使徒行传第五章）。当上帝的子民与基督联合时，我们可以肯定并期望有着圣灵伴随的能力和天使的合作，以准备听众的心灵来领受真理。许多人会被耶稣基督所征服，没有什么能阻挡我们前进的步伐。教会将从胜利走向胜利，完成基督向世界宣讲的福音大使命（马太福音 28：19-20）。

让我们以祷告来献上我们的宣教计划和布道计划，邀请圣灵来引导我们，就像在早期的教会历史中一样。当我们全心全意地献身于侍奉上帝时，祂会倾注那无限量的圣灵来承认这一事实。让我们在宣教计划中与祂合作，期待上帝丰富的祝福！







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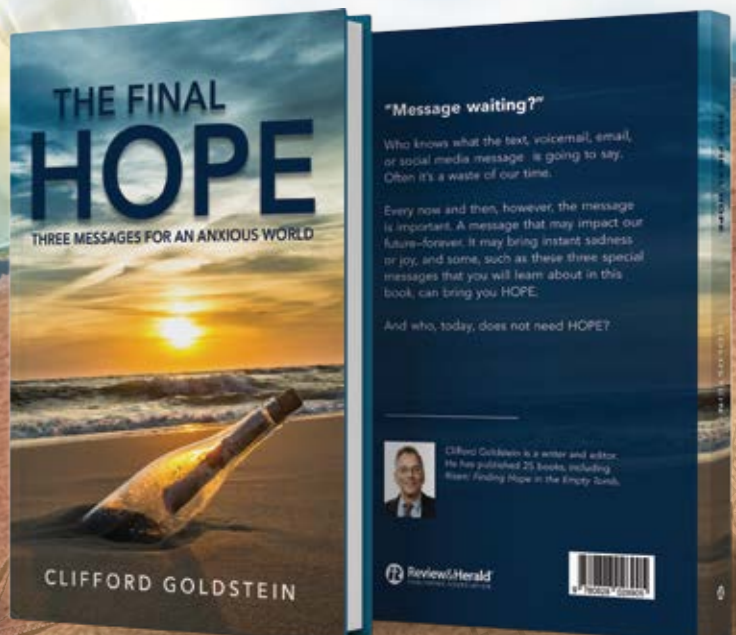
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