

OFFICIAL NEWSLETTER OF PENINSULAR MALAYSIA MISSION

VISION

Reach **Up**
to **God**



SEVENTH-DAY
ADVENTIST CHURCH

ISSUE **48**
JUNE 2016

VISION STATEMENT

To prepare our members for Jesus’ soon return and with united spirit, evangelise the whole of Peninsular Malaysia.

MISSION STATEMENT

We, the Seventh-day Adventist Church exist to preach the gospel to prepare the people in Peninsular Malaysia for Jesus Christ’s second coming, by ministering to their physical, mental, social and spiritual need through in-reach and outreach programmes of the Church.

VALUES

Productivity	John 15:5
Accountability	Matthew 25:14-30
Transparency	1 Corinthians 4:9
Humility	Philippians 2:5-8

REACH THE WORLD

2016
Total Member Involvement
2017
Christ Our Righteousness
2018
Faithfulness To His Word
2019
Faithfulness To His Prophets
2020
Faithfulness In Christian Lifestyle

PEM DIRECTORY

OFFICERS:

President	Leong Fai	leongfai@adventist.org.my
Executive Secretary	Tan Meng Cheng	mc.tan@adventist.org.my
Treasurer	Chee Meng Keen, Joshua	joshua.chee@adventist.org.my

DEPARTMENTAL DIRECTORS:

Adventist Community Services (ACS)	James Edward	acs@adventist.org.my
Adventist-Laymen’s Services & Industries (ASi)	James Edward	asi@adventist.org.my
Children Ministries	Tam Man Lin	mrsleong@adventist.org.my
Communication	Donny Tan	communication@adventist.org.my
Education	Maclan Matthew	maclanmatthews@hotmail.com
Family Ministries	Petrik Andrews	petrikandrews@yahoo.com
Global Mission	Leong Fai	leongfai@adventist.org.my
Health Ministries	Ellen Nathan	andrews_fly@hotmail.com
Hope on Wheels	Ellen Nathan	andrews_fly@hotmail.com
Leadership Education and Development (LEAD)	Petrik Andrews	petrikandrews@yahoo.com
Ministeral Association	Petrik Andrews	petrikandrews@yahoo.com
Public Affairs & Religious Liberty (PARL)	Tan Meng Cheng	me.tan@adventist.org.my
Publishing Ministries	Eugene Prewitt	publishing@adventist.org.my
Sabbath School & Personal Ministries	James Edward	pemsspm@gmail.com
Shepherdess	Ellen Nathan	andrews_fly@hotmail.com
Stewardship Ministries	Freindy Rubil	frendyrubil@gmail.com
Women Ministries	Tam Man Lin	mrsleong@adventist.org.my
Youth Ministries	Renie Ubara	pemyouth@gmail.com

EXCO MEMBERS:

Chairperson	Leong Fai
Secretary	Tan Meng Cheng
Member	Chee Meng Keen, Joshua
Departmental Directors	Petrik Andrews; James Edward; Renie Ubara
Pastors	Cheng Chiew Kwang; Dennis Ng; Joshua John; Maclan Matthew
Institution Leader	Toh See Wei
Lay Representatives	Alex Rajakumar; Calvin Tean; David Ng; Garry Kuan; Mary Jane Botabara; Roseh Pamajah; Yew Lip Sin

MESSAGE FROM THE PRESIDENT:
Pastor Leong Fai,
President, Peninsular Malaysia Mission



Reach Up
to God and
Walk with Him

“When Enoch had lived 65 years, he became the father of Methuselah. And after he became the father of Methuselah, Enoch walked with God 300 years and had other sons and daughters. Altogether, Enoch lived 365 years. Enoch walked with God; then he was no more, because God took him away.” (Genesis 5:21-24)

The antediluvian world became wicked as days went by. To avoid constant association with the world that his reverence for God might be lessened, Enoch spent much time in solitude, giving himself to meditation and prayer. “Thus he waited before the Lord, seeking a clearer knowledge of His will, that he might perform it. To him prayer was as the breath of the soul; he lived in the very atmosphere of heaven.” {Patriarchs and Prophets 85}

As Enoch observed how his children trusted and obeyed him, he learnt how to trust and obey God. This faith led him to a closer walk with God. His walk with God did not affect his daily living. He was not only a good husband and father at home, he also was a good friend to the community and a good citizen of the land. As he continued to walk with God, his heart was in harmony with God’s will.

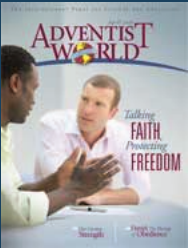
Enoch was translated to heaven before the universal flood occurred on the earth. Similarly, there will be a group of people to be translated to heaven before the fire comes from the heaven to destroy the whole earth. This group of people needs the experience of walking with God like Enoch did.

As compared with Enoch, Seventh-day Adventists are blessed with the Bible, the Spirit of Prophecy writings as well as the Sabbath School lesson study guides to help us to know God and His will for us. I pray that as we spend time each day to know God through these printed pages, we will experience the walk with God as Enoch did in ancient time. We are preparing ourselves as well as others for the soon return of our Lord Jesus. ■

PENINSULAR MALAYSIA MISSION OF SEVENTH-DAY ADVENTISTS

Operated by: Seventh-day Adventist Corporation (M) Bhd (248857-D)
22-1 Jalan 2/114 Kuchai Business Centre, Jalan Kuchai Lama, 58200 Kuala Lumpur.
Tel: 03 7984 7795 Fax: 03 7984 4600
Email: info@adventist.org.my Web: www.adventist.org.my

*Whenever suitable, the abbreviation of “PEM” will be used in place of the full text of “Peninsular Malaysia Mission”.



Adventist World
Magazine
www.adventistworld.org
Available in 10 languages online

EDITORIAL REMARKS:

Pastor Tan Meng Cheng

Executive Secretary, Peninsular Malaysia Mission

Reach Up for Revival

Whether you agree or not, we have the tendency to forget, especially when we grow older. I forgot to bring my office room keys to work recently, I left my handphone on the table when I hurried to meet an appointment with a Bible student at church, and the list goes on. However, we cannot afford to forget God in our lives!

You see, “remembering” is an important part of the believer’s life. Throughout the Bible we find the sacred Scripture authors taking the people back to the mighty acts of God in Israel’s history: the Exodus of Egypt, the parting of the Red Sea, the miracle of 40 years’ supply of manna in the wilderness, the conquest of the Promised Land, Canaan, etc. Even Jesus reminded us “Do this in remembrance of Me” (1 Cor. 11:24, NKJV) when He had the last supper with His disciples.

“We have nothing to fear for the future except as we shall forget the way the Lord has led us” (TM 31) How true this statement is for God’s people and every individual. We need to reach up to God everyday through personal devotion time, spending a quality moment, an hour if possible, to listen to God, talk to Him in prayer and ponder upon His Words.

We should do what Habakkuk did, go back in our memory to a time when God’s presence was manifested in marked way in our lives. He prayed “Lord, I have heard of your fame; I stand in awe of your deeds, O Lord. Renew them in our day, in our time make them known; in wrath remember mercy.” (Hab. 3:2, NIV). Perhaps reading the article on “My Conversion” (p. 6) will revive you. We have ups and downs. That is why we need to reach up to God for revival, remembering His goodness, mercy and grace every day. Keep those precious promises new every morning.

My friend, if you feel flat in your spiritual journey, I recommend you to go back to where you met God in the past. He is “the same yesterday, and today, and for ever.” (Heb. 13:8, KJV). He is able to save and to renew. There are so many things God can accomplish through you and your church, do not give up and feel discouraged. Instead, “Reach up to God and walk with Him”. Reach up to discover more of Him.

Be blessed as you read this issue of our newsletter and be inspired to do more for God as you read the local church reports. ■

In Appreciation of Sister Jessica Thai

Sister Jessica Thai, a member of Petaling Jaya English church, has been assisting in the production of Vision PEM ever since its inception in 2004 till 2016, a total of 12 years of service. Working behind the scenes, most of us only would know her once we started contributing articles to the Vision.

For more than a decade, it was her faithful emailing, consistent follow-up and compiling that has made Vision thrive through the years.

As she steps down from her role as the editor of Vision, the Mission would like to thank God and her for her ministry.

We wish her God’s richest blessings and continual care for her and her family as she ministers in other areas. ■

8 COVER STORY

Reach Up to God

20 MISSION SPOTLIGHT

The Right Arm, Right Now

6 INSPIRATIONAL

My Conversion

10 HEALTH TIPS

Adventist Health Studies

13 HEALTHY RECIPE

Rojak Sauce

14 OUTREACH STRATEGIES

Ministerial Association Report

16 Children’s Ministries & Women’s Ministries

18 Health Ministries Department

22 NEWS AND UPDATES

Renewal of PJCC AY Club

24 Utama Beacon CNY Report

25 PJCC Food Bank

26 A Community Event that Breaks Down Walls

28 My 7-Day LE Life

19 PJEC 15th Anniversary Celebration

34 NOTICES

03 Message from the President

04 Editorial Remarks

35 VISION Submission Guidelines

37 Message from the President (Tamil)

38 Message from the President (Chinese)

39 Message from the President (BM)

CONTENTS

VISION

Official Newsletter
of Peninsular
Malaysia Mission

EDITORIAL BOARD

Leong Fai
Tan Meng Cheng
Joshua Chee
Corina Ling

CONSULTANT

Communication
Donny Tan

CO-ORDINATOR

Fam Siow May

LAYOUT DESIGN

Loud Voice Media
Karyne Wee

VOLUNTEER

Ewa Resmine

TRANSLATOR

Corina Ling
Renitta Edward

TO WRITERS:

We welcome
unsolicited scripts.
Before submitting,
review the contributor’s
guidelines on page 35.

Please send scripts
via email to
vision@adventist.org.my

Peninsular Malaysia Mis-
sion Office
22-1, Jalan 2/114, Kuchai
Business Centre,
Jalan Kuchai Lama, 58200,
Kuala Lumpur.

INSPIRATIONAL

Everyone's conversion story is different. Long before she became known for her visions and spiritual insights, Ellen White responded to Christ's invitation as a child. Here she tells us how it happened.—Editors.

When did you first hear the message of Christ's second coming?

In March, 1840, William Miller visited Portland, Maine, and gave his first course of lectures on the second coming of Christ... I attended these meetings and listened to the startling announcement that Christ was coming in 1843, only a few short years in the future. Mr. Miller traced down the prophecies with an exactness that struck conviction to the hearts of his hearers. He dwelt upon the prophetic periods, and brought many proofs to strengthen his position.

Were you confident about your conviction, or did you have some struggles or doubts?

When sinners were invited forward to the anxious seat [front pew], hundreds responded to the call, and I, among the rest, pressed through the crowd and took my place with the seekers. But there was in my heart a feeling that I could never become worthy to be called a child of God. A lack of confidence in myself, and a

conviction that it would be impossible to make anyone understand my feelings, prevented me from seeking advice and aid from my Christian friends.

Surely, you trusted someone enough to voice your fears and seek counsel.

My brother Robert and [I] were returning home from a meeting where we had listened to a most impressive discourse on the approaching reign of Christ upon the earth... My soul had been stirred within me by what I had heard. And so deep was the sense of conviction in my heart, that I feared the Lord would not spare me to reach home... I tried to explain my feelings to my brother Robert, who was two years older than [I]; I told him that I dared not rest nor sleep until I knew that God had pardoned my sins.

What was his response, and your subsequent reaction to it?

My brother made no immediate reply, but the cause of his silence was soon apparent to me; he was weeping in sympathy with my distress. This encouraged me to confide in him still more, to tell him that I had coveted death in the days when life seemed so heavy a burden for me to bear; but now the thought that I might die in my present sinful state and be eternally lost filled me with terror. I asked him if he thought God would spare my life through that one night, if I spent it agonizing in prayer to Him. He answered: "I think He will if you ask Him with faith, and I will pray for you and for myself."

How did you, being so young, handle these feelings of doubt and despair?

I spent most of the long hours of darkness in prayer and tears... My hope was so small, and my faith so weak, that I feared if another took a similar view of my condition, it would plunge me into despair. Yet I longed for someone to tell me what I should do to be saved... The following summer my parents went to the Methodist camp meeting at Buxton, Maine, taking me with them. I was fully resolved to seek the Lord in earnest there, and obtain, if possible, the pardon of my sins. There was a great longing in my heart for the Christian's hope and the peace that comes of believing.

Was there any particular scriptural passage or sermon that gave you encouragement or clarity?

I was much encouraged while listening to a discourse from the words I will "go in unto the king," "and if I perish, I perish." In his remarks the speaker referred to those who were wavering between hope and fear,



longing to be saved from their sins and receive the pardoning love of Christ, yet held in doubt and bondage by timidity and fear of failure. He counseled such ones to surrender themselves to God, and venture upon His mercy without delay... All that was required of the sinner, trembling in the presence of his Lord, was to put forth the hand of faith and touch the scepter of His grace. That touch ensured pardon and peace. Those who were waiting to make themselves more worthy ... were making a fatal mistake... It is only by connecting with Jesus through faith that the sinner becomes a hopeful, believing child of God. These words comforted me and gave me a view of what I must do to be saved.

Tell us about that moment you felt true conversion.

While [I was] bowed at the altar with others who were seeking the Lord, all the language of my heart was: "Help, Jesus, save me or I perish! I will never cease to entreat till my prayer is heard and my sins forgiven!" I felt my needy, helpless condition as never before. As I knelt and prayed, suddenly my burden left me, and my heart was light. At first a feeling of alarm came over me, and I tried to resume my load of distress. It seemed to me that I had no right to feel joyous and happy. But Jesus seemed very near to me; I felt able to come to Him with all my griefs, misfortunes, and trials, even as the needy ones came to Him for relief when He was upon earth. There was a surety in my heart that He understood my peculiar trials and sympathized with me. I can never forget this precious

assurance of the pitying tenderness of Jesus toward one so unworthy of His notice.

What happened after your conversion experience?

One of the mothers in Israel came to me and said: "Dear child, have you found Jesus?" I was about to answer, "Yes," when she exclaimed: "Indeed you have, His peace is with you, I see it in your face!" Again and again I said to myself: "Can this be religion? Am I not mistaken?" It seemed too much for me to claim, too exalted a privilege. Though too timid to openly confess it, I felt that the Savior had blessed me and pardoned my sins.

These excerpts are taken from Testimonies for the Church (Mountain View, California: Pacific Press Publishing Association, 1948), vol. 1, pp. 14-18. Seventh-day Adventists believe that Ellen G. White (1827-1915) exercised the biblical gift of prophecy during more than 70 years of public ministry. ■



My Conversion
An interview with Ellen Gould White

REACH UP TO GOD

By PASTOR TAN MENG CHENG

*"I will lift up mine eyes unto the hills,
from whence cometh my help.
My help cometh from the LORD,
which made heaven and earth."*

Psalms 121:1-2

Reach Up to Receive Strength and Be Changed

Why does a Christian need to reach up to God? A Christian is a follower of Jesus Christ who recognizes that he or she is powerless and can do nothing without God (c.f. John 15:5). The only source of his/her strength is from God (c.f. Phil. 4:13). When we reach up to God, we realize our need for God. While life without God is a hopeless end, life with God is an endless hope! Christians reach up to God for strength, power and hope in this world filled with despair, dejection and death.

When we reach up to God, there will be:

- **REGENERATION**, *a change of nature; we will have a new life from God.*
- **REPENTANCE**, *a change of mind; we will have a new mind about God.*
- **CONVERSION**, *a change of life; we will have a new life for God.*
- **JUSTIFICATION**, *a change of state; we will have a new standing before God.*
- **SANCTIFICATION**, *a change of service; we will have separation from God.*

Reach Up to Finish the Work

Can a PEM reach Peninsular? It is a great challenge. We cannot do it if we depend on our own selves, strength and strategy. However it is possible when all its members reach up to God, by the transforming power of God, united in the LORD, shouldering the task given by God together. Total Member Involvement (TMI) is the strategy and solution. "The work of God in this earth can never be finished until the men and women comprising our church membership rally to the work, and unite their efforts with those of ministers and church officers." (GW, 352; ChS., 68.1). "The truth is to be scattered by all who claim to be disciples of Christ." (R&H, August 22, 1899). Therefore, the answer is a definite YES when all the members respond to the call of the Three Angels' Messages and play an active role to spread and share the good news of salvation. PEM can accomplish the mission if every member reaches up to God.

Jesus counsels, "For what is a man profited, if he shall gain the whole world, and lose his own soul? Or what shall a man give in exchange for his soul? (Matthew 16:26) When we reach up to God, even if we have to lose all for Christ, it will be our best gain. But to gain without Him would be our worst loss! Therefore, "seek ye first the kingdom of God, and his righteousness" (Matthew 6:33) by reaching up to God.

Reach Up for a Higher Life

We also need to recognize that it is impossible for us, of ourselves, to change our hearts, our mind and escape from the pit of sin in which we have sunk. "There must be a power working from within, a new life from above, before men can be changed from sin to holiness. That power is Christ." (SC 18.1).

"[Christ] has brought His divine power to man, that He might encourage the poor, sin-sick, discouraged soul to reach up for a higher life. O, we need more of Christ's spirit, and much less of self! We need the converting power of God upon our hearts daily... Christ can change you into His likeness, if you will submit yourself to Him."

(GW 336.2)

Therefore, in order to experience a higher life, there is no other way, I would like to invite you, my dear brethren, to:

- **Reach up to God EVERYDAY**
by studying His Word and praying.
- **Reach up to God EVERYDAY**
by studying the Sabbath School Lesson Study Guide.
- **Reach up to God EVERYDAY**
by studying the Spirit of Prophecy Writings.
- **Reach up to God EVERY WEEK**
by attending worship on time.
- **Reach up to God**
by returning a faithful tithe as a gratitude for God's blessing in life.

Reach up to God, when we know our God, Jesus Christ, in an intimate way, and do His will, we are safe for eternity.

It is NOW! TODAY! ■

If Seventh-day Adventists practiced what they profess to believe, if they were sincere health reformers, they would indeed be a spectacle to the world, to angels and to men. (Counsels on Health p.575)

Adventists are the most studied religious group in the entire globe. There are more than 250 written articles (books and journals) that reveal that Seventh-day Adventists in general practice a healthy lifestyle and are considered the healthiest people on earth. This is a fact. But the following question remains to be answered: Does everyone practice what he/she professes to believe? If not, think about adopting a healthy lifestyle now!

Adventist Health Studies: What Do They Tell Us Today?

Here are some revealing facts about the health of Adventists:

Fact #1 Vegetarians have a Lower Risk of Diseases

- Findings from the Adventist Health Study have shown clear associations between diet and cancers of the lung, stomach, pancreas, colon, bladder and prostate.
- Vegetarians have a lower risk of many diseases compared to non-vegetarians.

Fact #2 Whole Grains and Alcohol

- The consumption of nuts and whole grain products were protective against both fatal and non-fatal Ischemic Heart Diseases (IHD).
- Non-vegetarian Adventists were six times less likely to eat whole grains and twenty times more likely to use alcoholic beverages than the vegetarian Adventists.



When did the Studies begin?

- In the 1960's, USA's National Cancer Institute study showed Adventists had much less smoking-related cancers and heart disease.
- In the early 1970's, USA's National Institute of Health awarded Loma Linda University 15 million dollars to study why Adventists are healthier and live longer.

Fact #3 Meat and Heart Disease

- Consumption of more than 3 servings of beef per week increased risks of Ischemic Heart Disease by 230%.



Fact #6 Vegetarians and Arthritis

- Vegetarian Adventists suffer with less rheumatoid arthritis and less rheumatism.

Fact #7: Fruit and Vegetable Consumption

- Higher consumption of fresh or dried fruit was associated with lower risks of lung, prostate and pancreatic cancers.
- Persons who consumed beans, lentils, peas, dried fruits and vegetable protein products more than 4 times a week had only one-fifth the risk of pancreatic cancer.
- Eating fruits is protective for lung cancer. Past smokers, who ate fruits more than once a day had just 25% risk of lung cancer compared to those who ate fruits less than three times a week.
- The Adventist Health Study was the first to show that eating tomatoes several times a week reduced risk of prostate cancer by 40%.



Fact #4 Vegetarians and Obesity

- Non-vegetarians were 2.5 times more likely to be obese than vegetarians.
- The risk of prostate cancer is increased 2.5 times and the risk of colon cancer is 3-fold greater in the overweight person.

Fact #5 Nuts and Legumes

- Those who consume nuts more than 5 times a week lower the risk of Coronary Heart Disease by 50%.
- Eating beans 3 or more times a week will reduce colon cancer rates by 50%.
- The consumption of fruits and legumes appear to be most protective against several cancers.
- Eating legumes several times a week reduced prostate cancer risk by 50%.
- Frequent consumption of soy milk (more than once a day) was associated with a 70% reduction of risk of prostate cancer.



Other Latest Studies on Diet and Health: Childhood the Key to Disease Prevention

- Childhood diets create adult cancers. When children eat junk foods instead of fruits and vegetables, the groundwork is being laid for cancer and other diseases to occur in later life.
- Major cause of adult cancers, colon, prostate, stomach, predominately due to what we eat.
- Saturated fat, especially animal fat is a powerful cancer promoter. Refined sugar and white flour increase cancer risk.
- Unrefined plant foods, nuts, fruits, vegetables, seeds and beans are powerful cancer protectors.
- The more animal products in the diet, the greater the cancer occurrence.
- The more fruits and vegetables in the diet, the less cancer.
- Even lean meats, chicken, eggs and wild and naturally raised livestock were shown to increase the heart attack and cancer rates proportionate to the amount consumed
- Green vegetable consumption showed a strong protective effect.
- Deficiencies of vitamins and minerals increase risk of cancer. Eating high nutrient density food is the key to longevity
- Children who consumed the highest amount of fruits had 38% lower occurrence of all cancers as adults
- Diets rich in meat and dairy are powerfully implicated as cancer promoters.
- Processed, pickled, smoked or barbecued meats are even more strongly linked to cancer.
- Studies in US and Europe: daily meat consumption have three to four-fold increased incidence of colon, esophageal and stomach cancers and severe when started early childhood.

Fact #8 Vegetarians and Stroke

- Non-vegetarians had a risk of fatal stroke that was 20-30% higher than vegetarians.

Fact #9 Vegetarians and Longevity

- Vegetarian Adventists live longer than non-vegetarians. 12-14 years longer for men and 9 years for women.

Fact #10 Coffee Consumption by Adventists

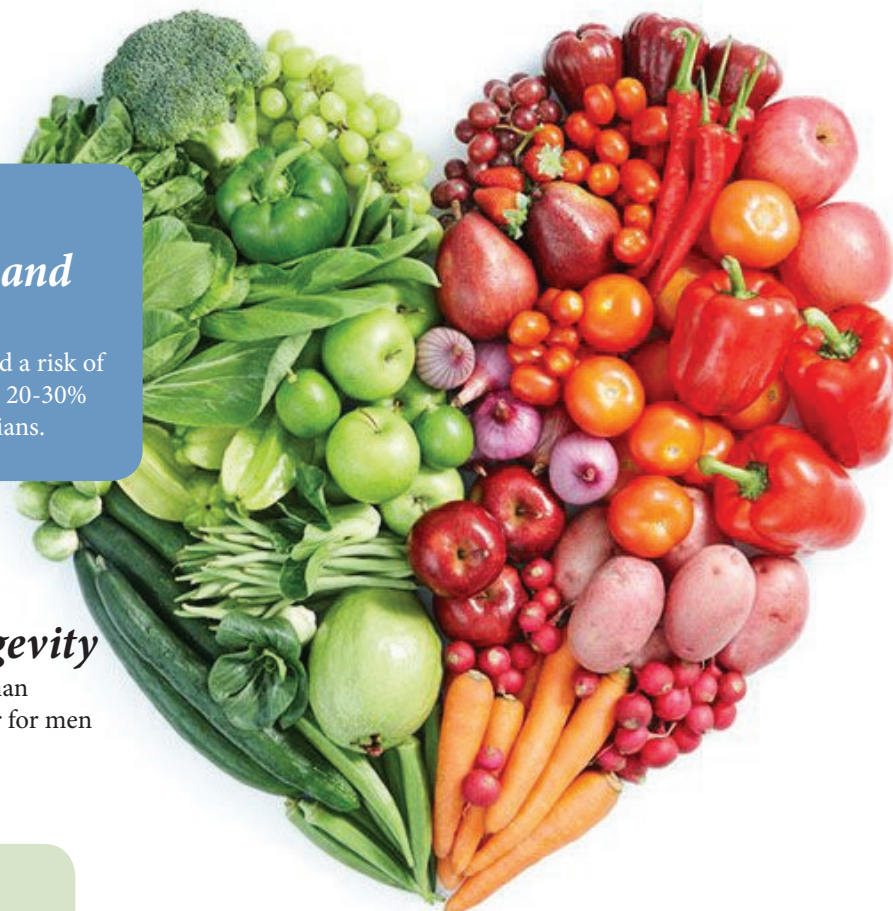
- Men drinking 1-2 cups of coffee a day had 50% higher risk of heart disease, while women had a 10-20% increase in risk.



Fact #11 Vegetarians and Dementia

- Vegetarians had a delayed onset of dementia whereas eating meat doubled the risk of dementia.

Note: Adventist Health Study 2 begun the year 2000 and is ongoing. What is in store for the health of the world will be seen through this study.



Fact #12 Vegetarians, Meat Eaters and Cancer

- Meat, especially beef, and all animal fats increased the risks of cancers of the colon and bladder, heart disease, obesity, hypertension, diabetes, stroke and rheumatism.
- Most types of cancers are higher in the non-vegetarians compared to the vegetarians (16-88%).
- Meat-eating Adventists have a 54% greater risk of prostate cancer than vegetarian Adventists.
- Non-vegetarians who eat less than 1 serving of red meat and 1 serving of white meat per week increase their risk of colon cancer by 67% over the vegetarians.
- Adventists who ate red and white meat once a week or more had an 85% greater risk of colon cancer compared to vegetarian Adventists.
- Non-vegetarians who ate both red and white meat more than four times a week increase their risk of colon cancer by 380%.
- Increased consumption of meat, poultry and fish is associated with increased risk of bladder cancer. ■

HEALTHY RECIPE



Rojak Sauce

Ingredients:

- (A)
- ¾ cup Peanut butter
 - 2 tbsp Molasses
 - ¼ cup Liquid brown sugar
 - 3 tbsp Lime juice
 - 3 tbsp Soy sauce (Bragg's)

- (B)
- 2 tbsp Peanuts, ground coarse
 - 1 tbsp Garlic, minced

Method:

1. Mix all ingredients (A) well.
2. Add in ingredients (B). Mix well.
3. Use this as a dressing to serve with the suggested vegetables or fruits, as desired.

Suggested vegetables and fruit:

- 2 cups Cucumber, sliced
- 2 cups Bangkwang (jicama), sliced
- 2 cups Pineapple, sliced
- 2 cups Kangkong vegetable, parboiled

Recipe courtesy of:



Molasses are a very good source of iron, calcium, potassium, and magnesium, as well as vitamin B6, chromium and selenium.

Ministerial Association By PASTOR PETRIK ANDREWS REPORT

Greetings from the Ministerial Association of Peninsular Malaysia Mission. It is my great privilege to be a part of the last day church's great team of workers.

In an alarming and sobering statistical exercise conducted by South-east Asia Union Mission (SAUM) during the last quinquennium, it was found, among other things, that:

1. The impact of Sabbath School in church life... is declining. Attendance in weekly Sabbath School is low. Record of members studying the Sabbath School Bible Study Guides is even lower.
2. Less than half of all church members have experienced any Adventist education and many pastors have had limited thorough and distinctively Adventist training
3. Many local churches lack robust mechanisms for member care – especially for those who are at risk of leaving the church.
4. There is a decline of personal commitment to participation in vital personal, familial, and corporate spiritual practices – especially in personal Bible study and family worship.
5. The percentage of church members involved in evangelism and witnessing is low.
6. Secular thinking and entertainment are affecting Adventist beliefs and practices...
7. The proportion of members who report regularly reading the writings of Mrs. Ellen G White is very low. Reading her writings daily is even less.
8. Actual tithe amounts continue to increase, but faithfulness in tithing is decreasing.
9. Limited Adventist presence in large urban areas.
10. The Issue of "Dual allegiance" should continue to be addressed in relevant regions, while education about Bible's teaching on the state of the dead should be undertaken globally.

11. There is also a significant degree of variation in belief in other landmark Adventist doctrines, including the imminence of Christ's coming, the Sanctuary doctrine, and Creation as described in Scriptures.
12. The spread of mobile devices, especially smart phones, making access the Internet ever more widely available, provides extraordinary opportunities both for widening evangelism and witness.

(Quoted on PEM Mission Session 2016 booklet, pg 67)

With the above statistical findings, it is of no wonder that Elder Ted Wilson, the President of the General Conference of Seventh-day Adventist, in one of his recent messages, had 4 things to say that he seems to be gravely concerned about. They are:

1. *There is a loss of Seventh-day Adventist identity among some pastors and church members*
2. *The growing influence of worldliness in many of our churches is alarming*
3. *Danger of disunity in the church*
4. *The spiritual complacency and apathy which leads to a lack of involvement in the mission of the church.*

He says that there is, "...a growing tide of worldliness in many of our churches; a danger of disunity; a spiritual complacency and apathy which leads to a lack of involvement in the mission of the Church..."

The Ministerial Association (MA) has taken on the continued task of 'turning the tide' of spiritual complacency by systematically encouraging piety in the personal, family and in the churches of Peninsular Malaysia Mission (PEM).

The MA exists to support the local missions in its proclamation of the everlasting gospel and in its preparation of the Lord's soon return. It aims to accomplish

this through its ministry to the pastors, pastor's families, local church elders/leaders. This is undertaken through continual training either short or long term courses through seminar/forum/conferences in the areas of personal piety and professional development.

As such the MA will continually encourage local church pastors and leaders' need to be faithful to the Word of God, the writings of Ellen White and in their Christian living. Spiritual revival and reformation will be continually emphasized among the membership by following the 'Reach Up, Reach In and Reach Out' effort of the Church.

The members of the church in Peninsular Malaysia will be mobilised to actively participate in the ministry of saving souls for the eternal kingdom of our Lord and Saviour Jesus Christ.

Total Member Involvement (TMI), an initiative by the World Church, will be one of the deliverables to the solutions of the present low commitment level of church membership in the personal spirituality and witnessing of the church. Ellen White in the Desire of Ages, pg 825, writes,

"The very life of the church depends upon her faithfulness in fulfilling the Lord's commission. To neglect this work is surely to invite spiritual feebleness and decay. Where there is no active labor for others, love wanes, and faith grows dim."

The MA is committed to equip and improve the skill/professionalism of our church leaders in terms of this ministry of saving souls.

Thus the goal of the Ministerial Association for this quinquennial, among other things, is to:

1. *Enhance the pastors with pastoral skills, especially:*
 - i. *Biblical Spirituality: Personal and Family*
 - ii. *Administration and Management*
 - iii. *Preaching and Evangelism*
 - iv. *Church Growth and Strategic Planning*
2. *Train 75% of Elders in Church Management, Evangelism and Biblical Spirituality*
3. *Train 75% of Deacons and Deaconesses in Church services, Evangelism and Biblical Spirituality*
4. *Conduct Licentiate Christian Ministry (LCM) for workers and lay leaders who did not have opportunity to a formal theological education.*

Thus the appeal is sent out to our institutions of higher learning, regional administrative offices and the local churches to take our calling and responsibility seriously in affirming our place as a last day church of bible prophecy in these final days of earth's history. The God of the bible wants a people to prophecy again (Rev 10.11), and identifies this special group of people (Rev 12.17) with a special message (Rev 14.6-12).

The existence of the Seventh-day Adventist movement is by no means accidental. It comes with a special appointment to be faithful to the call of God. The Ministerial Association would like to partner that means of sounding the special call to a soon perishing world.

And it starts with you and I affirming our first love daily. I will end this this inspirational and endearing quotation from the book Steps to Christ pg. 70

"Consecrate yourself to God in the morning; make this your very first work.

Let your prayer be,

- i. *'Take me, O Lord, as wholly Thine.*
- ii. *I lay all my plans at Thy feet.*
- iii. *Use me today in Thy service.*
- iv. *Abide with me, and*
- v. *let all my work be wrought in Thee.'*

This is a daily matter. Each morning consecrate yourself to God for that day. Surrender all your plans to Him, to be carried out or given up as His providence shall indicate.

Thus day by day you may be giving your life into the hands of God, and thus your life will be molded more and more after the life of Christ."

Won't you respond to that call of God back to biblical spirituality in order to be like the watchman on the walls of Zion to give a special clarion call to a soon-to-be-destroyed world, to announce the soon return of the Lord of lords and the King of kings by preparing a faithful people to await this coming King?

God bless us as we remain faithful to the one who has called us from darkness to His marvellous light. ■

Children's Ministries

by TAM MAN LIN

FIVE-YEAR PLAN & from 2016 to 2020

Women's Ministries

Terms of Reference:

The 60th General Conference Session of Seventh-day Adventist World Church, July 2 – 11, 2015 was held at the Alamodome and Convention Center in San Antonio, Texas, USA.

At the end of the Session, the over-arching theme for years 2016-2020 is *Reaching the World*. Sub-titles are:

2016: Total Member Involvement

2017: Christ Our Righteousness

2018: Faithfulness to His Word

2019: Faithfulness to His Prophets

2020: Faithfulness in Christian Lifestyle

Mission:

By the grace of God, the departments of Children & Women's Ministries in Peninsular Malaysia Mission are to nurture and empower children & women to lead and serve in ministries to their churches, families, friends, communities, and the world.

Vision:

To witness how God helps children, and women who are empowered by the Word, and Holy Spirit living a life of hope, faith, and love, penetrating every home, every town, and every region with Advent messages in Peninsular Malaysia.

Responsibilities:

The department director, at mission level, will function as a consultant to the local churches, offer prayers, advice, trainings, programs, and develop resources to ensure related programs are planned and implement-

ed. Through meetings, and consultations, it is hoped that local church members will work together to seek contacts, implement what they have learnt from God and finally lead baptism over a period of time.

Methodology:

Both Children & Women's Ministries have Leadership Certifications. Yet only Women's Ministries Leadership Certifications is recognised under Griggs University as continued education and the units are parked at Andrews University. The studies will be conducted in a three-year cycle. Hopefully members are equipped systematically and carry the ministries with confidence. Regular yearly programs are Women's Ministries Day of Prayer, Women's Ministries Day of Emphasis, Abuse Prevention. Special programs will be conducted for special needs of the ladies, such as teen girls (I named it 1319G), single mothers, and special issues, such as Threats to Health, Women's Workload, Poverty, Lack of Training, Mentoring, and Opportunities, Abuse, Illiteracy. Sewing projects, recycling projects, Bible = Baptism (B=B) projects and evangelism are being carried out.

Programs, trainings, and activities may be conducted at churches, regions, or with other departments, even public NGOs. We encourage ladies to be loving wives, and mothers to take good care of their families as the wise women did in Proverbs 31:1.

Children programs are prepared for Reaching-Up to God, Reaching-In in churches, and Reaching-Out with communities, such as Bible Readings and Bible memorising Project, Sabbath School lessons, Week of Prayer for children, Children Preachers, Children At Risk, leadership certifications, Vacation

Bible School, Parents' Day, children camps, Kids Clubs, KIDS Discipleship, children choirs, craft-making, Bible games, etc. Programs and activities for children are created and prepared in a happy learning environment. No verbal and physical abuse is allowed. Child safety cum environment safety is the priority. Children & Women's Ministries serve as a departmental store. Leaders may pick up the most suitable program for their churches.

Conducting a regular yearly Vacation Bible School is vital. It helps to establish relationships with children that are growing up. The members are friends of children and parents. The church can establish regular programs for follow-up. Follow-up programs are important. Programs used for follow-up can be the Pathfinder Club, tuition classes, daycare centres, a kindergartens within church premises is able to obtain a license with qualified teachers.

Language diversity is not a problem. Mission has multi-racial departmental directors, church pastors and church members. With permission from the Mission, pastors and members with special talents are willing to help out in training and support programs. Different cultures and language groups may reach out to their communities. Total member involvement. Members need to be willing to support the ministries financially.

Conclusion:

The strategic plan is to help the local churches to set Target Reach, Target Interest, Target Bible Study, and Target Baptism. Individual schedule of work in progress in local churches will be an indicator for the church toward their goal. Strategy alone is not enough.

We will work with church pastors, church elders or leaders to gain feedback and review progress of strategic plan often. Combining effort and implementing programs will help local churches to meet their yearly baptismal targets. The Great Commission was given by our great Master Jesus Christ, Matthew 28:18-20, "And Jesus came and spoke unto them, saying, All power is given unto me in heaven and in earth. Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen."

Revelation 22:17, "And the Spirit and the bride say, Come. And let him that heareth say, Come. And let him that is athirst come. And whosoever will, let him take the water of life freely."

For churches that need assistance to identify their strengths, they can inform mission officers or contact the respective departmental directors directly. Departmental Directors are willing to help out.

Remember to pray for the Holy Spirit, the Latter Rain. God is our immediate help in His services. Build an intimate relationship with God and have heart to heart communication with our Lord Jesus Christ through His Word. Walk with Him every day. Praise God always! ■

For Children & Women's Ministries,
please call: 03-79847795/012-2157879
or email: mrsleong@adventist.org.my

Health Ministries by ELLEN ANDREWS Department

Vision

To see our church members restored to the wholeness of health which includes the spiritual, mental, physical and social aspect of life.

Mission

To connect our churches with the community using various health programs.

Goals

- To ensure that 100% of active members are practising a healthy lifestyle so that they are able to do their daily devotion and prayer with the underlying statement that a healthy body = healthy mind)

(There are about 5,700+ book members and an average of 2,800+ active members attending church.)

In order for the church members to be healthy, we need healthy leaders so the focus from the SSD for this year is:

- To determine the health status of the leaders/workers and those with high risk results will be put on an applicable lifestyle modification program.
- In support of the above, ALL health programs should be geared to addressing the health status of the workers and church members.

Action Plan (A)

- To encourage all members to do the VOP health courses and understand God's blueprint for healthy living.
- To form working committees for the health work comprising of a doctor, a nurse and a pastor in each region i.e., the North, Central and South. The committee will help to assist and monitor the progress of the health work of the churches in their region.
- To make the name "Seventh-day Adventist" a by-word amongst Malaysians and eventually winning souls for Christ.

Action Plan (B)

- To have every region do health ministry projects like health expos in malls, mission trips, etc.
- Every church to conduct health talks, cooking classes, exercises classes, etc.

Health Department

- To be the main resource centre for health-related programs.
- To work closely with the Regional Health Committee.
- To train church members when needed to better equip themselves in the health work.

A Solemn Warning

Let the church arise and shine. Let every family practice self-denial, doing all they can to improve their own condition. Those who are truly on the Lord's side will be self-denying and self-sacrificing. They will eat and drink to the glory of God, refusing to corrupt soul and body by intemperance. Then the condition of the church will testify that her light has not been removed. But if church members do not act the part God has assigned them, the movement of health reform will go on without them, and it will be seen that God has removed their candlestick out of its place. Those who refuse to receive and practice the light will be left in the background. –Manuscript 78, 1900. {CME 45.5}

The Only Medium for Character Building

The body is the only medium through which the mind and the soul are developed for the up-building of character. Hence it is that the adversary of souls directs his temptations to the enfeebling and degrading of the physical powers. His success here means the surrender to evil of the whole being. The tendencies of our physical nature, unless under the dominion of a higher power, will surely work ruin and death. –Ministry of Healing, p. 130. {CME 46.1}

Sinful indulgence defiles the body and unfits men for spiritual worship. He who cherishes the light which God has given him upon health reform has an important aid in the work of becoming sanctified through the truth and fitted for immortality. But if he disregards that light and lives in violation of natural law, he must pay the penalty; his spiritual powers are benumbed, and how can he perfect holiness in the fear of God? –Christian Temperance and Bible Hygiene, p. 10. {CME 46.2} ■

PJEC's 15th Anniversary By LOURDS CLEMENT Celebration



Samples of Commemorative Souvenirs

Petaling Jaya SDA English Church (PJEC) will be celebrating 15 years of establishment in its own building this year. In conjunction with this, PJEC has planned a few wonderful programs to remember and acknowledge God's providential leading for the church. The highlight of the celebration is a special thanksgiving worship and dinner scheduled on December 18, 2016. There are plans to produce limited-edition souvenirs to commemorate the event and also recognition displays to acknowledge the past and present contributors to PJEC.

PJEC has its roots in the year 1993 when several faithful families from KL English Church (Jalan Bukit Bintang) set off to establish an English worship service in Section 6, Petaling Jaya. The PJ Chinese Church Brethren were kind in allowing their church premises to be utilised for the services in English to be conducted from late morning to afternoon. Church membership and attendance grew and soon, so did the need for a bigger space.

Both the Chinese and English churches agreed to share the cost of expansion, and the shared building went through its first phase of renovation.

God continued to bless the growth of the church by faithfully sending people from different backgrounds to preserve, nurture and edify the church. And soon, the need arose for PJEC's very own building to be acquired, not just to cater to the increasing number of church attendees, but also to realise the vision of becoming an independent, dynamic and progressive SDA church.

And so, it was sometime in the year 2000 that God made it possible for PJEC to purchase its very own property, located just a walking distance from the PJ Chinese Church. With the faithful, generous support of church members and financial assistance of the PEM,

PJEC's vision then was finally accomplished when the new building was completed and occupied in the year 2001.

Since 1993 until now, I have been with PJEC and have witnessed God's blessings, leading, guidance, protection and providence for the church. I have witnessed cute babies being born into the church and have grown to become beautiful young ladies and handsome young men, I have watched youths growing into adulthood, eventually moving on to start their own lovely nests. I have also been the spectator of loving adults growing old gracefully and faithfully in God's presence and I have experienced great friendships being formed among close-knit families of Christ. PJEC was also instrumental in the "branching-out" establishments of USJ Taipan Church and DAHC; the pioneers of these churches were former members of PJEC.

PJEC is blessed with so many members and visitors from around the world. At one time, the church was blessed with members from at least seven different countries, bringing with them their beautiful cultures, food, songs and friendship to PJEC.

PJEC has not been spared from challenges and over the years, it has gone through many trials but through them all, it continues to humbly stand firm, testifying of God's deliverance, mercy and faithfulness.

To those who have always been or were at one time part of PJEC, I would like, on behalf of PJEC, to express our sincere gratitude to God for connecting you to our church, and to convey our appreciation of your extended love and the delightful memories that each of you have collectively etched into the pages of PJEC's "Book of Chronicles".

I feel very honoured to be part of PJEC with all the amazing experiences that God has allowed me to live through all these years. To God be the glory! ■

MISSION SPOTLIGHT



The Right ARM Right NOW

By Dr RAYMOND TAH KHENG SOON
President of Adventist Medical Mission

With God's blessing and guidance, the 1st Adventist Medical Mission (AMM) Conference in 2016 – "The Right Arm, Right Now" was held in Penang from 25th till 28th February. We truly believe that this conference would not have been a success without God's intervention. There were 115 registered attendees, out of which were included 32 Adventist doctors, 11 nurses, 15 allied healthcare professionals, 12 students and many others who have the burden for medical missionary work. The number of attendees swelled up to the filling up of the capacity of the hall with more than 300 people during the Sabbath worship hour. We sincerely thank all who had participated in our conference; among whom many had freely given their personal time, efforts and resources.

Dr John Chung, one of the main speakers, a dermatologist from Dalton, Georgia, shared his personal experience as a physician cooperating with God in his daily medical ministry and praying for his patients. His heart-warming testimonies of God's wondrous grace and miraculous healing power captivated the attention of all the attendees, and motivated everyone to play his or her active role as the right arm of the gospel ministry.



On the other hand, Dr Mark Ranzinger, a general surgeon who had been a missionary doctor in Africa for 7 years, emphasized the importance of prayer with the patients, and our personal daily devotion before sailing out to minister to others.

Dr Opreh Owingo, who had come here all the way from our Ile-Ife Seventh-day Adventist Hospital in Nigeria, encouraged us to continue to press on to do the good work which God had entrusted to us in our daily medical practices. We were re-challenged by The Great Commission given by our Lord Jesus Christ before His ascension to heaven in Matthew 28:19-20, "Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost. Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen." The Right Arm

SHORT-TERM Mission Trips

Date	Venue
26/6/16-3/7/16	Chiang Mai, Thailand
12/8/16-21/8/16	Mongolia, China
19/9/16-23/9/16	Julau, Sarawak

To sign up for a mission trip, email us:
amm@pah.com.my

of the gospel is indeed to be done Right Now!

"Just ONE more..." Pr John Bradshaw inspired by the Holy Spirit, pleaded that we work the extra mile for the salvation of another soul. He shared from his personal experience what the intercessory prayer, offered by his physician for him, meant for him as a patient when he underwent his radiotherapy treatment. That really opened our eyes to see the real power of medical mission work from the perception of a real patient.

AMM Conference provided the platform for our healthcare professionals to meet and share their medical mission experience from different parts of our Union territory and from all around the world. In the group discussion, participants shared their experiences in City Evangelism, Rural Medical Mission and Consistent health ministry. Many of the attendees who had never participated in any mission work left the sessions with a burning desire to serve, and to be the Right Arm, Right Now!

"It was indeed a privilege for me to be present among great missionaries of the Adventist Medical Team. Attending the AMM Conference made me realize that God is very much interested in using the medical work to help spread the gospel. I also realized that so much work still needed to be done to convince our people of the health message." - Ellen, PEM Health Director

"I'm grateful that I have the chance to attend AMM conference this year. I realized the importance of medical ministry in the work of spreading gospel in this end time and also our responsibilities as the labourers of God. God said we are not our own, but all our times, our talents, and every jot of our abilities and influences belong to God. It is important to cooperate with Him to heal the sin sick souls both physically and spiritually! It is important to pray for every one of our patients so that they can be healed; not by our efforts,



but by the power of the Great Physician and Medical Missionary in the heaven above. Indeed, the promises are true and the prayer is powerful!" - Elma, second year medical student

"The greatest want of the world is the want of men—men who will not be bought or sold, men who in their inmost souls are true and honest, men who do not fear to call sin by its right name, men whose conscience is as true to duty as the needle to the pole, men who will stand for the right though the heavens fall." (Education, p.57)

It's time for God's people to raise up the Right Arm, Right Now!

May this be our constant prayer till we meet again next year, "Come work and minister through me, while touching many souls, all yearning to be whole; Come Lord, come serve through me, please, help through me today." ■

If you are interested in AMM, kindly visit our website or email us for further information.

Website: <http://amm.org.my/>
Email: amm@pah.com.my

新的一年代表着新的开始,也代表着新的希望。随着这个2016年的开始,八打灵中文堂青年团 (AY CLUB PJCC) 以全新的面貌与大家见面。作为2016年AY CLUB PJCC 的团长范晓媚姐妹,副团长杨辰震弟兄和卢泳良弟兄,他们将会并肩协力,带大家更多精彩活动,目的是为了能够将这美好福音分享给更多的人。因为我们晓得这天国的福音、要传遍天下、对万民作见证、然後末期才来到。(马太福音 24:14)

就在2016年1月30日, AY CLUB PJCC举办了第一项活动【AY CLUB 2016 分享会】。这项活动的目的是要让大家了解新的一年里AY CLUB PJCC 将会举办的活动及重新唤起教会里年轻人们的活力。从分享会中,我们让大家知道AY CLUB PJCC



▲ 小朋友们在新春晚会时收到红包

▼ 八打灵中文堂【新春晚会】大合照



八打灵中文堂 萧晶蔚 青年团

2016年 AY CLUB PJCC 全新开始

的活动不只是为了教会的年轻人举办,更多的是为了能够吸引并邀请外面的年轻人参加,与我们共同学习与成长。今年的AY CLUB PJCC将会有往年必不可少的新春晚会,各项训练班,联谊会等。

AY CLUB PJCC将会从3月份起,在每个月的第一个星期六傍晚举办一个月一次的夕阳会。夕阳会不但有领唱和灵修分享,而且每一次我们将会邀请不同的讲师来与我们分享关于NEWSTART新起点这八大健康原则的知识。这八大原则包括:

均衡营养 (Nutrition)、
持久运动 (Exercise)、
水 (Water)、
适度阳光 (Sunlight)、
节制生活 (Temperance)、
清新空气 (Air)、
身心休息 (Rest)及
信靠上帝 (Trust In God)。

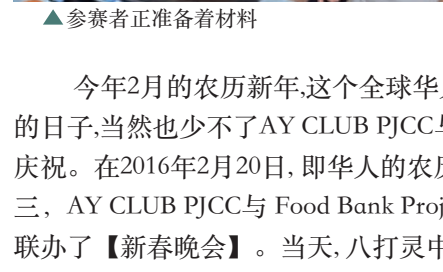
如果您想知道怎样‘活出健康新起点,无病天天是好天’,就要参加我们的活动哦!



▲ 八打灵中文堂青年团第一次夕阳会【均衡营养】大合照



▲ 参赛者正准备着材料



▲ 烹饪比赛团队赢家

今年2月的农历新年,这个全球华人普天同庆的日子,当然也少不了AY CLUB PJCC与大家一齐庆祝。在2016年2月20日,即华人的农历--年初十三, AY CLUB PJCC与 Food Bank Project食物库计划联办了【新春晚会】。当天,八打灵中文堂的弟兄姐妹们一起为大家准备晚餐。大约有130位出席者,其中包括食物库计划的受益家庭、慕道友们等等。我们邀请他们在这个新春佳节与我们一起交流,并藉着这个机会让他们学习农历新年的真正意义,也把福音带给他们。黄琳胜教士也在晚餐后为大家分享了华人传统习俗的意义与由来,及农历新年与圣经的关联。当天,节目组播放了八打灵中文堂为大家呈现的新年贺岁影片,花絮片段更是让大家笑开怀,现场气氛热闹,欢声笑语不绝。影片之后,AY CLUB PJCC的负责人准备了有趣的游戏,像是词语接龙,团队游戏等等,让新春晚会的男女老少参与。在节目的尾声,弟兄姐妹一同把食物、干粮及其他日用品派发给所有食物库计划的受益家庭。当晚的长辈们及儿童们还有红包拿呢。这也为【新春晚会】画下一个完美的句号。

此外,2016年的第一次夕阳会带给了AY CLUB PJCC一个新的开始。这一次的夕阳会以NEW-START新起点八大健康原则中的第一项--均衡营养 (Nutrition)作为主题。活动吸引了将近50人,其中包括参赛者及工作人员。我们邀请了年轻人和营养师为大家分享一些健康的知识。从年轻主讲人陈振明弟兄的分享中学到了不只是为了照顾身体的营养摄取,也要花时间照顾我们在属灵上的‘营养’及时摄取上帝给予我们的每日灵粮;营养师颜秀梅姐妹也与我们分享关于每日饮食营养的摄取以及谷类的健康资讯。

在分享环节过后,大家都期待着烹饪示范。怎

知司仪报告说所谓的烹饪示范就是烹饪比赛。参赛者们必须示范如何做出指定的菜肴给评审老师们看。参赛者们都感到无比的惊喜又兴奋。当时参与者的心情,真的是非笔墨能形容的。如果您也在场,肯定能够感受到当时的气氛。参赛者被分为五组进行比赛,每组合作烹制一人份的健康素食--核桃素肉饼及蔬菜沙拉,再交给评审们品尝。每一个团队都充分的发挥了他们的创意及团队精神,评审们点评每一个组合都各有千秋。当晚,可说是看见了好多的厨师呢!在颁奖环节中,虽然有一些组合没有得奖,但我们知道,重要的不是结果,而是大家一起努力的过程。最后,大家一起清理打扫,一起拍大合照,AY CLUB PJCC第一次的夕阳会就此圆满落幕。

AY CLUB PJCC借此机会向每一位支持及踊跃参与我们活动的弟兄姐妹们说声谢谢!感谢你们所提供的帮助及鼓励的话语。我们希望能够为大家带来更多有质量的活动。在筹备、计划及进行活动的当儿,肯定会遇到种种挑战。但我们从不忘祷告,把一切的事项都交托在主的掌中,让主带领我们。能够顺利的把所有的活动完成,我们愿将一切的荣耀都归于我们的天父上帝。就如圣经所说:“应当一无挂虑、只要凡事藉着祷告、祈求、和感谢、将你们所要的告诉神。神所赐出人意外的平安、必在基督耶稣里、保守你们的心怀意念。”(腓立比书4:7-8)

亲爱的弟兄姐妹们,如果您已错过了以上的活动,不用担心!因为AY CLUB PJCC已为您准备了全年一系列的活动。如果您不想再错过,记得到我们的面子书 AY CLUB PJCC 给个赞,我们将在那里上传接下来的活动、照片及影片。我们下个活动见!愿上帝继续赐福您与家人!■

Utama Beacon

6 MARCH 2016

Chinese New Year

EVENT REPORT

By PRISCILLA J JIHEN,
HEAD OF 1ST IMPRESSION MINISTRY

According to Chinese beliefs, 2016 ushers in the year of the monkey. On this auspicious season, the team of evangelical enthusiasts from Utama Beacon, a young church, decided to usher in lost souls into the kingdom of God by hosting a Chinese New Year event at The Club on 13th February 2016 from 6 to 9 pm. With evangelism at the helm of our purpose for the program, we invited 18 non-Christian visitors, putting the total number of attendance at 44. Praise the Lord for stirring the hearts of the friends, colleagues and families we invited. We painted the town red by wearing red to be in sync with the Chinese new year spirit. While a couple of us were courageous enough to don the full traditional Chinese costumes, the rest wore something red.

As planned, the program started with some sharing on the traditions, symbols, beliefs and values held by the Chinese concerning Chinese New Year festivities. Sister Mei shared on the cultures and the personified characters – Tou, Shou and Lou. A calligraphy ‘clinic’ by Benjamin Teoh showed the Chinese characters for Tou, Shou and Lou, meaning Prosperity, Longevity. This was followed by a powerful message, on Biblical imagery on Chinese writings by UB shepherd Pastor Ho S Cheng. The dinner started with Lou Sheng which signified another year of prosperity. After tucking in a sumptuous meal of healthy vegetarian dishes, sponsored by our beloved pastor and his lovely wife, we were in for great excitement with games coordinated by Sister Joanne and her brother Benjamin Teoh. ■



Benjamin explaining the Chinese characters in calligraphy ▲

▼ Sharing by Alex, Priscilla, Benny and Sharon



孩子们正专心聆听儿童班老师们的分享 ▶

2016 八打灵中文堂 食物库计划

健康生活一直是现代人所追求的一个生活方式，全球各地的复临信徒都秉持着传扬三天使信息，等候耶稣复临及藉着健康信息传福音的理念。所以，八打灵中文堂自2010年的NEWSTART Charity Bazaar - 新起点慈善义卖会开始，各种各样的新起点社区服务就一直在坊间进行着。至今，NEWSTART Charity已经成功举办了新起点志工团社区服务，慈善音乐会，新起点週等，以及从去年2015开始的食物库计划 (Food Bank Project)。

食物库计划主要是为了帮助那些有经济负担的家庭，资助他们干粮及日常用品，减轻他们的负担。食物库计划的受益家庭在每个月的第三个星期日都能够来领取干粮等物品，并且在每一次的活动中我们都会准备不同的健康讲座以及免费的健康检查，让他们能够从中受益，并达到我们藉着健康讯息传福音的目的。正所谓‘活出健康新起点，无病天天是好天’，这也是八大灵中文堂今年的大方向。

在2016年的第一个月，我们邀请了许瑞祥医生来为我们开讲2016年食物库计划的第一个健康讲座《肥胖就是富贵吗？》，打破大家对‘吃得是福’这种观念的迷思。让大家了解到肥胖给大家的不良影响。食物库计划也开设了儿童班，所以家长们能在安静的环境下专心聆听讲座，孩子们也能够的儿童班学习。

在2016年的农历新年2月20日 (年初十三)，食物库计划与八打灵中文堂青年团 (AY CLUB PJCC) 联办了新春晚会。我们邀请所有的青年人及所有食物库计划的受益者与我们共庆佳节。当天有关于华人农历新年的传统意义及由来的分享，还有青年团准备的各种游戏，全场男女老少一同参与活动，让他们一同感受这份在新年佳节期间人与人之间所带来的温暖。

除了对身体的照顾之外，我们也希望大家不要忘记照顾我们的心灵之窗。所以，食物库计划以《你的眼睛与糖尿病》作为3月份健康讲座的主题。在这个21世纪，糖尿病渐渐成为社会上越来越普遍的疾病，而视力问题变成大部分人的烦恼。为了让大家更加了解如何照顾自己的眼睛与预防糖尿病，我们邀请了来自檳安医院的苏庆春医生来为我们解答。除此之外，食物库计划也为每一位出席者提供免费的眼睛检查，如视力检查、色盲测试及测量白内障



▼ 义工人员把粮食放好准备分派给受益家庭



▲ 准备素食午餐给参与者们，大家都吃的津津有味

等。食物库计划儿童班也特别邀请到了梁师母教导儿童们关于营养的课程。儿童们也在其中学习基本的营养知识，也再一次的呼应了我们今年的主题‘活出健康新起点，无病天天是好天’。

您是否已错过了我们所举办的活动？您是否也想出一份力？您是否想成为一名义工人员？八打灵中文堂食物库计划欢迎您的参与、帮助及支持。如想得知更多详情，您可浏览我们的面子书【Newstart Charity】，我们将会分享接下来的活动、照片、影片等等。亲爱的兄弟姐妹们，心动不如行动，我们下个活动见！■

A *Community Event* that Breaks down Walls

By DR YEN ANG (DRPH, RD, ACSM)

On the 27th of March, 2016, we did something unprecedented.

The Penang SDA church, in partnership with a local civic group (the Lion's Club), and the Adventist Medical Mission (AMM) organized a massive health screening for the poor in the community, right at the compound of the church.

Skeptics told me this would not work, because the non-Christians would not want to be seen coming to church, especially in Malaysia.

But this is precisely why I had wanted the health event to be held right at the church premises as I wanted to break down the wall of prejudice that the community has long held against the Seventh-day Adventist Church.

So for the first time in the fifty years of history of the SDA church in Penang we held this health screen-

ing at the church.

One week before the event, we went out to the shop lots along Jalan Burma. We went to the homes of our neighbours, and invited them to come to the event.

I finally got to speak to the owners of Him Heang, not about the biscuits, but about health. I invited them to come.

A 70-year-old grandma came along with me, walking in the hot sun distributing the flyers. I asked her to wait for me in the shade. She refused. Instead, she was more “aggressive” than me, she would approach every one she saw on the street, even knocking on the window of cars who parked along the road so that she could hand the invitation to the drivers.

About 200 people from the community came on that day—more than we could cope with.

And then they are doctors like you, who rolled



up your sleeves, stopped your clinical practice on Sunday to come and help. Some even came the night before to scrub the doors of all the classrooms in the multipurpose hall! For the first time in many years, the church looks and feels squeaky clean.

We screened blood pressure, blood cholesterol, blood glucose; and we also added eye checks, glaucoma screening, cataract screening and dental checks.

We identified seven elderly who need cataract surgery, and PAH would sponsor their surgeries.

We provided hundreds of free blood screening. We screened many for dental cavities. We gave away many pairs of free eye glasses. We provided dozens and dozens of health counselling.

I was looking out for the old uncle from Him Heang on that day, not sure if he came. There were just too many people. I must have probably missed him.

While the screening was going on, we had a series of “programs” to entertain the crowd—where we featured our pathfinder group, the children choir, our hospital charity work, and our Adventist Food Bank.

The press or media came—it was the first time for a member of the media to step onto our church premises.

I also wanted the engagement of grassroots leader and politician, so I invited a Member of the Parliament (MP) to be our Guest of Honor.

I had been warned not to invite him as he is a Muslim, and Muslims are forbidden by the law in Malaysia to step onto the church premises. I went ahead to invite him anyway.



He came that day.

I think he thoroughly enjoyed the event. Besides greeting and shaking hands with people, he enjoyed meeting the Pathfinders, as he had never known that we (the church) had a uniformed group such as this.

Our message for that day is simple: as a faith community, we are part of the world. And so we must be engaged with the world, by going into the community to help the poor and needy, regardless of race, colour, and religion. After all, I believe this is Jesus' method of showing his love.

I invited the MP to come on stage to sing our theme song “We are the World” by Michael Jackson, and he did.

I had tears in my eyes. God is good. ■





或许你们会在想: 到底什么事让我们愿意做这文字佈道的活动呢? 看来, 这整个故事应该从去年6月说起吧。

那时候, 我们教会的堂主任接任了文字佈道主任的工作。虽然我从出生到现在17年都在教会里成长, 可是我却对文字佈道这方面不怎么熟悉。我不知道文字佈道士是可以藉着属灵书籍把福音传出去。所以我是慢慢地通过传道人的各种证道及分享中在文字佈道方面得了这方面一些的知识。除此之外, 我也有机会参加去年6月长达两周的学生佈道的营会。这学生文字佈道营会让我有机会体验一个与众不同的营会, 我们这班30多位学生文字佈道士靠主的同在成功地在吧生谷各地区把福音的种子撒出去。更重要的是我们大家在卖书的过程中也能学习到祷告的力量并完全依靠祂, 我们每个人从中都有机会经历上帝并与上帝有着密切的关系。

那学生佈道营会也很快的来到尾声, 可大家心中为主做工的那把火其实还在燃烧着。当时我们就在想: 主在这10多年的岁月里一直地眷顾我们与祂同在 我们能为祂做些什么呢? 如果区区这一本书能成功引人归主并接受祂, 身为学生的我们真的不介意通过文字佈道为主做工。

就这样, 成为学生文字佈道士的这个使命也慢慢兴起了。

上帝也有着祂的时间表, 我们教会有几位在去年在等待大马教育文凭(SPM)放榜, 大伙都蛮空闲。经过无数的开会及祈祷, 我们成功成功召集了7个愿意花一个星期时间来参加学生文字佈道士之活动。

可是我们这些年轻人在策划方面没什么经验, 不清楚要做什么。但, 很感谢主给我们派了个“

7天学生文字佈道点滴

卢美媛

天使”在我们当中,感谢琳胜教士愿意在百忙之中全力支持并配合这项活动。虽然我们和传道人对学生文字佈道这方面不熟悉, 可我们愿意一步一步地学习。在策划时 我们总是面对困难, 感谢琳胜教士为我们的挡箭牌 替我们承受所有身旁人的疑问, 坚持要举办这有意义的活动 没让我们失去信心。

我确实为其他的学生所拥有的想法感动。还记得我们开会的第一天, 黄教士在带领我们策划的时候就提出一个问题: “你们是为了什么做学生文字佈道士?” 当下, 大家却毫无犹豫地说希望能为主做工, 不介意赚多赚少, 更不介意辛苦。就这样我们7个人完全交托给主 让祂带领我们的策划和我们这个团队。

经过祷告和教会的建议, 我们决定用五天在吧生地区卖书并用两天的时间去做拜访的工作。本会希望我们这些学生文字佈道士能在这吧生撒下福音的种子因为将来那地区将会开新工。我们天天从八打臨中文堂出发需花上至少30分钟到一个小时的路程到卖书的地点。虽然路途远, 可是大家也没有因此而埋怨。

此外, 我们也决定在教会自己准备早晚餐, 而午餐就在外边卖书地点买来吃。准备早晚餐也没想象中的简单, 我们得早几天策划好菜单并到超市买所需用的材料。每天一大早就必须调闹钟醒来, 准备早餐及切好水果。黄教士就带领我们灵修。吃早餐后, 我们便会准备妥当, 出发卖书 一直到大概傍晚6点才回到教会。而我们回到时, 就得分工合作点算书和准备晚餐。现在回想当时时间表都排得那么满, 真的很感动大家都不分你我 一起努力地做好所有的事, 这真的让我感受到弟兄姐妹在基督里一家人的那种爱。



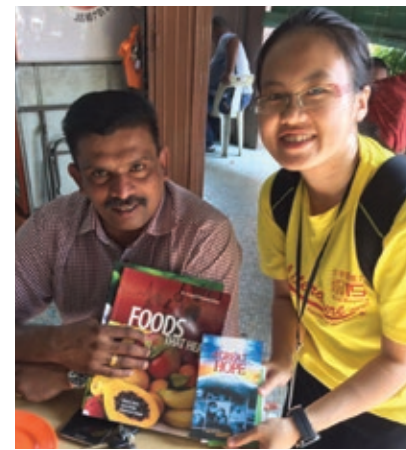
在卖书过程里, 我们都互相扶持和勉励。有时会被人责骂, 甚至被批评得狗血淋头。那时, 我们的心情开始低落, 脑海里会闪过要放弃的念头, 可是经过教士和大家互相的鼓励, 也看到主的同在, 我们始终还是咬紧牙关继续坚持我们一开始要做学生文字佈道士的目的。我们要不怕辛苦, 不介意旁人的想法和批评, 只在乎主怎么看我们。

从这次卖书经验中 我真的被感动, 大家不止学会照顾自己, 也在属灵上有着大大的进步。我们这7个人的团队虽然有一半是刚认识主的学生 可是他们对主有着

完全的信靠, 在他们卖书时都会在心中默默地祷告, 有时甚至要求我们为他们所遇到的人代祷。

感谢主, 虽然在大家眼里 我们在必须避免交通阻塞而一早出门卖书并提早结束进而错过了晚餐卖书的黄金时段, 可是我们还是有着主的恩典与同在让我们不至于空手而归或销售成绩不佳。在靠着主及时时刻刻的祷告, 上帝让我们学习了好多功课。

回想订购书本时, 我不知为什么我会订购那么大数量的书。直到卖书前一晚 我们在点算时, 才惊讶自己哪来的信心竟一口气订购了400本书。老实说, 区区7个人要在少过30小时在一个没有基督教背景的地区里要卖出400本书要是单靠我们自己真的不可能。可到最后, 感谢主 那4个大箱子满满的书只剩下少过一半的书。的确我们学习到一面卖书, 一面祷告; 一面祷告, 一面卖书。我们都在靠着祷告, 把一切交托给主。圣灵都一直在感动着吧生人的心 让他们能够藉着



文字认识祂, 感谢主也派了圣天使保护我们平平安安地卖书。

在我们人看是不可能 上帝却能, 上帝总是为我们预备得妥妥当当。我相信我们这群学生文字佈道士是一群被赐福的年轻人, 上帝真的一次又一次地让我们体验到那非比寻常的经历。

但愿以后 我们还会有更多的机会一同为主做工, 让更多的人认识祂。■

I was so touched with their determination and felt proud of our young people.

N.B. Tatiana Lo was awarded 9A(s) in her SPM result (2015) and actively serves in the Sabbath School department at PJCC. From her testimony, it proves again that “Nothing is too hard for the Lord, with God all things are possible”.

PJCC Deaconess

NOTICES

PASTORAL ASSIGNMENTS

EFFECTIVE MAY 2016

- Kota Bharu Church – Pastor Sim Nueng

JOB OPENINGS

1. OPENING FOR OFFICE SECRETARY - Contract Basis

Requirements are as follows:

- Reads and writes in English/BM and ability to read/write Chinese is preferable.
- Computer literate and additional knowledge in IT is preferable.
- Organized and able to handle and follow up on multiple projects.

2. OPENING FOR ACCOUNT EXECUTIVE - Contract Basis

Requirements are as follows:

- Able to handle full set of accounts, financial reports, accounts payable and receivables
- Proficiency in MS Office and knowledge of Sunplus is an added advantage
- Keen eye for details and is open to change

3. OPENING FOR ABC MANAGER - Contract Basis

Requirements are as follows:

- Manage the handling of a book shop (personnel, managing of inventory, accounts)
- Promote the available books and source for new supplies

Interested candidates for any of the above openings, please email <hr@adventist.org.my> for more details.

UPCOMING EVENTS

July

- 2 Global Day of Fasting & Prayer
- 2-3 PEM Women's Ministry Leadership Certification (Women)
- 17 PEM Mission Executive Committee Meeting (Administration)
- 20 Global Reach the World: Reach Across: Media Ministry (Ministerial)
- 23 Global Children's Sabbath (Children)

August

- 6 Global Mission Evangelism
- 8-13 PEM Youth Evangelism (Youth & USJ)
- 13 Global Reach the World: Church Planting (Ministerial)
- 20 Global Education Emphasis Day (Education)
- 27 Global End It Now Emphasis Day (Women)
- 31 PEM Mass Missionary Book Distribution Day (Publishing)

September

- 3-10 Global Family Togetherness Week (Family)
- 3-4 PEM Women's Ministries Leadership Certification (Women)
- 9-13 PEM AOY Conference (Youth)
- 10-18 PEM Mission Promotion (Administration)
- 16-18 PEM BM Churches Camp (Administration)
- 17 Global Pathfinder Day (Youth)
- 25 PEM Executive Committee Meeting (Administration)
- 27-29 PEM Ministerial Workers Meeting (Administration)

Guidelines for VISION Article Submission

1. We welcome scripts from all local church members or sister-institutions of Seventh-day Adventists in areas of:
 - Evangelistic meetings / activities (word limit: 400 to 800 words)
 - Inspirational / testimonies (word limit: 800 to 1,600 words)
2. Please indicate your real name and the church or organisation you belong to when submitting your script. A pseudonym can be used in the article for publication purposes.
3. All references to the Scripture should be taken from the New King James Version (NKJV) Bible.
4. Please use full and appropriate punctuation for all scripts to assist the editing process.
5. Please provide photos / illustrations that are relevant to the script. It **MUST** be at least **300DPI** or **1MB** (1,024KB) in size for better printing results and quality. Please do **NOT** attach photos in the word document file.
6. Deadlines for script submission:
 - 30th December (for March Issue)
 - 30th June (for September Issue)
 - 30th March (for June Issue)
 - 30th September (for December Issue)
7. We reserve the right to edit / delete / reject all scripts to ensure that it is for the purpose of edifying our members.
8. Please email your script and photographs to vision@adventist.org.my

VISION

where pen and paper meet

TO GLORIFY HIM

Welcome to write for the edification of our members.
Share with us your experience with Christ.
What's the latest with your local church?

VISION
Official Newsletter of
Peninsular Malaysia Mission

email to  vision@adventist.org.my



马新帐篷大会
第十五届
2016 MSCC

我在此， 请差遣

2016年12月9-12日

大會講員

地点: SWISS INN HOTEL, SUNGAI PETANI, KEDAH



徐文远牧師(香港)



杜慕恒牧師(台灣)



郑大有牧師(中国)

请上我们的面子书以跟进最新的消息!



2016 MSCC - 第十五届马新帐篷大会

Email: 2016mscc@gmail.com

征创2016年马新帐篷大会主题曲： 《我在此，请差遣》

创作宗旨

1. 提升有音乐才华的教友对音乐的热忱
2. 提倡音乐才子的创作风气
3. 发掘本会拥有创作词曲的人才

创作规则

1. 参与者可以提交很多首的创作，作品必须是自创歌曲，并且未经灌录成声带或唱片，不受任何版权公司的约束。
2. 参与者作品的语言必须只是中文。
3. 参与者的作品(DEMO)必须以录音或录影的方式电邮给我们，至少有一种乐器伴奏。
4. 歌曲与歌词必须与作品一起呈上。
5. 参与者的必须清晰，否则资格将被取消。
6. 作品可属单独或集体创作。
7. 歌曲评选要求：词意必须主旨健康，无不良意识。词曲务必与大会主题能够配合，又创意及在结构上的完整。
8. 未能被选成为本届帐篷大会的主题曲，作品将不会被埋没。主办单位将会让这些创作歌曲在大会有机会以特别诗歌的方式呈现出来，以奖励参赛者的权益。

参赛条件

1. 不拘年龄。

赛制

1. 提交作品日期期限：2016年4月9日至2016年8月31日
2. 报名方式：请把个人资料（歌曲名字，原唱者及作词作曲人中英文名字，年龄，电话号码）上传至2016MSCC@GMAIL.COM，并在信息题目栏里注明“歌曲创作报名”

奖励

入围：

将成为2016年第15届马新帐篷大会的主题曲

未入围者：

将得一份神秘的礼物

“我又听见主的声音说：我可以差遣谁呢？谁肯为我们去呢？
我说：我在这里，请差遣我！”

以賽亞書 6:8

PEM YOUTH CONGRESS

THE POWER OF PRAYER

Malaysia Bible Seminary (MBS)
Rawang, Kuang, Selangor

14-16 Oct '16

Come and Be Blessed!

Main Speaker:



Pr. Francis Lajanim
SAUM Publishing Ministries Director

Workshop Speakers:



Pr. Francis Amer
SAUM Youth Ministries Director

Spirituality and Relationship



Micheal Wong
John Maxwell Certified Trainer

Spirituality and Leadership



Dr. Tan Min Min
MPH Ph.D.

Spirituality and Healthy Lifestyle

Devotional Speakers:



Dr. Chew Yu Gee
Lighthouse Church Elder



Dr. Edward Nathan
PAMC Elder



Pr. Renie Ubara
PEM Youth Ministries Director

PRAYER
THE SECRET OF
SPIRITUAL POWER



24 HOUR PRAYER MARATHON



GPS Coordinates: N 03 16.686° E 101 32.255°
MALAYSIA BIBLE SEMINARY (MBS)
Lot 728, Jalan Kundang 48050 Kuang, Selangor Darul Ehsan



Recommended Books



AUTHOR:

Ellen G. White

DESCRIPTION:

These eleven chapters are simple, yet thought provoking. They cover topics of great interest, such as why we suffer, true peace, life after death, and the final victory of God's love. With a focus on a global crisis that impacts all of humanity, it offers a happy ending for those who trust in God's love.



AUTHOR:

Ellen G. White

DESCRIPTION:

This book is an inspiring book unlike any other. It is small but though provoking; simple yet captivating. Its main benefit is that it shows us the way towards a person who can understand us in a way that no one else can, and like no one else, he seeks us and wants to welcome us to himself.

Once you know him, you will understand why he is "the way" to happiness.



HEALTHY HOME EDUCATION SERVICE (M) SDN. BHD.
(1105944-X)
27, Jalan Permas 10/7, Bandar Baru Permas Jaya, 81750 Masai, Johor Bahru.
Tel: +607 386 8798 Fax: +607 386 9798

Sponsored by



Adventist
Family Ministries
PEM
PESDAC

Transformational Marriage Inside Out

Marriage Enrichment Workshop 2016

Topics Covered

- ♥ Enhancing Intimacy
- ♥ Blind Spots and Denials
- ♥ Breakdown to Breakthrough
- ♥ Reliving the Past and Living in the Present
- ♥ Ego and Love

Penang

16 July (Sat) 9am-5pm

Adventist College of Nursing and Health Sciences
Level 7, One-stop, Midlands, Jalan Burma, 10350 Pulau Pinang

Kuala Lumpur

17 July (Sun) 9am-5pm

4th flr, Seventh-day Adventist Church Peninsular Malaysia Mission
22-1, Jalan 2/114, Kuchai Business Centre, Jalan Kuchai Lama, 58200 Kuala Lumpur.

Registration closes on 30th June

Cost RM30/person or RM50/couple (Inclusive of Lunch & Dinner)

For Non-Muslims only



Presenters:
Dr. Um Sung Hyun
Mrs. Jewel Um

Dr. Sung Um has been leading seminars and providing mentorship, discipleship, and counselling for the past 30 years in the Korean-American and multi-ethnic context.

He founded the 'Family Building Ministry', which is a non-profit organization that focuses on healing families and marriages.

Conducted over 500 seminars all over the world including US, Canada, Africa, Mexico, Peru, Brazil, S. Korea, Germany etc.

Ph.D. in Marriage and Family from Fuller Theological Seminary in the field of Psychology.

He has been married to Jewel Um, a registered nurse (Master in Nursing from Andrews University, USA). She has been a faithful partner and a co-presenter in this ministry for the past 30 years. Together, they have three grown-up children: Crystal, Michael and Katherine.

MESSAGE FROM THE PRESIDENT:

Pastor Leong Fai,
President, Peninsular Malaysia Mission

தேவனை நோக்கிப் பார்த்து அவரோடு சஞ்சரித்தல்

போதகர் லியோங் பை

ஏனோக்கு அறுபத்தைந்து வயதானபோது, மெத்தாசலாவைப் பெற்றான். ஏனோக்கு மெத்தாசலாவைப் பெற்றபின், முந்நூறு வருஷம் தேவனோடே சஞ்சரித்துக்கொண்டிருந்து, குமாரரையும் குமாரத்திகளையும் பெற்றான். ஏனோக்குடைய நாளெல்லாம் முந்நூற்று அறுபத்தைந்து வருஷம். ஏனோக்கு தேவனோடே சஞ்சரித்துக்கொண்டிருக்கையில், காணப்படாமற்போனான்; தேவன் அவனை எடுத்துக்கொண்டார். (ஆதி. 5:21-24)

நாட்கள் செல்ல செல்ல, பழமையான உலகம் பொல்லாங்கானது. உலகத்தோடு மாறாத தொடர்பு இருந்தால், தேவனோடுள்ள பக்தி குறையக்கூடும் என்பதைத் தவிர்க்க, ஏனோக்கு தனிமையில் ஜெபத்திலும், வேத தியானத்திலும் நேரத்தை செலவளித்தான். அதனால் அவரது தெளிவான அறிவை தேடி தேவன் முன்பு காத்திருந்தான். ஏனென்றால், ஏனோக்கின் வாழ்வில் ஜெபம் ஆன்மாவின் மூச்சாகவும், வானத்தின் விண்வெளியாகவும் இருந்தது.

ஏனோக்கின் பிள்ளைகள் அவன் மேல் நம்பிக்கையும் கீழ்படிதலையும் வைத்திருப்பதை பார்த்து, அவன் தேவன் மேல் நம்பிக்கை வைத்து அவரை கீழ்ப்படியவும் கற்றுக்கொண்டான். அவனுடைய விசுவாசம் தேவனோடு சஞ்சரிக்க உதவியது. அவனுடைய அன்றாட வாழ்க்கையில், தேவனோடு நடக்கும் அனுபவம் பாதிக்கவில்லை. அவர் ஒரு நல்ல கணவராகவும், தகப்பனாகவும், சமுதாயத்திற்கு ஒரு நல்ல நண்பனாகவும், அந்நிலத்திற்கு ஒரு நல்ல குடிமகனாகவும் இருந்தான். தேவனோடு நடந்ததினால், தேவனுடைய சித்தப்படி வாழ்ந்தான். இப்பிரபஞ்சத்தின் பெரு வெள்ளம் வருவதற்கு முன்பே இப்பூமியிலிருந்து எடுத்துக் கொள்ளப்பட்டான். அதேபோல, பரலோகத்திலிருந்து அக்கினி இப்பூமியை அழிப்பதற்கு முன்பே, சிலர் குழுவாக பரலோகத்திற்கு எடுத்துக் கொள்ளப்படுவார்கள். அவர்கள் ஏனோக்கைப் போல, தேவனோடு சஞ்சரித்த அனுபவத்தைப் பெற்றவர்களாவார்கள்.

ஏனோக்கை ஏழாம் நாள் திருச்சபையினரிடம் ஒப்பிட்டு பார்த்தால், இவர்களுக்கு, வேதாகமமும், சாட்சியாகமமும், ஓய்வு நாட்பள்ளி பாடங்களும் இருக்கிறது, அவைகள் தேவனையும் அவரின் சித்தத்தையும் அறிய உதவுகிறது. நாம் இவ்வச்சிட்ட தாள்களின் மூலமாக தேவனோடு சஞ்சரிக்கும் அனுபவத்தைப் பெற, உங்களுக்காக பிரார்த்திக்கின்றேன். நம் இயேசு கிறிஸ்துவை சந்திக்க நம்மையும் மற்றவர்களையும் ஆயத்தப்படுத்துவோமாக! ■



Application, Please Contact:
Petrik @ 019-2727211 (KL)
Cheng Chee @ 012-3010728 (Penang)



For More Information, Please Contact:
Renitta Edward @ 03-79847795

MESSAGE FROM THE PRESIDENT:

Pastor Leong Fai,
President, Peninsular Malaysia Mission

与上帝同行

“以诺活到六十五岁，生了玛土撒拉。以诺生玛土撒拉之后，与上帝同行三百年，并且生儿养女。以诺共活了三百六十五岁。以诺与上帝同行，上帝将他取去，他就不在世了。”(创5:21—24)

洪水之前的世界随着日子的前进而越变越坏。为了避免经常与世人为伍而使自己对上帝的尊敬减灭，以诺多用时间单独在一处默想祈祷。“他这样地在上帝面前等候，以求更清楚地明白上帝的旨意，以便实行出来。祷告对于他就是灵性的呼吸；他简直是住在天上的气氛之中。”(先祖与先知原文85面)

当以诺留意到他的孩子们对他的信靠和顺服，他就更信靠和顺服上帝。这种信心使他更亲密地与主同行。他与主同行的经验没有影响他的日常生活。他不但在家中做好丈夫和好父亲的本份，他还是四周人的好朋友，也是社会上的好公

民。当他继续与上帝同行时，他的心就与上帝的旨意相和谐。

在洪水临到之前，以诺就被接升天。同样的，在上帝的硫磺火还没有毁灭这大地之前，有一班人将会活着被接升天。这班人需要像以诺与上帝同行的经验。

与以诺相比，现在的复临信徒除了有圣经，还特别蒙赐予预言之灵和安息日学课来帮助我们更容易认识上帝并明白祂对我们的旨意。愿我们能每天用一些时间，藉着这些书刊来认识上帝，建立一种如古时以诺与上帝同行的经验。我们都在为自己，也为别人预备迎接即将复临的主耶稣。■

MESSAGE FROM THE PRESIDENT:

Pastor Leong Fai,
President, Peninsular Malaysia Mission

Jangkauan Ke Atas Kepada Tuhan

“Ketika Henokh berumur 65 tahun, dia mendapat seorang anak lelaki bernama Metusalah. Selepas itu, Henokh hidup akrab dengan Tuhan selama 300 tahun. Henokh mendapat anak-anak lain dan mencapai umur 365 tahun. Oleh sebab Henokh selalu hidup akrab dengan Tuhan, dia menghilang kerana diambil oleh Tuhan.” Kejadian 5:21-24

Kehidupan manusia pada zaman sebelum bah telah menjadi semakin zalim. Demi mengurangkan perhubungan dengan manusia yang pasti menyebabkan pengurangan dalam tahap kehormatan kepada Tuhan, Henokh meluangkan banyak masa bersendirian, bermeditasi dan berdoa. “Demikianlah dia menunggu Tuhan, mencari kehendak-Nya agar boleh dilaksanakan. KEPADANYA, doa seakan-akan hembusan nafas jiwanya; dia hidup dalam suasana syurga.” {Patriarchs and Prophets 85}

Bilamasa Henokh melihat bagaimana anak-anak-

nya mempercayai and menurutinya, dia belajar bagaimana untuk mempercayai and menurut Tuhan. Iman ini merapatkan lagi perjalanannya dengan Tuhan. Perjalanannya tidak membebankan kehidupan sehariannya. Dia bukan sahaja suami and bapa di rumah tetapi juga kawan baik di masyarakat sekeliling dan warganegara setia di tempat tinggalnya. Semakin lama perjalanannya dengan Tuhan, semakin sehati hatinya dengan kehendak Tuhan.

Henokh diterjemahkan ke syurga sebelum bah membanjiri dunia. Begitu juga akan ada kumpulan yang akan diterjemahkan kepada syurga sebelum api syurga menghapuskan bumi ini. Kumpulan ini perlu mendapat pengalaman berjalan bersama Tuhan seperti juga Henokh.

Berbanding dengan Henokh, ahli gereja Masehi Advent hari ketujuh dirahmati dengan Kitab Suci, Suara Nubuatan beserta Pelajaran Sekolah Sabat yang membimbing kita untuk lebih mengetahui Tuhan dan kehendak-Nya untuk kita. Saya berdoa, kita meluangkan masa dengan Tuhan setiap hari agar mendekati-Nya melalui bahan bercetak. Seperti mana Henokh mendekati Tuhan di masa lampau, kita juga menyediakan diri kita untuk kedatangan Yesus Tuhan kita. ■

Join us in

10 days of PRAYER

January
11-21 2017

sign up

or

get resources

A Global Call to Pray

*Everything you need to promote 10 Days of Prayer at your church!
Download a printable flyer and post cards to spread the word about Ten Days of Prayer.*

www.TenDaysofPrayer.org



SEVENTH-DAY
ADVENTIST CHURCH